DOB: [redacted] **Diabetes:** Type 1

Time segments: MORNING · AFTERNOON · EVENING · NIGHT
Hour axis: 12A 1 2 3 4 5 6A 7 8 9 10 11 12P 1 2 3 4 5 6P 7 8 9 10 11

(Each cell shows, top to bottom: BG (mg/dL) / Carbs (g) / Insulin (U); green = in range, orange = low, gray = carbs, blue = insulin, * = override)

SUN 10/24

Time	BG	Carbs	Insulin
1A		15	
2A	90		
11A	73	8	27.0
12P		57	4.0
5P		23	
6P		56	5.0
9P		6	
10P		14	

Daily Totals: BG (2): 82 mg/dL · Carbs: 179.0 g · Insulin – Other: 36.0 U · Bolus – Pump: 0.0 U · Basal – Pump: 0.0 U

SAT 10/23

Time	BG	Carbs	Insulin
12A	73	9	
4A		19	
8A	68	11	27.0
12P	77	57	4.0
1P		4	
2P	96	4	
6P	81	61	4.0
7P	91		
11P	82		

Daily Totals: BG (7): 81 mg/dL · Carbs: 165.0 g · Insulin – Other: 35.0 U · Bolus – Pump: 0.0 U · Basal – Pump: 0.0 U

FRI 10/22

Time	BG	Carbs	Insulin
1A		18	
2A	86	27	
11A	83	11	27.0
1P		58	4.0
2P	69	12	
6P	66	61	4.0

Daily Totals: BG (4): 76 mg/dL · Carbs: 187.0 g · Insulin – Other: 35.0 U · Bolus – Pump: 0.0 U · Basal – Pump: 0.0 U

THU 10/21

Time	BG	Carbs	Insulin
1A		8	
8A	72	58	32.0*
12P	72		
1P		59	4.0
2P		6	
6P	86	59	4.0
9P	55	25	

Daily Totals: BG (4): 71 mg/dL · Carbs: 215.0 g · Insulin – Other: 40.0 U · Bolus – Pump: 0.0 U · Basal – Pump: 0.0 U

WED 10/20

Time	BG	Carbs	Insulin
12A	88	20	
2A	101		
8A	92		
9A		56	33.0*
1P	52	66	4.0
3P		17	
6P	105	68	5.0
8P	90		
9P		9	

Daily Totals: BG (6): 88 mg/dL · Carbs: 236.0 g · Insulin – Other: 42.0 U · Bolus – Pump: 0.0 U · Basal – Pump: 0.0 U

TUE 10/19

Time	BG	Carbs	Insulin
2A	70	23	
6A		7	
7A	73		28.0
8A		15	
11A		12	
12P	79		
1P		59	5.0
2P	61		
5P		12	
6P	88		
7P		61	5.0
8P		28	
9P	63	2	
10P		20	

Daily Totals: BG (6): 72 mg/dL · Carbs: 239.0 g · Insulin – Other: 38.0 U · Bolus – Pump: 0.0 U · Basal – Pump: 0.0 U

MON 10/18

Time	BG	Carbs	Insulin
8A	101	58	33.0*
9A	104		
12P	79		
1P		62	5.0
2P	65		
3P		16	
6P	73	64	5.0
8P	56		
9P		18	
11P		15	

Daily Totals: BG (6): 80 mg/dL · Carbs: 233.0 g · Insulin – Other: 43.0 U · Bolus – Pump: 0.0 U · Basal – Pump: 0.0 U

Averages

AVG. MORNING (8AM – 12PM)
BG (7): 85 mg/dL · Carbs: 33 g · Insulin – Other: 29.8 U · SD: 15 · Bolus – Pump: 0 U (0%) · Overrides: 0% · TDD: 25.6 U

AVG. AFTERNOON (12PM – 6PM)
BG (12): 76 mg/dL · Carbs: 83 g · Insulin – Other: 5 U · SD: 15 · Bolus – Pump: 0 U (0%) · Overrides: 0% · TDD: 5.0 U

