



# P1 ORIENTATION

11 October 2024



Ministry of Education  
SINGAPORE

## Preparing your child for Primary School



The presentation slides will be uploaded on our school website.





# Programme for the day

Time	Programme
2.45 p.m. - 3:15 p.m.	Registration for Students & Parents
3.15 p.m. - 3.45 p.m.	Address by Principal (Mr Chen Zhongyi)
3.45 p.m. - 4.10 p.m.	Address by P1/2 Year Head (Mdm Norliyeni)
4.10 p.m. - 4.20 p.m.	Address by Parent Support Group (PSG) Chairperson
4.20 p.m. - 4.30 p.m.	POSB Smart Buddy
4.30 p.m. – 5.00 p.m.	School Tour by the Student Leaders
5.00 p.m.	Dismissal of Students (from the classrooms)

# A Warm Welcome to Admiralty Primary School!





# ADDRESS BY PRINCIPAL

**Mr Chen Zhongyi**





# INTRODUCTION

## YEAR HEAD TEAM



**Mdm Norliyeni  
(P1/2 YH)**



**Mdm Fahizah  
(P3/4 AYH)**



**Mr Lim  
(P5/6 YH)**



**Mr Yeo  
(P6 AYH)**



**Mdm Yang  
(P5/6 YH)**



# PARENTS GATEWAY



Schools may access the video via:

<https://youtu.be/PCM5o8jAncc>



Schools may access the video via:

<https://youtu.be/tW9jwyuovOo>

**SCHOOLBAG**  
THE EDUCATION NEWS SITE

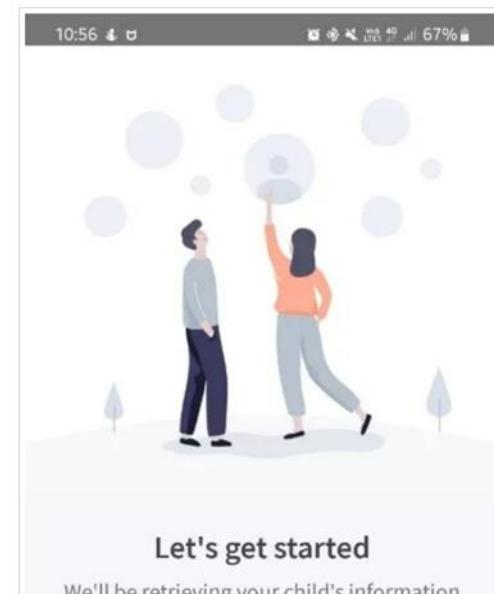
HOME EDUCATION FEATURES TEACHERS' DIGEST MULTIMEDIA FAQ

Home > Every Parent's Buddy: The Parents Gateway app

## Every Parent's Buddy: The Parents Gateway app

23 AUG 2022

5 reasons to sign up for the Parents Gateway app if you haven't done so already.



### Related



Every Parent's  
Buddy: The Parents  
Gateway app >



Strengthening  
Community Ties  
Through Social  
Media >



<https://go.gov.sg/every-parents-buddy-the-parents-gateway-app>





# DEVELOPMENTS IN PRIMARY EDUCATION



Either opened up an opportunity or taught us some value,



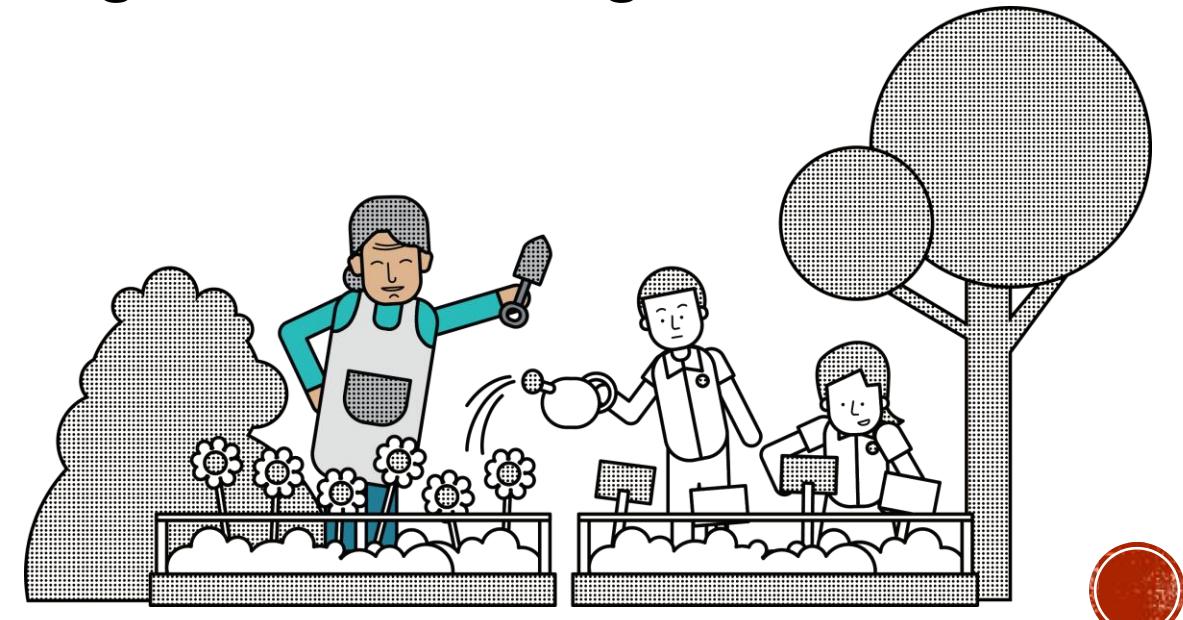
Schools may access the video via:  
<https://youtu.be/9paLbNR2zWg>





