2020 MOE-OBS Challenge Programme - E-Registration Guide for Parents

Step 1:Please proceed to the FormSG link <u>provided by the school</u> to begin the e-registration.



Step 2:

Please note that for security reasons, the registration form will automatically log out if it is not completed within 30mins and no details will be saved. Please <u>do not refresh</u> the page before submission as this will remove the entered details. As such, you are advised to <u>read the instructions</u> and gather the required information before logging in.



Instructions

Parent/Legal Guardian is to complete this form for student who is below 18 years old.

- 1. When you submit this form, it registers your child/ward interest for the MOE=OBS Challenge Programme (referred to as Course).
- 2. Please read the "Important Note" on the Course requirements @ https://www.nyc.gov.sq/obs.
- 3. All information provided here is taken as true and accurate, and you've read the "Important Note" to understand the Course requirements.
- 4. Please get ready the following information:

Step 3:

Please have the following health information of your child/ward ready for submission:

- Height (in cm)
- Weight (in kg)
- Body Mass Index (BMI)

 BMI may be calculated from https://www.healthhub.sq/programmes/93/bmi-calculator
- Latest Tetanus Immunisation Date
 Tetanus vaccination date may be obtained from student health booklet or retrieved from https://www.nir.hpb.gov.sg/nirp/eservices/login

Kindly also take a look at the following list of diagnosed medical conditions of concern. If any of them pertains to your child/ward, please prepare the basic information such as the name/type of condition and medication taken if any.

- Breathing problems within the last 12 months (e.g. Asthma)
- Heart problems (e.g. angina / heart murmur / extra heartbeat / mitral valve prolapse)
- Blood disorder (e.g. thalassaemia major / thalassaemia minor / anaemia)
- Epilepsy, fits or seizure condition
- Bone / joint / tendon injuries or condition (e.g. dislocation / fracture / slip disc)
- Diagnosed behavioural or psychological condition
 (e.g. ADHD / ADD / ASD / OSD / eating disorders / anxiety / depression condition)
- Currently on long term prescribed medication
- A carrier status for any infectious disease
- Sleep walking within the last 12 months
- Allergy to medication(s) / environmental factor(s) / food item(s) / ingredient(s)
- Any other condition(s) not listed above that could affect Student's ability to engage in physical activities in the outdoors or interact with others in an unfamiliar social setting (e.g. running, climbing, trekking with heavy load, camping, medical devices/implant.)

Step 4:

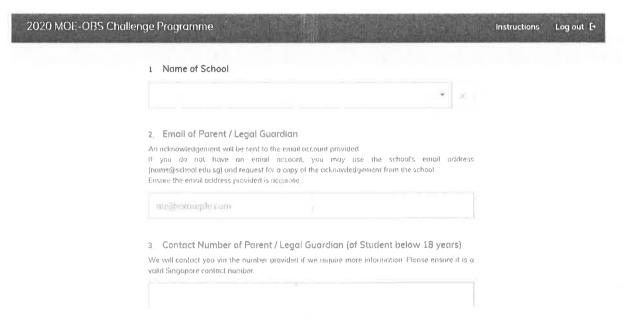
Click on the login button as pictured to log in with your Singpass.



If you do not have a Singpass, you may register for a Singpass via www.ifaq.gov.sg/singpass. The link also provides responses for other Singpass-related queries.

Step 5:

Select your child/ward's school from the dropdown list and enter your email address and contact number.



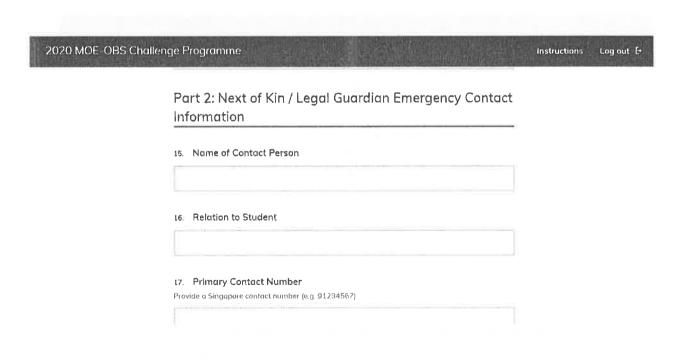
An acknowledgement will be sent to the email account provided. If you do not have an email address, please enter the school's email address (provided on the form) and request a copy of acknowledgement from the school.

