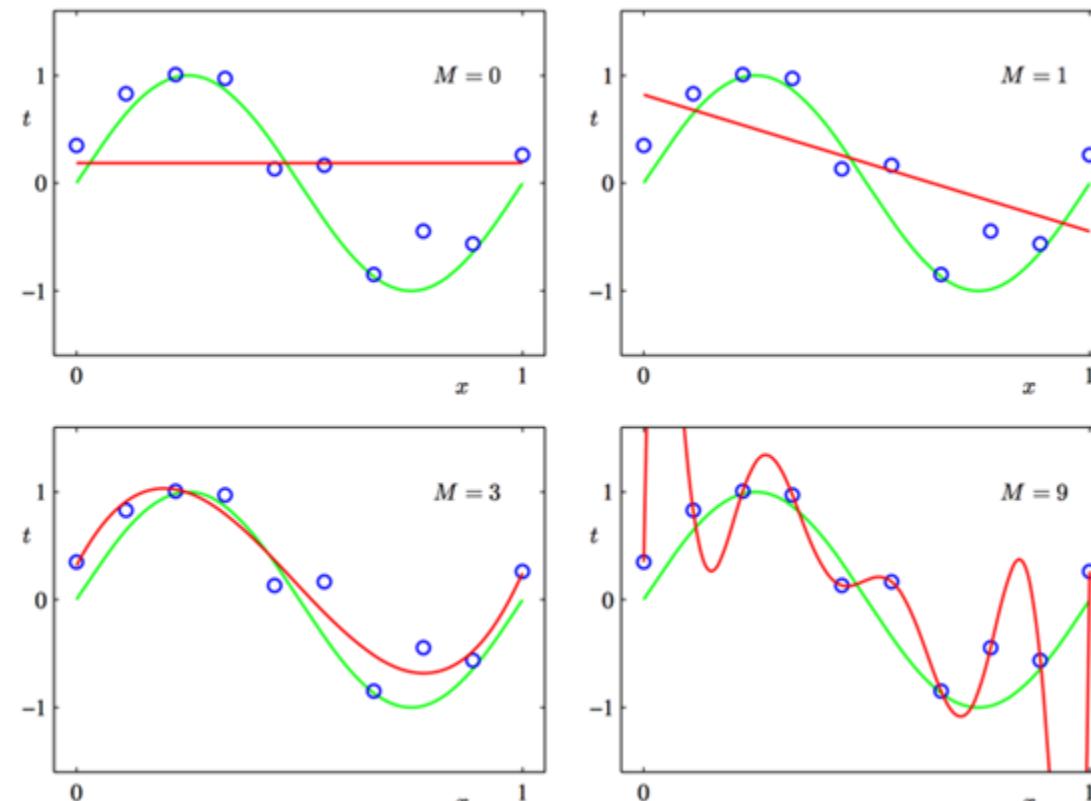


# Regularization

# Overfitting and Underfitting

- Machine learning
  - What is a good model?