# WHAT IS IT LIKE IN PRIMARY SCHOOL?

- Laying a strong foundation
- Nurturing well-rounded individuals and passionate lifelong learners
- Providing learning opportunities that recognise their strengths and develop their full potential
- Preparing our children for the future
- Providing a safe learning environment to support our children's well-being





# WHAT IS IT LIKE IN SCHOOL?

## Subjects taken at P1/P2

1. English Language
2. Mother Tongue Language
3. Mathematics
4. Social Studies
5. Physical Education
6. Art
7. Music
8. PAL





# WHAT EXPERIENCES WILL MY CHILD GO THROUGH IN PRIMARY 1?



Technology Infused  
Learning



Programme for Active  
Learning (PAL)



Learning for Life  
Programme  
(Totti & Hoppi)





# WHAT EXPERIENCES WILL MY CHILD GO THROUGH IN PRIMARY 1?

## Holistic Development

- Focuses on building greater confidence and nurturing a stronger intrinsic motivation to learn so as to develop your child's potential
- Use of a range of assessment types to gather information to support students' learning
- No examinations and weighted assessments at Primary 1 and Primary 2 to ease your child into formal schooling and to encourage the joy of learning





# PREPARING FOR SCHOOL

**Whole Year**

**P1/2 Reporting and Dismissal Time**

	<b>Monday</b>	<b>Tuesday to Friday</b>
<b>Reporting Time</b>	9.15 a.m. – 9.30 a.m.	7.30 a.m.
<b>HSB</b>	NA	9.40 a.m. to 10 a.m.
<b>Lunch</b>		11.00 a.m. – 11.40 a.m.
<b>Dismissal Time</b>		2.10 p.m.





# PREPARING FOR SCHOOL

## Punctuality / Attendance

- Pupils must attend school regularly and punctually. Pupils' punctuality will be reflected in the report card.
- Pupils who arrive after 9.30 a.m. (Monday) and after 7.30 a.m. (Tuesday to Friday) are considered late for school.
- A pupil who is absent from school must submit a Medical Certificate or a letter or excuse from their parents, upon his/her return to school.



# PREPARING FOR SCHOOL

**First day of school – Tuesday, 2 January**

Time	Programme
8.00 a.m.	Reporting time to school via Gate C
9.30 a.m – 10.15 a.m	Recess for Class 1, 2, 3, 4
10.30 a.m – 11.15 a.m	Recess for Class 5, 6, 7
11.30 p.m.	Dismissal via Gate C