Step 6:Complete Part 1 by filling in all the personal particulars of the participating student.

| 2020 MOE-OBS Chal | llenge Programme | Instructions | Log out [+ |
|-------------------|---|--------------|------------|
| | Part 1: Student's Personal Information | - | |
| | 4. Full Name of Student as it appears in Personal Identification Dacument | | |
| | 5.: Class | | |
| | 6. Nationality | | |
| | Singaporean Singapore PR | | |
| | Others | | |

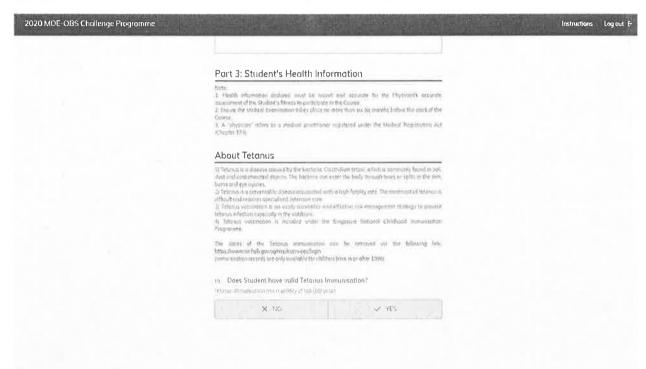
Step 7:

Complete Part 2 by filling in the emergency contact details.



Step 8:

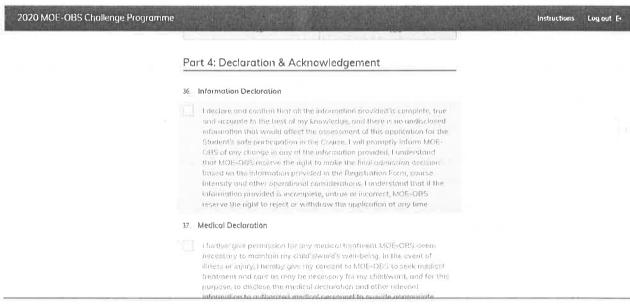
Complete Part 3 by filling in the health information and any medical conditions of your child/ward.



Step 9:

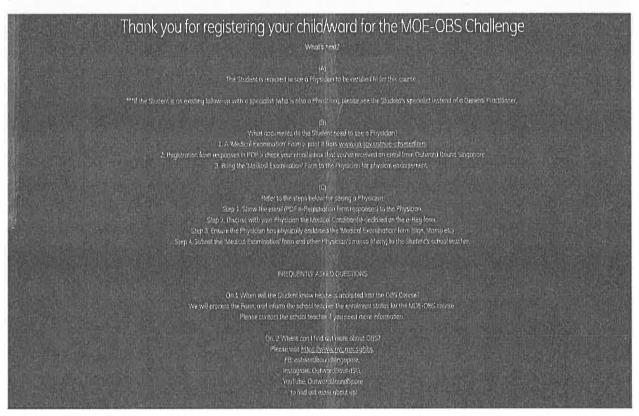
Lastly, complete Part 4 by selecting the appropriate checkboxes for acknowledgement and consent before submitting.

If you are unable to submit, please scroll up to check if you have missed out any required information.



Step 10:

Please fill-in and complete the form in a single session. After submission, you should see the following screen. A PDF of the completed registration form will be sent to the email address provided.



Step 11:

(If medical examination is conducted in school)

Please remind your child to inform the Form Teacher that he/she has registered for the Course.

(If parent is bringing child to own physician for medical examination)

- Step 1: Show the doctor the e-Registration Form response in PDF.
- Step 2: Give the Medical Examination Form to the medical doctor to certify your child fit to participate in the 5-day Course.
- Step 3: Ensure that the Medical Doctor has certified your child 'fit' on the Medical Examination Form (with medical doctor's signature and stamp of clinic details)
- Step 4: Submit the completed Medical Examination Form and doctor/specialist memo (if applicable) to the school through your child.