### Living your best LIFE

### **Donald Jensen provides** rides for fellow senior citizens through ITN

by Mark Jahne

onald Jensen enjoys driving. He also enjoys helping people. Put those two together and you've got someone who gladly provides folks with needed mobility.

The Old Wethersfield resident is one of the busiest drivers with ITN Central Connecticut, an affiliate of ITNAmerica. It's an independent transportation network whose stated mission is to provide lifelong mobility for senior citizens 60 and older as well as adults of any age who are blind or whose vision impairment does not enable them to drive.

ITN Central Connecticut is based in West Hartford and covers the Hartford region and beyond. Jensen, 78, uses special software to handle the invoicing.

Senior citizens and people with limited or no vision can join the local



Donald Jensen stands alongside his car in the driveway of his Old Wethersfield home. He is a volunteer driver for ITN Central Connecticut.

# It's Time to Call us today at 860.651.4700, and let's talk about a print and

online media plan that fits your business's needs and budget.



The West Hartford Press • The Valley Press Valley Life • West Hartford Life • Rocky Hill Life Wethersfield Life • Glastonbury Life • Newington Life



860.651.4700 www.TurleyCT.com

### EDWARD A. ZITO

ATTORNEY AT LAW

ABOUT OUR FIRM – We focus on Estate Planning, Probate Administration & Elder Law

Our areas of concentration include:

- Wills Trusts
- HEALTHCARE DOCUMENTS
- Powers of Attorney
- Funeral and Burial Authorizations
- SETTLEMENT OF ESTATES:
  - Full Estates
  - SHORT ESTATES
  - TAX PURPOSES ONLY ESTATES
- Elder Law Advice (Initial Conference - No Charge)

efficient and affordable.

Our law firm

is experienced,

We are here for you and your family.

1233 SILAS DEANE HIGHWAY • WETHERSFIELD • 860-721-5700 WWW.ATTYZITO.COM

### Living *your best* LIFE

### "We're providing a very useful and needed service. I like to drive and we like to help people."

- Donald Jensen

chapter for a \$40 annual membership fee. They also pay \$1.50 fee per mile plus a \$3 pickup charge, which he said is approximately half as much as it would cost to rent a taxi.

The benefits are that rides can be scheduled for any day, any location and any reason within a reasonable distance.

"The money we get from our riders covers half of our costs," he said.

Those costs include the affiliate fee to the national organization, insurance, telephone service, mailings and the salary of a part-time executive director.

Volunteer drivers using their own vehicles will take people wherever they want to go and either stay with them or come back to pick them up for the return trip. They will assist with shopping if asked, help carry the groceries, and perform other tasks. But they do not lift people for safety reasons.

"We try to be as helpful as we can," Jensen said.

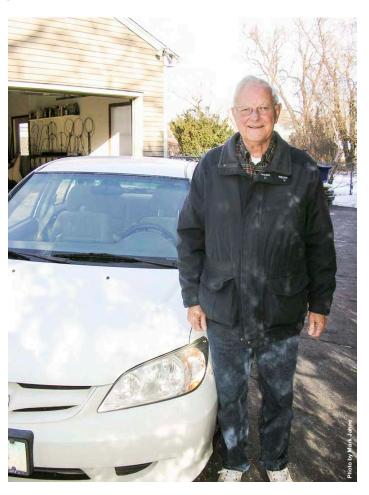
If someone can transfer from a wheelchair into the car and back without assistance, they will give that person a ride.

"We know ahead of time who has walkers, who has wheel-chairs," he said.

Close friendships often form and Jensen finds that extremely rewarding.  $\,$ 

"My pay is their appreciation. It's fun. I really enjoy it," he said. "It's a friendly organization."

Jensen was born and raised in Wethersfield, then lived in Rocky Hill and Newington for a while before settling on Garden Street in Old Wethersfield with his wife Linda more than 40 years ago.



# Retirement Life Begins at Covenant Village of Cromwell

### Our residents enjoy an active lifestyle, including:

- Lifelong Learning Programs
- Brand-new Techno Gym
- Arts & music programming
- and so much more!

To schedule a personal tour: Call 1-877-406-3024 or visit www.VillageOfCromwell.com/Believe





Covenant Village of Cromwell is a Continuing Care Retirement Community offering Independent Living, Assisted Living, Memory Care and Skilled Nursing on a 42-acre campus.

COVENANT VILLAGE OF CROMWELL A Covenant Retirement Community Covenant Retirement Communities is a ministry of the Eonaglical Covenant Church.