# PREPARING FOR SCHOOL

**First 3 days – Buddy during lunch break  
(Staggered lunch for the first 3 days)**





# PREPARING FOR SCHOOL

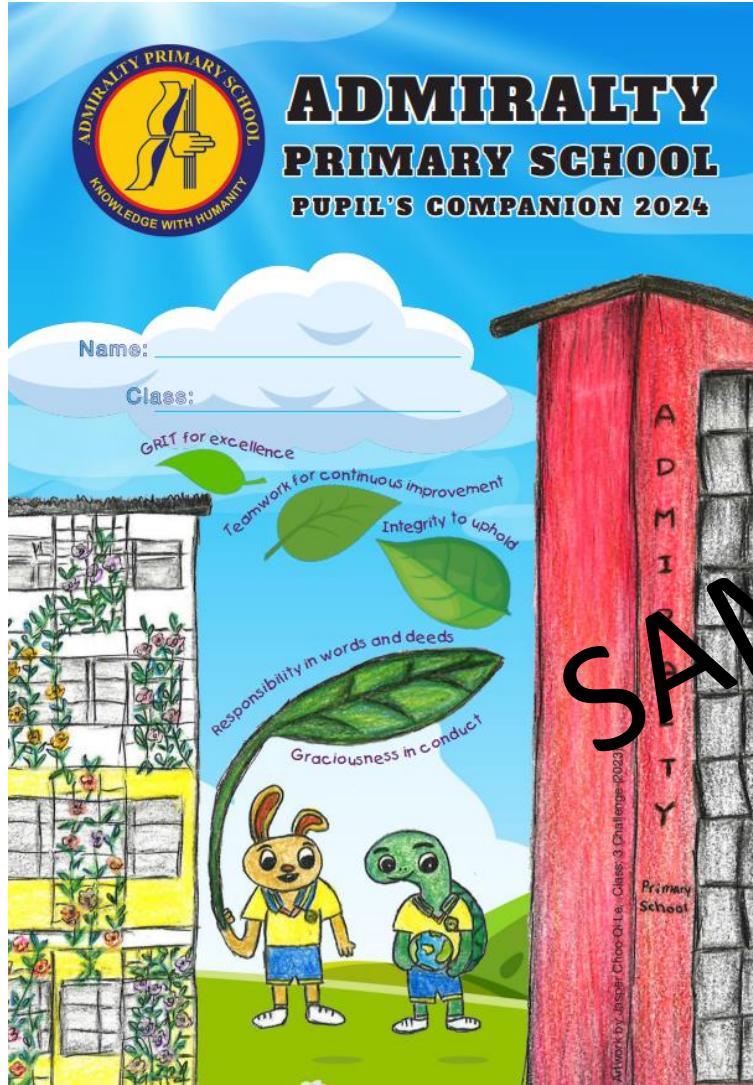
**First week of school – Thursday, 2 January to Monday, 6 January**

Date	Time in school	Lunch Break
Thu, 2 Jan	8.00 a.m. to 11.30 a.m.	Class 1, 2, 3, 4 9.30 a.m. – 10.15 a.m. Class 5, 6, 7 10.30 a.m. – 11.15 a.m.
Fri, 3 Jan	7.30 a.m. to 1.00 p.m.	Class 1, 2, 3, 4 10.00 a.m. to 10.45 a.m. Class 5, 6, 7 10.45 a.m. to 11.30 a.m.
Mon, 6 Jan	9.30 a.m. to 2.10 p.m.	All P1 Classes: 10.45 a.m.
Tue, 7 Jan onwards	7.30 a.m. to 2.10 p.m.	All Classes: 11.30 a.m.



# PREPARING FOR SCHOOL

## Pupil's Companion Book



**My Personal Particulars**

Name: \_\_\_\_\_ Index Number: \_\_\_\_\_  
Address: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Class: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ BC Number: \_\_\_\_\_  
Blood Group: \_\_\_\_\_ Medical Condition/ Allergy: \_\_\_\_\_  
Name of Parent / Guardian: \_\_\_\_\_  
Telephone: \_\_\_\_\_ (H) \_\_\_\_\_ (O) \_\_\_\_\_ (HP)  
My Form Teachers: \_\_\_\_\_  
CCA: \_\_\_\_\_ Teacher-in-charge: \_\_\_\_\_

**My siblings in the school**

Name: 1. \_\_\_\_\_ Class: \_\_\_\_\_  
2. \_\_\_\_\_ Class: \_\_\_\_\_

**In case of emergency, please inform:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Address: \_\_\_\_\_  
Telephone: \_\_\_\_\_ (H) \_\_\_\_\_ (O) \_\_\_\_\_ (HP)

**My Teachers**

Subject	Name	Email
English		
Mother Tongue		
Mathematics		
Science		
Art		
Music		
Physical Education		
Social studies		

2



# PREPARING FOR SCHOOL

**First week of school:**

**Thursday, 2 January to Wednesday, 6 January**



What to pack	What to wear
<ol style="list-style-type: none"><li>1. Pencil case</li><li>2. Colour pencils</li><li>3. Pupil's Companion Book</li><li>4. Water bottle</li><li>5. Pocket money</li><li>6. A story book</li><li>7. A healthy snack</li></ol>	<ol style="list-style-type: none"><li>1. School uniform</li><li>2. White school shoes</li></ol>





# PREPARING FOR SCHOOL

## Things to avoid





# PREPARING FOR SCHOOL

## Packing List and Timetable

- To be given by 10 Jan 2025

Primary 1 Timetable

	MON	TUES	WED	THUR	FRI
7.40 a.m.		EL	MA	MT	MA
8.10 a.m.		EL	MA	MT	MA
8.40 a.m.		MA	PE	PE	ART
9.10 a.m.		MA	PE	PE	ART
9.30 a.m.	SS	HSB	HSB	HSB	HSB
10.00 a.m.	MA	MT	MT	FTGP	EL
10.30 a.m.	MA	MT	MT	FTGP	EL
11.00 a.m.	EL	MT	MT	FTGP	EL
11.30 a.m.	P1 LUNCH				
12.10 p.m.	MT	PAL	EL	EL	EL
12.40 p.m.	MT	PAL	EL	EL	MT CCE
1.10 p.m.	PA	EL	MU	MU	MT
1.40 p.m.	PA	PAL	EL	MU	MT
2.10 p.m.					Dismissal