AVG. EVENING (6PM – 9PM)
BG (7): 76 mg/dL · Carbs: 60 g · Insulin – Other: 4.5 U · SD: 14 · Bolus – Pump: 0 U (0%) · Overrides: 0% · TDD: 3.9 U

AVG. NIGHT (9PM – 8AM)
BG (9): 80 mg/dL · Carbs: 32 g · Insulin – Other: 28 U · SD: 14 · Bolus – Pump: 0 U (0%) · Overrides: 0% · TDD: 4.0 U

7 DAY AVERAGE (OCT 18 – 24)
BG (35): 79 mg/dL · Carbs: 208 g · Insulin – Other: 38.4 U · SD: 14 · Bolus – Pump: 0 U (0%) · Overrides: 0% · TDD: 38.4 U

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DOB: ████████ **Diabetes:** Type 1

Basal Rate: 0 U (0%)	**Basal Rate:** 0 U (0%)	**Basal Rate:** 0 U (0%)	**Basal Rate:** 0 U (0%)	**Basal Rate:** 0 U (0%)

Glucose
- ▮ Above Range (>240 mg/dL)
- ▮ In Target Range (70 - 240 mg/dL)
- ▮ Below Range (<70 mg/dL)

- ● Before Meal
- ○ After Meal

Bolus
- ↕ Override
- → Extended Bolus
- ↓ Correction Bolus

Basal
- ⊣ Basal Rate
- ⊣ Temp. Basal Rate
- ○○ Suspend

- ↻ Set/Site Change
- ⚠ Pump Alarm
- ▭ Reservoir Fill

- X Interruption

Other
- ▮ Carb
- ✳ Multiple Values (most extreme shown)
- *123* Manual Values

Insulin
- ▮ Bolus
- ▮ Basal
- ▮ Premixed
- ▮ Custom

DOB: ████████ **Diabetes:** Type 1

Sun 10/24

1:10 AM
Food - 15.0 g carbs

11:22 AM
Insulin - Lantus®, 27.0 units

11:22 AM
Note - Overslept resulting in Lantus injection late.

11:34 AM
Food - 8.0 g carbs

1:07 PM
Insulin - Humalog®, 4.0 units

1:07 PM
Food - 57.0 g carbs

5:23 PM
Food - 23.0 g carbs

5:23 PM
Note - Misread serving size because different product brand

6:17 PM
Insulin - Humalog®, 5.0 units

6:17 PM
Food - 56.0 g carbs

8:28 PM
Food - 6.0 g carbs

8:28 PM
Note - Hungry

9:14 PM
Food - 14.0 g carbs

Sat 10/23

12:59 AM
Food - 9.0 g carbs

12:59 AM
Note - Woke up from hunger.

4:06 AM
Food - 19.0 g carbs

4:06 AM
Note - Felt hungry

8:16 AM
Insulin - Lantus®, 27.0 units

8:19 AM
Food - 10.5 g carbs

8:19 AM
Note - I don't feel well enough to eat breakfast. Eating enough to raise blood sugar and going back to bed.

1:12 PM
Insulin - Humalog®, 4.0 units

1:12 PM
Food - 57.0 g carbs

2:58 PM
Food - 4.0 g carbs

3:00 PM
Food - 4.0 g carbs

6:30 PM
Insulin - Humalog®, 4.0 units

6:30 PM
Food - 52.0 g carbs

6:47 PM
Food - 9.0 g carbs

7:36 PM
Note - Bicycle ride for 3.14mi in 19 minutes, 41 seconds with 136bpm average. Exercised medium.

Fri 10/22

12:09 AM
Food - 18.0 g carbs

2:25 AM
Food - 27.0 g carbs

2:25 AM
Note - Walked 5.24mi in 2 hours and 6 minutes with unknown bpm average. Exercised light.

10:47 AM
Insulin - Lantus®, 27.0 units

10:47 AM
Food - 10.5 g carbs

10:47 AM
Note - Overslept and am late on Lantus, missed a meal too.

