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Hand pain

- Hand pain
- [Wrist pain](#)
- [Finger pain](#)
- [Thumb pain](#)
- [Pain in the palm of the hand](#)
- [Pain in the back of the hand](#)

Choose which area of your hand hurts most to read about:

- treatments
- when to get medical help
- possible causes

Content supplied by the [NHS](#) and adapted for Ireland by the HSE

Sláintecare.

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HSE Live - we're here to help

Monday to Friday: 8am to 8pm

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Sunday: Closed

Bank holidays: Closed

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