

KINDERGARTEN CARE



Discover



PLAY



Explore



KINDERGARTEN CARE (KCARE)

Parents who require a full-day service for their children who are enrolled in MK can apply for the KCare service.

KCare provides care services, and **time** and **space** for children to **play, explore and discover** through **specially designed environments with carefully chosen resources**.

KCare aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.



KEY FEATURES

Play

Exploration and discovery through play

Importance of play

Large blocks of time for indoor and outdoor play

Importance of continuous periods of time for play

Opportunities for mixed-age play

Benefits of mixed-age play and interaction (K1 and K2)

Environment

Specially designed environment and carefully chosen resources

Importance of environment

Children's autonomy in deciding what and how to play within the created environment

Benefits of child-initiated play

KCARE PROGRAMME

Modular Activities provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

Modular Activities	Purpose
Art & Craft	For children to imagine and create
Tinkering	
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor)	For children to find out more about the world around them
Sand & Water Play (outdoor)	

KCARE PROGRAMME

Modular Activities (Indoor)



Art and Craft



Cookery



Music, Movement & Dramatisation



Tinkering

KCARE PROGRAMME

Modular Activities (Outdoor)



Gardening



Sand and Water Play

KCARE PROGRAMME

Free Play provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**.

Indoor Free Play

Outdoor Free Play

Construction and Manipulative Free Play

Dramatic Free Play

Outdoor Free Play

Sand and Water Free Play



Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.

KCARE ROUTINES AND ENVIRONMENT

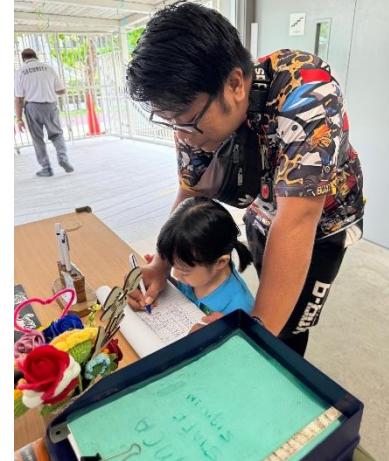
Both arrival and dismissal will be done at Gate 8 Foyer



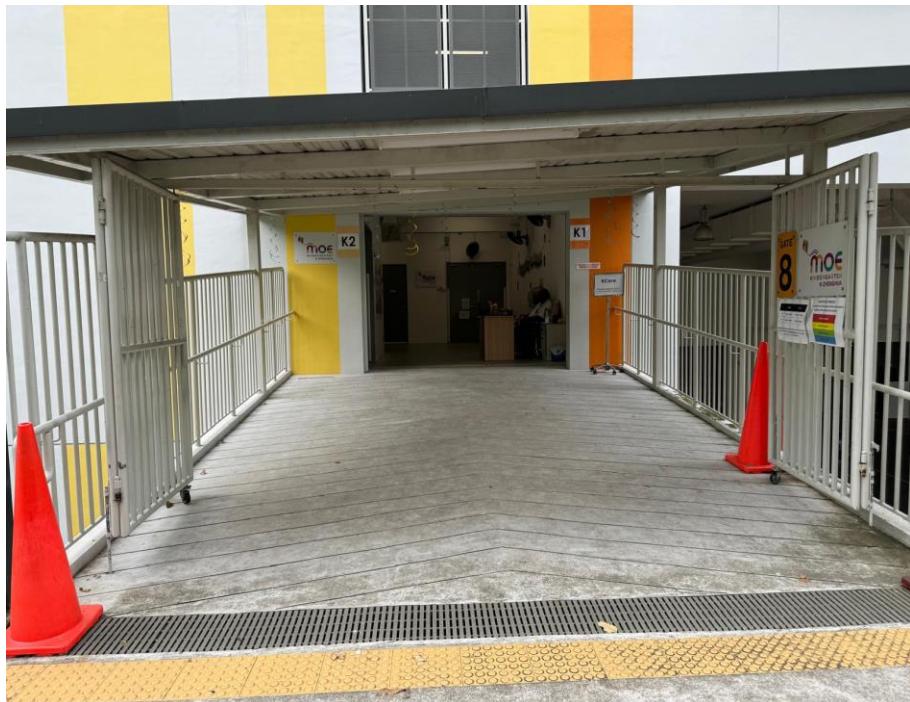
Health Check Area



Parent/Guardian Sign-in
and out



KCARE ROUTINES AND ENVIRONMENT



Do take note:

