DOB: ▆▆▆▆▆▆ **Diabetes:** Type 1

Time columns: 12A · 1 · 2 · 3 · 4 · 5 · 6A · 7 · 8 · 9 · 10 · 11 · 12P · 1 · 2 · 3 · 4 · 5 · 6P · 7 · 8 · 9 · 10 · 11
Periods: MORNING | AFTERNOON | EVENING | NIGHT

SUN 11/14
- BG: 74 (2A), 77 (10A), 75 (12P), 73 * (6P)
- Carbs: 14, 28, 56, 17, 54, 6
- Bolus: 0.70↓, 2.35↓, 2.20↓, 0.25
- Basal: 0.65

DAILY TOTALS	
BG (5):	74 mg/dL
Carbs:	175.0 g
Bolus:	5.5 U (27%)
Basal:	14.9 U (73%)

SAT 11/13
- Carbs: 9 (2A)
- BG: 81 (11A), 83 (12P), 66 * (6P)
- Carbs: 17, 48, 56
- Bolus: 2.05↓, 2.15↓
- Basal: 0.65

DAILY TOTALS	
BG (4):	74 mg/dL
Carbs:	130.0 g
Bolus:	4.2 U (23%)
Basal:	14.2 U (77%)

FRI 11/12
- BG: 76 (12A), 84 (8A), 141 (11A), 72 (12P), 63 (4P), 101 (6P), 86 (11P)
- Carbs: 13, 17, 5, 45, 9, 9, 49
- Bolus: 0.00, 0.30↓, 1.60↓, 2.45↓
- Basal: 0.65

DAILY TOTALS	
BG (7):	89 mg/dL
Carbs:	147.0 g
Bolus:	4.4 U (22%)
Basal:	15.6 U (78%)

THU 11/11
- BG: 87 (12A), 76 (10A), 115 (12P), 83 (4P), 70 (5P), 69 (10P), 102 (11P)
- Carbs: 12, 12, 58, 58, 13
- Bolus: 0.00, 3.30↓, 2.40↓, 0.00
- Basal: 0.65

DAILY TOTALS	
BG (7):	86 mg/dL
Carbs:	153.0 g
Bolus:	5.7 U (27%)
Basal:	15.5 U (73%)

WED 11/10
- BG: 75 (12A), 113 (2A), 76 (10A), 91 * (12P), 74 (2P), 103 (3P), 102 (6P), 84 (9P)
- Carbs: 20, 16, 13, 64, 18, 62, 14
- Bolus: 0.00, 3.00↓, 3.20↓, 0.05↓
- Basal: 0.49, 0.7, 0.65

DAILY TOTALS	
BG (9):	89 mg/dL
Carbs:	207.0 g
Bolus:	6.3 U (30%)
Basal:	14.8 U (70%)

TUE 11/9
- BG: 75 (12A), 70 (8A), 95 * (10A), 83 (12P), 85 (2P), 81 * (6P), 69 (7P), 79 * (9P), 109 (11P)
- Carbs: 14, 29, 30, 52, 4, 54, 13, 4, 12
- Bolus: 0.90↓, 0.00, 2.70↓, 2.10↓
- Basal: 0.8, 0.75, 0.56, 0.7, 0.7, 0.49

DAILY TOTALS	
BG (12):	82 mg/dL
Carbs:	212.0 g
Bolus:	5.7 U (26%)
Basal:	16.5 U (74%)

MON 11/8
- BG: 103 (12A), 79 (10A), 186 (11A), 96 (12P), 76 (4P), 96 (5P), 78 * (6P), 69 (8P)
- Carbs: 19, 18, 60, 15, 48, 16, 2
- Bolus: 5.0 (12P), 2.30↓
- Basal: 0.86

DAILY TOTALS	
BG (9):	95 mg/dL
Carbs:	178.0 g
Insulin - Other:	5.0 U
Bolus - Pump:	2.3 U (26%)
Basal - Pump:	6.7 U (74%)

AVG. MORNING (8AM - 12PM)
BG (11):	95 mg/dL	Carbs:	24 g
Insulin - Other:	0 U	SD:	36
Bolus:	0.3 U (12%)	Overrides:	17 %
TDD:	2.5 U		
Basal Rate:	2.2 U (88%)		

AVG. AFTERNOON (12PM - 6PM)
BG (23):	83 mg/dL	Carbs:	104 g
Insulin - Other:	5 U	SD:	12
Bolus - Pump:	3.9 U (55%)	Overrides:	0 %
TDD:	7.9 U		
Basal Rate:	3.3 U (45%)		