Subject	Name of Teacher
EL	English
MA	Maths
PE	Physical Education
ART	Art
MU	Music
SS	Social Studies
FTGP	Form Teacher Guidance Period
MT	Mother Tongue

**SAMPLE**

Date	Subject	Description
2-Jan	ENGLISH	MC English Listening Comprehension & Oral P1
		P1 Happy PAL Booklet 1A
		The Day The Crayons Quit (Without Activity Book)
		Broad Line Exercise Book (For English)
		Jotter Book With Lines / Blank Page (For English)
3-Jan	MATHEMATICS	Primary Mathematics Textbook 1A
		Primary Mathematics Practice Book 1A
		Jotter Book With Lines / Blank Page (For Math)
4-Jan	SOCIAL STUDIES	Jotter Book With Lines / Blank Page (For Social Studies)
		An Active And Healthy Life Primary 1
	PHYSICAL EDN	P1 PE Journal
		Plain Jotter Book (Reflection Journal Book)
5-Jan	MOTHER TONGUE Chinese Language (CL)	(双语) Chinese Textbook
		(双语) Chinese Activity Book 1A
		(双语) Chinese CL.P.S. Writing Exercise Book 1A
		(欢乐伙伴) CL.P.S. Small Reader 1A
		(欢乐伙伴) H.C./CL.P.S. Flash Card 1A (Small)
		好品德好公民 — Character & Citizenship Education TB 1
		好品德好公民 — Character & Citizenship Education AB 1
		Big Square Exercise Book (For Chinese)
		M.L.P.S (CEKAP) Buku Teks 1A
		M.L.P.S (CEKAP) Buku Aktiviti 1A
		M.L.P.S (CEKAP) Buku Kecil 1A (Buku 1 - 4)
		Rakyat Budiman Character & Citizenship Education TB 1
		Rakyat Budiman Character & Citizenship Education AB 1
		Broad Line Exercise Book (For Malay)
		Jotter Book With Lines / Blank Page (For Malay)
5-Jan	MOTHER TONGUE Malay Language (ML)	T.L.P.S. Theen Thamizh Textbook 1A
		T.L.P.S. Theen Thamizh Workbook 1A
		T.L.P.S. Theen Thamizh Penmanship P1A
		T.L.P.S. Theen Thamizh Student's Reader 1A (Book 1 - 4)
		பண்புள்ள தமிழ்க்கல் 1 Character & Citizenship Education TB 1
		பண்புள்ள தமிழ்க்கல் 1 Character & Citizenship Education AB 1
		Broad Line Exercise Book (For Tamil)
		Jotter Book With Lines / Blank Page (For Tamil)
		English Character and Citizenship Education 1 Textbook
		English Character and Citizenship Education 1 Activity Book
5-Jan	MOTHER TONGUE Tamil Language (TL)	

**SAMPLE**



# PREPARING FOR SCHOOL

## Healthy Snack Break (Every Tuesday to Friday)

- 20 min HSB at 9.40 a.m.
- Prepare a simple dry snack e.g. bread, fruits, biscuits, nuts
- Try out “snack time” at home!



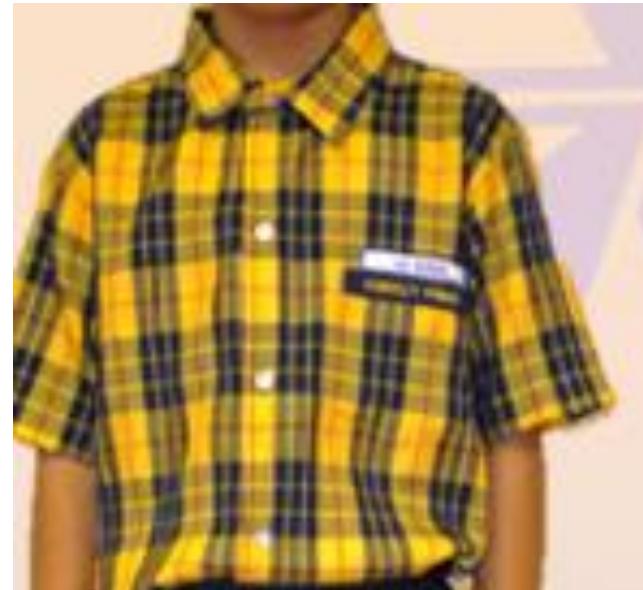
Examples of HSB food

Raisins	Milo (in tetra packs)	Muesli Bars
Prunes	Yoghurt Drinks	Oatmeal cookies/ biscuits
Dates	Milk (flavoured or non flavoured)	Cereal
Cut Fruits in a container	Soy milk	Nuts
Berries		Wholemeal bun/bread
Banana, apple or pears		



# PREPARING FOR SCHOOL

**Coloured Name Tags to be sewn/iron on**



**Label the shoes and belongings with child's name and class**



# PREPARING FOR SCHOOL

## How many sets should I buy?

- 2 sets of uniform
- 3 sets of PE attire

Usually, students will need to wear PE attire at least 3 days in a week. Students are expected to wear PE attire on days they have PE and PAL lessons.