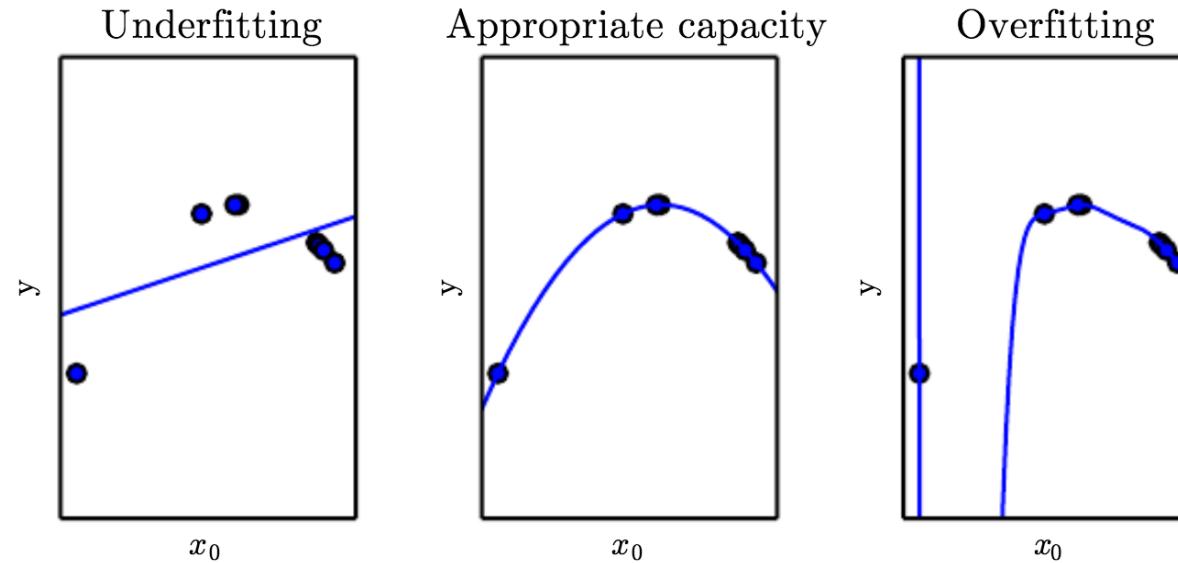


# Overfitting and Underfitting

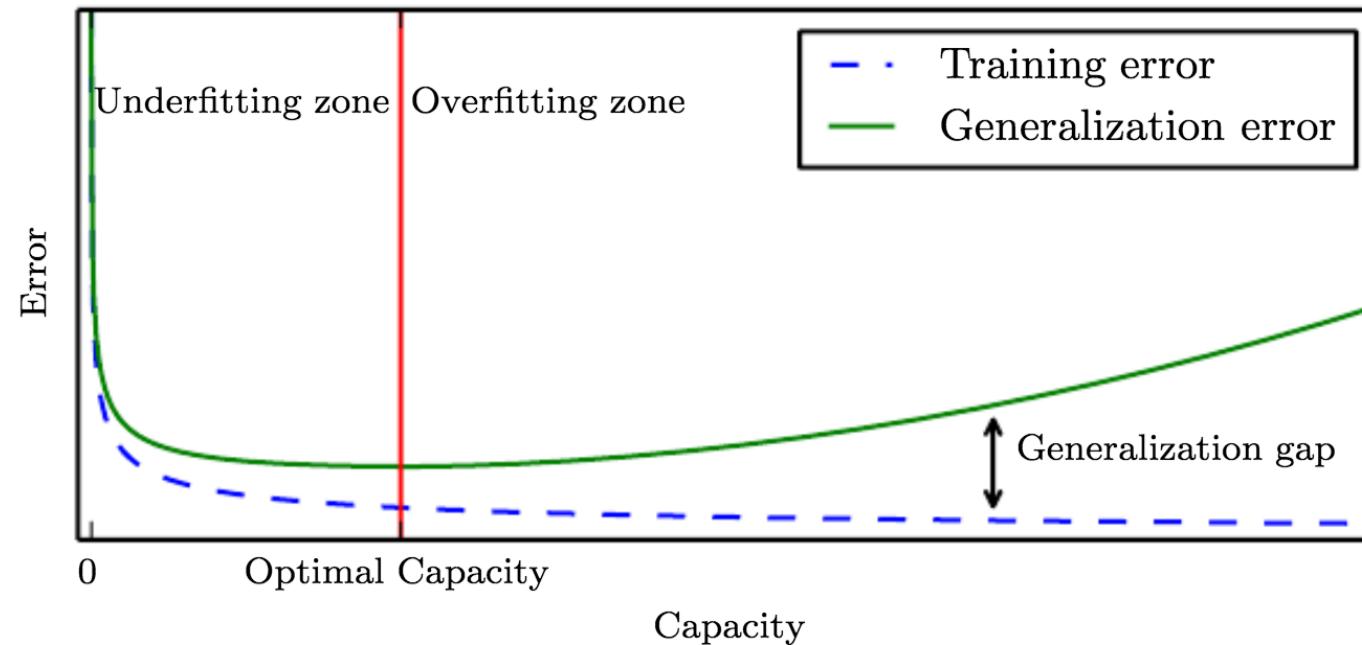
- Our algorithm must perform well on new, previously unseen inputs.
  - The ability to perform well on them is called generalization.
- Typically, we have access to a training set when training a machine learning model.
  - Training, and then computing some error measure on the training set → reduce the training error
  - We want the generalization error (also called the test error) to be low as well.
  - The generalization error = the expected value of the error on a new input
  - We estimate the generalization error by measuring the performance on a test set collected separately from the training set.

