

ZULAIKHA SANA WANDOOD

Master of Social Work Graduate | Aspiring Social Worker

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Kerala, India | **Willing to relocate to Australia**

PROFESSIONAL SUMMARY

Compassionate and motivated Master of Social Work (MSW) graduate with practical field experience through multiple internships. Skilled in community outreach, basic counselling, and case documentation. Adept at working with vulnerable populations and government-led social initiatives. Eager to contribute positively to individuals and society through entry-level opportunities in the social work sector.

EDUCATION

Master of Social Work (MSW)

SNDP College, Kerala | 2022-2024

Bachelor of Arts in Economics

University of Calicut | 2019-2022

KEY SKILLS

Social Worker & Clinical Skills

- Pre-surgical Counseling & Patient Education
- Elderly Care and Geriatric Support
- Case Documentation & Medical Record Handling
- Therapy Support & Mental Health Awareness
- Basic Psychiatric Observation
- Familiarity with Government Welfare Schemes

Professional & Work Skills

- Time Management
- Adaptability & Willingness to Learn
- Goal-Oriented Approach
- Professional Ethics & Confidentiality

Interpersonal & Soft Skills

- Empathy and Active Listening
- Communication with Patients and Families
- Emotional Support for Vulnerable Populations
- Cultural Sensitivity

INTERNSHIP EXPERIENCE / FIELD WORK

Surgical Counselor – Nayz Hospital

Malappuram - Kerala | Duration: 6 Months (Ongoing Internship)

- Counselling pre-operative patients and their families to prepare them emotionally and mentally for surgical procedures.
- Coordinating between patients, doctors, and departments for smooth scheduling and follow-up.
- Explaining treatment plans, consent forms, and post-operative care instructions
- Assisting with medical documentation and patient record updates.

Counselor & Coordinator – Kerala Mission

Mission Project, Old Age Home - Kerala | Duration: 21 Days

- Counseled elderly residents, offering emotional support and companionship.
- Coordinated daily activities, medical follow-ups, and team scheduling.
- Assisted in the organized distribution of prescribed medicines to aged beneficiaries.
- Collaborated with a multidisciplinary team to enhance the well-being and comfort of senior citizens.

Geriatric Care & Therapy Support – SMK Care Home (Old Age Home)

Malappuram, Kerala | Duration: 21 Days

- Provided basic care and emotional support to elderly residents.
- Assisted in therapy routines and engaged in recreational activities to improve mental well-being.
- Observed psychiatric assessments and medical treatments conducted by professionals.
- Supported staff in documentation, medication routines.
- Gained insight into geriatric psychology, therapeutic communication, and multidisciplinary care.