# PREPARING FOR SCHOOL

## Dismissal Procedures

- Only Gate C (behind the canteen)
- Name of student care
- School bus





# TRANSITION TO PRIMARY 1

- Transition is the process in which a child moves into a new environment
- For example, when a child moves from preschool to primary school, a child has to adapt to an unfamiliar setting
- A smooth transition occurs when your child:
  - feels safe and comfortable in their new environment
  - is able to manage the daily challenges of school life
  - can reach out to teacher and/or peers for support when needed



# TRANSITION TO PRIMARY 1

When your child enters primary school, their experience will include:

New friends and  
teachers





# HOW CAN I PREPARE MY CHILD FOR PRIMARY 1?

**In primary school, your child will be equipped with skills to:**

- adjust to a larger learning environment
- interact with more peers and teachers
- adapt to longer school hours
- become more independent and responsible



**Schools may access the video via:  
<https://go.gov.sg/transition-to-primary1>**



# HOW CAN I SUPPORT MY CHILD THROUGH THE TRANSITION?

- **Support** your child and encourage them to overcome challenges with you
- **Affirm** your child by recognising small successes and praising their efforts
- **Familiarise** your child by easing them into new routines and sharing with them your experiences in primary school
- **Empathise** with and acknowledge your child's feelings



**Supporting your child's transition through Primary 1**

Build a caring home environment to nurture the social and emotional skills of your child using these S.A.F.E. tips.

**SUPPORT**

- Commit some time every weekend to play games and have fun together.
- Visit places or take part in events that both of you enjoy.
- Encourage your child to make new friends.
- Try out FTGP\* Family Time activities.

**AFFIRM**

- Encourage your child when he makes observations. E.g. Say "That's interesting!" and ask why he/she said that.
- Recognise small successes. E.g. Say "You've made another new friend in class - well done!"

**FAMILIARISE**

- Find out what primary schools have in store for students these days.
- Do practical things to ease your child into new routines. E.g. Plan daily routines together; teach your child new habits like packing his/her bag.

**EMPATHISE**

- Teach your child words that describe feelings.
- Acknowledge your child's emotions. E.g. "It's okay to feel anxious about starting school."
- Understand your child's needs. E.g. Start bedtime early. Children need a lot of sleep.

**Form Teacher Guidance Period**

**Spend Time Chatting. Use T.A.D.**

**Talk**

Talk about fond memories of your own school days.  
E.g. What you did in Primary One; kind teachers and cheeky classmates you had.

**Ask**

Ask about his/her thoughts and feelings about the school.  
E.g. FTGP\* activities; when he/she felt happiest.

**Discuss**

Discuss together what can be done if he/she has worries at school.  
E.g. Explore how people deal with conflicts.

**QUICK TIPS**

- Listen without interrupting.
- Nod your head and ask questions to show interest and affirmation.

These tips may be used with children of other ages too; it depends on each child's needs. Using these tips as your child journeys through the school years can help ease anxiety and worries, and build warmer and closer relationships at home.

 Ministry of Education  
SINGAPORE



# WHAT DOES MY CHILD NEED AT PRIMARY 1?

Every child develops at a different pace. We will continue nurturing the knowledge, skills and dispositions that your child has developed at preschool:

Values, Social-Emotional Competencies, Citizenship Dispositions	<ul style="list-style-type: none"><li>Understand and Care for Oneself</li><li>Show Care and Respect for Others</li><li>Make Responsible Decisions and Act on Them</li></ul>
Art	<ul style="list-style-type: none"><li>Enjoy Participating in Art</li><li>Express Ideas and Feelings through Art</li><li>Demonstrate Awareness of Art from Different Cultural Groups</li></ul>
English Language	<ul style="list-style-type: none"><li>Listen and Speak for Enjoyment and Information</li><li>Read with Enjoyment and Understanding</li><li>Communicate Ideas and Information through Writing or Using Symbols or Letter-Like Shapes</li></ul>
Mathematics	<ul style="list-style-type: none"><li>Basic Understanding of Numbers Up To 10</li><li>Recognise Simple Patterns</li><li>Compare Quantities Between Two Groups of Objects</li></ul>
Mother Tongue Languages	<ul style="list-style-type: none"><li>Enjoy and Show an Interest in Learning Mother Tongue Language.</li><li>Enjoy and Show an Interest in Listening and Speaking in Mother Tongue Language.</li><li>Demonstrate Awareness of Local Ethnic Culture</li></ul>
Music	<ul style="list-style-type: none"><li>Enjoy Participating in Music and Movement Activities</li><li>Express Ideas and Feelings through Music and Movement Activities</li><li>Demonstrate Awareness of Music and Movement from Different Cultural Groups</li></ul>
Physical Education	<ul style="list-style-type: none"><li>Enjoy Physical Activities</li><li>Display Coordination in Motor Tasks</li><li>Demonstrate Awareness of Healthy Habits and Safety</li></ul>