# Overfitting and Underfitting

- The factors determining how well a ML algorithm will perform are its ability to
  - make the training error small → underfitting
  - make the gap between training and test error small → overfitting

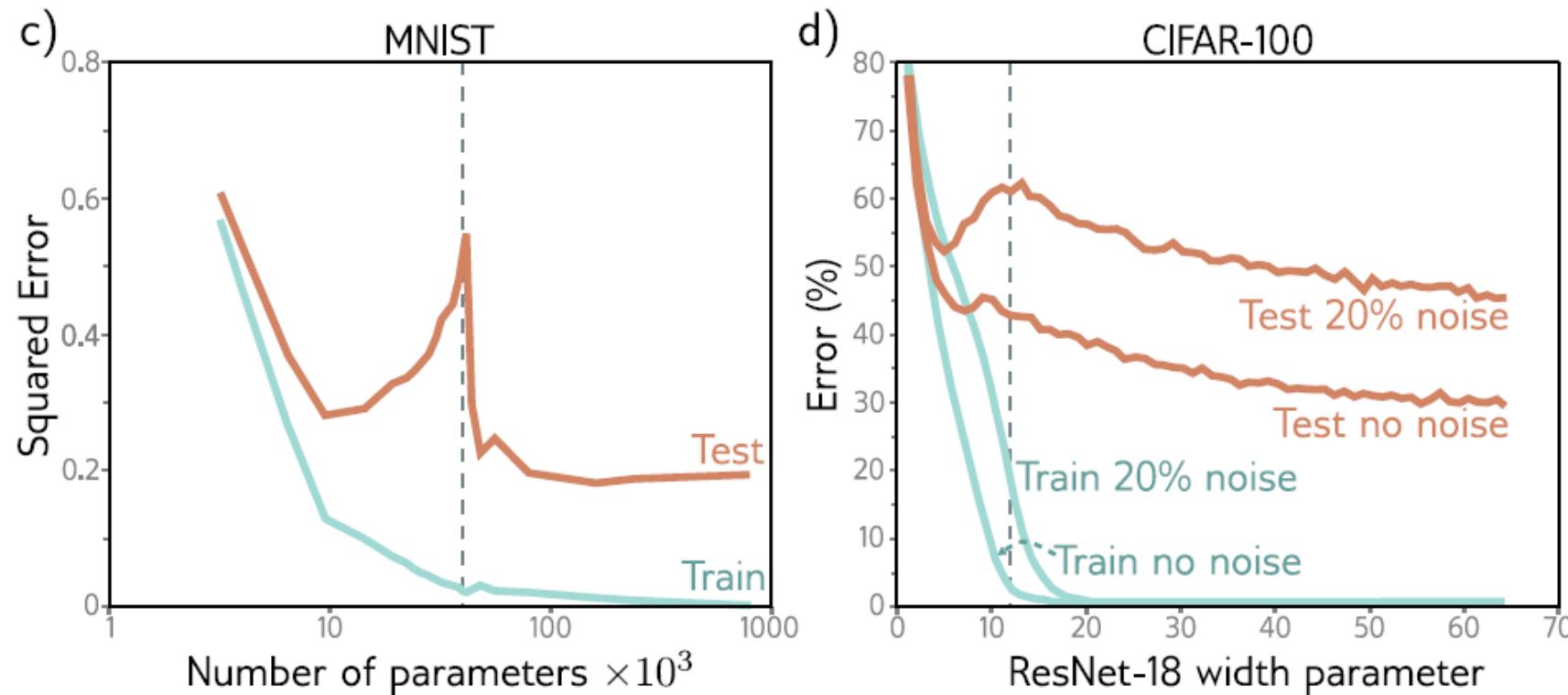


# Overfitting and Underfitting



This is conventional wisdom... → The *double descent* phenomenon

# Double descent phenomenon



Unexpected behavior. Why this happens?  
Refer to Section 8.4 in “Understanding deep learning”

# Overfitting and Underfitting

- How to avoid overfitting?
- Regularization
  - Any modification we make to a learning algorithm that is intended to reduce its generalization error but not its training error
  - Example
    - Adding a penalty term called a regularizer  $\Omega(\beta)$  to the cost function

