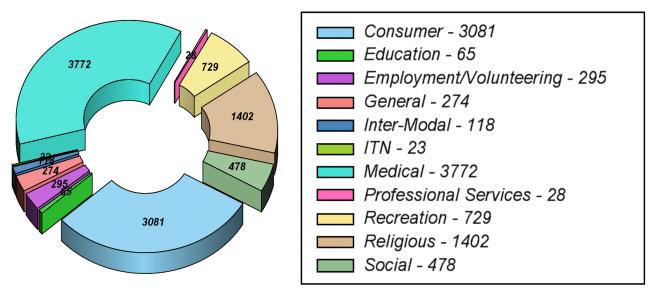




Spring 2012

Question: "Where Does ITN Bluegrass Go?" **Answer:** Anywhere You Want!*

Fascinating Ride Facts about ITNBluegrass**



Did you know...

...that only 37% of our trips are to medical facilities? That's a lot, but people are out doing other things, too!

...that trips to hair salons are second only to medical visits? These most-important trips make up 15.3% of all the rides we do and half of all consumer trips!

...that medical trips are broken down by specialty in another report? Second only to "general" (which we choose when we don't know) are physical therapy appointments. ...that our number #1 and #2 destinations are Second Presbyterian Church (1,664) and Cardinal Hill Hospital (1,015)? Not counting private residences, Walmart on Nicholas-ville Road and the VA Hospital round out the top 10 with 670 and 643 trips respectively. ...that inter-modal trips refer to trips to other transportation delivery systems? Nearly 1% of our rides are to Blue Grass Airport.

^{*}In Fayette and northern Jessamine Counties.

^{**} The doughnut chart numbers don't include more than 8,000 return rides home. Data is based on rides taken between 7/22/2008 (our first day of service) to 4/30/2012.



Spring Facts

Total Members by April 2012: 400 (not all are riders)

Total Rides in April: **521**

Total Rides to Date: (April 30) 17,748

Make Payments Online!

ITNBluegrass is now accepting credit (and debit) cards for payments on accounts!
Simply visit our website at www.itnbluegrass.org and click the "Make a Payment" button. If you need any assistance, please give us a call.

Bulletin Board

Welcome to our newest driver: David Burchfield.

Staff additions: Ron Sale joins Andrea Richardson and Toya Richmond as our newest after-hours ride coordinator. Read about all of them on our website!

Board changes: Long-time board member and former secretary Donna Baker resigned to spend more time with family and friends. We thank Donna for all the time and effort she has put into getting the service up and running, and we appreciate that she remains a dedicated volunteer driver.

Meet Member-Rider Martha Bennett Stiles...



What a nice surprise to learn that one of our riders, Martha Bennett Stiles, is a well-known, prize-winning author of books for middle grade/young adult readers! And she's still at it! Her 12th book *Sailing to Freedom* is due out this July from Henry Holt Books. Here's the teaser:

Twelve-year-old Ray's in trouble from the moment he and his monkey, Allie, board The Newburyport Beauty. But when bounty hunters come looking for a runaway slave, it's Ray and Allie who must save stowaway, crew, vessel and all. Meanwhile, the runaway's 11-year-old brother, Ogun, makes his desperate way from Carolina to Canada on foot.

Born in the Philippines and brought up in Virginia, Mrs. Stiles lived on a Bourbon Co. thoroughbred horse farm for 30 years with her now-late husband Martin until they moved to Richmond Place in 2007. (Here she is pictured with Fod Deceit.) The farm was the source for many scenes in her novels *Lonesome Road* (for adults), *Kate of Still Waters* and *Sarah the Dragon Lady*. Before moving to Kentucky Mrs. Stiles spent more than 20 years in Ann Arbor, getting a chemistry degree at the U-M and writing articles and several books. Her husband was a professor at the university.

A member-rider for about a year, Mrs. Stiles enjoys meeting the ITN*Blue-grass* drivers and says that while she was previously busy caregiving, she will use the service more often for trips to evening cultural and social events. We hope you do!

Consider a Lasting Legacy

There are many ways you can make a gift that helps provide dignified community-based and community-supported transportation for seniors and adults with visual impairments now and into the future.

