TABLE OF CONTENTS:

CHAPTER:			Page
1.	FORCE, WEIGHT AND CENTRE OF GRAVITY	6	
2.	TURNING FORCES	36	
3.	FRICTION, ATMOSPHERIC AND LIQUID PRESSURE	69	
4.	MACHINES	100	
5.	DENSITY, ARCHIMEDES PRINCIPLE AND FLOATING BODIES	117	
6.	ELASTICITY	135	
7.	MOTION	151	
8.	WORK, MECHANICAL ENERGY AND POWER	238	
9.	GRAVITATIONAL, CIRCULAR MOTION AND SIMPLE HARMONIC MOTION	251	
10.	MEASUREMENT OF HEAT	286	
11.	SPECIFIC HEAT CAPACITY AND HEAT CAPACITY	328	
12.	LATENT HEAT	356	
13.	LINFAR FXPANSION	392	