

Nov 15, 2021 - Nov 21, 2021 (7 days) Today: November 22, 2021

Glucose - Time In Range

| ■ 0% Very High > 250 mg/dL |
|--|
| ■ 0% High 181-250 mg/dL |
| ■ 79% Target Range 70-180 mg/dL |
| ■ 16% Low 54-69 mg/dL |
| ■ 5% Very Low < 54 mg/dL |

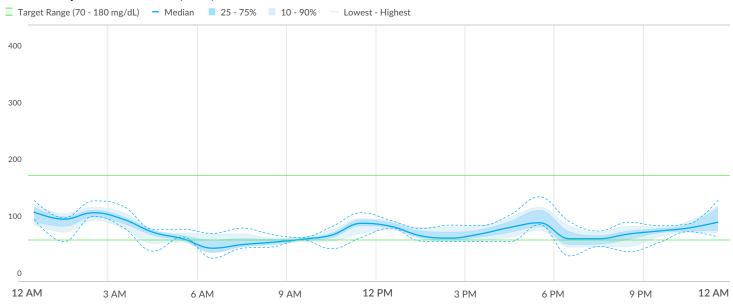
Summary

GMI

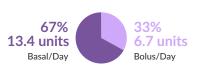
| N/A |
|-------------------|
| Average |
| 86 mg/dL |
| % Time CGM Active |
| 100% (1 days) |

| SD | 22 mg/dL |
|----------|-------------------|
| CV | 25.4% |
| Median | 83 mg/dL |
| Highest, | _143 mg/dL |
| Lowest | LO mg/dL |

Ambulatory Glucose Profile (AGP)



Insulin



20.1 units Daily Dose Overrides (%) _ _ _ _ 3.8% (1 boluses)

Bolus/Day____ 3.7

Diet

| Carbs/Day | 185.6 g |
|-------------|----------------|
| Entries/Dav | 5.7 |

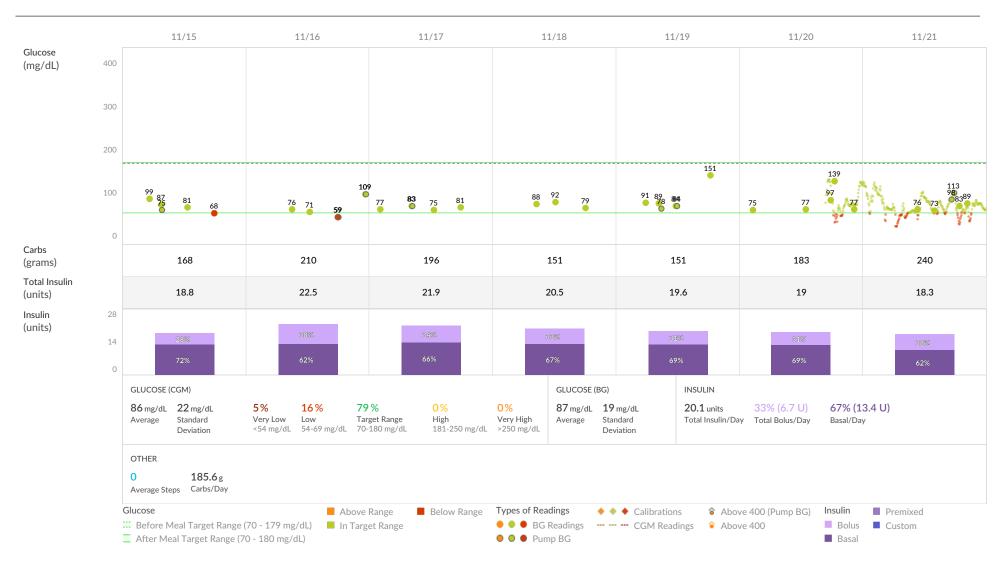
Fitness

| Duration/Day | 35 min |
|----------------|------------------|
| Calories/Day | 166.6 cal |
| Miles/Day | 5mi |
| Kilometers/Dav | 8.1km |

Comments

Nov 15, 2021 - Nov 21, 2021 (7 days)

DOB:

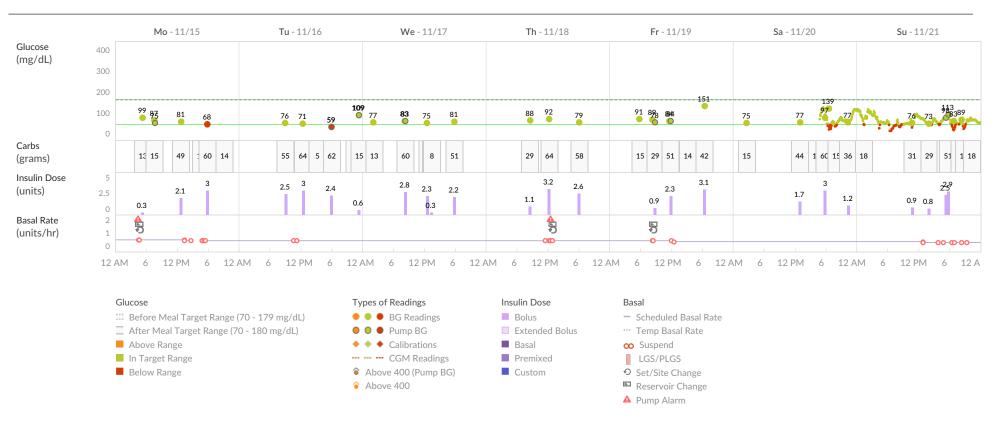


Nov 15, 2021 - Nov 21, 2021 (7 days)