BLACK OUT TIMING

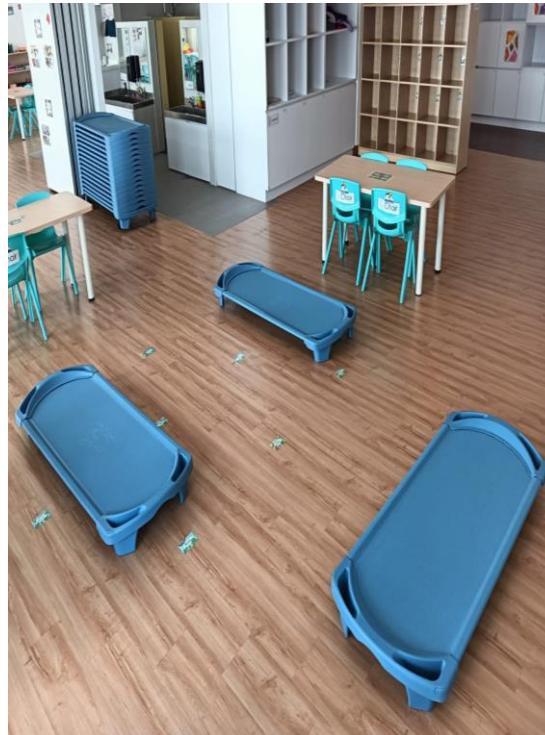
AM: 7.45am-8.00am

PM: 4.45pm-5.10pm

KCARE ROUTINES AND ENVIRONMENT



Meals will be served in the homerooms for breakfast, lunch, and tea breaks



**Nap time in homerooms.
Recharging and
restoring all energy**



Daily hygiene routines to promote children's well-being

KCARE ROUTINES AND ENVIRONMENT

Indoor Environment



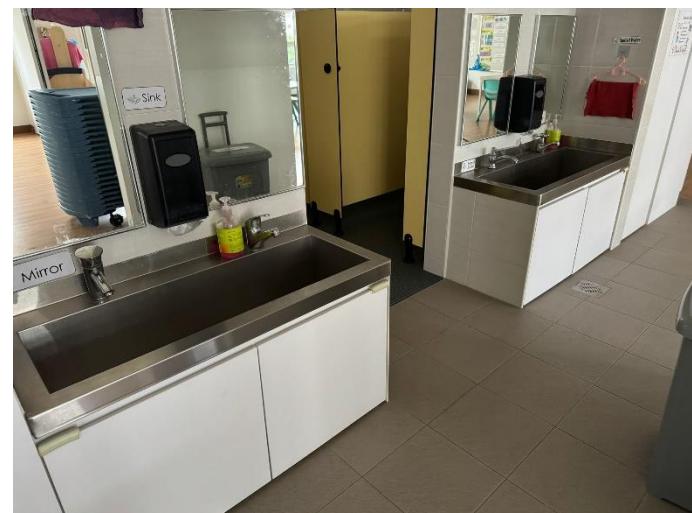
Cookery



Tinkering

KCARE ROUTINES AND ENVIRONMENT

Indoor Environment – Homerooms



KCARE ROUTINES AND ENVIRONMENT

Outdoor Environment

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them.



