



West Grove Primary School

Wisdom & Grace



PROGRAMME FOR ACTIVE LEARNING (PAL)



West Grove Primary School

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Mr Lin QY
(OE i/C)



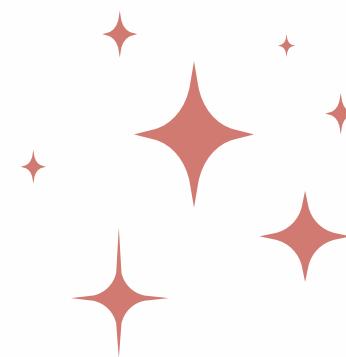
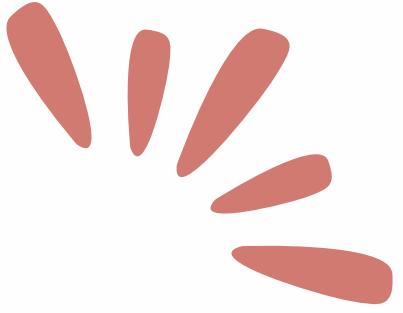
Ms Er KH
(VA i/C)



Mdm Chew PX
(PA i/C)



Mdm See SC
PAL Coordinator
(SG i/C)



PROGRAMME FOR ACTIVE LEARNING (PAL)

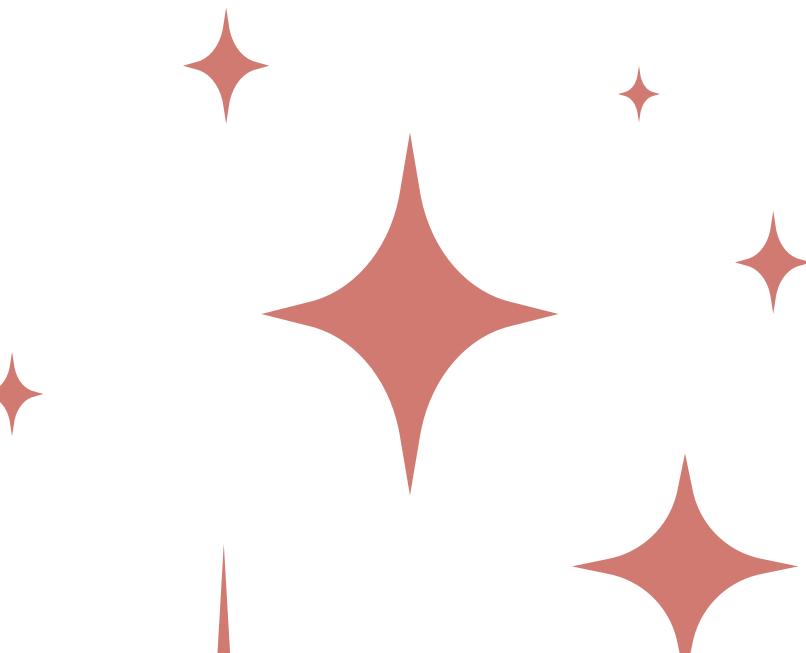


PURPOSE OF PAL

PAL curriculum offers learning experiences to support students in the development of:

- **Confidence, Curiosity and Collaborative learning (3Cs)**
- **Social Emotional Competencies (SEL)**
- **Values**

Social Emotional Skills



Examples of SE skills/knowledge

ListenAttentively
GetAlongWithOthers
SpeakRespectfully
BeAGoodListener
MakeFriends SeekHelp
KnowMyEmotions
ManageMyEmotions
Give&Take
HandleDisagreement
TakeTurns
BeConsiderate

