

Project Title

ComPASS – Powering Up & Advancing Strengths of Senior

Organisation(s) Involved

Tsao Foundation

Healthcare Family Group Involved in this Project

Ancillary Care

Applicable Specialty or Discipline

Senior Community

Aims

Aim to build a ground-up collective impact programme to mobilise community advocates and peer networks, whom we developed from the EMPOWER programme, to support older persons at risk.

Background

See poster appended/ below

Methods

See poster appended/ below

Results

See poster appended/ below

Conclusion

See poster appended/ below

Project Category

Care Continuum

Intermediate and Long Term Care & Community Care, Social Care

Workforce Transformation

Informal Workforce Transformation, Community Engagement

Keywords

ComSA (Community for Successful Ageing) Club

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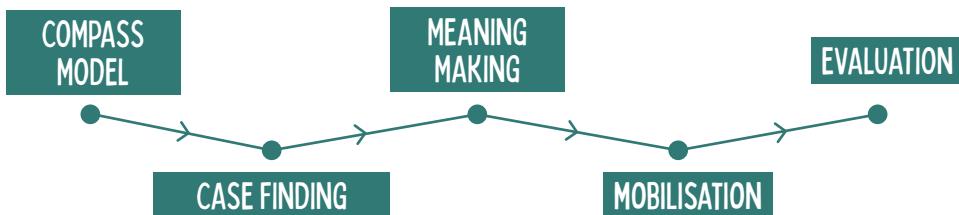
CHALK
2023

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COMSA CLUB POWERING UP & ADVANCING STRENGTHS OF SENIORS (COMPASS) EMPOWER 2.0



BY SENIOR FOR SENIOR FOR THE COMMUNITY
BUILDING HEALTHIER & HAPPIER COMMUNITIES TOGETHER



Towards this goal, our specific objectives are:

- **Case Finding and community assessment:** Conduct geospatial mapping to create 'hotspots' of where isolated and vulnerable older persons are in Whampoa in a de-identifiable manner to guide outreach among SSAs in Whampoa, based on risk stratification results generated.
- **Meaning-Making:** Develop capability of ComSA Club, the community, and ComSA community partners to do case finding and risk stratification of socially isolated older persons in Whampoa-Bendemeer. Create public awareness on the importance of supporting care givers and isolated older persons in the Whampoa community through community art programmes.
- **Mobilisation:** Mobilise and build the capacity of our ComSA Club community advocates to do outreach and form support groups at the HDB block level for older adults at risk.
- **Evaluation:** Measure the effectiveness of intervention in addressing risk.
- ComPASS aims to build a ground-up collective impact programme to mobilise community advocates and peer networks, whom we developed from the EMPOWER programme, to support older persons at risk.



PROGRAMME GOAL AND OBJECTIVES: **COMSA CLUB POWERING UP & ADVANCING STRENGTHS OF SENIOR**

AIMS TO BUILD A GROUND-UP COLLECTIVE IMPACT PROGRAMME TO MOBILISE COMMUNITY ADVOCATES AND PEER NETWORKS, WHOM WE DEVELOPED FROM THE EMPOWER PROGRAMME, TO SUPPORT OLDER PERSONS AT RISK.

