CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

| | | | |
|---|---|---|---|
| **Patient** | **: Kane Williams** | **Record Id : CHARM0030** |
| **Date of Birth** | **: Jan 01, 2010** | **Age / Gender : 13 / unknown** |
| **Provider** | **: Dr. Angela Smith** | **Date of Visit : Jul 31, 2023** |
| **Visit Type** | **: New Patient Visit** | |

## History of Present Illness

**Reason for visit: Medication Management**

**Reviewed limits of confidentiality. Patient/parent/legal guardian expressed understanding and voluntarily agreed to proceed with the visit.**
**This visit is conducted in**
**office. The visit was attended**
**alone Referral source:**
**Google search**

### History of present illness

**Patient reports**

**Problematic symptoms:**

**Associated symptoms:**

**Duration:**

**Progression:**

**Precipitating factors/stressors:**

**Alleviating factors:**

**Symptoms cause impairments in:**

**Suicidal or homicidal ideations, plan or intent:**

**Further details of symptoms below in psychiatric review of systems.**

## Past Medical History

**Any past Hospitalizations? No**

# Past Psychiatric History

**Diagnoses:**

**Depression**

**- Major depressive disorder**

CharmCI
inic 300
Commerce St.
Nashvile, California -
12344-5565

| | | | |
|---|---|---|---|
| **Patient** | **: Kane Williams** | **Record Id : CHARM0030** | |
| **Date of Birth** | **: Jan 01, 2010** | **Age / Gender : 13 / unknown** | |
| **Provider** | **: Dr. Angela Smith** | **Date of Visit : Jul 31, 2023** | |
| **Visit Type** | **: New Patient Visit** | | |

**History of:**

**None of the following**

**Self-injurious behaviors**

# Medical History

## Current Active Medical Issues:

**${Patient.Diagnoses}**

**Serious illnesses (eg. cancer, blood clot, stroke, heart attack, autoimmune disease, organ failure/damage): None**
**Traumatic brain injuries or concussions:**
**No Seizures: No**

## Medical Hospitalizations/Surgeries/Procedures/Blood transfusions:

**test est**

**Active Medications:**

- **desvenlafaxine 25 mg oral tablet, extended release - 1 tablet(s) once a day before a meal for 30 , oral route.**

  **Recommended times 8am, 2pm , 6pm.**
- **escitalopram 10 mg oral tablet - Start with half tab daily for 7 days, then increase to 1 tablet(s) once a day in the morning**
- **ibuprofen 800 mg oral tablet - 800 mg every 6 to 8 hours before a meal , oral**
- **route propranolol 10 mg oral tablet - 1 tablet(s) 3 times a day as needed for anxiety/panic**
- **dicyclomine 10 mg/mL intramuscular solution - 10 mg 4 times a day before a meal , intramuscular**
- **route ibuprofen 100 mg/5 mL oral suspension - 1 once a day before a meal for 1 Day(s), oral route**
- **Ibuprphone - 1 tablet(s) once a day before a meal for 10 Day(s), compounding route**
- **ibuprofen 200 mg oral tablet - 1 tablet(s) once a day before a meal for 10 Day(s), oral route**

## Supplements

**Active Supplements:**

- **Complete Vitamin C CTW - 1 application Once a day(After Meals for 10 Day(s))**
- **Aminolase TPA 90 caps - 1 application Once a day(After Meals for 10 Day(s))**
- **120/80 Blood Pressure 60 caps - 1 gram/m2 ()**
- **Vitamin - 1 capsule(s) Once(With Breakfast)- Comments about the supp**

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

- **Ananda Professional Topical Salve - 1 application Once a day(Before Meals for 10 Day(s))**

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

| | | | |
|---|---|---|---|
| **Patient** | **: Kane Williams** | **Record Id : CHARM0030** | |
| **Date of Birth** | **: Jan 01, 2010** | **Age / Gender : 13 / unknown** | |
| **Provider** | **: Dr. Angela Smith** | **Date of Visit : Jul 31, 2023** | |
| **Visit Type** | **: New Patient Visit** | | |

- **Calcium 500 mg tablet - 1 application Once a day(Before Meals for 10 Day(s))**