$$J(\beta) = \text{MSE}_{\text{train}} + \lambda \Omega(\beta)$$

# Overfitting and Underfitting

- Regularization

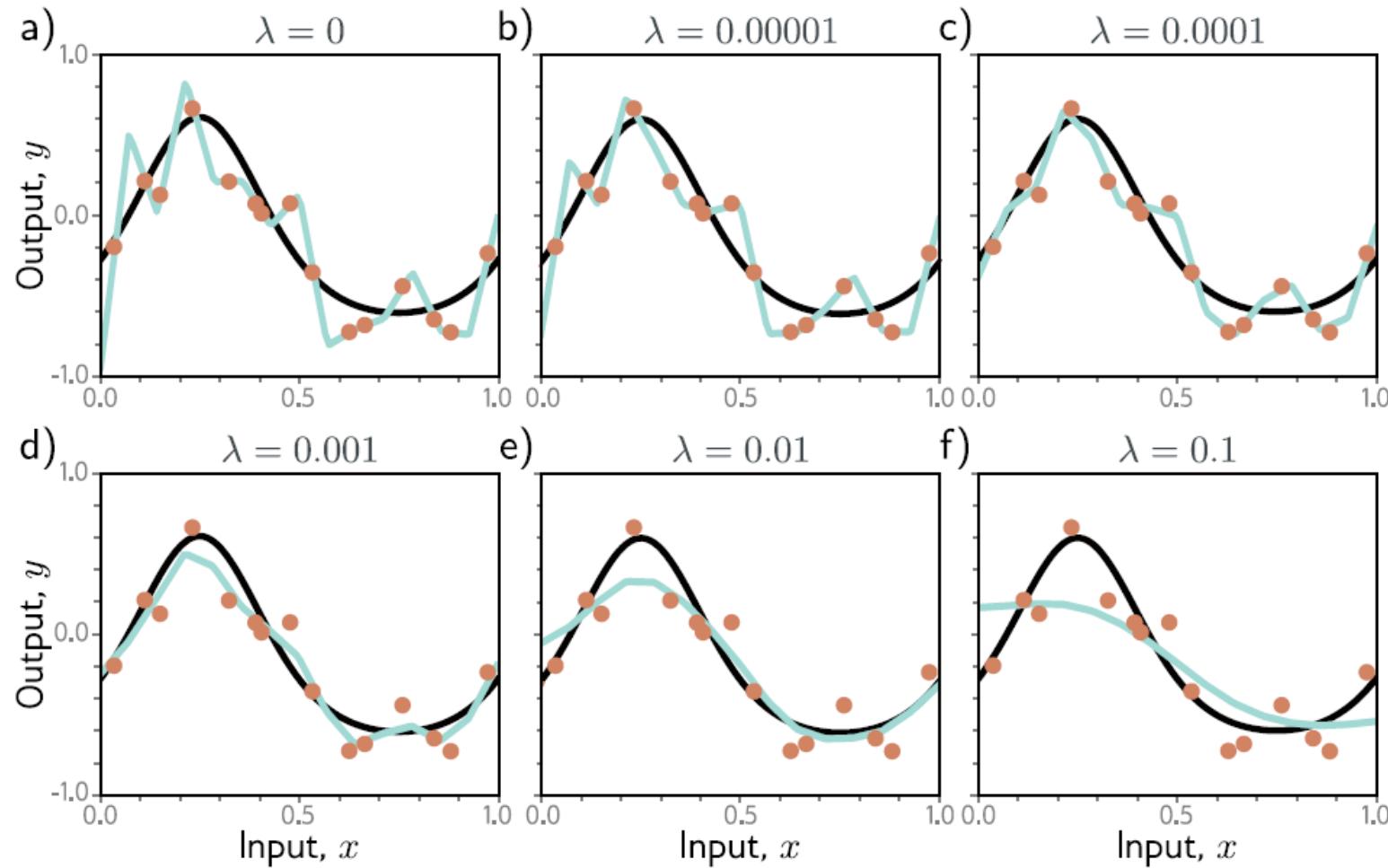
- Example: weight decay  $\Omega(\boldsymbol{\beta}) = \boldsymbol{\beta}^T \boldsymbol{\beta}$ , also called L2 regularization

$$J(\boldsymbol{\beta}) = \text{MSE}_{\text{train}} + \lambda \boldsymbol{\beta}^T \boldsymbol{\beta} \quad \text{For linear regression, it is called ridge regression.}$$

- Example: L1 regularization  $\Omega(\boldsymbol{\beta}) = \|\boldsymbol{\beta}\|_1$

$$J(\boldsymbol{\beta}) = \text{MSE}_{\text{train}} + \lambda \|\boldsymbol{\beta}\|_1 \quad \text{For linear regression, it is called lasso regression.}$$

# L2 regularization example



# Hyperparameters and validation sets

- Most machine learning algorithms have hyperparameters that control the algorithm's behavior.
  - Linear regression has no hyperparameter.
- It is not appropriate to choose hyperparameters based on the training set.
  - This will result in overfitting.
- We need a validation set, which consists of data points that were not used for training.
  - So, the hyperparameters showing the lowest validation error will be chosen.

# Training, validation, and test

- Training set: to learn the parameters of the model
- Validation set: to choose the hyperparameters of the model
- Test set: for final evaluation of the generalization error of the model
  - How well will our model perform with new data that were not observed during training and validation?

