



Transplant Times

Organ Transplant Awareness Program

November 1, 2020

Promoting Organ Donor Awareness; Supporting the Transplant Community

Happy Fall!

The Bosque has been especially beautiful this year and we've received much needed moisture. As the holidays approach I am feeling more grateful than ever to be a part of this world. I know from my own experiences that I become acutely aware of the loss of my family members and I think about the family members of my two donors during this time period. Words cannot express how grateful I am to my donors. - Evelyn

*This months support group will meet on Friday, November 13th from 10:00 am to 11:30 am.
RSVP to rioreal@earthlink.net*



Congratulations Transplant Recipients

Robert Golding	2nd Liver/Kidney Transplant	November 1, 2019	1 yr
Joyce Manchester	Kidney Transplant	November 25, 2014	6 yrs

History of Living Donation

The first successful living donor transplant was performed between 23-year-old identical twins in 1954. Doctor Joseph E. Murray and associates at Peter Bent Brigham Hospital (now Brigham and Women's Hospital) in Boston, Massachusetts, transplanted a healthy kidney from Ronald Herrick into his twin brother, Richard, who had chronic kidney failure.



Ronald Herrick donated his kidney in 1945 to his twin brother Richard.

Richard went on to live an active, normal life, dying eight years later from causes unrelated to the transplant. Ronald died in 2010, just four days after the 56th anniversary of his pioneering kidney operation.

Most early living donors were biological relatives of the recipient. This was done both to reduce the risk of organ rejection and to recognize the special bond between donor and recipient. Later, as transplant treatment improved and as transplant teams better understood the motivation of potential donors, transplants between non-relatives became more common. Some people now choose to be living donors without ever meeting their recipient.

Living donors have made possible more than 150,000 transplants in the United States. Almost all transplant centers in the United States perform living kidney donor transplants.

Reference and Publication Information

United Network for Organ Sharing (UNOS) is committed to providing accurate and reliable information for transplant patients. The content on this page was originally created on February 25, 2005 by UNOS and last modified on August 22, 2016.

The Centers for Disease Control recommends yearly vaccination against the FLU virus for all transplant patients **AND** their families.

Reference: www.cdc.gov

Dangers of Flu in Transplant Patients

1 in 4 develop pneumonia

2 in 3 require hospitalization

1 in 10 need the intensive care unit

2 in 25 need a breathing machine

1 in 25 die from flu

Flu vaccine can prevent transplant patients from dying.

Reference: Clin Infect Dis. 2018 Apr 7. doi: 10.1093/cid/ciy294.

Flu Symptoms

fever • chills • sore throat • muscle aches • belly pain • cough • headache • vomiting or diarrhea • runny or stuffy nose

get your
Flu Shot



Flu Facts

- You **CAN'T** catch the flu from the vaccine.
- You **CAN** spread the virus to others even before you have symptoms.
- Flu infection is **NOT** just a cold. It **CAN** cause life threatening illness.
- The flu virus **DOES** change, which is why a new vaccine is needed every year.
- Flu vaccine does **NOT** cause organ rejection.
- Transplant patients **CAN'T** get the nasal vaccine.

Viral medicine is most effective when started early. See your doctor as soon as you start feeling sick or have been near a person with flu.



2021 ANNUAL MEMBERSHIP FORM

Name _____

Address _____

City _____ State _____ Zip Code _____

Phone # _____ Cell Phone _____

Email address for organization communications only _____

I would prefer to receive the newsletter electronically.

\$15 Individual membership \$25 Family membership donation

All contributions are tax deductible

Please make checks payable and mail to: **OTAP,**
PO Box 37217
Albuquerque, NM 87176

Candidate: Organ/Tissue Type: _____ Date Listed _____ / _____ / _____

Recipient: Organ/Tissue Type: _____ Date Received _____ / _____ / _____

2nd transplant date –month day year: _____ / _____ / _____

Donor/member of a Donor Family: Name _____ Organ/Tissue Type _____

Recipient _____ Transplant date –month/day/year: _____ / _____ / _____

Friend of OTAP

Opportunities - Please check all that apply:

I would like to volunteer: promotional events _____ fundraising events _____

Personal information such as phone number _____ and address _____ may be shared with others.

I am interested in working with the scholarship team _____ newsletter team _____ support group _____

I only want to receive the monthly newsletter. _____

Suggestions _____

Newsletter Sponsor (\$100 Annual Donation) please send business card for ad in newsletter

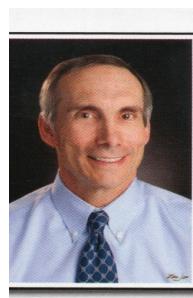
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Michael R. Thompson, DDS, FAGD

505.884.7333

108,682

people need a lifesaving organ transplant (total waiting list candidates). Of those, 67,539 people are active waiting list candidates. As of October 27, 2020

AMAZON SMILE

Sign in to Amazon Smile and select Organ Transplant Awareness Program of New Mexico.

Amazon will make a donation to OTAP quarterly.

Or copy and paste this address to your browser:

Amazon Smile: <https://smile.amazon.com/ch/04-3654972>

OTAP Mission Statement

The mission of Organ Transplant Awareness Program is to promote organ donation and support transplant community members including transplant candidates, donor families, living organ donors, transplant recipients, and transplant families. We promote organ donation by participating in a variety of community events. Our support group meets one time per month with those who need support or are seeking information about the transplant process.

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shine as a
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organ, eye and
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