



< Back to Health A to Z

Type 2 diabetes

Information about type 2 diabetes, including symptoms, getting diagnosed, managing your blood glucose levels and living with the condition

About type 2 diabetes

Information about type 2 diabetes, including symptoms and getting diagnosed

Living with type 2 diabetes

Advice on diet, managing your weight, looking after your feet and keeping active

Treatment

Learn about the treatments that work for type 2 dia

Courses and support

Courses and support to help you manage type 2 di

HSE Live - we're here to help

Monday to Friday: 8am to 8pm

Saturday: 9am to 5pm

Sunday: Closed

Bank holidays: Closed

Freephone: <u>1800 700 700</u>

From outside Ireland: <u>00 353 1 240 8787</u>

HSE Facebook

HSE Instagram

HSE TikTok

HSE YouTube

HSE LinkedIn

HSE X (Twitter)

Complaints and feedback

Emergencies

Cookie settings

Cookie statement

Accessibility

Privacy statement

Disclaimer

© Health Service Executive