12:33 PM
Insulin - Humalog®, 4.0 units

12:33 PM
Food - 58.0 g carbs

2:41 PM
Note - Bicycle ride for 3.05mi for 21 minutes, 1 second with a 126bpm average. Exercised medium.

2:51 PM
Food - 12.0 g carbs

6:15 PM
Insulin - Humalog®, 4.0 units

6:15 PM
Food - 61.0 g carbs

Thu 10/21

1:01 AM
Food - 8.0 g carbs

8:42 AM
Insulin - Lantus®, 28.0 units

8:47 AM
Insulin - Humalog®, 4.0 units

8:47 AM
Food - 58.0 g carbs

1:07 PM
Insulin - Humalog®, 4.0 units

1:07 PM
Food - 59.0 g carbs

2:56 PM
Food - 6.0 g carbs

6:37 PM
Insulin - Humalog®, 4.0 units

6:37 PM
Food - 59.0 g carbs

9:02 PM
Note - No symptoms

9:12 PM
Food - 25.0 g carbs

DOB: ▓▓▓▓▓▓▓ **Diabetes:** Type 1

Wed 10/20

12:05 AM
Note - Pleasure walk for 4.04mi with 120bpm average for 1 hour, 21 minutes, and 32 seconds. Exercised light.

12:16 AM
Food - 20.0 g carbs

9:01 AM
Insulin - Lantus®, 28.0 units

9:05 AM
Insulin - Humalog®, 5.0 units

9:05 AM
Food - 56.0 g carbs

12:33 PM
Note - No symptoms

12:38 PM
Food - 13.0 g carbs

12:49 PM
Insulin - Humalog®, 4.0 units

12:49 PM
Food - 53.0 g carbs

3:24 PM
Food - 17.0 g carbs

5:05 PM
Food - 6.0 g carbs

5:47 PM
Insulin - Humalog®, 5.0 units

5:47 PM
Food - 62.0 g carbs

8:37 PM
Food - 9.0 g carbs

9:02 PM
Note - Walked 0.37mi in 6 minutes, 31 seconds with 110bpm and then it started to rain. Then jogged 0.28mi in 3 minutes, 46 seconds with 160bpm average. Not checking BG because didn't exercise enough to be concerned. Exercised medium.

Tue 10/19

2:16 AM
Food - 23.0 g carbs

6:08 AM
Food - 6.7 g carbs

7:56 AM
Insulin - Lantus®, 28.0 units

8:00 AM
Food - 15.0 g carbs

11:24 AM
Food - 12.0 g carbs

12:12 PM
Note - Bicycle ride of 3.14mi with 151bpm average for 18min and 48 seconds Exercised medium.

12:30 PM
Insulin - Humalog®, 5.0 units

12:30 PM
Food - 59.0 g carbs

4:00 PM
Food - 4.0 g carbs

4:02 PM
Food - 8.0 g carbs

6:10 PM
Insulin - Humalog®, 5.0 units

6:10 PM
Food - 61.0 g carbs

8:23 PM
Food - 28.0 g carbs

9:11 PM
Food - 2.2 g carbs

10:31 PM
Food - 20.0 g carbs

Mon 10/18

8:25 AM
Insulin - Lantus®, 28.0 units

8:32 AM
Insulin - Humalog®, 5.0 units

8:32 AM
Food - 58.0 g carbs

12:42 PM
Note - Bicycle ride of 3.02mi with 135bpm average for 19 minutes Exercised medium.

1:03 PM
Insulin - Humalog®, 5.0 units

1:03 PM
Food - 62.0 g carbs

3:35 PM
Note - Walked 4.97mi with 137bpm average for 1 hour, 26 minutes. Exercised medium.

3:37 PM
Food - 16.0 g carbs

6:04 PM
Insulin - Humalog®, 5.0 units

6:04 PM
Food - 64.0 g carbs

8:15 PM
Note - No symptoms

8:23 PM
Food - 18.0 g carbs

10:22 PM
Food - 15.0 g carbs