## Allergies:

**Specific diet or nutrition plan: None**

## Family and Social History

### Developmental History

**Delivery/Birth:**

- **Full term**
- **Vaginal**

**Complications: None**
**Milestones met by expected age for:**

- **Talking**
- **Walking**
- **Eating**
- **Toilet Training**
- **Reading**
- **Writing**

**Academic performance: Average**
**Housing/living situation: Stable housing**
**Military: None**
**Legal (list year(s) and reason(s)): None**
**Trauma history: No history of significant trauma. Support system:**

- **Good**
- **Family**
- **Friends**

**Alcohol/substance use (include amount, frequency, age of onset, last use): No current daily or problematic use of alcohol No current daily or problematic use of substance(s) No current daily or problematic use of nicotine**

**Other addictions: None**

## Review of Systems

**A complete review of systems is performed and is negative except where documented.**

**Metabolic risk factors (select all that apply): None reported**
**Psychiatric: Per HPI and as detailed below.**

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

| | | | |
|---|---|---|---|
| **Patient** | **: Kane Williams** | **Record Id : CHARM0030** | |
| **Date of Birth** | **: Jan 01, 2010** | **Age / Gender : 13 / unknown** | |
| **Provider** | **: Dr. Angela Smith** | **Date of Visit : Jul 31, 2023** | |
| **Visit Type** | **: New Patient Visit** | | |

**Bipolar Disorder**

**No symptoms of mania or hypomania in the past No symptoms of mania or hypomania currently**

**Schizophrenia No signs or symptoms of psychosis**
**Post Traumatic Stress Disorder No history of traumatic experience(s) Attention-Deficit/Hyperactivity Disorder Not assessed today Obsessive Compulsive Disorder Not assessed today**
**Eating Disorders No restricting, binging or purging**
**Oppositional Defiant Disorder Not assessed today**

## Health Vitals

**Height: 5 ft 9 ins**

## Physical Examination

### Vitals

**Obtained at this visit: No**

### Physical Exam

**Constitutional: Well-developed. Well-nourished. Active. No acute distress. HEENNT:**
**Head: Atraumatic.**
**Eyes: Extraocular movements intact. Pupils are equal, round. Palpebral fissures symmetrical. Lids have normal size, position and motility. No lid lag. Lashes and eyebrows show normal texture, amount and distribution. Sclera white, no icterus.**
**Conjunctiva clear without discharge.**
**Ears: Auricle and tragus have normal size, shape, symmetry and location. Nose: No nasal discharge. Airways patent.**
**Neck/Throat: Symmetrical. Normal range of motion. Trachea midline and freely moveable. No jugular venous distension while patient seated upright.**
**Cardiovascular: No extremity edema. No cyanosis.**
**Pulmonary/Chest: No respiratory distress. Breathing room air. Respirations even and unlabored.. Abdominal: No distension.**
**Musculoskeletal:**
**Normal range of motion. No muscle atrophy.**
**Normal gait.**

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

**No joint swelling or erythema. Neurological:**

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

| | | | |
|---|---|---|---|
| **Patient** | **: Kane Williams** | **Record Id : CHARM0030** | |
| **Date of Birth** | **: Jan 01, 2010** | **Age / Gender : 13 / unknown** | |
| **Provider** | **: Dr. Angela Smith** | **Date of Visit : Jul 31, 2023** | |
| **Visit Type** | **: New Patient Visit** | | |

**Patient is awake and alert.**
**Is not lethargic, confused, stuporous, drowsy, asleep, vigilant. Is not exhibiting fluctuations in level of consciousness.**
**No tremors, fasciculations or involuntary movements noted. Cranial nerves 11-IX and XI-XII grossly intact bilaterally.**
**Facial function symmetric. Skin:**
**Not diaphoretic.**
**No rashes, lesions, bruising, masses, excoriations or lichenification.**

## Mental Status Exam

**General:**
- **Casually dressed**
- **Well-nourished**
- **Well-developed**
- **Dressed appropriately for weather**
- **Appears stated age**