Sand & Water Play Area



Sensory Garden

A TYPICAL DAY

Sample Timetable (AM KCare)

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check / Indoor Free Play
8.00 am – 8.30 am	Breakfast
8.30 am – 9.00 am	Story Telling/Creative Expression/Drawing/ I SPY>Show and Tell
9.00 am – 10.00 am	Indoor Free Play/*Outdoor Free Play
10.00 am – 11.00 am	Modular Activities (Indoor/*Outdoor)
11.00am-1.00pm	Nap Time/Lunch (Including 15 minutes of dedicated reading time)
1.00 pm – 5.00 pm	MOE Kindergarten
5.00 pm – 7.00 pm	Indoor/*Outdoor Free Play Quiet Time and Dismissal

*Outdoor activities can only be conducted before 11.00am and after 4.00pm

A TYPICAL DAY

Sample Timetable (PM KCare)

Time	Activity
7.00 am – 8.00 am	Arrival and Health Check / Indoor Free Play
8.00 am – 12.00 pm	MOE Kindergarten
12.00 pm – 12.15 pm	Arrival and Health Check from MK to KCare
12.15 pm – 1.00 pm	Lunch (Including 15 minutes of dedicated reading time)
1.00pm-2.00pm	Modular Activities (Indoor)/Indoor Free Play
2.00pm-3.30pm	Nap Time/Afternoon Snack
3.30 pm – 4.00 pm	Dedicated Reading Time
4.00 pm – 5.00 pm	Modular Activities (Indoor/*Outdoor) / Indoor/*Outdoor Free Play
5.00 pm – 7.00 pm	Indoor/*Outdoor Free Play Quiet Time and Dismissal

*Outdoor activities can only be conducted before 11.00am and after 4.00pm

HOLIDAY PROGRAMME

Sample Timetable for KCare

Time	Activity
7.00 am – 8.30 am	Arrival and Health Check/ Breakfast
8.30 am – 12.00pm	Neighbourhood walk or Learning Journey to places of interest OR Modular Activities (Indoor/*Outdoor) Indoor and *Outdoor Free play (including 15 minutes of dedicated reading time)
12.00 pm – 1.00 pm	Lunch/ Show and Tell (15 minutes)
1.00 pm – 3.00 pm	Nap
3.00 pm – 3.30 pm	Afternoon Snack
3.30 pm – 5.00 pm	Holiday Programme Indoor and *Outdoor Free play (including 15 minutes of dedicated reading time)
5.00 pm – 7.00 pm	Indoor/*Outdoor Free Play Dismissal

*Outdoor activities can only be conducted before 11.00am and after 4.00pm

MEALS AND SAMPLE MENU



Sample Menu

Meals are catered from a Licensed Caterer



WEEK 1

	<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>
Breakfast	 Nestle Multigrain Cheerios Full Cream Milk	Low Fat Cheese Whole Meal Sandwich Calcium Fortified Soy Milk	Whole Meal Red Bean Bun Full Cream Milk	Whole Meal Tuna Sandwich Calcium Fortified Soy Milk	Whole Meal Vanilla Muffin Full Cream Milk
Lunch	Mixed Grain Rice Teriyaki Chicken <u>or</u> Teriyaki Tofu Raddish & Carrot Soup Fresh Fruit	Brown Rice Bee Tai Mak Minced Chicken <u>or</u> Braised Tofu Baby Bok Choy Soup Fresh Fruit	Mixed Grain Rice Cereal Fish <u>or</u> Cereal Mock Chicken Chye Sim Soup Fresh Fruit	Taiwanese Braised Meat Mixed Grain Rice Minced Chicken & Mushroom <u>or</u> Braised Tofu & Mushroom Spinach & Wolfberry Soup Fresh Fruit	Mixed Grain Pilaf Rice Grilled Chicken with Mushroom Sauce <u>or</u> Chicken & Corn Stew Broccoli Soup Fresh Fruit
	Seasonal Cut Fruit				
Tea Break	Whole Grain Strawberry Muffin Homemade Barley	Banana Oat Porridge	Stir-fried Carrot Cake (no egg) Homemade Barley	Whole Meal Chocolate Chip Bun Milo	Mixed Grain Corn Porridge

SCHEDULE FOR FIRST 2 DAYS OF SCHOOL 2ND AND 3RD JANUARY 2025

For K1 children enrolled in MK (A.M. session):

Time	Programme
8.00 am - 9.30 am	MK
9.30 am - 11.00 am	KCare

For K1 children enrolled in MK (P.M. session):

Time	Programme
1.00 pm - 2.30 pm	MK
2.30 pm - 4.00 pm	KCare

K2 CHILDREN WILL COMMENCE CLASSES ON FRIDAY, 3RD OF JANUARY 2025

Items to Bring Daily

To summarise here are some essential items to pack for your child to bring daily.



