



COUNSELLOR'S BRIEFING

MDM MARTY

SENIOR SCHOOL COUNSELLOR



Passionate Learners Confident Leaders Gracious Citizens



TRANSITION TO PRIMARY SCHOOL



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TRANSITION

Supporting children's transitions to Primary School

WHAT DO WE MEAN BY “TRANSITIONS”?

It is a process of adapting to
changes.



TRANSITION

The move from preschool to primary school is one of the most important transitions a child will make.



TRANSITION

Strong connections between home and school can help ease children's transition into school.



WHAT DO TRANSITIONS MEAN TO PARENTS?

It means :

- making sure that accurate information about the child is given to the school
- meeting and communicating with new teachers
- attending school programs
- adapting to school policies

WHAT DO TRANSITIONS MEAN TO THE CHILD?

For young children, the transition to school is much more than simply changing buildings or settings

WHAT DO TRANSITIONS MEAN TO THE CHILD?

It means:

- adapting to new sets of rules, regulations and behaviours
- adjusting to a new peer group, and getting to know new teachers
- learning to play and cooperate with other children
- paying attention for longer periods of time and longer school hours
- developing independent work habits

TRANSITIONS OCCUR AS CHILDREN MOVE

Between activities, settings and services

- Home to school
- Teacher to teacher
- Lesson to lesson
- School to after School Care Centers

TRANSITIONS



Helping children understand these differences, and move smoothly through the process, will help children to adapt and enjoy school.

BENEFITS OF FACILITATING TRANSITIONS

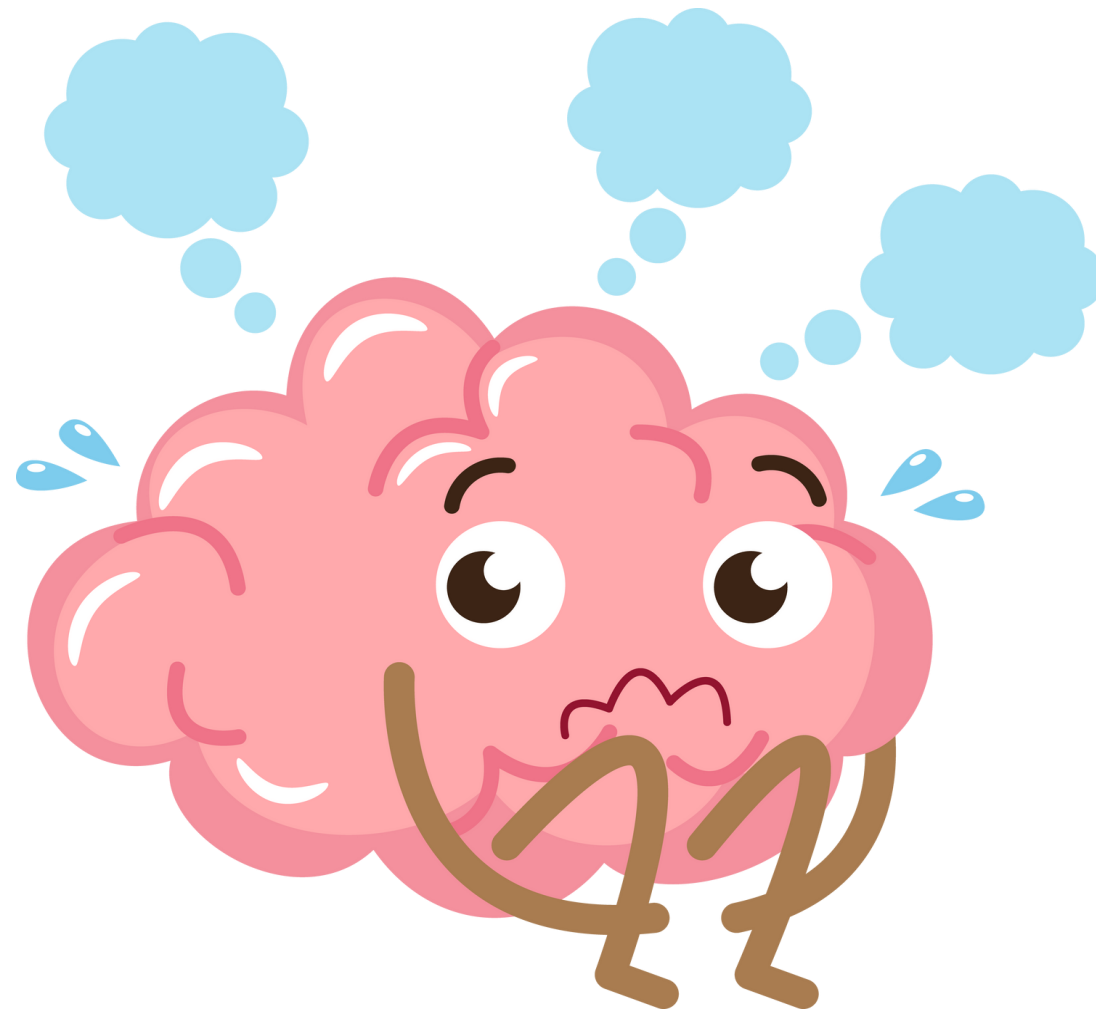
- Children will like school and look forward to school.
- Children will show steady growth in academic skills.
- Parents will become actively involved in their children's education.