AVG. EVENING (6PM - 9PM)
BG (6):	76 mg/dL	Carbs:	26 g
Insulin - Other:	0 U	SD:	14
Bolus:	0.7 U (26%)	Overrides:	25 %
TDD:	2.7 U		
Basal Rate:	2 U (74%)		

AVG. NIGHT (9PM - 8AM)
BG (13):	87 mg/dL	Carbs:	21 g
Insulin - Other:	0 U	SD:	15
Bolus:	0 U (0%)	Overrides:	0 %
TDD:	6.6 U		
Basal Rate:	6.6 U (100%)		

7 DAY AVERAGE (NOV 8 - 14)
BG (53):	86 mg/dL	Carbs:	172 g
Insulin - Other:	5 U	SD:	20
Bolus - Pump:	4.9 U (26%)	Overrides:	8 %
TDD:	19.6 U		
Basal Rate:	14 U (74%)		

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Basal

● ● Basal Rate

○ → p. Basal Rate

↓ ↻ X

⊸ Basal Rate

╌╌┤ p. Basal Rate

◦◦

⚠ Pum

▭ Reservoir Fill

Other

▢ Carb

✳ Multiple Values (most extreme shown)

¹²³ Manual Values

Insulin

▢ Bolus

▢ Basal

▢ Premixed

▢ Custom

DOB: ▓▓▓▓▓▓▓ **Diabetes:** Type 1

Sun 11/14

2:03 AM
Food - 14.0 g carbs

11:05 AM
Note - Biked 3.44mi in 22 minutes, and 10 seconds with 149bpm average. Not testing BG to preserve test strips and I feel fine. Exercised medium.

3:19 PM
Food - 17.0 g carbs

4:06 PM
Note - Walked 1.62mi in 33 minutes, and 0 seconds with 104bpm average. Not testing BG to conserve test strips and I feel fine. Exercised light.

Sat 11/13

12:28 AM
Food - 9.0 g carbs

11:32 AM
Food - 17.0 g carbs

11:58 AM
Note - Biked 3.72mi in 18 minutes, and 52 seconds with 157bpm average. Exercised medium.

1:32 PM
Note - Bike ride for 3.36mi in 19 minutes, and 46 seconds with 146bpm average. Exercised medium.

Fri 11/12

12:41 AM
Note - Walked 4.41 miles (8,684 steps) in 1 hour, 23 minutes, and 54 seconds with a 108bpm average. Exercised light.

10:43 AM
Food - 5.4 g carbs

12:32 PM
Note - Walked (with intermittent jogging) 1.01mi in 14 minutes, and 20 seconds with 149bpm average.

4:45 PM
Food - 9.0 g carbs

5:58 PM
Food - 9.0 g carbs

5:58 PM
Note - Felt hungry which indicates low sugar.

Wed 11/10

12:42 AM
Food - 20.0 g carbs

2:19 AM
Food - 16.0 g carbs

3:52 AM
Note - Contacted Omnipod regarding a subtle clicking noise with the Eros Pod about every 15 minutes. Omnipod reports that is typical/expected behavior.

2:55 PM
Food - 18.0 g carbs

3:54 PM
Note - Cut lawn (walked) for 1.23 miles in 43 minutes, and 41 seconds with 120bpm average. Exercised medium.

Tue 11/9

1:05 AM
Food - 14.0 g carbs

10:18 AM
Food - 17.0 g carbs

10:18 AM
Note - Pre-exercise carbs

10:52 AM
Note - Biked 3.65mi in 26 minutes, and 30 seconds with 140bpm average. Exercised medium.

3:07 PM
Food - 4.2 g carbs

5:47 PM
Food - 10.0 g carbs

5:47 PM
Note - Insulin pump isn't exporting this bolus to Glooko

7:36 PM
Food - 13.0 g carbs

9:18 PM
Food - 4.2 g carbs

10:31 PM
Food - 1.9 g carbs

10:36 PM
Food - 10.0 g carbs

11:28 PM
Note - Omnipod Eros Pod beeped at me but PDM has no message and sugars are great.

Mon 11/8

12:32 AM
Food - 19.0 g carbs

10:16 AM
Food - 18.0 g carbs

12:28 PM
Note - Bicycle ride for 3.52mi in 21 minutes, and 12 seconds with 144bpm average. Exercised medium.

12:35 PM
Insulin - Humalog®, 5.0 units

12:43 PM
Food - 60.0 g carbs

3:23 PM
Food - 15.0 g carbs

8:08 PM
Food - 16.0 g carbs

11:58 PM
Food - 2.0 g carbs

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