One way is to consider leaving a legacy of safety, mobility and independence for older adults by naming ITN*Bluegrass* in your will or trust. Gifts by will receive an unlimited estate tax deduction and are easy to make. You can change your mind at anytime and you retain control of your assets during your lifetime.

Most importantly, a bequest provides you with the assurance of knowing how your assets will be used after your lifetime. Your gift will support our program in the future just as you are supporting our program today! For more information, please give us a call and leave a message for Laura or Gale.

We'll deliver our 18,000th ride soon. With your gift, we can lay the groundwork for the 80,000th!



Message from the Executive Director: Laura Dake

Making History and Memories...Together

In April, a few of us took ITN*Bluegrass* member-rider Earlene Jackson out for a good-bye lunch at Bella Notte. Earlene just moved to North Carolina to be closer to her daughter, son-in-law and granddaughter, the three of whom moved there in the past year. Now, when I say Earlene was a rider, I should emphasize it and say she was a RIDER! Since her first trip in September 2009, Earlene took **922** rides — more than any other individual! Her home was third behind Second Presbyterian Church and Cardinal Hill (see page 1) as the most traveled-to destination.

After our lunch and good-byes, it got me thinking how in fewer than four years, we've built something of a history with many of you and have become important parts of each other's lives. Some of it is due to ride frequency, of course, and some due to driver/rider schedules that

tend to match up the same people trip after trip. But it's more than that: drivers often ask me about riders who are ill, and our ride coordinators are known to check in if a regular rider hasn't scheduled anything in a while. Riders and drivers and ITN staff do care about each other, and these relationships make most rides that much richer and more meaningful.

All of us at ITN*Bluegrass* wish Mrs. Jackson the very best in her new home and hope that if she returns to Lexington for a visit, she'll give us a call! And we look forward to making history and memories with the rest of you! *Laura*

A sincere thank-you to the following organizations who have made grant gifts to ITNBluegrass since January 1, 2012.

Kings Daughters and Sons Foundation LexTran (New Freedom/JARC funding) W.R. and JoAnn Griffin Donor Advised Fund

If you know someone affiliated with any of these organizations, please thank him/her personally for us!





(l-r) Walt McAtee, Earlene Jackson, Hugo Araneda

The Lexington chapter of NAMI, the National Alliance on Mental Health, has a peer-operated non-emergency phone line called the Warm Line for anyone who "just needs someone to talk to." The service is free and is sponsored by the Bluegrass Regional MH-MR Board, Inc. and NAMI Lexington. The phone line is staffed from 10:00 am—9:00 pm Monday through Saturday.

Local number: (859) 252-0058 Toll-free: (877) 840-5167

http://namilex.org



Are you a Caregiver to a spouse, parent or child (or think you might become one)? Are you sometimes confused or overwhelmed by "the system"? Do you need information on what to expect or where to turn? Do you wish to make future plans and want to know how to get started?

If you answered "yes," you are welcome to join ITNBluegrass on Monday, May 21, for a free CAREGIVER WORKSHOP!

Geriatric care manager **Esther Hurlburt*** will answer your questions about care management, local resources available to caregivers and caregiving in general. <u>This is not a sales pitch</u>. Refreshments will be served.

Where: ITNBluegrass meeting room, 1206 N Limestone Street (inside Arlington

Christian Church). Parking is available on the north side and behind the church.

When: Monday, May 21, from 5:00-6:30 pm

To RSVP, please call 859-252-8665 or email Laura at laura.dake@itnbluegrass.org.

*Esther Hurlburt, RN, BSN, MDiv, is co-owner of ParentCareKY, LLC, a geriatric care management service established in 1994 to assist older adults, adults with disabilities, their families or other concerned parties. Esther is also an ITNBluegrass volunteer driver!



Mother's Day and Father's Day are almost here! ITN *Bluegrass* has *gift certificates* for every occasion available in any amount! Simply give us a call at 859-252-8665 — once we receive your payment, we'll send the certificate to you (or directly to the recipient) in a nice envelope! Rides are a great gift!

Return Service Requested

