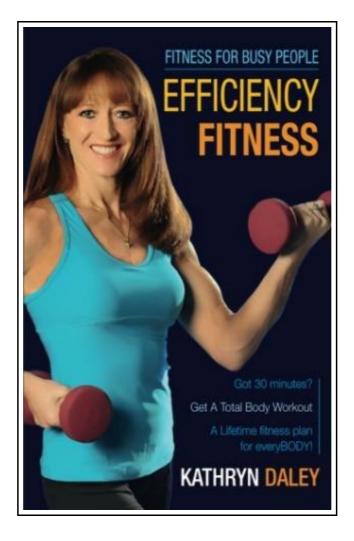
# **Efficiency Fitness: Fitness for Busy People (Paperback)**



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