

# NUTRITION -SIMPLIFIED-

\*\*\*\*\* Welcome to the weekly calorie counter \*\*\*\*\*

None  
Please enter calories: 200  
Please enter a day: Monday  
Please enter calories: 200  
Please enter a day: Tuesday  
Please enter calories: 500  
Please enter a day: Friday  
Please enter calories:  
Calculating Total Calories. . .  
900

Enter a food to lookup ID: popcorn  
{ 'hits': [{ '\_id': '463d6237c550fbb79b2efef6',  
'\_index': 'f762ef22-e660-434f-9071-a10ea6691c27',  
'\_score': 12.396463,  
'\_type': 'item',  
'fields': { 'nf\_serving\_size\_qty': 1,  
'nf\_serving\_size\_unit': 'serving' } } ] },  
'max\_score': 12.396463,  
'total\_hits': 5152 }

'allergen\_contains\_eggs': None,  
'allergen\_contains\_fish': None,  
'allergen\_contains\_gluten': None,  
'allergen\_contains\_milk': None,  
'allergen\_contains\_peanuts': None,  
'allergen\_contains\_shellfish': None,  
'allergen\_contains\_soybeans': None,  
'allergen\_contains\_tree\_nuts': None,  
'allergen\_contains\_wheat': None,