**SCHOOLBAG**  
THE EDUCATION NEWS SITE

HOME EDUCATION FEATURES TEACHERS' DIGEST MULTIMEDIA FAQ

Home > Put the books down! 6 skills your child really needs for P1

Put the books down! 6 skills your child really needs for P1  
14 JUN 2021

MOE Stock Image (\*Photo taken before COVID-19)





# WHAT DOES MY CHILD NEED AT PRIMARY 1?

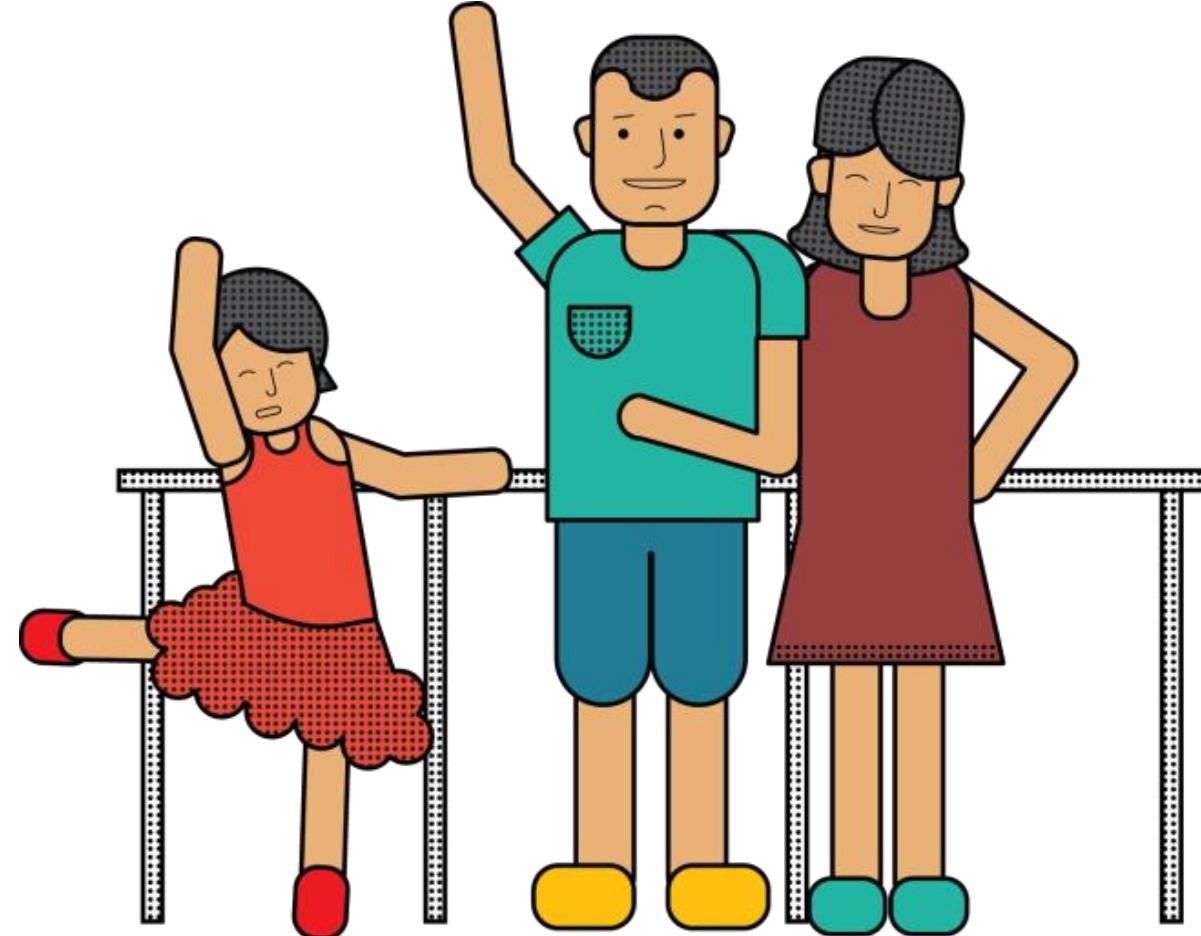
- Learning at Primary 1 should be exciting and fun for your child.
- Some skills that parents can support children in developing are:
  - Relating to others
  - Developing good habits
  - Nurturing positive learning attitudes
  - Encouraging children to learn from their mistakes



Refer to Tip 6 of Parent-Child Activity Book for an activity to encourage children to learn from their mistakes.



