

Project Title

Evolution of All Saints Home Pasar Petang Project

Project Lead and Members

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Gunasekaran Balaji, Jezindran Raj Shem Rajanthi ran, John Harley Sebastian,
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Charity Borja, Sison Oscar Jr Ca batbat, Soriano Venus Samar, Nagarajan
Shanmugalakshmi, Tan Yee chuan

Organisation(s) Involved

All Saints Home

Healthcare Family Group(s) Involved in this Project

Allied Health, Nursing

Applicable Specialty or Discipline

Medical Social Worker, Occupational Therapy, Rehabilitation Therapy

Project Period

Start date: 2017

Completed date: 2021

Aim(s)

- To provide the opportunity for residents to do simulated shopping in a nursing home setting post COVID 19.

- To improve mood, engagement, and satisfaction through facilitating choice making, social interaction, and reminiscence experience through enjoying favourite food and buying things

Background

See poster appended/ below

Methods

See poster appended/ below

Results

See poster appended/ below

Lessons Learnt

See poster appended/ below

Conclusion

See poster appended/ below

Additional Information

This project was featured at the Central Health Action & Learning Kampung (CHALK) Poster Showcase 2022.

Project Category

Care Continuum

Rehabilitative Care, Population Health, Mental Health, Intermediate and Long Term Care & Community Care, Nursing Home Care

Keywords

Rehabilitative Care, Nursing Home, Social Interaction, Emotion Rating, Mood Rating

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Soriano Venus Samar | Nagarajan Shanmugalakshmi | Tan Yee Chuan



Introduction

Shopping activities such as buying things or food for ourselves and others, are one of our main instrumental activities of daily living. Nursing home residents have limited opportunities of going out and participating in shopping activities within the community. Prior to when the pandemic hit, residents had to wait for their turn to go out for community outings with volunteers or wait for their family members to bring them out. To combat this, All Saints Home (ASH) initiated the project of Pasar Petang in 2017. We invited volunteers or staff to run a variety of booths to sell items or provide services to our residents. We “sold” household items, food, drinks, and accessories (bags/clothes). ASH also included services like massage, face masks, manicures, and game stations with prizes and lucky draws. All residents will be given “money tokens” and the number of “money tokens” are based on their participation in the rehabilitation activities using a reward system concept. The Pasar Petang was held up to three times annually at all nursing homes until 2019.

In 2020, the movement restrictions and infection control management had great impact on our residents’ usual daily activities and routines and making outdoor shopping activities almost impossible for our residents. ASH decided not to give up on this favourite activity for our residents and modified it to a smaller scale event to be able to adhere to the

infection control guideline. We changed the name from “Pasar Petang” to “Pasar Petang on Wheels” and we modified it by bringing a mobile trolley that carried household items, food, and some accessories and our residents were able to do their shopping from their bedside.

In 2021, we again modified “Pasar Petang on Wheels” to “E-Pasar Petang”. This concept was taken from the online shopping trend in which we created a Microsoft form and listed down the items and food for residents’ selection. Each resident will be guided by the staff to make their orders virtually for their preferred shopping items. We will then deliver the food and items to the residents much like a delivery service. With this concept, our residents got to learn new ways of buying things and exercise their cognition skills. We are looking forward to continually evolving our Pasar Petang project and shopping experiences with a combination of traditional and advanced modes of shopping for our residents to maximise this meaningful favourite engagement despite the pandemic.

Objectives

- To provide the opportunity for residents to do simulated shopping in a nursing home setting post-COVID-19.
- To improve mood, engagement, and satisfaction through facilitating choice-making, social interaction, and reminiscence experience through enjoying favourite food and buying things.

Project Details

This project was a collaboration between the Rehabilitative Services team, Community Relations team, Nursing team, and volunteers.

Frequency

- 2-3 times annually in each nursing home (Jurong East, Tampines, Yishun and Hougang) between 2017 to 2019
- 1-2 times annually in each nursing home from 2020 onwards

Participation Rate

70-80% of our residents participated in this activity. We excluded those who are non-communicative and unable to express themselves verbally or non-verbally.

Process

- Each resident receives 20 tokens to purchase items.
- The diet list of each resident is provided by the nursing team and the food selection is guided by the resident’s diet.

- 1) **Pasar Petang** - Stalls are set up at the Multipurpose hall and were run by volunteers or staff. Residents will be wheeled to different stalls to purchase items or enjoy services.
- 2) **Pasar Petang On Wheels** - The household items/food on the mobile trolley will be pushed by respective staff to the residents' bedside for their shopping experience.
- 3) **E-Pasar Petang** - Staff will guide each resident to use the select items using the electronic forms to order food and preferred items. Residents will "pay" using the tokens on the day of delivery.

