



## What Doctors Fail to Tell You about Iodine and Your Thyroid (Paperback)

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By Robert Thompson M D

Take Charge Books, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Importance of Iodine in Preventing Disease Few people-including many doctors-understand the importance of iodine for several crucial aspects of health, including: Optimal thyroid function Breast health Cancer prevention Prostate health Preventing and overcoming obesity Brain development and prevention of mental retardation in children Immune system support Brain health and prevention of Parkinson s and other brain disorders Most people do not get enough iodine, and even if they do, environmental factors prevent our bodies from using it, contributing to our current epidemics of hypothyroidism, obesity, fibrocystic breast disease, hormonally related cancers, developmental disabilities in children and many more preventable health concerns. What Doctors Fail to Tell You About Iodine Your Thyroid is your guide to strategies to get the iodine your body needs in its correct and more absorbable form to prevent thyroid disease.



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