

# BALANCEOIL+ VEGAN

## ALL-NATURAL POLYPHENOL OMEGA BALANCE VEGAN SUPPLEMENT



### PRODUCT HIGHLIGHTS

A synergistic blend of marine micro-algae oil high in EPA, DHA and DPA, extra virgin pre-harvest olive oil high in OA and polyphenols, Ahiflower® seed oil high in SDA, ALA and GLA, and vegan vitamin D<sub>3</sub>.

Our BalanceOil+ Vegan helps protect cells from rusting (oxidation) and safely adjusts your Omega-6:3 ratio, supporting normal brain and heart function and the immune system.\*

### ALL-NATURAL INGREDIENTS

- ▶ Cold-pressed extra virgin olive oil
- ▶ Marine algae oil from *Schizochytrium sp.*
- ▶ Cold-pressed Ahiflower® seed oil
- ▶ Vitamin D<sub>3</sub> derived from lichen

### POLYPHENOL PROTECTION



Protect your cells from rusting (oxidation). Olive oil polyphenols contribute to the protection of blood lipids from oxidative damage.\*



### GET BALANCED

Bring your Omega-6:3 ratio to 3:1 balance in 120 days.



### TEST-BASED NUTRITION

See your individualized test results before and after you start taking BalanceOil+.



### ULTRA-PURE

Molecularly tested for toxins to ensure freshness, safety and purity you can trust.



### NEXT GEN NUTRITION

Synergistic formula that contributes to normal heart,<sup>2</sup> brain<sup>1</sup> and immune<sup>3</sup> function.



### VEGAN

Synergistic blend of all-natural and purely vegan ingredients, and registered with The Vegan Society.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ZINZINO

## ALGAE OIL

The oil derived from the marine microalgae *Schizochytrium sp.* is rich in the Omega-3 fatty acids Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA). This is the first vegetarian EPA/DHA product on the market that provides a bio-alternative to traditional fish oils. Produced in an FDA-inspected and rigorously controlled facility in the USA, it is a concentrated and consistent product.

## AHIFLOWER® OIL

Ahiflower oil contains more biologically advanced omegas than any other natural plant source. Its Latin name is *Buglossoides arvensis*. Ahiflower seeds are pressed to produce a superior omega-rich, containing more biologically advanced plant omegas (like stearidonic acid, SDA) than any other natural plant source. Ahiflower also contains GLA, an essential omega-6 fatty acid. The cold-pressed Ahiflower® seed oil is treated in a low temperature cleansing process where it is physically refined, bleached and deodorized to give it a clear pale yellowish look and neutral smell. It is GMO-free, rich in the Omega-3 fatty acids Omega-3 SDA and ALA, as well as the Omega-6 fatty acid GLA. A superb choice for vegetarians and vegans, Ahiflower® seed oil has an ideal fatty acid profile. Primarily, it contains Omega-3 as Omega-6, and can therefore help to balance the Omega-6 to Omega-3 ratio. This is in contrast to most vegetarian oils, which contain excessive Omega-6's. Secondly, Ahiflower® seed oil contains the rare Omega-3 fatty acid SDA, which is converted five times better to EPA in the body than the typical plant Omega-3 ALA, e.g. in flaxseed. Ahiflower® seed oil also contains the valuable Omega-6 fatty acid GLA.

## EXTRA VIRGIN OLIVE OIL

The Spanish Picual olive is selected for its richness in Omega-9 and very high antioxidant content. The olives are of pre-harvest quality and in the process the stones are taken out and only the fruits are cold-pressed, resulting in an extra virgin oil rich in Omega-9 (Oleic acid) with very high amounts of antioxidants called polyphenols (above 750 mg/kg), both with several beneficial effects. The polyphenols protect the BalanceOil+ Vegan in the bottle but even more importantly, also your cells.

