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The Sixties

I. Introduction

Perhaps no decade is so immortalized in American memory as the 1960s. Couched in the colorful rhetoric of peace and love, complemented by stirring images of the civil rights movement, and fondly remembered for its music, art, and activism, the decade brought many people hope for a more inclusive, forward-thinking nation. But the decade was also plagued by strife, tragedy, and chaos. It was the decade of the Vietnam War, inner-city riots, and assassinations that seemed to symbolize the crushing of a new generation's idealism. A decade of struggle and disillusionment rocked by social, cultural, and political upheaval, the 1960s are remembered because so much changed, and because so much did not.

Demonstrators march from Selma to Montgomery, Alabama, in 1965 to champion African American civil rights. Library of Congress.

II. Kennedy and Cuba

The decade's political landscape began with a watershed presidential election. Americans were captivated by the 1960 race between Republican vice president Richard Nixon and Democratic senator John F. Kennedy, two candidates who pledged to move the nation forward and invigorate an economy experiencing the worst recession since the Great Depression. Kennedy promised to use federal programs to strengthen the economy and address pockets of longstanding poverty, while Nixon called for a reliance on private enterprise and reduction of government spending. Both candidates faced criticism as well; Nixon had to defend Dwight Eisenhower's domestic policies, while Kennedy, who was attempting to become the first Catholic president, had to counteract questions about his faith and convince voters that he was experienced enough to lead.

One of the most notable events of the Nixon-Kennedy presidential campaign was their televised debate in September, the first of its kind between major presidential candidates. The debate focused on domestic policy and provided Kennedy with an important moment to present himself as a composed, knowledgeable statesman. In contrast, Nixon, an experienced debater who faced higher expectations, looked sweaty and defensive. Radio listeners famously thought the two men performed equally well, but the TV audience was much more impressed by Kennedy, giving him an advantage in subsequent debates. Ultimately, the election was extraordinarily close; in the largest voter turnout in American history up to that point, Kennedy bested Nixon by less than one percentage point (34,227,096 to 34,107,646 votes). Although Kennedy's lead in electoral votes was more comfortable at 303 to 219, the Democratic Party's victory did not translate in Congress, where Democrats lost a few seats in both houses. As a result, Kennedy entered office in 1961 without the mandate necessary to achieve the ambitious agenda he would refer to as the New Frontier.

Kennedy also faced foreign policy challenges. The United States entered the 1960s unaccustomed to stark foreign policy failures, having emerged from World War II as a global superpower before waging a Cold War against the Soviet Union in the 1950s. In the new decade, unsuccessful conflicts in Cuba and Vietnam would yield embarrassment, fear, and tragedy, stunning a nation that expected triumph and altering the way many thought of America's role in international affairs.



On January 8, 1959, Fidel Castro and his revolutionary army initiated a new era of Cuban history. Having ousted the corrupt Cuban president Fulgencio Batista, who had fled Havana on New Year's Eve, Castro and his rebel forces made their way triumphantly through the capital city's streets. The United States, which had long propped up Batista's corrupt regime, had withdrawn support and, initially, expressed sympathy for Castro's new government, which was immediately granted diplomatic recognition. But President Dwight Eisenhower and members of his administration were wary. The new Cuban government soon instituted leftist economic policies centered on agrarian reform, land redistribution, and the nationalization of private enterprises. Cuba's wealthy and middle-class citizens fled the island in droves. Many settled in Miami, Florida, and other American cities.

The relationship between Cuba and the United States deteriorated rapidly. On October 19, 1960, the United States instituted a near-total trade embargo to economically isolate the Cuban regime, and in January 1961, the two nations broke off formal diplomatic relations. The Central Intelligence Agency (CIA), acting under the mistaken belief that the Castro government lacked popular support and that Cuban citizens would revolt if given the opportunity, began to recruit members of the exile community to participate in an invasion of the island. On April 16, 1961, an invasion force consisting primarily of Cuban émigrés landed on Girón Beach at the Bay of Pigs. Cuban soldiers and civilians quickly overwhelmed the exiles, many of whom were taken prisoner. The Cuban government's success at thwarting the Bay of Pigs invasion did much to legitimize the new regime and was a tremendous embarrassment for the Kennedy administration.

