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| |  | | --- | |  |   BUG | |  | | --- | |  |   ROOT CAUSE | Fix | LESSON | Screenshot Reference |
| Red banner: “Updating failed. The response is not a valid JSON response.” | WordPress’s REST-API route was broken because the .htaccess file (which handles pretty URLs and API requests) was missing/renamed. | Dashboard → Settings → Permalinks → click **Save Changes**. WordPress rebuilt .htaccess, restoring the REST endpoint, and the post now saves without errors. | If you see the “not a valid JSON response” banner, the site usually can’t reach its own REST-API: check permalinks or server rewrite rules first. | BEFORE:    AFTER: |