## EXTRA VIRGIN OLIVE OIL PHYTONUTRIENT PROFILE

Olive Polyphenols	750 mg / kilo
Hydroxytyrosol & Tyrosol	330 mg / kilo
Oleocanthal + Oleacein	490 mg / kilo
Oleuropein	64 mg / kilo
Squalene	4 230 mg / kilo
Vitamin E	300 mg / kilo
Maslinic acid	100 mg / kilo

## NATURAL TOCOPHEROLS

Mixed tocopherols are commonly used antioxidants in dietary supplements. Natural tocopherols are made from GMO-free, highly refined soy bean oil distillates, which undergo further refining and therefore do not contain any soy proteins. This means there are no allergens present. The typical composition is: alpha-, beta-, gamma- and delta-tocopherols. Caution: If you are allergic to soy, please check with your physician.

## VITAMIN D<sub>3</sub>

Our exclusive vegan vitamin D<sub>3</sub> (cholecalciferol) comes from a special, organically grown, plant source called lichen. It can accumulate large levels of useful nutrients, including vitamin D<sub>3</sub>. Once the vitamin D<sub>3</sub> is extracted, some coconut oil is added. The vitamin D<sub>3</sub> is vegan-certified and of course GMO-free.

PATENT PENDING



Norwegian Formulation

## BRINGING YOUR BODY BACK IN BALANCE IN 120 DAYS

Our certified laboratories are responsible for analyzing the dried blood spot tests for eleven fatty acids in the blood, making our database the world's largest of its kind. The average Omega-6:3 ratio for people not taking an Omega-3 supplement is 12:1 in Northern Europe, 15:1 in Europe and 25:1 in the USA. After taking BalanceOil products for 120 days, the average ratio for most people is below 3:1.\*

## IMPROVING

Vegan diets are often richer in some nutrients such as fiber, vitamin C and phytochemicals. But, these diets often lack essential nutrients, including vitamin D and Omega-3 fats. This means that it is difficult for vegans and vegetarians to get into Omega-6:3 Balance, and equally difficult to ensure they consume enough EPA and DHA to get the EU-approved (European Food Safety Authority) benefits of these nutrients. In population studies, it is shown that vegans have lower blood concentrations of Omega-3 fatty acids than those eating animal-based foods.

For a vegan, these essential Omega-3 EPA and DHA fatty acids can be obtained by eating fortified foods or carefully selecting a diet containing these nutrients, but it's not easy. Supplementing with ALA has very little effect on increasing blood DHA concentrations because even though ALA can be converted into EPA and DHA in your body, this conversion is quite inefficient. The typical conversion rates are below 5% in women, and below 2% in men, so the problem remains.

But now there is an easy solution for all vegans, vegetarians and in fact anybody who wants an alternative to fish oils. Fish get their Omega-3's from cold water marine algae. These algae provide pure long-chain Omega-3's that can be extracted and consumed by humans.

Zinzino BalanceOil+ Vegan contains this marine algae oil with Omega-3 (EPA and DHA), and Ahiflower® seed oil rich in Omega-3 (SDA and ALA), Omega-6 (GLA) and Omega-9 (OA). It also contains the extra virgin pre-harvest olive oil rich in Omega-9 (OA) and with very high levels of polyphenols. It has a fair amount of the important vitamin D from a 100% vegan source.

As a result, our vegan oil offers you all of the same benefits as our regular BalanceOil+ made from fish oil. BalanceOil+ Vegan is tested, protected, effective and safely adjusts and maintains EPA+DHA levels and the Omega-6:3 Balance in your body. Finally, everyone can get into balance!

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

ZINZINO

## KEY BENEFITS

- ▶ **Helps maintain polyphenol levels in your body to protect blood lipids from oxidative stress\***
- ▶ **Contributes to normal brain function since the daily dosage contains 1120 mg DHA\***
- ▶ **Contributes to normal heart function since the daily dosage contains 780 mg EPA and 1120 mg DHA\***
- ▶ **Contributes to normal immune function since the daily dosage contains 20 µg of Vitamin D3\***
- ▶ **Supports healthy and normal eye function since it contains 1120 mg of DHA\***
- ▶ **Contributes to healthy bones, muscles, teeth and cells since the daily dosage contains 20 µg of Vitamin D3\***
- ▶ **Helps maintain good levels of EPA and DHA in your body\***
- ▶ **Helps maintain optimal Omega-6:3 levels in your body\***
- ▶ **Supports normal blood triglyceride levels, normal blood pressure and normal blood calcium levels\***