52 Missionary Road Cromwell, CT 06416

# Joe Specializes in the Medicare Marketplace

New to Medicare? Let me help!
Call to discuss your Medicare Choices & Options

### **Turning 65? Losing employer coverage?**

Need extra help with Medicare prescription drug coverage? Hospital Indemnity Plans • Medigap Supplements • Advantage Plans • Dental Plans



Please Call Joe Wroblewski, for a **FREE** No Obligation Consultation

Helping people in the area for 20 years

860.372.4967 185 Silas Deane Hwy, Wethersfield

### Living your best LIFE **Living**

A graduate of Rensselaer Polytechnic Institute, he worked as a metallurgical engineer at Pratt & Whitney Aircraft prior to retirement. The company paid for his college education. He also earned a master's degree from RPI.

His goal when he stopped working was not to retire from doing something, but to do something new. Driving is not his only passion. Children are another commitment he shares with his wife.

"We were foster parents for many years," Jensen said. "We asked God for ministries."

The couple estimates that between foster care and raising their own offspring, their home hosted more than 60 children.

They are active in the Wethersfield Evangelical Free Church and refer to the community service they perform as ministry. When he was young Donald Jensen used to spend his summers working at the local Jensen Machine Co., owned and operated by extended family.

He first became an ITN driver in February 2009 after town social services staff visited local houses of worship to recruit people to help fellow residents who have disabilities.

Linda Jensen assisted with Wethersfield's Friendly Shopper program. She also occasionally

offers rides outside of the ITN program.

"There's a loneliness out there with the elderly," she said.

"I wanted to [help with] transportation but the town didn't want to provide transportation," her husband said. "We're [ITN] providing a very useful and needed service. I like to drive and we like to help people."

So he signed on with ITN Central Connecticut, one of 12 states served by the Maine-based organization. Jensen said the local board members work well together and have formed friendships.

He said ITN volunteer drivers are responsible for their own auto insurance and the nonprofit provides additional insurance support. They will take members anywhere within the 15 cities and towns they serve as well as to adjacent towns and Bradley International Airport.

Jensen is the second most active of all the volunteer drivers.

"I've done over 3,200 rides. I probably average nine or 10 a week. Some weeks it could be 15," he said.

"I'm an early riser so I'll do early morning rides. I don't care where they send me. I'm available, I'm retired; I love doing it; my wife lets me do it." When he's not busy giving rides for ITN Jensen's community service, past and present, includes serving his church as a deacon, treasurer, Sunday School superintendent and board member, among other duties. His wife also volunteers at church.

"ITN Central Connecticut has been around since 2009. Don has been around for most of that time. He is absolutely our number-one driver by far," Executive Director Kevin Farmer said.

He added that Jensen provides 10 or more rides most weeks and also serves on the nonprofit agency's board of directors.

"Beyond that, he is our finance guy. He does all the billing ... he manages the database. Don is a superhero among superheroes," Farmer said.

A dispatcher in the ITN office at West Hartford Town Hall coordinates all of the ride requests for the following week. Riders must book a driver in advance. Jensen said the drivers don't question where the person wants to go or why.

The local affiliate has approximately 20 people registered as drivers but only a dozen to 15 are active, according to Jensen. More are needed, call 860-521-3600 or visit itncentralct.org to learn more or to become a member. **RHL** 



www.TurleyCT.com

COMMUNITY PURILCATIONS

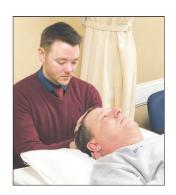
# Page Pond Place 1725 Berlin Turnpike, Berlin Nestled off the road in a quiet, wooded setting! ATTENTION! APPLY NOW! For Active Adults 55+ Rents Include Heat & Hot Water • Central air! • Fully Applianced Kitchens • Community Room • Library

## **You Do? That's Right!**

Many people don't know it, but you have the right to choose your physical therapist!

### One on One...

At the Physical Therapy Center of Rocky Hill, we treat one patient at a time. Throughout the entire treatment the therapists attention is only focused on you.





1975 Silas Deane Highway, Rocky Hill **860.513.1431** 

www.physicaltherapycenterofrockyhill.com

60) 828,3958

Merit Properties, Inc.

Picnic Area with Grill24 Hour Emergency

Maintenance



1BR rents are \$905.00, 2BR rents are \$1085.00

Income restrictions apply.

Financed by CHFA

• Ample On-Site Parking

• Secure Building