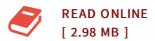




# The Skinny on Being Skinny (Paperback)

By Natalie Packer

Word Alive Press, United States, 2012. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This is a memoir, a journey through a young girl s life, from infancy to maturity, from sickness to health, from darkness to light, from fear to freedom. in Christ. It illuminates the struggles our youth face and how a lack of true relationship with God contributes to the destruction of one s body image and self-esteem. As the author nears death, she comes face-to-face with a loving, forgiving, gracious God and hope springs anew. Miracles abound and a life spent in worship ensues. The story is realistic and relevant, demonstrating that having faith doesn t eliminate obstacles. However, faith provides the tools necessary to meet these challenges and overcome them. Literature on eating disorders is scarce, particularly in Canada, and practically unheard of from a Christian perspective. Originally written to inspire families of those struggling with eating disorders, its audience encompasses anyone from those fighting body image issues or addiction to those seeking a fresh perspective on faith. This truly is the skinny on being skinny, a plea for God to help each of His...



#### Reviews

Completely among the best pdf We have at any time study. We have study and i am sure that i am going to likely to read yet again once again in the foreseeable future. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Penelope O'Conner DDS

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