# SCHOOL-HOME PARTNERSHIP





# SCHOOL-HOME PARTNERSHIP

**Our children do best when schools and parents work hand in hand to support them.**

*Help your child succeed in life*

Our children do best when schools and parents work hand in hand to support them. Here are some tips to make this happen...

**Work with the school to know and support your child**

- Have regular conversations with teachers in both academic and non-academic areas – this will help you better guide your child's development.
- Check the teachers' preferred mode of communication – they are not required to share their mobile numbers.
- Understand that teachers may not be able to respond to your queries immediately.

**Help your child develop good habits**

- Create a conducive home environment for your child to enjoy reading and to finish his/her homework by himself/herself.
- Encourage your child to live a healthy, balanced life with time for sleep and play.

**Help your child relate to others**

- Work with the teachers to help your child respect differences and resolve disagreements amicably.
- Let the school verify the facts in any incident before taking action to ensure a fair, objective outcome for all parties.

**Help your child manage himself/herself**

- Guide your child in managing his/her time.
- Encourage your child to help out with household chores.

Our children succeed when parents and schools work hand in hand.

Ministry of Education  
SINGAPORE

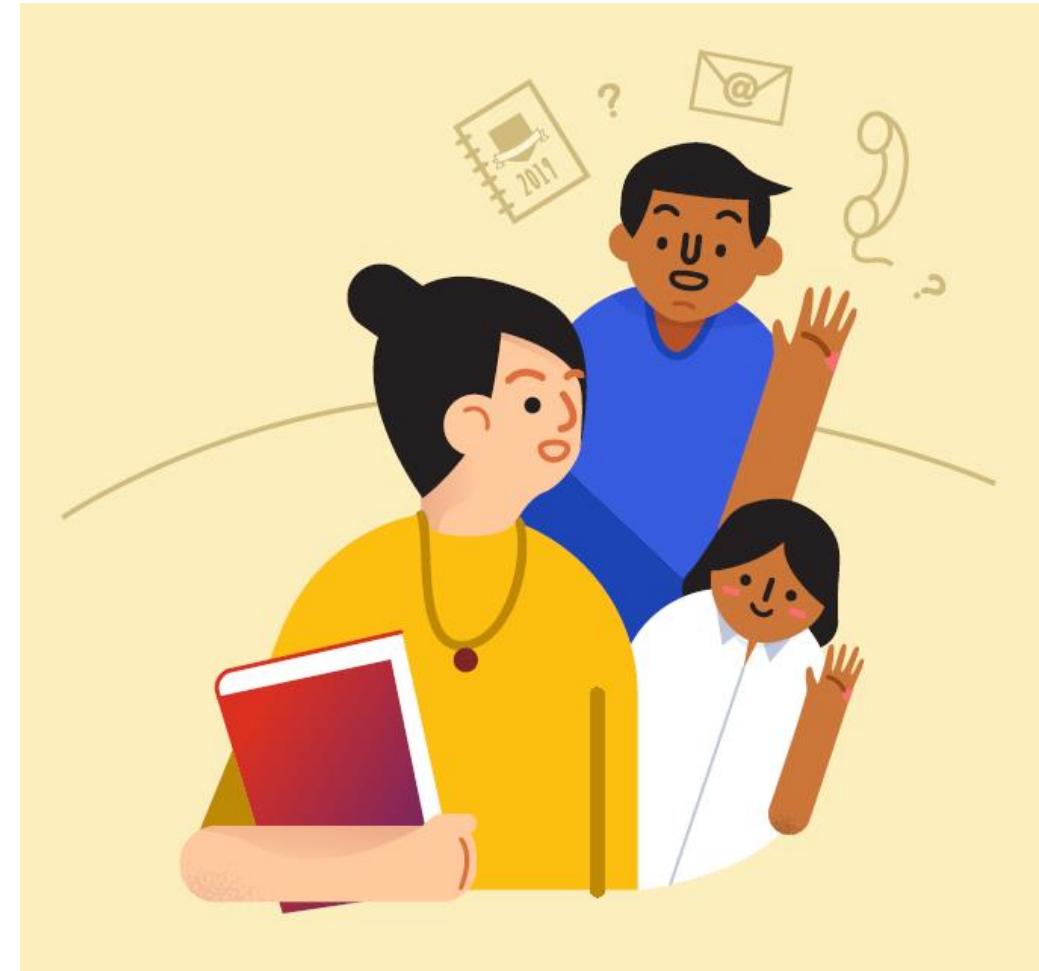




# SCHOOL-HOME PARTNERSHIP

## Communicating with your child's teacher

- Have conversations with teachers in both academic and non-academic areas — this will help you better guide your child's development.
- Ask the teacher for the best way and time to contact them.