For the safety and organization of everyone, please make sure to label your child's belongings

OPERATING HOURS

	Term Time	School Holidays
Operating Hours	Monday to Friday 7 am to 7 pm	
(Closed on Saturdays, Sundays, Public Holidays, Teacher's Day, Children's Day and up to 6 additional days each year)		

2025 CENTRE CLOSURE DATES

DATE	DAY	NO OF DAYS	EVENT
21 March	Friday	1	Staff Training
9 June	Monday	1	Hari Raya Haji (off-in-lieu)
7 July	Monday	1	Town Hall & Staff Bonding
11 August	Monday	1	National Day (off-in-lieu)
5 September	Friday	1	Teacher's Day (designated MOE school holiday)
12 September (To be confirmed)	Friday	1	Staff Training
3 October	Friday	1	Children's Day
5 December	Friday	1	Curriculum Planning Training & D&D

KCARE FEE

Monthly fee for KCare in 2025

Singapore Citizen	Singapore Permanent Resident
\$210 (Fee shown above is after \$150 basic subsidy)	\$360

KCARE FEE

Monthly Fee Payment can be made via the following:

1. Paynow via QR Code to YMCA- KCC Zhenghua



2. Internet Banking to YMCA DBS Autosave account: **072-035702-7**

➤ Please provide screenshot of the transaction comprising the following information:

- Transaction Date & Time
- YMCA Bank Account No
- Transaction amount
- Message indicating the transaction is successful
- Reference: “Centre Code” is ZHKCC/ “Child’s name” is name of your child

3. CDA(DBS POSB/OCBC/ UOB) / Non-CDA GIRO Account (Please submit the completed form to the Centre for processing)

KCARE FEE – SUBSIDIES

KCare subsidy is administered by MOE and provided in 2 tiers:

Basic Subsidy (BS)

- All Singapore Citizen (SC) children are eligible for and automatically given a Basic Subsidy of \$150 per month.
- No separate application is required

Additional Subsidy (AS)

- Provided in addition to Basic Subsidy upon approval of the AS application
- Tiered according to income level and provided to eligible applicants who meet the eligibility criteria

KCARE FEE – SUBSIDIES

Minimum Attendance Requirement

- The child must meet the **minimum attendance requirement of one day per month** at the centre to receive subsidies, unless a valid medical certificate (MC) covers the entire month's absence (subject to MOE's approval). **MC must state the period of absence for the entire month.**
- MCs for 1 or 2 days will not be substantial to justify a full month's absence.
- Failure to meet the attendance requirement will result in the full KCare fee being payable for that month.

KCARE FEE – SUBSIDIES

- From end of Q4 2024, MOE extends KCare additional subsidy to all families of Singaporean children with a **gross monthly household income of up to \$6,000 or per capita income of \$1,500**.
- This is in addition to the \$150 basic subsidy per month currently provided to all families of Singaporean children.
- Confirmation for the KCare additional subsidy will only be determined after we have reviewed your application.

KCARE FEE – SUBSIDIES

How do I apply for KCare Additional Subsidy (AS)?

Online Application

- Applicants must submit their application for KCare AS online via this link :
<https://go.gov.sg/kcare-application>
- Authentication through **Singpass login** is required
- One application is required for each child

Special Cases

- Non-parent applicants (e.g., legal guardians, foster parents, grandparents, relatives, and children's home representatives) will be required to submit relevant supporting documents.

Processing Time

- The average processing time is about **8 weeks from the point of application submission or ECDA KiFAS subsidy approval**, whichever is later.

COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

Email: zhkcc@ymca.edu.sg

Telephone: 9839 1943

KCare Team

YMCA KCare @ Zhenghua



THANK YOU!

