



Alvin Tan Wai Kit

Senior Consultant, Department of Endocrinology, TTSH

Research Interests:

- Diabetes Mellitus in elderly
- Musculoskeletal health and frailty

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Biography

Dr Alvin Tan is a Senior Consultant Endocrinologist at Tan Tock Seng Hospital. He was awarded the National Medical Research Council (NMRC) Research Training Fellowship and National Healthcare Group – Lee Kong Chian School of Medicine Clinician-Scientist Fellowship in 2018. His research interest is in Diabetes Mellitus in elderly, focusing in particular on musculoskeletal health and frailty in these individuals.

Selected Publications

- Lim WS, Lim JP, Chew J, Tan AWK. Influence of obesity on diagnostic accuracy and optimal cutoffs for sarcopenia screening in non-frail older adults: A comparison of SARC-F versus SARC-CalF. *J Nutr Health Aging*. 2020. <https://doi.org/10.1007/s12603-020-1393-5>.
- Lim WS, Lim JP, Chew J, Tan AWK. Calf circumference as a case-finding tool for sarcopenia: Influence of obesity on diagnostic performance. *J Am Med Dir Assoc*. 2020; 21(9):1359-1361.

Notable Research Awards & Grants from Past 5 Years

Name of Awards & Grants	Year Obtained
National Medical Research Council (NMRC) Research Training Fellowship (RTF)	2018
NHG Health-LKCMedicine Clinician Scientist Fellowship (CSF)	2018