**Gait/Station: Normal, unassisted Psychomotor activity: Normal Muscle Tone/Strength: Good**
**Behavior:**
- **Good eye contact Calm**
- **Cooperative**

**Speech:**
- **Normal rate and rhythm Normal volume**

**Affect:**
- **Constricted**
- **Mood congruent**
- **Dysphoric**
- **Anxious**

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

**Thought Process:**

**Clear, logical,**

**linear**

**Coherent and goal directed**

**Thought Content: No abnormal or psychotic thoughts**

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

| | | | |
|---|---|---|---|
| **Patient** | **: Kane Williams** | **Record Id : CHARM0030** | |
| **Date of Birth** | **: Jan 01, 2010** | **Age / Gender : 13 / unknown** | |
| **Provider** | **: Dr. Angela Smith** | **Date of Visit : Jul 31, 2023** | |
| **Visit Type** | **: New Patient Visit** | | |

**Suicidal/Homicidal Ideation: Absent**
**Orientation Alert and oriented to person, place, time, situation Attention Span and Concentration Intact during interview Fund of Knowledge Adequate**
**Memory**

**Recent**

- **Intact by history and interview Remote**
- **Intact by history and interview**

**Judgment and Insight Judgement and Insight Intact**

## Assessment Notes

**The diagnosis of psychiatric illness is a complex integration of history, psychiatric, medical and physical findings, social and developmental history, history of substance abuse as well as MSE. Considerations include mood disorders, psychotic disorders, substance induced disorders, anxiety and trauma disorders, and many others. These have all been considered in formulating the diagnoses/diagnosis below. This may change as more information arises and further diagnostic clarification is performed.**

## Diagnoses

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

Patient : Kane Williams
Date of Birth : Jan 01, 2010
Provider : Dr. Angela Smith
Visit Type : New Patient Visit

Record Id : CHARM0030
Age / Gender : 13 / unknown
Date of Visit : Jul 31, 2023

| Diagnosis | Code | Comments |
|---|---|---|
| Other obesity | E66.8 | |
| Post-traumatic stress disorder, unspecified | F43.10 | |
| Post-traumatic stress disorder, chronic | F43.12 | |
| Major depressive disorder, single episode, mild | F32.0 | |
| Major depressive disorder, single episode, moderate | F32.1 | |
| Major depressive disorder, single episode, severe without psychotic features | F32.2 | |
| Major depressive disorder, single episode, in partial remission | F32.4 | |
| Dysthymic disorder | F34.1 | |
| Adjustment disorder with depressed mood | F43.21 | |
| Adjustment disorder with anxiety | F43.22 | |
| Adjustment disorder with mixed anxiety and depressed mood | F43.23 | |
| Other situational type phobia | F40.248 | |
| Other specified phobia | F40.298 | |
| Panic disorder [episodic paroxysmal anxiety] | F41.0 | |
| Social phobia, unspecified | F40.10 | |
| Generalized anxiety disorder | F41.1 | |
| Epilepsy, unspecified, not intractable, without status epilepticus | G40.909 | -- |

**Rx**

CharmCl
inic 300
Commerce St.
Nashville, California -
12344-5565

Patient : Kane Williams
Date of Birth : Jan 01, 2010
Provider : Dr. Angela Smith
Visit Type : New Patient Visit

Record Id : CHARM0030
Age / Gender : 13 / unknown
Date of Visit : Jul 31, 2023

| Prescription | Directions | Details |
|---|---|---|
| desvenlafaxine 25 mg oral tablet, extended release [ Desvenlafaxine ] | 1 tablet(s) once a day before a meal for 30 , oral route. Recommended times 8am, 2pm , 6pm. | Dispense :30 Tablet, Refill :0,Generic Allowed,I gave it at 2 pm |
| ibuprofen 800 mg oral tablet [ Ibuprofen ] | 800 mg every 6 to 8 hours before a meal , oral route | Dispense :1 Capsule, Refill :21, Manufactured,Generic Allowed |

## Lab Tests

| Lab Name | Test Name |
|---|---|
| General | BASIC METABOLIC PANEL |
| General | CBC w/diff |
| General | Hepatic (Liver) Panel |
| General | Blood cultures |
| General | Sputum Culture |
| General | Procalcitonin |
| General | Rapid flu/RSV |
| General | RVP |

## Treatment Notes

**Safety**

Patient denies any suicidal or homicidal ideations, plan or intent at this time.
Patient is future-oriented and treatment seeking.
Patient has support system in place.
Patient denies access to firearms or lethal weapons.