COMMON DIFFICULTY FACED DURING TRANSITIONS

School Anxiety

Separation Anxiety



DURING TRANSITIONS, CHILDREN MAY FEEL

- Sad
- Confused
- Anxious



- Uncertain
- Overwhelmed
- Insecure

I DON'T WANT TO GO TO SCHOOL TODAY...

- They may feel ill or tired because they didn't have a good sleep.
- They feel worried about something at home or at school.
- Someone is giving them a difficult time.



WHAT CAN PARENTS DO?

- Talk about timing, routine and transition
 - Mother Tongue, Physical Education, recess
- Teach them what to do in case of emergency
 - missing the school bus, forgetting to bring pocket money
- Teach them to handle money and make friends
- Teach independence
 - packing their school bag

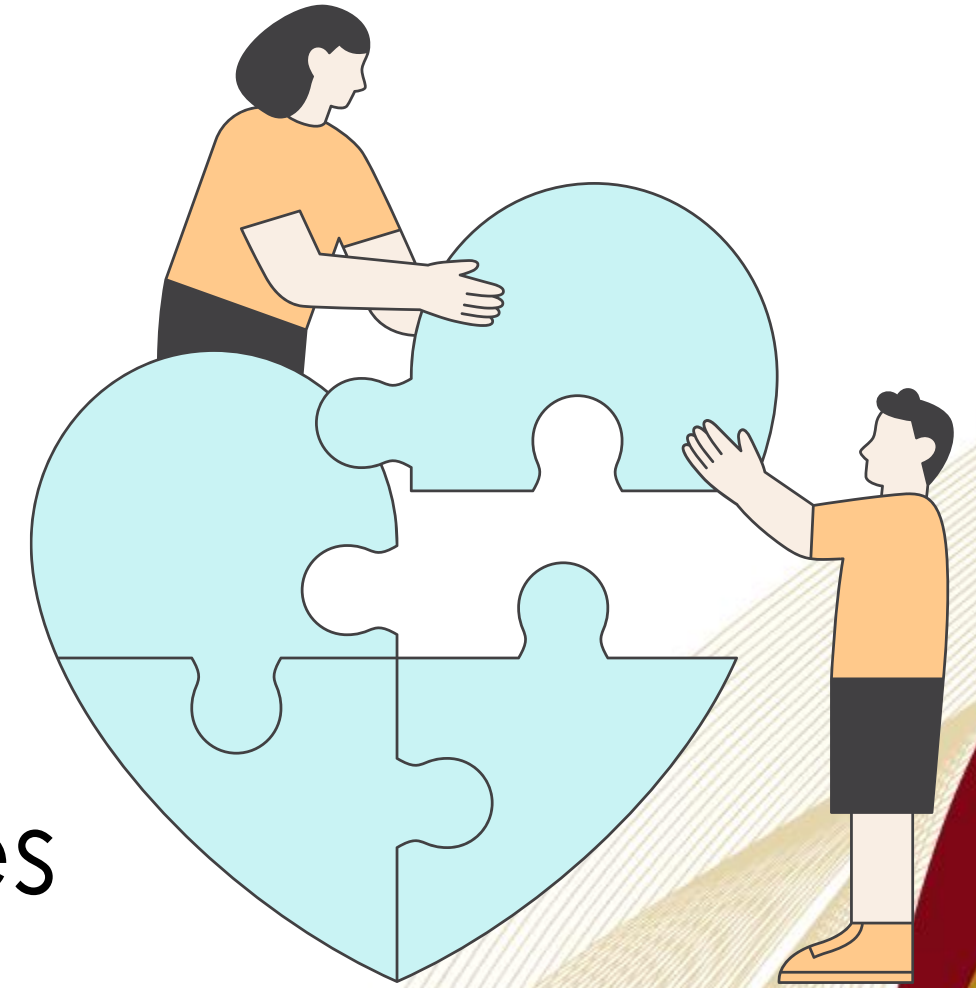


MANAGING YOUR EXPECTATIONS

- Know and manage your own wants and expectations
