

## **Message from the Executive Director: Laura Dake**

I hope everyone has had a good summer. With school starting as early as it does, it feels like it's almost over but there are still plenty of warm days ahead. We hope you use this time to pick up the phone and schedule your errands, appointments and FUN trips! As I mentioned in the last newsletter, only about 40% of our rides are to medical destinations, so take advantage of the nice weather and make plans to enjoy yourself!

Lots to tell you, so I'll number for ease of reading.

1) Note the **"Save-the-Date"** on the next page. We are looking forward to this first caregiver conference/expo becoming an ITNBluegrass signature annual event! If you know local businesses whose clientele is primarily older adults, please let them know that we will have many vendor and sponsorship opportunities available. If interested, they can call (859) 967-6088 for more information.



2) To add value to the newsletter, we are asking experts from the community to share a bit of their knowledge on topics we think might interest you. This quarter, **Bluegrass Elderlaw, PLLC**, has an article on Power of Attorney (page 3).

3) As always, we need your support! Approximately half of our revenue comes from local fundraising. Every \$50 we receive subsidizes about six rides — rides that take people to vital medical appointments; support businesses like grocery stores and hair salons; and help people remain active and independent after they've given up or limited driving.

See the "Friend" form on page 4 or consider becoming a "Monthly Partner." Please give me a call at (859) 252-8665 so I can share the Monthly Partner benefits with you and tell you how to get started!

**ITNBluegrass has *gift certificates* available in any amount for most special occasions and one for no occasion at all! To give a gift of transportation, simply give us a call at 859-252-8665 — once we receive your payment, we'll send the certificate to you (or directly to the recipient) in a nice envelope! Rides are a great gift!**

## Spring Facts

Total Members by  
July 2012:

**390**

(not all are riders)

Total Rides in July:

**553**

Total Rides to Date:  
(July 31)

**19,398**

## Make Payments Online!

ITNBluegrass is now accepting credit (and debit) cards for payments on accounts! Simply visit our website at [www.itnbluegrass.org](http://www.itnbluegrass.org) and click the "Make a Payment" button. If you need any assistance, please give us a call.

## Going Green!

If you are getting your ITNBluegrass newsletter in the mail and would prefer to receive it electronically, please call 859-252-8665 or email [info@itnbluegrass.org](mailto:info@itnbluegrass.org) with your email address.

## Bulletin Board

**Welcome to our newest drivers:** Tony Aiken, Jim Cagey, and Bill Fortune.

**Board changes:** We say good-bye to long-time board members **Nancy Johnson** and **Sue Weant** and thank them for their hard work and support.

We welcome **Marc Craft, CPA**, who will serve as our treasurer.

## Meet Driver David Pilcher...

David Pilcher has been driving for ITNBluegrass since April 2009 as both a volunteer and paid driver. David enjoys conversing with our riders because they are "wise" and he learns from them. He is also inspired by many of our riders' perseverance in the face of physical hardships. "It's a joy to volunteer for a service which receives so many compliments," he says, "I hear them almost every time I drive!" (And David has gotten his share of them, too!)

Prior to his retirement about eight years ago, David worked for almost 30 years as a soybean lab tech/researcher at UK, working on creating more disease-resistant strains of soybeans, ones that provide better nutrition, etc.

Originally from Cincinnati, David moved to Lexington in the 1970s to attend UK. He has a daughter in Lexington who works for Good Foods Coop and a son who lives in Oregon. In his spare time, David enjoys wood-working, landscaping and travel, which is good because his son and his wife have a new baby boy and David's first grandchild! David also recently returned from a trip to Belgium, the Netherlands and Paris.

Thank you, David, for serving ITNBI well for more than three years!



*ITNBluegrass will deliver its 20,000th ride in early September! Will it be yours?*

One-stop shop  
for services and  
products!

# Save the Date!

Free  
workshops!

