



A Bittersweet Season: Caring for Our Aging Parents - and Ourselves

By Jane Gross

Tantor Media, Inc, United States, 2011. CD-Audio. Book Condition: New. Unabridged. 190 x 135 mm. Language: English . Brand New. In telling the intimate story of caring for her aged and ailing mother, Jane Gross offers indispensable, and often surprising, advice for the rapidly increasing number of adult children responsible for aging parents. Gross deftly weaves the specifics of her personal experience—a widowed mother with mounting health problems, the attendant collision of fear and ignorance, the awkward role reversal of parent and child, unresolved family relationships with her mother and brother, the conflict between her day job and caregiving—with a comprehensive resource for effectively managing the lives of one's own parents while keeping sanity and strength intact. Packed with information, *A Bittersweet Season* explains which questions to ask when looking for a nursing home or assisted living facility; how to unravel the mysteries of Medicare and Medicaid; why finding a new general practitioner should always be the first move when relocating an elderly parent; how to weigh quality against quantity of life when considering medical interventions; why you should always keep a phone charger and an extra pair of glasses in your car; and much more. It also provides astute commentary...



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