- Support regular school attendance & attend school events
- Discuss the link between success in school and success in life
 - relate to movies, news articles

ENCOURAGE YOUR CHILD

- Plan together with your child
- Remember his needs and habits
- Discuss and agree on consequences
- Reward your child



CONTINUITY OCCURS WHEN...

School and home help create connections that support children during the transition to school.



GREAT BONDING TOOLS

- Social stories
- Open discussions
- Helps to impart values-scenario cards
- Board games
- Sets the stage for their social and emotional learning



VALUES DEFINE US

BE A GREAT ROLE MODEL
*Children learn by observing you.
How do you fare on a scale of 1-5?*

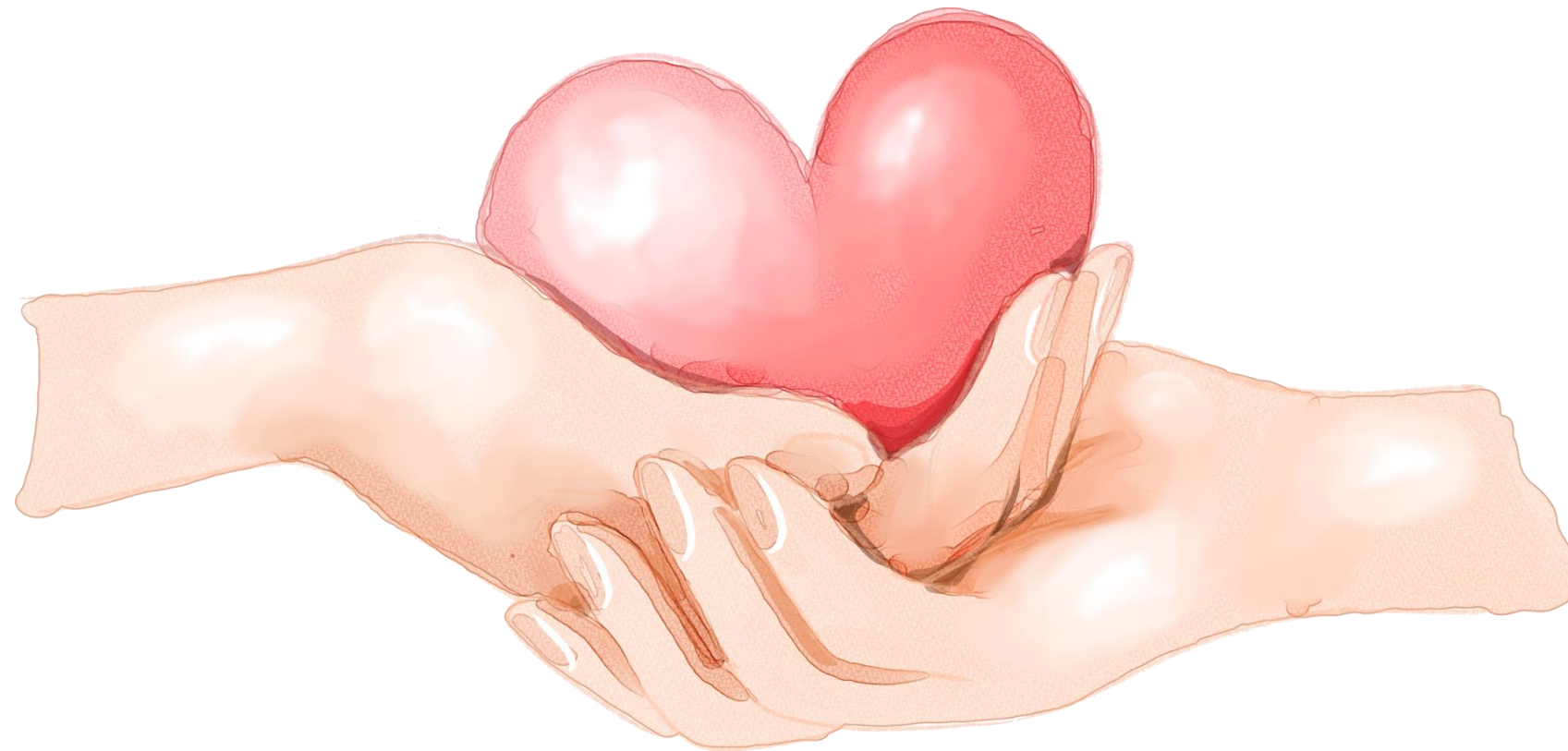
How often are you courteous towards your:

	<u>Never</u>				<u>Always</u>
Parents	1	2	3	4	5
Neighbours	1	2	3	4	5
Domestic helper	1	2	3	4	5
Child's teacher	1	2	3	4	5

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SUPPORTIVE PARTNER

- Every parent a supportive partner
- To support the holistic learning experiences that aim to bring out the best in every child



thank
you





YEAR HEAD'S BRIEFING



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ORIENTATION DAY

(2 JANUARY 2026)

Reporting Time: 8.30 am

Dismissal: 11.30 am

Venue: Classrooms (Students)

Multi-Purpose Hall (Parents)



ATTIRE



ATTIRE

- School uniform on days **without** PAL, PE and/or PASSION lesson
- PE attire on days **with** PAL, PE and/or PASSION lessons
- School polo tee / PE shirt must be neatly tucked
- Plain white/ school socks
 - Ankle socks are not allowed
- Black shoes
 - No patterns, stripes brand logo

TIMETABLE

Subjects taken at Primary 1

- English (EL)
- Math (MA)
- Mother Tongue (MT)
- Social Studies (SS)
- Art
- Music
- Physical Education (PE)
- Programme for Active Learning (PAL)
- Form Teacher Guidance Period (FTGP)
- PASSION

SAMPLE TIMETABLE

PERIOD/TIME	Mon	Tue	Wed	Thu	Fri
1 07:30 08:00	EL	PAL	ASSEM/FTGP	PE	MT
2 08:00 08:30	EL	PAL	ASSEM/FTGP	PE	MT
3 08:30 09:00	EL	EL	MUSIC	EL	MT
4 09:00 09:30	Recess	Recess	Recess	Recess	Recess
5 09:30 10:00	MA	EL	EL	EL	EL
6 10:00 10:30	MT	EL	EL	EL	EL
7 10:30 11:00	MT	MT	EL	MT	MUSIC
8 11:00 11:30	MT	MT	EL SS	MT	MA
9 11:30 12:00	PAL	MT	CCE	MT	MA
10 12:00 12:30	PAL	MA	CCE	MA	PASSION
11 12:30 13:00	ART	PE	MA	MA	PASSION
12 13:00 13:30	ART	PE	MA	EL SS	PASSION

