











DOB: [REDACTED]

Sep 27, 2021 - Oct 3, 2021 (7 days)

<div><div></div><div>MORNING</div><div></div><div>AFTERNOON</div><div></div><div>EVENING</div><div></div><div>NIGHT</div></div>																									DAILY TOTALS		
12A	1	2	3	4	5	6A	7	8	9	10	11	12P	1	2	3	4	5	6P	7	8	9	10	11				
SUN 10/3			96								106						54 *		81			104	56 *		73	BG (9):	93 mg/dL
			18								60						32		66				32		25	Carbs:	233.0 g
											40.0*								5.0							Custom:	45 U
SAT 10/2		109		127						90			80				115			82						BG (6):	101 mg/dL
		13		8						60			63						59							Carbs:	203.0 g
										5.0			40.0*						5.0							Custom:	50 U
FRI 10/1	114		79				82			149			89				115	62		88			82			BG (9):	96 mg/dL
			24							62						60	26		58							Carbs:	230.0 g
										6.0					35.0	6.0			5.0							Custom:	52 U
THU 9/30			87							88		148		79				64	89			60 *	94		105	BG (10):	90 mg/dL
			20							59			59				20	60				23	5			Carbs:	246.0 g
										6.0			6.0		35.0				6.0							Custom:	53 U
WED 9/29			111								83		190		100							62			181	BG (6):	121 mg/dL
			4								60				61							65				Carbs:	190.0 g
											5.0				41.0*							6.0				Custom:	52 U
TUE 9/28	116	101								78			83	117		146			62				86		94	BG (9):	98 mg/dL
		5								60			15	60					60				15		18	Carbs:	233.0 g
										8.0				8.0		35.0			7.0							Custom:	58 U
MON 9/27	103									77	102		73	100		68		99			64	111 *		100		BG (11):	89 mg/dL
	1									59			15	60		20			59		17	18		4		Carbs:	253.0 g
										8.0				8.0		35.0			8.0							Custom:	59 U
AVG. MORNING (8AM - 12PM)					AVG. AFTERNOON (12PM - 6PM)					AVG. EVENING (6PM - 9PM)					AVG. NIGHT (9PM - 8AM)					7 DAY AVERAGE (SEP 27 - OCT 3)							
BG (12): 97 mg/dL Carbs: 64 g					BG (18): 99 mg/dL Carbs: 101 g					BG (10): 79 mg/dL Carbs: 48 g					BG (20): 102 mg/dL Carbs: 27 g					BG (60): 96 mg/dL Carbs: 227 g							
Custom: 11.1 U					Custom: 39 U					Custom: 6 U					TDD: 0.0 U					Custom: 52.7 U							
TDD: 11.1 U					TDD: 39.0 U					TDD: 2.6 U										TDD: 52.7 U							

Glucose		Other		Insulin	
 > 240	 Before Meal	 Carb		 Bolus	
 < 70	 After Meal	 Multiple Values (most extreme shown)		 Basal	
				 Premixed	
				 Custom	

DOB: [REDACTED] Diabetes: Type 1

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Sun 10/3

2:21 AM
Food - 18.0 g carbs

10:07 AM
Insulin - Lantus®, 35.0 units

10:52 AM
Insulin - Humalog®, 5.0 units

10:52 AM
Food - 60.0 g carbs

3:11 PM
Food - 32.0 g carbs

3:11 PM
Note - Exercised hard.

5:44 PM
Insulin - Humalog®, 5.0 units

5:44 PM
Food - 66.0 g carbs

9:26 PM
Food - 32.0 g carbs

9:26 PM
Note - Slow pace walk Exercised light.

11:50 PM
Food - 25.0 g carbs

Sat 10/2

1:51 AM
Food - 13.0 g carbs

3:58 AM
Food - 8.0 g carbs

8:10 AM
Insulin - Humalog®, 5.0 units

8:10 AM
Food - 60.0 g carbs

12:08 PM
Insulin - Lantus®, 35.0 units

12:46 PM
Insulin - Humalog®, 5.0 units

12:46 PM
Food - 63.0 g carbs

6:32 PM
Insulin - Humalog®, 5.0 units

6:32 PM
Food - 59.0 g carbs

Fri 10/1

2:15 AM
Food - 24.0 g carbs

8:02 AM
Insulin - Humalog®, 6.0 units

8:02 AM
Food - 62.0 g carbs

1:03 PM
Insulin - Lantus®, 35.0 units

2:56 PM
Insulin - Humalog®, 6.0 units

2:56 PM
Food - 60.0 g carbs

3:38 PM
Food - 26.0 g carbs

3:38 PM
Note - Exercised medium.

5:48 PM
Insulin - Humalog®, 5.0 units

5:48 PM
Food - 58.0 g carbs

Thu 9/30

2:26 AM
Food - 20.0 g carbs

8:06 AM
Insulin - Humalog®, 6.0 units

8:06 AM
Food - 59.0 g carbs

12:38 PM
Insulin - Humalog®, 6.0 units

12:38 PM
Food - 59.0 g carbs

2:16 PM
Insulin - Lantus®, 35.0 units

4:33 PM
Food - 20.0 g carbs

5:30 PM
Insulin - Humalog®, 6.0 units

5:30 PM
Food - 60.0 g carbs

8:17 PM
Food - 23.0 g carbs

9:32 PM
Food - 5.0 g carbs

Wed 9/29

2:26 AM
Food - 4.0 g carbs

10:04 AM
Insulin - Humalog®, 5.0 units

10:04 AM
Food - 60.0 g carbs

2:02 PM
Insulin - Lantus®, 35.0 units

2:53 PM
Insulin - Humalog®, 6.0 units

2:53 PM
Food - 61.0 g carbs

8:53 PM
Insulin - Humalog®, 6.0 units

8:53 PM
Food - 65.0 g carbs

8:53 PM
Note - I fell asleep and phone alarm didn't go off due to dead battery.

DOB: [REDACTED] Diabetes: Type 1

Sep 27, 2021 - Oct 3, 2021 (7 days)

Tue 9/28

1:48 AM
Food - 5.0 g carbs8:34 AM
Insulin - Humalog®, 8.0 units8:34 AM
Food - 60.0 g carbs11:31 AM
Food - 15.0 g carbs12:31 PM
Insulin - Humalog®, 8.0 units12:31 PM
Food - 60.0 g carbs2:47 PM
Insulin - Lantus®, 35.0 units6:28 PM
Insulin - Humalog®, 7.0 units6:28 PM
Food - 60.0 g carbs9:45 PM
Food - 15.0 g carbs11:44 PM
Food - 18.0 g carbs

Mon 9/27

12:51 AM
Food - 1.0 g carbs8:00 AM
Insulin - Humalog®, 8.0 units8:00 AM
Food - 59.0 g carbs9:41 AM
Note - Exercised light.11:34 AM
Food - 15.0 g carbs12:25 PM
Insulin - Humalog®, 8.0 units12:25 PM
Food - 60.0 g carbs2:14 PM
Insulin - Lantus®, 35.0 units2:44 PM
Food - 20.0 g carbs5:45 PM
Insulin - Humalog®, 8.0 units5:45 PM
Food - 59.0 g carbs7:40 PM
Food - 17.0 g carbs8:05 PM
Food - 17.0 g carbs8:36 PM
Food - 1.0 g carbs10:34 PM
Food - 4.0 g carbs