As the political relationship between Cuba and the United States disintegrated, the Castro government became more closely aligned with the Soviet Union. This strengthening of ties set the stage for the Cuban Missile Crisis, perhaps the most dramatic foreign policy crisis in the history of the United States. In 1962, in response to the United States' longtime maintenance of a nuclear arsenal in Turkey and at the invitation of the Cuban government, the Soviet Union deployed nuclear missiles in Cuba. On October 14, 1962, American spy planes detected the construction of missile launch sites, and on October 22, President Kennedy addressed the American people to alert them to this threat. Over the course of the next several days, the world watched in horror as the United States and the Soviet Union hovered on the brink of nuclear war. Finally, on October 28,



The Cuban Missile Crisis was a time of great anxiety in America. Eight hundred women demonstrated outside the United Nations Building in 1962 to promote peace. Library of Congress.

the Soviet Union agreed to remove its missiles from Cuba in exchange for a U.S. agreement to remove its missiles from Turkey and a formal pledge that the United States would not invade Cuba, and the crisis was resolved peacefully.

Though the Cuban Missile Crisis temporarily halted the flow of Cuban refugees into the United States, emigration began again in earnest in the mid-1960s. In 1965, the Johnson administration and the Castro government brokered a deal that facilitated the reunion of families that had been separated by earlier waves of migration, opening the door for thousands to leave the island. In 1966 President Lyndon B. Johnson signed the Cuban Adjustment Act, a law allowing Cuban refugees to become permanent residents. Over the course of the 1960s, hundreds of thousands of Cubans left their homeland and built new lives in America.

III. The Civil Rights Movement Continues

So much of the energy and character of the sixties emerged from the civil rights movement, which won its greatest victories in the early years of the decade. The movement itself was changing. Many of the civil rights activists pushing for school desegregation in the 1950s were middle-class

and middle-aged. In the 1960s, a new student movement arose whose members wanted swifter changes in the segregated South. Confrontational protests, marches, boycotts, and sit-ins accelerated.¹

The tone of the modern U.S. civil rights movement changed at a North Carolina department store in 1960, when four African American students participated in a sit-in at a whites-only lunch counter. The 1960 Greensboro sit-ins were typical. Activists sat at segregated lunch counters in an act of defiance, refusing to leave until being served and willing to be ridiculed, attacked, and arrested if they were not. This tactic drew resistance but forced the desegregation of Woolworth's department stores. It prompted copycat demonstrations across the South. The protests offered evidence that student-led direct action could enact social change and established the civil rights movement's direction in the forthcoming years.²

The following year, civil rights advocates attempted a bolder variation of a sit-in when they participated in the Freedom Rides. Activists organized interstate bus rides following a Supreme Court decision outlawing segregation on public buses and trains. The rides intended to test the court's ruling, which many southern states had ignored. An interracial group of Freedom Riders boarded buses in Washington, D.C., with the intention of sitting in integrated patterns on the buses as they traveled through the Deep South. On the initial rides in May 1961, the riders encountered fierce resistance in Alabama. Angry mobs composed of KKK members attacked riders in Birmingham, burning one of the buses and beating the activists who escaped. Additional Freedom Rides launched through the summer and generated national attention amid additional violent resistance. Ultimately, the Interstate Commerce Commission enforced integrated interstate buses and trains in November 1961.³

In the fall of 1961, civil rights activists descended on Albany, a small city in southwest Georgia. Known for entrenched segregation and racial violence, Albany seemed an unlikely place for black Americans to rally and demand change. The activists there, however, formed the Albany Movement, a coalition of civil rights organizers that included members of the Student Nonviolent Coordinating Committee (SNCC, or, "snick"), the SCLC, and the NAACP. But the movement was stymied by Albany police chief Laurie Pritchett, who launched mass arrests but refused to engage in police brutality and bailed out leading officials to avoid negative media attention. It was a peculiar scene, and a lesson for southern activists.⁴

The Albany Movement included elements of a Christian commitment to social justice in its platform, with activists stating that all people were



“of equal worth” in God’s family and that “no man may discriminate against or exploit another.” In many instances in the 1960s, black Christianity propelled civil rights advocates to action and demonstrated the significance of religion to the broader civil rights movement. King’s rise to prominence underscored the role that African American religious figures played in the 1960s civil rights movement. Protesters sang hymns and spirituals as they marched. Preachers rallied the people with messages of justice and hope. Churches hosted meetings, prayer vigils, and conferences on nonviolent resistance. The moral thrust of the movement strengthened African American activists and confronted white society by framing segregation as a moral evil.⁵

As the civil rights movement garnered more followers and more attention, white resistance stiffened. In October 1962, James Meredith became the first African American student to enroll at the University of Mississippi. Meredith’s enrollment sparked riots on the Oxford campus, prompting President John F. Kennedy to send in U.S. Marshals and National Guardsmen to maintain order. On an evening known infamously as the Battle of Ole Miss, segregationists clashed with troops in the middle of campus, resulting in two deaths and hundreds of injuries. Violence served as a reminder of the strength of white resistance to the civil rights movement, particularly in the realm of education.⁶

James Meredith, accompanied by U.S. Marshals, walks to class at the University of Mississippi in 1962. Meredith was the first African American student admitted to the segregated university. Library of Congress.