# SCHOOL-HOME PARTNERSHIP

**General Office**

**6362 0598**

**School broadcast via WhatsApp**

**8331 4214**

**School Email Address:**

**admiralty\_ps@moe.edu.sg**



# KNOWING YOUR CHILD

## Understand your child's strengths and interests.

- Work with your child's teachers to understand their strengths, interests and development in academic and non-academic areas
- Ask your child about their thoughts and feelings regarding school





# DEVELOPING YOUR CHILD

**Partner the school in the social-emotional learning and holistic development of your child.**

- Allow your child to develop independence
- Encourage your child to participate in school activities
- Talk to your child regularly about values and nurture their interest in learning
- Affirm your child by recognising their efforts
- Teach your child effective ways to manage their challenges and stressors



*Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.*



# SCHOOL-HOME PARTNERSHIP

## Join the Parent Support Group (PSG)!

- The PSG consists of a group of dedicated parents who partner the school to support fellow parents in nurturing their children.
- It is the platform for parents to network, share, learn and support each other in this parenting journey.
- Some of the initiatives of the PSG include:
  - Parenting Workshops
  - Maths@Lunch





# WE ARE HERE TO SUPPORT YOU!

School Website <https://admiraltypri.moe.edu.sg/>

[ABOUT US](#)[GENERAL INFORMATION](#)[DEPARTMENTS](#)[PROGRAMMES](#)[PARTNERSHIP](#)



# WE ARE HERE TO SUPPORT YOU!

**School Website**

<https://www.admiraltypri.moe.edu.sg/programmes/p1-orientation/welcome-message/>

The screenshot shows the school's website navigation bar at the top, featuring the logo, links for About Us, General Information, Departments, Programmes, and Partnership, and a search icon. Below the navigation is a yellow header section with the breadcrumb trail: HOME / PROGRAMMES / P1 ORIENTATION / WELCOME MESSAGE. The main content area features a large white title "Welcome Message".

DSA & ECG

Learning for Life  
Programme (LLP)

Junior Entrepreneurship  
Programme (JEP)

## Welcome Message from Principal

Dear Parents and Guardians,

On behalf of all staff and students of Admiralty Primary School, I would like to extend a warm welcome to you and your child/ward to this big family! This promises to be an exciting and





# WE ARE HERE TO SUPPORT YOU!

## Link to Relevant Info and Forms

### Books

- Booklist To be updated in November 2024

• Bookshop Online Order Website  
<https://www.rickybookcentre.com.sg/index.php?route=checkout/orderingsystem>

• Bookshop Vendor Contact Details  
<https://www.admiraltypri.moe.edu.sg/general-information/school-vendors/>

### Uniform

• Uniform Page [Uniform Size Measurement Chart](#)

• Uniform Vendor Contact Details  
<https://www.admiraltypri.moe.edu.sg/general-information/school-vendors/>

### School Bus

- School Bus Vendor Contact Details, Prices and Request Form  
<https://www.admiraltypri.moe.edu.sg/general-information/school-vendors/>

### Student Care Centre (SCC)

- The Learning Harbour (School-Based SCC)  
<https://scc.learningharbour.org/student-care-centre/>
- The Learning Harbour Application Form  
 [SCC Indication of Interest 2024](#)

### POSB Smart Buddy

- POSB Smart Buddy Website  
<https://www.posb.com.sg/personal/deposits/bank-with-ease/posb-smart-buddy>

## Other Links and Application Forms

### Services

Services	Form Link
Student care centres general info	<a href="https://www.msf.gov.sg/what-we-do/student-care/home">https://www.msf.gov.sg/what-we-do/student-care/home</a>
List of external student care centres	<a href="https://www.msf.gov.sg/our-services/directories#studenttab">https://www.msf.gov.sg/our-services/directories#studenttab</a>
Holistic Enrichment Programme Application Form (Monday mornings)-	To be updated in November 2024





# SCHOOL-HOME PARTNERSHIP

**General Office:** 6362 0598

**School broadcast via WhatsApp:** 8331 4214

**School Email Address:** admiralty\_ps@moe.edu.sg

**School Email Address:**

<https://www.admiraltypri.moe.edu.sg/programmes/p1-orientation/welcome-message/>



**Download PG on your phone**





**YOUR CHILD IS READY!**

**I HOPE YOU ARE TOO.**



# SCHOOL TOUR BY THE STUDENT LEADERS

You can fetch your child from the classroom from 5 p.m.