

TOWARDS AN INCLUSIVE SOCIETY THROUGH SPORTS

# INCLUSIVE SPORT CONFERENCE 2021

**DATE & TIME**  
**16 TO 18 MARCH 2021**  
**9AM - 5PM**



Host



Co-host



**INCLUSIVE  
SPORT  
CONFERENCE**  
2021



*TOWARDS AN INCLUSIVE SOCIETY THROUGH SPORTS*

# Unified Sports x Play Inclusive



## What is Unified Sports?

- Unified Sports joins people with and without intellectual disabilities (ID) on the same team
- Teams are made up of people of similar age and ability
- Promoting social inclusion through sport
- Principle: training together and playing together is a quick path to friendship and understanding.





## Principle of Meaningful Involvement

- All team members must be **engaged and provide their own individual abilities and strengths.**
- The goal is that every teammate should **play a meaningful role** and have the **opportunity to contribute** his or her strengths to their Unified Sports team.
- There should be a **quality of social interaction and communication** among teammates that allows everyone to participate fully and enjoy a positive experience



## Principle of Meaningful Involvement

- Ensures that **every player is given an opportunity to contribute** to the success of his or her team through their unique skills and qualities

Every teammate:

- (a) demonstrates sufficient sport specific skills and game understanding;
- (b) plays a valued role on the team that emphasizes his or her personal talents; and
- (c) has an opportunity to play without a heightened risk of injury.



## The Magic of Unified Sports



Video courtesy of Special Olympics Asia Pacific





## PLAY INCLUSIVE

Special Olympics Singapore and SportCares, supported by Ministry of Education joined hands to organise Play Inclusive to promote inclusion in the community through shared sporting experiences between persons with and without intellectual disabilities, to showcase the value of sport in bridging communities, forging friendships and promoting care in the community.



Play Inclusive was the largest unified sports competition in Singapore in 2018 & 2019 and expanded to include other disability groups progressively.

# **PLAY INCLUSIVE 2018**

Athletes: ~300 (Intellectual Disability)

Unified Partners: ~150

## Sports

Badminton Doubles, 3-on-3 Basketball,  
3-on-3 Floorball, 5-a-side Football

## Guest of Honour

Mr Ong Ye Kung, Minister of Education



# PLAY INCLUSIVE 2018

Special Education Schools / Disability Organisations	Mainstream Schools / Institutions	Volunteer Workforce
1. APSN Centre for Adults	1. Anglican High School	1. Catholic High School
2. APSN Delta Senior School	2. Anglo-Chinese School (Independent)	2. Crescent Girls School
3. APSN Katong School	3. Bowen Secondary School	3. Dunearn Secondary School
4. APSN Tanglin School	4. Bukit Merah Secondary School	4. River Valley High School
5. AWWA School	5. Evergreen Secondary School	5. FWD Singapore
6. Eden School	6. Hougang Secondary School	6. Marriott International
7. Grace Orchard School	7. Jurongville Secondary School	7. Singapore Badminton Association
8. Metta DAC for the Intellectually Disable	8. Nanyang Girls' High School	8. Special Olympics Volunteers
9. Metta School	9. Nanyang Junior College	9. SportCares Youth Volunteers
10. MINDS Ang Mo Kio TDC	10. Orchid Park Secondary School	10. Liitto Football Club
11. MINDS Eunos TDC	11. Ping Yi Secondary School	11. Team Nila
12. MINDS Fernvale Gardens School	12. Princess Elizabeth Primary School	
13. MINDS IDEA EDC	13. Queenstown Secondary School	
14. MINDS Lee Kong Chian Gardens School	14. Queensway Secondary School	
15. MINDS Tampines TDC	15. Raffles Institution	
16. MINDS Towner Gardens School	16. Rulang Primary School	
17. MINDS Woodlands EDC	17. Singapore Management University	
18. MINDS Woodlands Gardens School		
19. MINDS MYG		
20. Rainbow Centre Margaret Drive School		
21. Rainbow Centre Yishun Park School		



# PLAY INCLUSIVE 2019

Athletes: ~400 (Intellectual Disability, Autism Spectrum Disorder, Visual Impairment)

Unified Partners: ~400

## Sports

Badminton Doubles, 3-on-3 Basketball, 3-on-3 Floorball, 5-a-side Football, Goalball, Skills Competition for Basketball and Floorball. (expanded to 2-days event)