The following year, 1963, was perhaps the decade's most eventful year for civil rights. In April and May, the SCLC organized the Birmingham Campaign, a broad campaign of direct action aiming to topple segregation in Alabama's largest city. Activists used business boycotts, sit-ins, and peaceful marches as part of the campaign. SCLC leader Martin Luther King Jr. was jailed, prompting his famous handwritten letter urging not only his nonviolent approach but active confrontation to directly challenge injustice. The campaign further added to King's national reputation and featured powerful photographs and video footage of white police officers using fire hoses and attack dogs on young African American protesters. It also yielded an agreement to desegregate public accommodations in the city: activists in Birmingham scored a victory for civil rights and drew international praise for the nonviolent approach in the face of police-sanctioned violence and bombings.⁷

White resistance intensified. While much of the rhetoric surrounding the 1960s focused on a younger, more liberal generation's progressive ideas, conservatism maintained a strong presence on the American political scene. Few political figures in the decade embodied the working-class, conservative views held by millions of white Americans quite like George Wallace. Wallace's vocal stance on segregation was immortalized in his 1963 inaugural address as Alabama governor with the phrase: "Segregation now, segregation tomorrow, segregation forever!" Just as the civil rights movement began to gain unprecedented strength, Wallace became the champion of the many white southerners opposed to the movement. Consequently, Wallace was one of the best examples of the very real opposition civil rights activists faced in the late twentieth century.⁸

As governor, Wallace loudly supported segregation. His efforts were symbolic, but they earned him national recognition as a political figure willing to fight for what many southerners saw as their traditional way of life. In June 1963, just five months after becoming governor, in his "Stand in the Schoolhouse Door," Wallace famously stood in the door of Foster Auditorium to protest integration at the University of Alabama. President Kennedy addressed the nation that evening, criticizing Wallace and calling for a comprehensive civil rights bill. A day later, civil rights leader Medgar Evers was assassinated at his home in Jackson, Mississippi.

That summer, civil rights leaders organized the August 1963 March on Washington. The march called for, among other things, civil rights legislation, school integration, an end to discrimination by public and private employers, job training for the unemployed, and a raise in the





Alabama governor George Wallace stands defiantly at the door of the University of Alabama, blocking the attempted integration of the school. Wallace became the most notorious pro-segregation politician of the 1960s, proudly proclaiming, in his 1963 inaugural address, “Segregation now, segregation tomorrow, segregation forever.” Library of Congress.

minimum wage. On the steps of the Lincoln Memorial, King delivered his famous “I Have a Dream” speech, an internationally renowned call for civil rights that raised the movement’s profile to new heights and put unprecedented pressure on politicians to pass meaningful civil rights legislation.⁹

Kennedy offered support for a civil rights bill, but southern resistance was intense and Kennedy was unwilling to expend much political capital on it. And so the bill stalled in Congress. Then, on November 22, 1963, President Kennedy was assassinated in Dallas. The nation’s youthful, popular president was gone. Vice President Lyndon Johnson lacked Kennedy’s youth, his charisma, his popularity, and his aristocratic upbringing, but no one knew Washington better and no one before or since fought harder and more successfully to pass meaningful civil rights legislation. Raised in poverty in the Texas Hill Country, Johnson scratched and clawed his way up the political ladder. He was both ruthlessly ambitious and keenly conscious of poverty and injustice. He idolized Franklin



Women and men demonstrate during the March on Washington on August 28, 1963. Library of Congress.



This photograph shows Martin Luther King Jr. and other black civil rights leaders arm-in-arm with leaders of the Jewish community during the March on Washington on August 28, 1963. Wikimedia.

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Roosevelt whose New Deal had brought improvements for the impoverished central Texans Johnson grew up with.

President Lyndon Johnson, then, an old white southerner with a thick Texas drawl, embraced the civil rights movement. He took Kennedy's stalled civil rights bill, ensured that it would have teeth, and navigated it through Congress. The following summer he signed the Civil Rights Act of 1964, widely considered to be among the most important pieces of civil rights legislation in American history. The comprehensive act barred segregation in public accommodations and outlawed discrimination based on race, ethnicity, gender, and national or religious origin.