**Plan:**

Advised patient/parent/legal guardian to sign ROI for the following to assist with coordination of care:
- PCP

**Informed Consent:**

Diagnoses, medication allergy and medication reconciliation completed.

CharmCl
inic 300
Commerce St.
Nashville, California -
12344-5565

| | | | |
|---|---|---|---|
| **Patient** | **: Kane Williams** | **Record Id : CHARM0030** | |
| **Date of Birth** | **: Jan 01, 2010** | **Age / Gender : 13 / unknown** | |
| **Provider** | **: Dr. Angela Smith** | **Date of Visit : Jul 31, 2023** | |
| **Visit Type** | **: New Patient Visit** | | |

**Discussed:**

- **Interpretation of psychiatric evaluation with patient/parent/legal guardian/family, including diagnosis, differential diagnosis and prognosis.**
- **Management and treatment options with patient/parent/guardian/significant other/family member.**
- **Risks, benefits, side effects, and alternatives to these treatments with patient/parent/legal guardian.**
- **Risks of nonadherence to treatment recommendations and medications, including but not limited to, exacerbation of psychiatric symptoms, decompensation in mood and discontinuation symptoms.**
- **Importance of taking medication(s) as prescribed and importance of notifying the Physician prior to stopping medication(s) abruptly.**

**Informed consent given for medication regimen.**

**Answered all questions that the patient/parent/legal guardian asked. - Psychoeducation discussed with patient/parent/legal guardian. Patient /parent/legal guaridan verbally acknowledged understanding of psychoeducation, treatment plan rationale, treatment options, and expressed verbal agreement with plan.**

**Patient/parent/legal guardian agree to call office or send message via the secure CHARM EHR patient portal for any questions or concerns.**

**Potential drug-to-drug interactions accounted for. Benefits outweigh risk.**

**Potential medication side effects General medication side effects reviewed including risk of Steven Johnson Syndrome (including warning signs and to go to the ED if rash develops), risk of harm to fetus if pregnant, importance of use of birth control emphasized, and FDA off-label use of medication.**

**Medical Follow-up by PCP/Specialists/Other**

**referrals: Will coordinate care as needed.**

**Routine follow up with PCP.**

**Follow up planning**

**Follow up**

**scheduled.**

**Patient is aware follow-up can be moved to closer need as clinically indicated.**

**Patient/parent encouraged to reach out to me if any questions/concerns arise after this visit.**

**If symptoms worsen, or there is no improvement, call office for follow-up or seek emergency care. If any crisis or emergency: call 911 or go to the emergency room.**

**Return to clinic 4 weeks**

**Linh Phuong (Trish) Dinh, MD**
**General Psychiatry**
**Beacon Psychiatry, LLC**
**3610 Galileo Drive., Suite 101**
**Trinity, FL 34655**
**Phone: 727-910-2385 Ext. 100**
**Fax: 866-698-8309**
**www.beaconpsychiatry.org**

## Handouts & Educational Resources

CharmCI
inic 300
Commerce St.
Nashville, California -
12344-5565

**Patient** : Kane Williams
**Date of Birth** : Jan 01, 2010
**Provider** : Dr. Angela Smith
**Visit Type** : New Patient Visit

**Record Id : CHARM0030**
**Age / Gender : 13 / unknown**
**Date of Visit : Jul 31, 2023**

| Resources | Link |
|---|---|
| Drug/ibuprofen | https://medlineplus.gov/druginfo/meds/a682159.html?utm_source=mplusconnect&utm_medium=service |

## Follow up

| Type | Notes | Date |
|---|---|---|
| Lab Tests | Please schedule appointment with the office coordinator to review your labs. | in 1 weeks |

**Dr. Angela Smith**

**Electronically Signed By Dr. Angela Smith on Aug 01, 2023 01:20 PM**