Outcome Measure

- Observed Emotion Rating Scale (2019)
- Self Rating Mood Chart (2021)

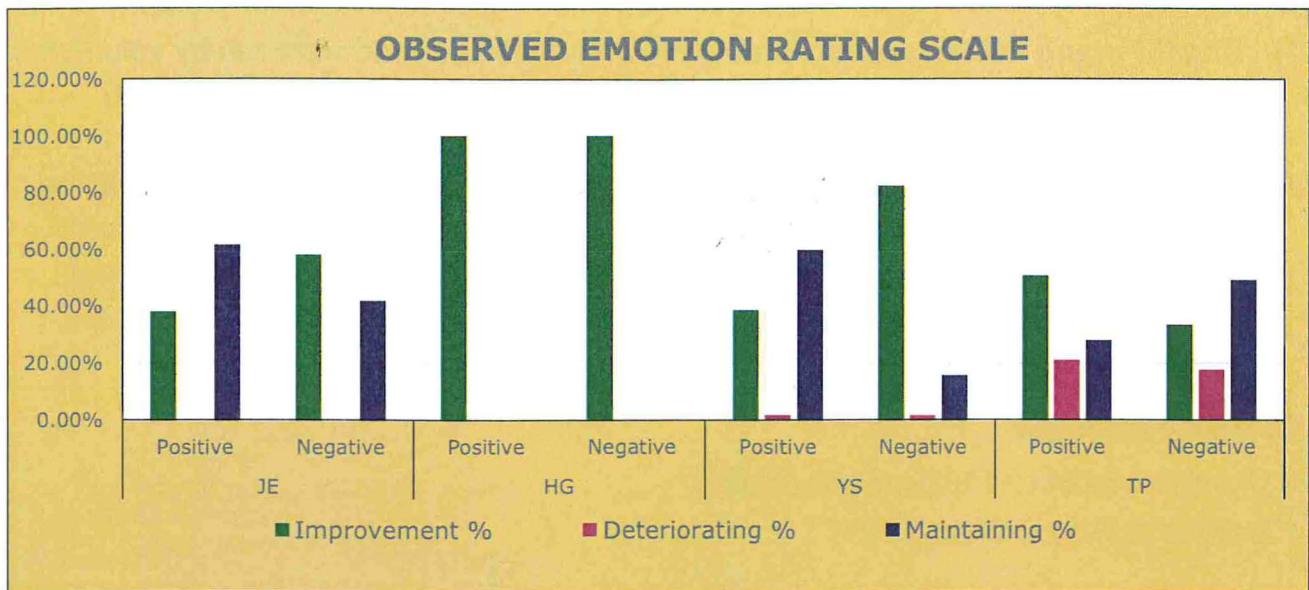
Problem Analysis

- 1) There are limited shopping opportunities for residents in nursing homes and when the pandemic hit, these opportunities became almost impossible due to the movement restrictions imposed.
- 2) Our residents did not have many opportunities to learn new technological skills in a nursing home setting.

Results/Analysis

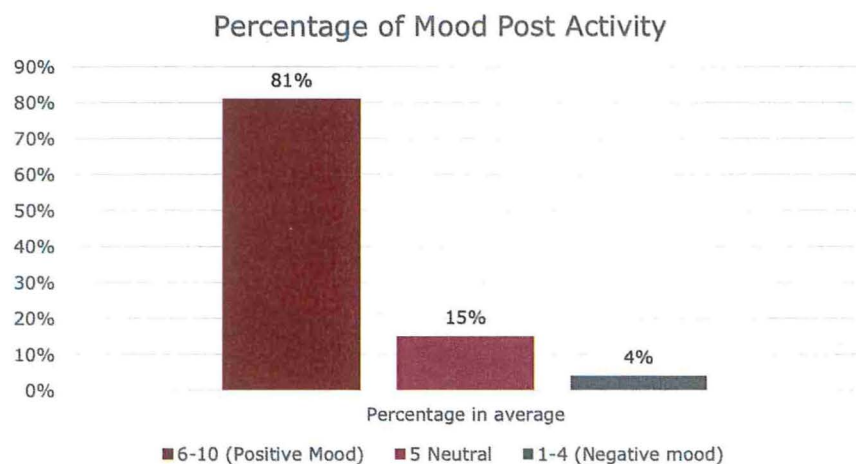
Observed Emotion Rating Scale: 2019 Summary Result (Pre/Post Activity)

Centre	OERS	Improvement %	Deteriorating %	Maintaining %
JE	Positive	38.18%	0%	61.82%
	Negative	58.18%	0%	41.82%
HG	Positive	100%	0%	0%
	Negative	100%	0%	0%
YS	Positive	38.60%	1.75%	59.65%
	Negative	82.46%	1.75%	15.79%
TP	Positive	50.88%	21.05%	28.07%
	Negative	33.34%	17.54%	49.12%



Improved positive emotions and decreased negative emotions were observed in most of the residents after the activity.

2020 - No specific outcome measure was done but the team managed to capture residents' smiles during the moment of shopping within the wards.



2021 - We used a simple visual self-rating mood scale for residents who can express themselves. A total number of 392 residents from 4 nursing homes we interviewed post-activity.

Future Plans to Extend

We are looking forward to continuously evolve in providing a new Pasar Petang experience for our residents with a combination of a traditional and advanced mode of shopping.