



## Goh Ling Jia

Nurse Clinician II, Nursing Services, NHG Polyclinics

### Research Interests:

- Primary Healthcare
- Healthcare Delivery
- Community-Based Nursing
- Digital health and AI Integration
- Workflow Automation in Nursing

Email: [ling.jia.goh@nhghealth.com.sg](mailto:ling.jia.goh@nhghealth.com.sg)

[Research Gate](#)

## Biography

Ling Jia is a Registered Nurse at National Healthcare Group Polyclinics (NHGP). She holds a Bachelor of Health Science (Nursing) with Distinction from the University of Sydney and is ICU-trained. She also attained a Master of Health Administration from Flinders University (Australia) and a Master of Clinical Research with Distinction from the University of Manchester (UK).

## Selected Publications

- De Roza, J.G., Koh, D.H. & **Goh, LJ**. Impact of health beliefs and risk perception on willingness to undergo osteoporosis assessment among perimenopausal and menopausal women in primary care: a descriptive cross-sectional study. BMC Prim. Care 26, 150 (2025). 2025 May 09. <https://doi.org/10.1186/s12875-025-02847-5>
- **Goh LJ**, Zhu X. Factors Influencing Self-Wound Care Adoption in Singaporean Communities: A Cross-Sectional Survey. Journal of Patient-Centered Research and Reviews. 2024 Oct 15;11:204-14. doi: 10.17294/2330-0698.2084
- **Goh LJ**, Zhu X. Patients' Willingness to Perform Self-Wound Care: A Cross-sectional Study in the Primary Healthcare Sector in Singapore. Advances in Skin and Wound Care. 2024 Nov 21. doi: 10.1097/ASW.0000000000000234

- **Goh LJ**, Zhu X. Identifying the Barriers to Self-Wound Management in Singapore—A Preliminary Study in the Primary Healthcare Sector. *Journal of Patient Experience*. 2024 Nov 26. doi: 10.1177/23743735241297491 journals.sagepub.com/home/jpx
- Zhu X, Tjhin S, **Goh LJ**, De Roza JG, Chan FHF, Yin R, Lee ES, Griva K. Factors associated with foot self-care behaviour and foot screening attendance in people with type 2 diabetes: a cross-sectional study in primary care. *BMJ Open*. 2024 Dec 31;14(12):e088088. doi: 10.1136/bmjopen-2024-088088.
- Chew EAL, Lee MCL, Bartlam B, **Goh LJ**, Dong L, Zhu X. Between hope and despair: experiences of precariousness and precarity in the lived experiences of recent diabetic amputees in primary care. *Discover Social Science and Health*. 2024 Feb 05; 4(5). <https://doi.org/10.1007/s44155-024-00062-8>
- Zhu X, Lee M, Chew EAL, **Goh LJ**, Dong LJ, Bartlam B. "When nothing happens, nobody is afraid!" Beliefs and perceptions around self-care and health-seeking behaviours: Voices of patients living with diabetic lower extremity amputation in primary care. *International Wound Journal*. 2021 May 06. doi:10.1111/iwj.13587
- Zhu X, Olsson MM, Bajpai R, Lim VH, **Goh LJ**. Factors Associated with Healing Outcomes in Primary Care Patients with Diabetic Foot Ulcers: A Retrospective Study in a Multiethnic Sample. *Advances in Skin & Wound Care*. 2022 Jan 1;35(1):22-29. doi: 10.1097/01.ASW.0000801524.42349.4d.
- Mathew BK, De Roza JG, Liu C, **Goh LJ**, Ooi CW, Chen E, Poon S, Tang WE. Which Aspect of Patient–Provider Relationship Affects Acceptance and Adherence of Insulin Therapy in Type 2 Diabetes Mellitus? A Qualitative Study in Primary Care. *Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy*. 2022 Jan 26. doi: 10.2147/DMSO.S344607. eCollection 2022.
- De Roza JG, Ng DWL, Mathew BK, Jose T, **Goh LJ**, Wang C, Soh CSC, Goh KC. Factors influencing fear of falling in community-dwelling older adults in Singapore: a cross-sectional study. *BMC Geriatrics*. 2022 Mar 07; 22:186. <https://doi.org/10.1186/s12877-022-02883-1>
- Zhu X, Weng J, Lee ES, Chan FHF, Lim PX, **Goh LJ**, De Roza JG, Chen YC, Griva K. Psychological determinants of Health-Related quality of life in primary care patients with diabetic foot ulcers: a cross-sectional study in Singapore. *BJGP Open*. 10 September 2025; BJGPO.2025.0091. DOI: <https://doi.org/10.3399/BJGPO.2025.0091>

**Notable Research Awards & Grants from Past 5 Years**

Name of Awards & Grants	Year Obtained
Singapore Health Biomedical Congress (SHBC) Primary Care Research Oral Presentation – Gold Award	2022