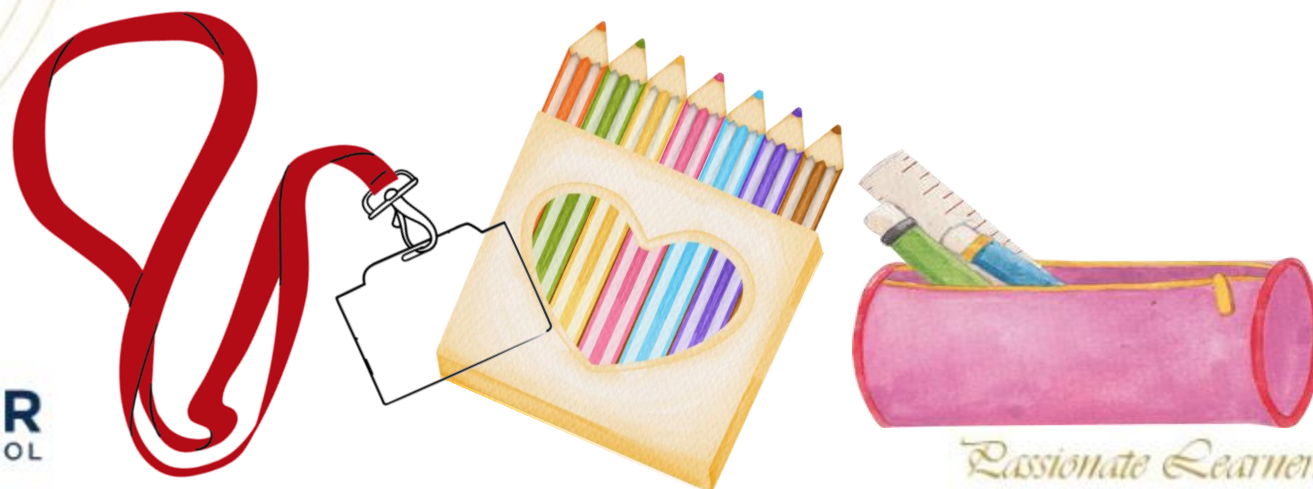
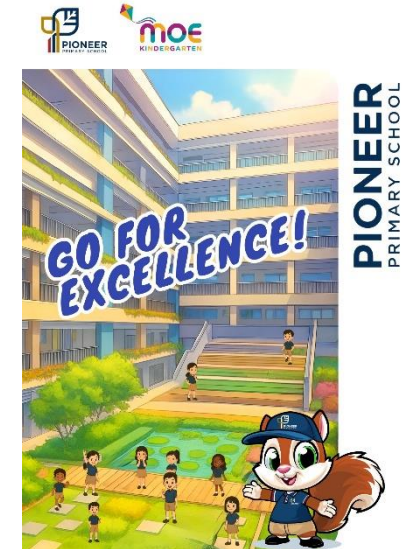
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6 10:00 10:30	MT	EL	EL	EL	EL
7 10:30 11:00	MT	MT	EL	MT	MUSIC
8 11:00 11:30	MT	MT	EL SS	MT	MA
9 11:30 12:00	PAL	MT	CCE	MT	MA
10 12:00 12:30		MA	CCE	MA	PASSION
11 12:30 13:00	ART	PE	MA	MA	
12 13:00 13:30	ART		MA	EL SS	

THINGS TO BRING DAILY

- Lanyard
- Ami card
- Student Handbook
- Pencil case
- Coloured pencils

- File
- Plastic water bottle
- Healthy snacks
- Storybook for silent reading



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WHAT CAN I DO WITH MY CHILD?

Read with your child

- Nurture your child's love for reading
 - It's never too late to start.
- Visit the library together and explore a variety of picture books.
- **Encourage your child's efforts** in learning to read.
- Most importantly, make reading a **fun and meaningful** process.



RELATING WELL TO OTHERS



Find out more activities from the **P1 Parent-Child Role Playing Activity Kit**

Build your child's interpersonal skills by:

01

Modelling the use of friendly and polite phrases

"Hi! My name is...What is your name?"

"Could you help me with..."

02

Providing opportunities for your child to share and take turns during playtime with other children

33

03

Modelling respectful interactions

"May I please..."

"It's okay if I can't join in..."

"I am sorry I ..."

MAKE NEW FRIENDS

What your child may learn in school

JOINING IN ACTIVITIES

- 1 Choose a good time.
- 2 Look at the person.
- 3 Ask in a friendly way, "Hi, may I join you?"
- 4 Accept the answer by saying "Thank you" or "Okay".



What you can do at home

SAY HELLO AND SMILE

Hi!

My name is ...!