**Sunday, April 14, 2013, Noon—6:00pm**  
**Lexington Convention Center**  
**Free Admission**

## Resource Expo for Caregiving and Independent Living

(no official name yet)

**Presented by ITNBluegrass**

**Sponsorship and vendor opportunities available soon!**  
**Call 859-967-6088.**

### What is a Power of Attorney (“POA”)?

**Have you ever wanted someone to handle your financial transactions or simply to sign documents for you?** The way you can get this assistance is by appointing a person (and possibly an alternate) to be your agent.

You do this by executing a document called a Power of Attorney. It must be in writing and signed by you in front of a notary public. Thus, you are the grantor, appointing an agent, who is also called an attorney-in-fact. This agent will have the authority to perform the acts for you which you specify in the document. You can authorize an agent to address financial matters or health care decisions or both.

**Bluegrass Elderlaw, PLLC (Carolyn Kenton and Amy Dougherty) focuses on the needs of older and disabled persons and their families. We handle document preparation (Power of Attorneys, Wills, Trusts), Medicaid Issues, Estate Planning and Estate Settlement.**

**Our small firm is located at 120 North Mill Street, Suite 300, Lexington, Kentucky 40507.**

**Telephone: 859-281-0048**

With the proper language, Powers of Attorney may be effective when you as the grantor sign the document and remain in effect until you revoke the authority or until you die (this is called a Durable Power of Attorney). Even if you become disabled or incapacitated, the powers you grant to your agent remain in place.

Having an agent can be a tremendous benefit to you. Transactions needed to carry on your life can occur even when you are not feeling up to handling them. You should appoint as your agent only someone you really trust, however. You are giving this person power to make decisions in your place. Most people appoint a trusted child, sibling, or friend.

### What a Power of Attorney is not:

A Power of Attorney is not an authority one person can assert over another person. It is a grant of authority given by the grantor to another person and may be revoked by the grantor. In our law practice, often a person will call and say, “I need an appointment to get Power of Attorney over my mother.” Then we ask, “Does your mother want you to be her Power of Attorney?” The caller may have not even asked the mother! If the mother does want the arrangement, we set an appointment to talk to the mother and draft the POA document for her.

The authority bestowed on the Power of Attorney must be freely given by the grantor when the grantor understands the authority she is giving and before incapacity occurs. If the mother is incapable of communicating that she wants to appoint someone as an agent then someone must petition the court for guardianship.

## *Wish List!*

ITNBluegrass charges some of the lowest ride rates among ITN affiliates. To help us keep costs down, please consider a specific donation among the following items:

Forever stamps

Window envelopes for statements (left side window)

8.5 x 11 copy paper (20-24 lb.; at least 92 bright)

Color ink cartridges (approx. \$150 each)

Your used car for trade or donation!

If you would like us to purchase the item(s) for you, please include with your check the item(s) you'd like to donate.

**Become a Friend of ITNBluegrass!**

Please consider becoming a "Friend of ITNBluegrass!" For a \$50 contribution, you'll enjoy the following benefits:

- 1) You support safe, dignified, affordable transportation for people 60+ and adults with visual impairments in the Bluegrass area.
- 2) Generous car care discounts at Ken Towery AutoCare SuperCenters' three Fayette County locations.
- 3) Local volunteer opportunities.
- 4) A small gift if you donate before August 20!

To become a Friend of ITNBluegrass, simply fill out the following form and mail it, along with your check\*, to ITNBluegrass, 1206 N Limestone Street, Lexington, KY 40505.

**Name(s):** \_\_\_\_\_

**Street Address:** \_\_\_\_\_

**Apt. #:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone Number:** (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ **Email Address:** \_\_\_\_\_

I have enclosed (check all that apply):

\_\_\_\_\_ \$50 to become a member-donor

\_\_\_\_\_ Additional tax-deductible donation: \_\_\_\_\_

\*Please make checks payable to ITNBluegrass or click "Make a Donation" online by visiting [www.itnbluegrass.org](http://www.itnbluegrass.org). Thank you!

*The staff and board of ITNBluegrass thank you for your support!*

Return Service Requested

1206 N. Limestone Street  
Lexington, KY 40505