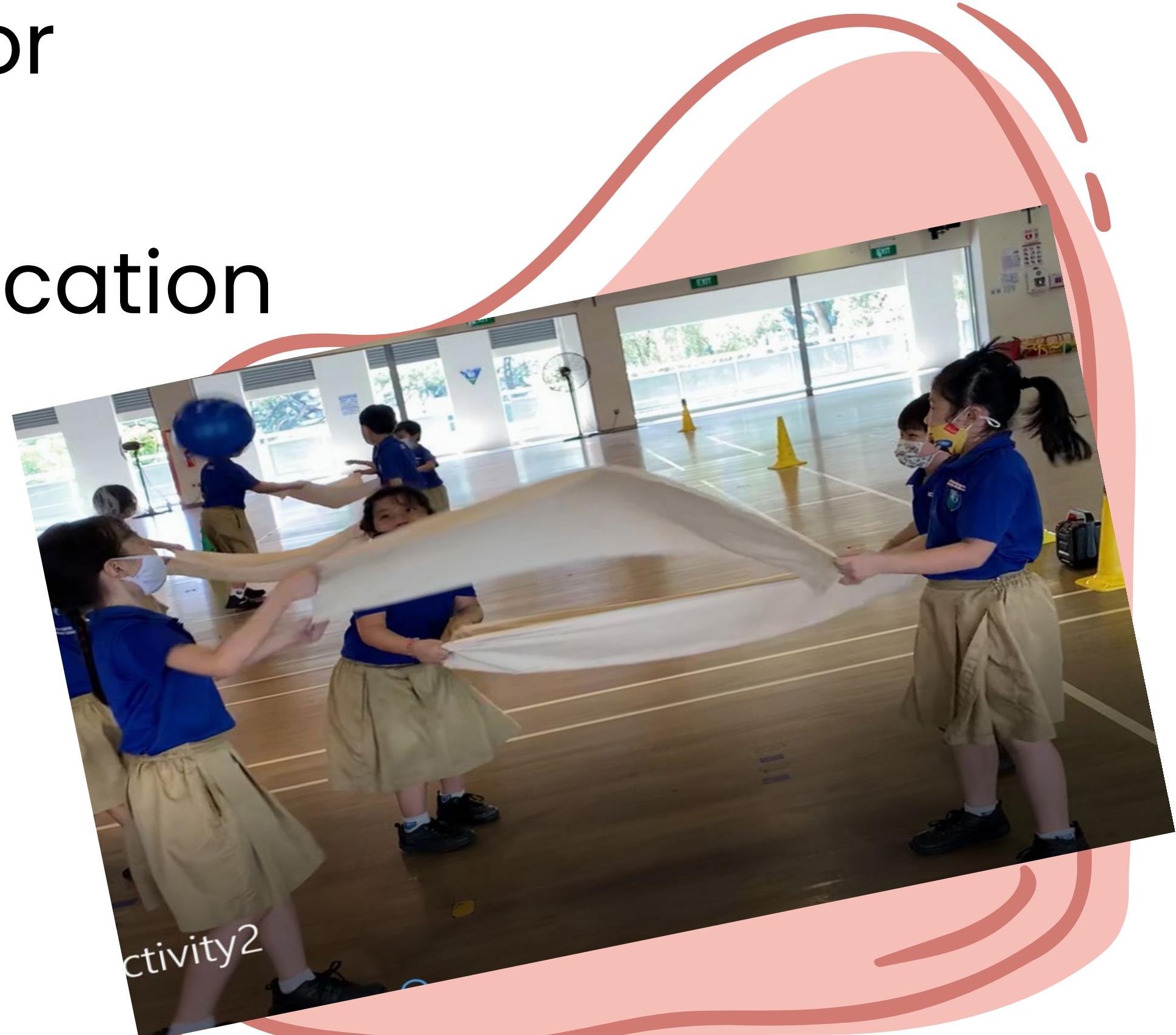
CHARACTERISTICS OF PAL

- *Experiential in nature
- *Learning in a creative way



CHARACTERISTICS OF PAL

- *Provides opportunities for students to create
- *Incorporates values education
- *Fun and enjoyable





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Reflections are an integral part of every PAL lesson to facilitate social emotional learning.

Lesson 3 – My School Environment
Activity: This is my Comic Strip

1. How do you feel about the activity today? Circle your answer.

- | | | |
|-------|--------------|--------|
| | | |
| Happy | Proud | Sad |
| | | |
| Angry | Disappointed | Afraid |

2. What did you do during the activities? You may tick more than 1 box.

- I respected others by taking turns.
- I respect my teachers and friends by paying attention in class.
- I respect my friends' works.
- I respect others by listening to them.