### NORMAL BRAIN FUNCTION

EPA and DHA helps maintain optimal brain function.\*

### GOOD FOR YOUR HEART

EPA and DHA contribute to the normal function of our hearts.\*

### THE IMMUNE SYSTEM

BalanceOil+ Vegan contains vitamin D3, vitally important for the immune system as it contributes to its normal function.\*

### OXIDATION PROTECTION

Hydroxytyrosol from olives contributes to the protection of blood lipids from oxidative damage when the daily dose is 5 mg or more.\* Lipids are fat-like substances found in your blood and body tissues, such as cholesterol or triglycerides which are important for our heart health.

## SUPPLEMENT FACTS

Supplement Facts				
Body Weight	110 lb		175 lb	
Serving Size	1.5 tsp (7.5 mL)		2.5 tsp (12.5 mL)	
Servings per Container	40		24	
Amount per Serving	% DV		% DV	
Calories	63		105	
Total Fat	7 g	9 %	12 g	18 %
Polyunsaturated Fat	2,3 g	†	3,8 g	†
Monounsaturated Fat	3,3 g	†	5,5 g	†
Vitamin D	12,6 mcg	63 %	20 mcg	100%
Omega-3 Fatty Acids	1904 mg	†	3173 mg	†
Algal oil	2050 mg	†	3417 mg	†
EPA (Eicosapentaenoic Acid)	482 mg	†	803 mg	†
DHA (Docosahexaenoic Acid)	702 mg	†	1170 mg	†
DPA (Docosapentaenoic Acid)	113 mg	†	188 mg	†
Ahiflower® ( <i>Buglossoides arvensis</i> ) seed oil	949 mg		1582 mg	
SDA (Stearidonic Acid)	180 mg		300 mg	
ALA (Alpha-Linolenic Acid)	427 mg		712 mg	
GLA (Gamma-Linolenic Acid)	59 mg		98 mg	
Olive fruit Oil	3906 mg	†	6510 mg	†
of which oleic acid (Omega-9)	3213 mg	†	5355 mg	†
of which Olive Polyphenols	3.3 mg	†	5,5 mg	†
* Percent daily value (DV) are based on a 2,000 calorie diet.				
† Daily value (DV) not established				

### OTHER INGREDIENTS:

Natural lemon flavor, tocopherols (for freshness).

**ZINZINO POLYPHENOL BLEND:** Hydroxytyrosol, Tyrosol, Oleuropein, Oleocanthal and Flavonoids.

**ZINZINO BALANCE BLEND:** Omega-3 (EPA, DHA, ALA, SDA, DPA), Omega-9 and Vitamin D<sub>3</sub>.

**NATURAL:** BalanceOil+ Vegan is made only from ingredients coming from natural sources.

**GMO-FREE:** Our products are GMO-free (i.e. free of genetically modified organisms).

**VEGAN:** BalanceOil+ Vegan is made only from purely vegan ingredients, and registered with The Vegan Society.

**SUGGESTED USE:** 0.0136 tsp x lb body weight. Adjust serving size based on body weight, for example: Adults with body weight 110 lbs: 1.5 tsp daily, 150 lbs: 2.0 tsp daily, 220 lbs: 3.0 tsp daily (1 tsp = 5 mL). Do not exceed recommended daily dose. Combine dietary supplements with a balanced diet and healthy lifestyle for best results.

**STORAGE:** Store unopened bottles in a dark dry place at room temperature. Store opened bottles in a refrigerator and use within 45 days. The oil may become cloudy at temperatures lower than 4 °C (39 °F) due to the solidification of the olive oil. The oil will clear at room temperature. Keep out of reach of children.

**WARNING:** Consult your physician before using BalanceOil+™ if you are pregnant, nursing, taking prescription drugs or have a medical condition. Do not give BalanceOil+™ to children under four years of age.

**CONTENT:** 300 mL (10.1 FL OZ)

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.