Practice skill steps with your child to help him/her relate with others and make friends easily. Encourage them to say hello, greet good morning and smile at their new friends and teachers. These greetings are a great way to connect with people.

Making friends will help your child to adapt quickly to the new school environment, as school becomes more enjoyable with their new friends. They can also learn and play well together.

Quick Info:

- The Programme for Active Learning (PAL) helps your child to discover his/her interests and how to relate and work with peers through Sports and Games, Outdoor Education, Performing Arts (Dance, Drama and Music) and Visual Arts.



Do a short role-play with your child to practise these steps for joining in activities:

- saying hello with a smile and introducing him/herself
- asking politely if he/she can join the group
- thanking them for choosing to include him/her
- saying and feeling okay even if they choose not to

Are you excited to meet your new friends? What do you do or say when you meet your new classmates or join them in group activities? Let's try it!

Explain how doing the above helps him/her to:

- make others feel comfortable
- prevent conflict with new classmates
- be confident

Read more: <https://www.schoolbag.sg/story/how-to-help-your-child-ace-the-first-week-of-school>

DEVELOPING GOOD HABITS

Routines help your child build confidence and learn to manage things by themselves.



Available online!

Parent-Child Activity Book



10 TIPS FOR PARENTS

to help you navigate your child's first year in primary school.



Chat with your child

Boost their confidence

Practise various scenarios

Create something interesting

Thank others for their help

Pledge to do things together

STUDENT DATA FORM (SDF)

- We need to collect necessary information about you and your child/ward to provide educational services for your child/ward in our school.
- Please submit the information through the online Student Details Form portal **from 1 December 2025, 10.00am**.
- The portal can be accessed via the URL: <https://pg.moe.edu.sg/forms/sdf>, the Services page on Parents Gateway (PG) mobile app.
- Either parent can login to submit the required particulars. We seek your help to complete the submission **by 31 December 2025**.
- If there are any updates to the custody information, please notify the school latest **by 21 November 2025** via email.

PARENTS GATEWAY (PG)



- PG is a mobile app specially designed for parents.
- The app allows parents to **receive information** and perform a range of **administrative functions** including receiving announcements from school, **giving consent for school programmes and activities**, as well as **declaration of travel plans**.
- You may download the free Parents Gateway mobile app on your mobile phone and perform a simple one-time on boarding process.
- From 1 December 2025, we will be sending all forms of communication via PG. Please onboard PG by **1 December 2025**.

GIRO AND EDUSAVE

- Parents are strongly encouraged to sign up for GIRO and Edusave online **by 1 December 2025**.
- Edusave will be used for miscellaneous fees and deductions of (local & overseas) school programmes.
- Parents must consent Edusave deductions for school bill programmes.

MOE FINANCIAL ASSISTANCE SCHEME

- The MOE Financial Assistance Scheme (FAS) is available for Singapore Citizen students from low-income families. MOE is currently reviewing the scheme to provide support to more students. More information on the process and eligibility criteria will be shared later via email.
- Note that as there will be no reimbursement on the amount paid for textbook or uniform before the approval of the financial assistance, therefore please **do not purchase your child's textbook and uniform before receiving the MOE FAS outcome letter** from the school.

CHECKLIST FOR ADMIN MATTERS

SN	Description	Deadline	Remarks
1	Registration of interest for Sch-based SCC	Deadline over	If required
2	Request for School Bus Services	By 15 Nov	If required
3	Online order of uniform	By 16 Nov	
4	Sales of textbooks	From 21 Nov	More info will be available on the booklist
5	Onboarding of Parents Gateway	By 1 Dec	Compulsory
6	Submission of GIRO Application	By 1 Dec	Strongly encouraged
7	Submission of Edusave Standing Order Form	By 1 Dec	Strongly encouraged for SC
8	Onboarding of Amibox	By 1 Dec	Strongly encouraged
9	Submission of Student Data Form • Parent to update school of any custody information	1 to 31 Dec 21 Nov	Compulsory
10	MOE FAS	TBC	SC only

BE A PARENT VOLUNTEER

- Support school events and activities.
- Connect with other parents and build friendships.
- Be a role model for your child through active involvement.



<https://go.gov.sg/ppspsg>