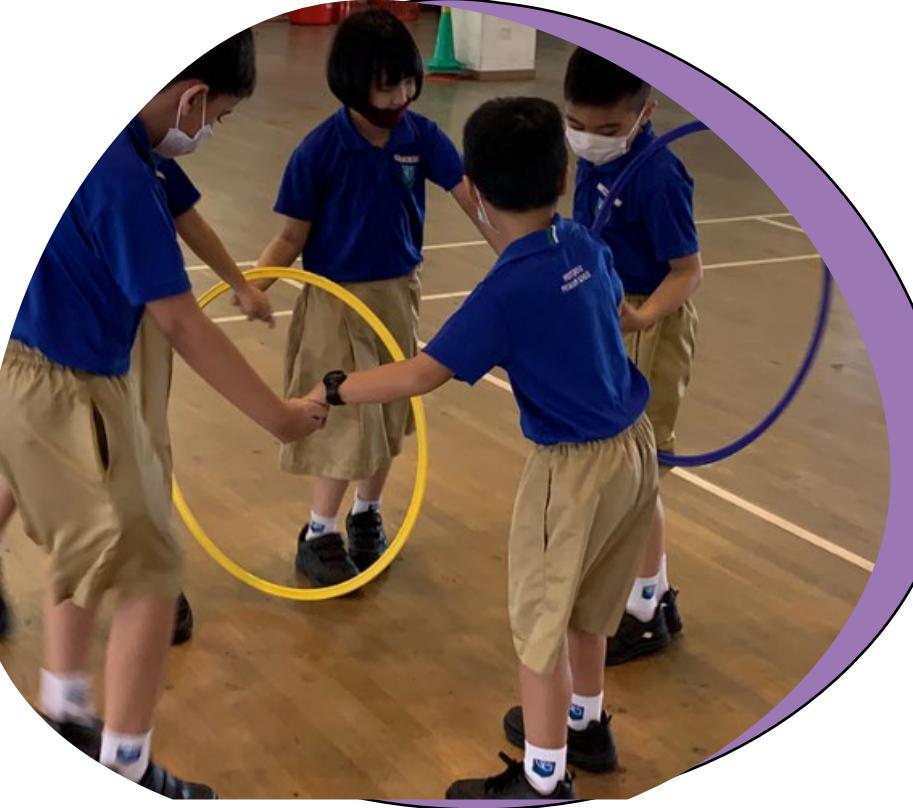


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PAL @ WGPS

PAL is offered to P1 and P2 students in the following modules:



Sports and
Games

Outdoor
Education

Visual Arts

Performing
Arts



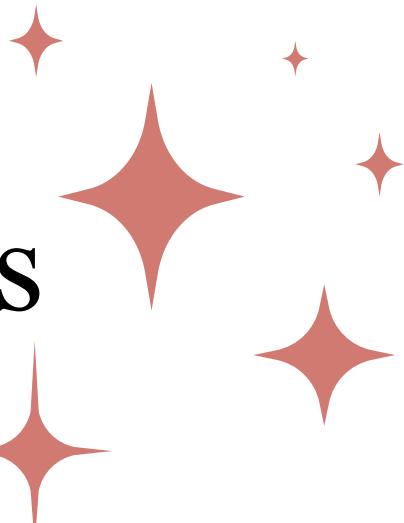
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PAL Learning Journey for P1 and P2 for different modules



P1 - River Wonders



**P2 - Jurong Lake
Garden**

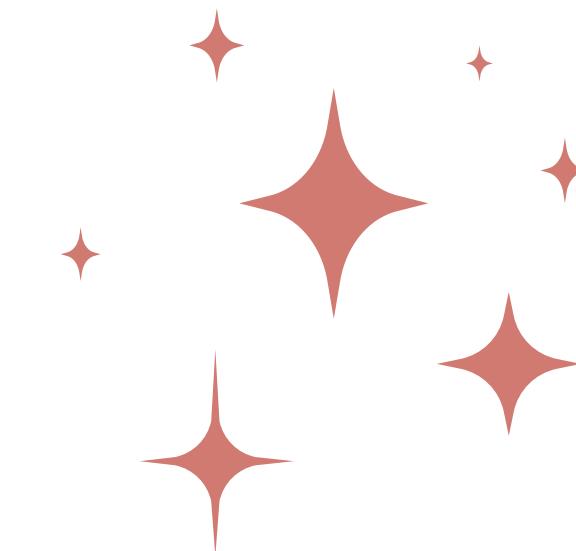




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ATTIRE FOR PAI LESSONS

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THANK YOU

