

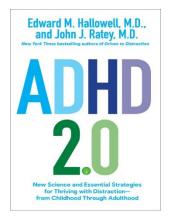
One Story 2021 invites you on a journey of empathy, acceptance and inclusion.

One Story is a project by the National Library Board to make Singapore short stories – originally written in Tamil, Malay, Chinese, or English – available in the other languages. The project aims to bring these stories to more readers beyond the language communities that they were originally written for.

This resource guide is produced in accompaniment with the One Story 2021 feature title, "Razi" by Sa'eda Buang. The short autism fiction was originally written in Malay. This book features the story in all four languages.

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#### **Recommended Reads**



ADHD 2.0: New Science and Essential Strategies for Thriving with Distraction—from Childhood through Adulthood Edward M. Hallowell, M.D. & John J. Ratey, M.D. (2021) Ballantine Books (New York) Call No. English 616.8589 HAL -[HEA]

Download ebook via NLB Mobile app here.

Retrieved from OverDrive. (<u>myLibrary ID</u> is required to access the eBook.)



## **Living with Autism**

Sung Min & Lena Heng (2015) Marshall Cavendish (Singapore) Call No. English 618.9285882 SUN

Download ebook via NLB Mobile app here.

Retrieved from OverDrive. (<u>myLibrary ID</u> is required to access the eBook.)

#### **Videos**

#### Navigating Autism as A Young Adult

Our Grandfather Story. (Feb 25, 2021). Video Navigating Autism as A Young Adult Retrieved 2021, Oct 1.

## Momentum Tea Episode 3: Growing Up with Autism

Temasek Foundation. (May 6, 2021). Video Momentum Tea Episode 3: Growing Up with Autism Retrieved 2021, Oct 1.

#### **Podcasts**

#### What You Should Know About Autism in Singapore

Eric Chen (Speaker). What You Should Know About Autism in Singapore. [Audio podcast episode] in HeartBeats. Retrieved 2021, Oct 1.

## Parenting Made Special in Singapore, with Ayu Suparman

Ayu Suparman (Speaker). Parenting Made Special in Singapore, with Ayu Suparman. [Audio podcast episode] in Autism Knows No Borders by Global Autism Project. Retrieved 2021, Oct 1.

#### **Useful Websites and Articles**

The Enabling Village Portal

Retrieved 2021, Oct 1.

#### The Purple Parade Portal

Retrieved 2021, Oct 1.

## Autism Resource Centre (Singapore) Portal

Retrieved 2021, Oct 1.

## Autism Association (Singapore) Portal

Retrieved 2021, Oct 1.

#### Autism Enabling Masterplan (Singapore) Portal

Retrieved 2021, Oct 1.

# Awakening Minds Portal by Choo Kah Ying

Retrieved 2021, Oct 1.

#### MOE Resource Kit for Parents of Children with Additional Needs

Retrieved 2021, Oct 1

# Child Development Clinic

KK Women's and Children's Hospital (2018). Child Development Clinic.

Retrieved 2021, Oct 1.

# Coping with Autism Spectrum Disorder

KK Women's and Children's Hospital (2018). *Coping with Autism Spectrum Disorder*. Retrieved 2021, Oct 1.

# Commentary: Does the word 'autistic' make you uncomfortable? It shouldn't, says the community

Christy Yip & Grace Yeoh (2021). Does the word 'autistic' make you uncomfortable? It shouldn't, says the community. CNA Insider. Retrieved 2021, Oct 1.

## Finding out what's next: Challenges faced by autistic people after they turn 18

Neo Xiaobin (2021). Finding out what's next: Challenges faced by autistic people after they turn 18. The Straits Times. Retrieved 2021, Oct 1.

## Here are some discussion questions

- 1. What special needs do you think Razi has? Have you encountered anyone who displays similar traits or has a similar condition?
- 2. "Sometimes, the ones who don't understand refuse to try to understand; instead they try to force me to accept their opinions without considering my feelings." Have you ever felt the same way as Razi's mother? What happened and how did you react?
- 3. "Whether a person's action is rational or not, no one should ever suffer the indignity of being belittled." What made Razi's mother feel this way? Have you ever been in similar situation(s)? What happened and how did you react?
- 4. Imagine yourself as the taxi-driver who was driving Razi to school. How would you respond to Razi fidgeting in the taxi? What would you tell the mother?
- 5. Imagine yourself as Razi's mother, taking Razi to school in a taxi. How would you explain to the taxi driver, who is affected by Razi's behaviour?
- 6. What are the challenges faced when caregiving for people special needs?
- 7. Where can Razi's mother seek help and advice if her family cannot relate to her emotions?
- 8. What could Razi's mother, father and Kak Miah have done differently to ease the situation?
- 9. What do you think of the neighbour who asked Razi's mother not to come to the birthday party? How would you have reacted if you were Razi's mother?
- 10. Can you resonate with how Razi's mother feel at the end of the story?
- 11. If you were Razi, how would you want the world to see you?
- 12. What are your views on alternative healing? Tell us some of the alternative healing methods that you have heard of.
- 13. What do you think of the alternative healing sessions which Razi went through? Would you put your child in such a vulnerable situation?
- 14. How can the society show more empathy towards people with special needs?
- 15. Does your workplace or school support disability? Is disability representation present in the spaces you operate in?

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