## Guest of Honour

Ms Indranee Rajah, 2<sup>nd</sup> Minister for Education

# PLAY INCLUSIVE 2019

Special Education Schools / Disability Organisations	Mainstream Schools / Institutions	Volunteer Workforce
<ol style="list-style-type: none"> <li>1. APSN Chaoyang School</li> <li>2. APSN Delta Senior School</li> <li>3. APSN Katong School</li> <li>4. APSN Tanglin School</li> <li>5. AWWA School</li> <li>6. Eden School</li> <li>7. Grace Orchard School</li> <li>8. Metta Day Activity Centre for the Intellectually Disabled</li> <li>9. Metta Home for the Disabled &amp; Metta Home Activity Centre</li> <li>10. Metta School</li> <li>11. MINDS Ang Mo Kio Training &amp; Development Centre</li> <li>12. MINDS Eunos Training &amp; Development Centre</li> <li>13. MINDS Fernvale Gardens School</li> <li>14. MINDS IDEA Employment Development Centre</li> <li>15. MINDS Jurong Training &amp; Development Centre</li> <li>16. MINDS Lee Kong Chian Gardens</li> <li>17. MINDS Tampines Training &amp; Development Centre</li> <li>18. MINDS Towner Gardens School</li> <li>19. MINDS Woodlands Employment Development Centre</li> <li>20. MINDS Woodlands Gardens School</li> <li>21. MINDS Youth Group</li> <li>22. Pathlight School</li> <li>23. Rainbow Centre Margaret Drive School</li> <li>24. Rainbow Centre Yishun Park School</li> <li>25. Rainbow Centre Yishun Park School (Woodlands)</li> <li>26. SIA-MINDS Employment Development Centre</li> <li>27. SOSG Outreach</li> <li>28. St. Andrew's Autism School</li> </ol>	<ol style="list-style-type: none"> <li>1. Anglican High School</li> <li>2. Anglo Chinese School (Independent)</li> <li>3. Bowen Secondary School</li> <li>4. Bukit Merah Secondary School</li> <li>5. Catholic High School</li> <li>6. Changkat Primary School</li> <li>7. Evergreen Secondary School</li> <li>8. Hougang Secondary School</li> <li>9. ITE College West</li> <li>10. Marsiling Secondary School</li> <li>11. Nanyang Girls' High School</li> <li>12. Nanyang Junior College</li> <li>13. Nanyang Technological University</li> <li>14. Orchid Park Secondary School</li> <li>15. Ping Yi Secondary School</li> <li>16. Princess Elizabeth Primary School</li> <li>17. PSB Academy</li> <li>18. Queenstown Secondary School</li> <li>19. Queensway Secondary School</li> <li>20. Raffles Girls' School</li> <li>21. Raffles Institution</li> <li>22. Republic Polytechnic</li> <li>23. Rulang Primary School</li> <li>24. Singapore Institute of Management</li> <li>25. Teck Ghee Primary School</li> <li>26. Townsville Primary School</li> <li>27. Yuan Ching Secondary School</li> </ol>	<ol style="list-style-type: none"> <li>1. Catholic High School</li> <li>2. Cognizant</li> <li>3. FWD Singapore</li> <li>4. Goalball Singapore</li> <li>5. Raffles Girls' School</li> <li>6. Raffles Institution</li> <li>7. Republic Polytechnic</li> <li>8. St Anthony's Canossian Secondary School</li> <li>9. Singapore Chinese Girls' School</li> <li>10. SportCares Youths</li> </ol>

New Sport onboard in 2019

## Goalball

*Including athletes with visual impairment and unified partners from mainstream institutions or sports organisations*

## CoachSG

ITE College West  
Jagsports Judo Team  
Nanyang Polytechnic  
Ngee Ann Polytechnic  
Singapore Silat Federation  
Wrestling Federation of Singapore





# RAINBOW CENTRE PLAY INCLUSIVE INVOLVEMENT



Member of



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## Play Inclusive Pre-bonding Camp 2018



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## Play Inclusive Pre-bonding Camp 2018



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## Play Inclusive Pre-bonding Camp 2018



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## Play Inclusive Pre-bonding Camp 2018



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## Play Inclusive Event 2019



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## Play Inclusive Event 2019



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## Play Inclusive 2020 – Virtual Edition



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## PLAY INCLUSIVE 2020....

- COVID19 situation disrupted the unified teams' training and possibility of holding large events
- Opportunity to explore new ways to bridge communities and create friendship and sporting memories during the pandemic
- Play Inclusive 2020 went virtual to pair youths from mainstream and special education schools to learn and complete workouts together on virtual platforms
- 54 Athletes from 10 SPED schools & 58 Unified Partners from 11 mainstream schools participated
- The first HYBRID Play Inclusive finale was held on 7 November where 4 teams were present physically with 10 teams signing in virtually.



# PLAY INCLUSIVE VIDEO 2020

