

# STOP DENGUE AT OUR DORMITORIES 防控登革热从自己的宿舍做起

Protect yourself from dengue by removing stagnant water from potential breeding areas:

通过清除以下潜在滋生地的积水 保护自己免受登革热的侵害:



# **DOMESTIC** CONTAINERS

Pails | Plastic containers | Cooking pots

- Wipe dry
- Overturn when not in use

# 家用容器如

水桶 | 塑料容器 | 锅具

- 请擦干
- 不使用时请倒置存放



#### DISCARDED ITEMS

Drink cans | Glass bottles | Food waste

• Throw your litter into the bin and

# 废弃物品如

饮料罐 | 玻璃瓶 | 食物垃圾

• 把垃圾扔进垃圾箱 并确保盖子紧闭



Safety helmets | Safety boots

- Store in sheltered area
- Overturn safety boots on shoe racks
  Hang helmets in designated spaces

# 安全装备如

安全头盔 安全靴

- 存放在有遮盖的地方
- 把安全靴倒放在鞋架上
- 将头盔挂在指定的 安全位置

Here are two additional steps to keep you safe: 以下是为了保护 您安全的两个步骤:



Spray insecticide in dark corners of the room e.g., under your bed and behind furniture. 在房间的阴暗角落喷洒杀虫剂, 例如:床底和家具后面.



Apply insect repellent and wear long sleeves/long pants. 喷洒防虫剂,并穿长袖/长裤

DENGUE FEVER AFFECTS YOUR HEALTH AND ABILITY TO WORK.

CARRY OUT THESE STEPS TO PREVENT AND PROTECT AGAINST DENGUE.

登革热会严重影响您的健康和工作能力 执行这些步骤以预防,免受登革热侵害

DENGUE RISK ALERT LEVELS 登革热风险警戒级别

下载myENV应用程序 以查看您附近的警报级别。