The civil rights movement created space for political leaders to pass legislation, and the movement continued pushing forward. Direct action continued through the summer of 1964, as student-run organizations like SNCC and the Congress of Racial Equality (CORE) helped with the Freedom Summer in Mississippi, a drive to register African American voters in a state with an ugly history of discrimination. Freedom Summer campaigners set up schools for African American children. Even with progress, intimidation and violent resistance against civil rights continued, particularly in regions with longstanding traditions of segregation.¹⁰

In March 1965, activists attempted to march from Selma to Montgomery, Alabama, on behalf of local African American voting rights. In

Lyndon B. Johnson sits with civil rights leaders in the White House. One of Johnson's greatest legacies would be his staunch support of civil rights legislation. Photograph, January 18, 1964. Wikimedia.





Johnson gives Senator Richard Russell the famous Johnson Treatment. Yoichi R. Okamoto, Photograph of Lyndon B. Johnson pressuring Senator Richard Russell, December 17, 1963. Wikimedia.

a narrative that had become familiar, “Bloody Sunday” featured peaceful protesters attacked by white law enforcement with batons and tear gas. After they were turned away violently a second time, marchers finally made the fifty-mile trek to the state capitol later in the month. Coverage of the first march prompted President Johnson to present the bill that became the Voting Rights Act of 1965, an act that abolished voting discrimination in federal, state, and local elections. In two consecutive years, landmark pieces of legislation had assaulted de jure (by law) segregation and disenfranchisement.¹¹

IV. Lyndon Johnson’s Great Society

On a May morning in 1964, President Johnson laid out a sweeping vision for a package of domestic reforms known as the Great Society. Speaking before that year’s graduates of the University of Michigan, Johnson called for “an end to poverty and racial injustice” and challenged both the graduates and American people to “enrich and elevate our national life, and to advance the quality of our American civilization.” At its heart, he promised, the Great Society would uplift racially and economically



disfranchised Americans, too long denied access to federal guarantees of equal democratic and economic opportunity, while simultaneously raising all Americans' standards and quality of life.¹²

The Great Society's legislation was breathtaking in scope, and many of its programs and agencies are still with us today. Most importantly, the Civil Rights Act of 1964 and the Voting Rights Act of 1965 codified federal support for many of the civil rights movement's goals by prohibiting job discrimination, abolishing the segregation of public accommodations, and providing vigorous federal oversight of southern states' election laws in order to guarantee minority access to the ballot. Ninety years after Reconstruction, these measures effectively ended Jim Crow.

In addition to civil rights, the Great Society took on a range of quality-of-life concerns that seemed suddenly solvable in a society of such affluence. It established the first federal food stamp program. Medicare and Medicaid would ensure access to quality medical care for the aged and poor. In 1965, the Elementary and Secondary Education Act was the first sustained and significant federal investment in public education, totaling more than \$1 billion. Significant funds were poured into colleges and universities. The Great Society also established the National

Five leaders of the civil rights movement in 1965.

From left: Bayard Rustin, Andrew Young, William Ryan, James Farmer, and John Lewis. Library of Congress.

Endowment for the Arts and the National Endowment for the Humanities, federal investments in arts and letters that fund American cultural expression to this day.

While these programs persisted and even thrived, in the years immediately following this flurry of legislative activity, the national conversation surrounding Johnson's domestic agenda largely focused on the \$3 billion spent on War on Poverty programming within the Great Society's Economic Opportunity Act (EOA) of 1964. No EOA program was more controversial than Community Action, considered the cornerstone antipoverty program. Johnson's antipoverty planners felt that the key to uplifting disfranchised and impoverished Americans was involving poor and marginalized citizens in the actual administration of poverty programs, what they called "maximum feasible participation." Community Action Programs would give disfranchised Americans a seat at the table in planning and executing federally funded programs that were meant to benefit them—a significant sea change in the nation's efforts to confront poverty, which had historically relied on local political and business elites or charitable organizations for administration.¹³

In fact, Johnson himself had never conceived of poor Americans running their own poverty programs. While the president's rhetoric offered a stirring vision of the future, he had singularly old-school notions for how his poverty policies would work. In contrast to "maximum feasible participation," the president imagined a second New Deal: local elite-run public works camps that would instill masculine virtues in unemployed young men. Community Action almost entirely bypassed local administrations and sought to build grassroots civil rights and community advocacy organizations, many of which had originated in the broader civil rights movement. Despite widespread support for most Great Society programs, the War on Poverty increasingly became the focal point of domestic criticisms from the left and right. On the left, frustrated Americans recognized the president's resistance to further empowering poor minority communities and also assailed the growing war in Vietnam, the cost of which undercut domestic poverty spending. As racial unrest and violence swept across urban centers, critics from the right lambasted federal spending for "unworthy" citizens.

Johnson had secured a series of meaningful civil rights laws, but then things began to stall. Days after the ratification of the Voting Rights Act, race riots broke out in the Watts neighborhood of Los Angeles. Rioting in Watts stemmed from local African American frustrations with residential

