

## Women's health

Read about women's health, including common health conditions, mental health, sexual health and pregnancy.

### [Women's health A to Z](#)

Read about health conditions that can affect women, including menopause and PCOS



### [Pregnancy and birth](#)

All you need to know about pregnancy and birth

### [Mental health](#)

Find resources and information to support your mental health during difficult situations



### [Babies and children](#)

Advice and support on caring for babies and children

### [Sexual wellbeing](#)

Visit [sexualwellbeing.ie](http://sexualwellbeing.ie) to learn about contraception, sexual health and wellbeing



### [Unplanned pregnancy](#)

Read about the options available when experiencing an unplanned pregnancy

### [Cervical screening](#)

A cervical screening test (smear test) looks at your risk of developing cervical cancer



### [Breast screening](#)

Breast screening helps find cancer at an early stage, before it reaches the age of 50

### [Domestic violence and abuse](#)

Domestic violence or abuse can happen to anyone. Find out how to recognise the signs and where to get help.



## HSE Live - we're here to help

Monday to Friday: 8am to 8pm

Saturday: 9am to 5pm

Sunday: Closed

Bank holidays: Closed

Freephone: [1800 700 700](tel:1800700700)

From outside Ireland: [00 353 1 240 8787](tel:0035312408787)

[HSE Facebook](#)

[HSE Instagram](#)

[HSE TikTok](#)

[HSE YouTube](#)

[HSE LinkedIn](#)

[HSE X \(Twitter\)](#)

[Complaints and feedback](#)

[Emergencies](#)

[Cookie settings](#)

[Cookie statement](#)

[Accessibility](#)

[Privacy statement](#)

[Disclaimer](#)

