

CURRICULUM VITAE

NAME : NGOWA MWARINGA MAE
SEX : MALE
DATE OF BIRTH : 23 AGUST 1975
LANGUAGE SPOKEN : ENGLISH
NATIONALTY : KENYAN
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EMAIL : **ngowamine@gmail.com**

Registration : **Nursing council of Kenya.**
: **Nursing council of Namibia**

CAREER OBJECTIVES

- To promote and participate in integration of high quality Promotive, preventive, curative and rehabilitative health services.
- To develop a career in nursing especially in the field of nursing practice, education and nursing research in which my needs for advancement and growth will be achieved through the use of my training and interest in the process of ensuring quality patient/client care modern training based on scientifically proven principles.

PERSONAL OBJECTIVES

- Look for a challenging position with a growth potential
- Attaining the organizational level of performance
- Pursuit of professionally acquired knowledge, skills and expertise
- Teaching and impacting nursing knowledge to learners.

WELWITCHIA HEALTH TRAINING CENTRE

DEPARTMENT –NURSING

ROLES:

1. LECTURER

- Pharmacology
- Food and Nutrition
- Community Health
- General nursing

2. ADMINISRATIVE ROLES

HEAD OF NURSING DEPARTMENT

PROFESSIONAL QUALIFICATIONS

REGISTERED (SPC HIV/AIDS ONCOLOGY NURSE)

1. Masters of Educational leadership management and policy (IUM) Namibia

Units covered

- Ethics in Education leadership
- Leadership in Education
- Law and policy in education
- Organizational behaviour in teaching and learning
- Research methodology
- Instructional supervision
- Leading and managing human relation in Education

- Full thesis

2. HONS degree Health Systems Development. (NQA Accredited)

Units Covered

- *Community health*: Palliative Care and rehabilitation, medical oncology,
- Therapeutic communication
- *Adults & Child Health*: management of patients with Cytotoxic ART and Chemotherapy
- Medical Education
- Project Management
- Applied research and evaluation methods
- Health Systems policy and planning
- Health Promotion & Education
- Decertation

3. Masters in community health and development on going at Great lakes university Kisumu Kenya (Thesis)

Units covered

- Concepts and trends in Health
- Management, Enterprise, Economics, Institutional development in health
- Measurements in Health and Development
- Building health healing communities
- Research methods
- Combating ill-health
- Health promotion
- Reproductive health

4. Higher Diploma community health science, HIV/AIDS, (Oncology) palliative care and rehabilitation.

Units Covered

- Community issues and HIV/AIDS

- Therapeutic communication
- Principles and practice of care and rehabilitation
- Adult ant-retroviral therapy (ART)
- Cancer treatment and management of symptoms and complications.
- Homebased care for Chronic diseases.
- Child health and pediatric retroviral therapy
- Management
- Teaching methodology
- Gender and HIV/AIDS
- Project management.

5. Diploma in Registered Community Health Nurse/midwife /Accoucheur (KMTC) 2004 – 2007) (NQA Accredited)

Units covered: -

- General Nursing Practice and Patients Care
- Community Health
- Mental health
- Reproductive Health
- Health education
- Research in nursing
- STIs (HIV)

6. Diploma in Health Care Management – Kenya Institute of Management (KIM).

Units covered:

- Concepts in healthcare and development
- Human resource management in health care
- Logistics operations and essential drug management
- Policy and structural environment in healthcare
- Strategic management in healthcare

- Healthcare law.
- Research project

7. Advanced certificate in Health care management

. **Units covered: -**

- General practice of management
- Financial accounting
- Information technology (IT)
- Law in medicine
- Customer care and relation
- Research in medicine
- Communication

8. Certified with certificate in Health care Management

(March 2007)

9. Certificate in Enrolled Community Health Nurse.

Units covered

- Promotive of health
- Mental health
- Curative of elements
- Preventive of illnesses
- Reproductive health/midwifery
- Rehabilitative

10. Certificate in General Counseling and Voluntary Counseling and Testing (VCT) – Kenya Professional Counseling (KPC).

11. Paramedic training in trauma and emergency, (University of Michigan.

- Adult & pediatric life support BLS/trauma airway management

- Burns management and triage.
- Obstetrics/patient assessment

OTHER CERTIFICATES OBTAINED

1. Certified in Syndromic Management of STI, HIV and AIDS (2002).
2. Certified in Youth Friendly Services.
3. Certified Adolescent Sexual Reproductive Health (2007)
4. Certificate Administration of ARTs, Procurement and Storage.
5. Certificate Provider Initiated HIV Testing and Counseling.
6. Computer literate

EDUCATIONAL BACKGROUND

1995-Kenya Certificate of Secondary Education (C-) at Kilifi Township Secondary school Kenya (**NQA accredited**)

1991- Kenya Certificate of Primary Education (64 points out of 72) at Marafa Primary School

WORKING EXPERIENCE

1. Welwitchia Health Training Centre

Lecturer

Modules:

- Pharmacology (Bachelors)
- General nursing sciences
- Community health
- Food and nutrition

HOD Nursing: Three years

2. Windhoek Central Hospital RN specialist (2016-2019)

- Medical ward,
- Gynecology,

- Urology
- Oncology
- Surgery
- Pediatrics
- ART

3. Mariakani Sub- County Hospital

Youth Friendly Service Coordinator

- Tasks Involved
- Coordinating adolescent reproductive health activities in the district, aiming at promoting the adolescent reproductive health. This included:
 - collection of data from all the health facilities offering friendly services ,
 - Developing district master plan of activities like outreach and mobile VCT and school health programmes.
- Facilitating continuous medical education in the hospital to equip workers toward provision of more improved services to the youth.
- Enhanced attitude change from the health workers towards the adolescent.
- Coordinating home-based care activities.

4. North coast medical training collage

Faculty of nursing,

Modules:

- Lecturing on trauma and emergencies
- Non-communicable diseases
- Immunology and immunization
- Community health
- HIV/AIDS issues
- Pharmacology
- Home based care

5. Kakuyuni Health Centre

Tasks Involved:

Nursing officer in charge

- Worked in maternity and outpatient department
- Providing curative services.
- Planning for outreaches to provide free treatment
- Working with community health workers in malaria prevention.

6. Hola District Hospital

Deputy In charge of the outpatient department

Tasks Involved:

- Working in outpatient department,
- Maternal child health and family planning and
- Worked as a VCT counselor targeting the young adults (youth)
- Worked targeting inmates at Hola prisons for behavior change and rehabilitation.

7. Portriz mental hospital Mombasa

Tasks Involved:

- History taking and triage
- Drug administration
- Strong room management
- Rehabilitation
- Guiding and counseling
- Electroconvulsive therapy

8. Marafa Health Centre – Malindi District.

Tasks Involved:

- Worked in maternity and sexual transmitted infection clinic.
- Coordinated reproductive health activities
- Organized and facilitated the mobile VCT community diagnosis.

9. Malindi District Hospital

Tasks Involved:

- Worked in maternity and outpatient department
- Providing curative services.
- Planning for outreaches to provide free treatment
- Guiding and counseling clients to include testing them. (VCT)
- Worked in rehabilitation clinic for drug addicts.

HOBBIE

- Play writer (scripts)

ATTRIBUTES

- Has self Initiativeness and team player,
- Easley adopting to new environment
- A good communicator and listener,

Referees

1. Zahara Salim
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