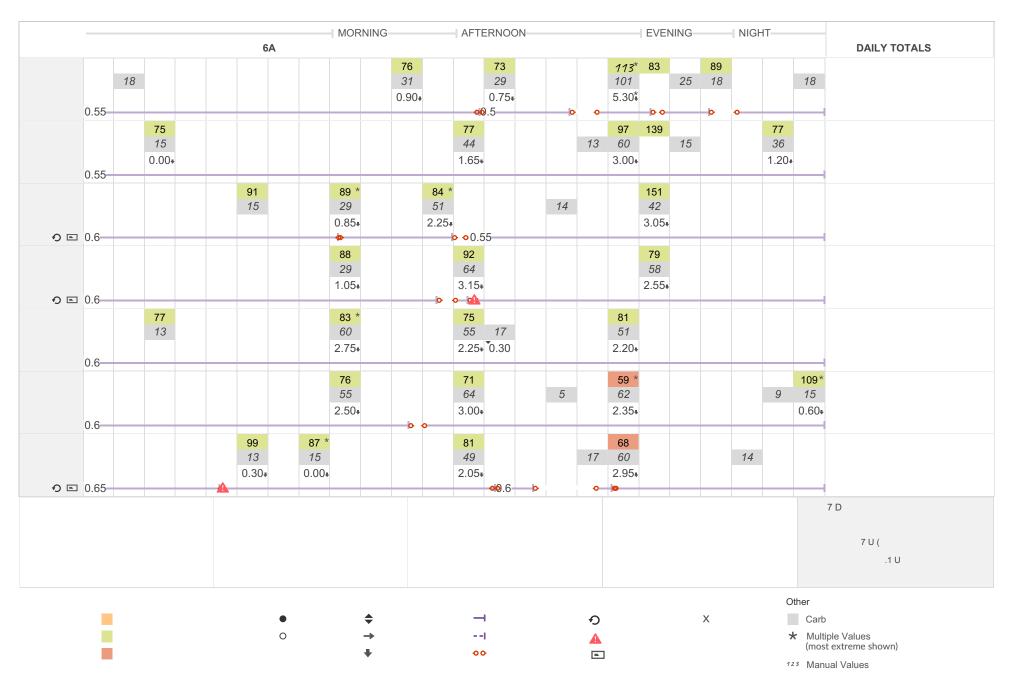
DOB:







Nov 15, 2021 - Nov 21, 2021 (7 days)



DOB:

Diabetes: Type 1

Nov 15, 2021 - Nov 21, 2021 (7 days)

Sun 11/21

1:21 AM

Food - 18.0 g carbs

6:20 AM

Note - Compression low

6:46 PM

Note - (Casual) Biked 1.24mi in 18 minutes, and 47 seconds with 86bpm average.

7:52 PM

Food - 25.0 g carbs

8:24 PM

Note - Biked 2.51mi in 15 minutes, 54 seconds with 130bpm average. Disappointed not 3mi but Dexcom said I was approaching urgent low (I feel

fine). Exercised medium.

8:43 PM

Food - 18.0 g carbs

8:43 PM

Note - I feel fine but Dexcom is shouting that I'm

50mg/dL

11:53 PM

Food - 18.0 g carbs

Sat 11/20

2:37 AM

Note - Fitness tracker warned me that my heartbeat jumped to 100bpm (and that I should start tracking before exercising to ensure accurate reporting). Honestly wasn't expecting that and my BG was only 75mg/dL. Only noting because after eating my heart rate is back to resting. Weird.

Note - Biked 4.39mi in 26 minutes, 34 seconds with 143bpm average. Exercised medium.

4:13 PM

Food - 13.0 g carbs

7:58 PM

Food - 15.0 g carbs

Fri 11/19

5:53 AM

Food - 15.0 g carbs

3:09 PM

Food - 14.0 g carbs

3:17 PM

Note - Biked 2.71mi in 17 minutes, and 49 seconds with 140bpm average. Exercised medium.

4:21 PM

Note - Biked 3.29mi in 22 minutes, and 20 seconds with 144bpm average. Exercised medium.

Thu 11/18

12:20 PM

Note - Biked 3.57 mi in 22 minutes, 39 seconds with 139bpm average. Exercised medium.

Wed 11/17

2:10 AM

Food - 13.0 g carbs

1:16 PM

Food - 9.3 g carbs

1:16 PM

Note - Was going to exercise but my bicycle is currently gone. No exercise possible right now, will get my bicycle back later today.

Note - Biked 4.26mi in 25 minutes, and 2 seconds

with 154bpm average.

Tue 11/16

11:09 AM

Note - Biked 3.92mi in 25 minutes, and 54 seconds with 147bp average. Not testing BG as I feel fine. Exercised medium.

3:11 PM

Food - 5.0 g carbs

Note - No idea why Strava just spammed events. No such event spam in Strava activity logbook.

10:25 PM

Food - 8.8 g carbs

Nov 15, 2021 - Nov 21, 2021 (7 days)

Mon 11/15

DOB:

3:55 PM

Note - Biked ~2.9mi in ~19 minutes with a reported 116bpm average. Exercised medium.

4:34 PM

Note - Biked ~2.8mi in ~19 minutes, with 155bpm. Exercised medium.

4:36 PM

Food - 17.0 g carbs

4:58 PM

Note - Biked ~2.5mi in ~20 minutes with 155bpm average. I feel fine so I'm not wasting a BG test. I forgot to disable fitness tracking so all numbers are approximate. Exercised medium.

5:23 PM

Note - Biked 1.54mi in 14 minutes, and 20 seconds with 107bpm average. Not testing sugar because I feel fine and so close to mealtime which needs testing.

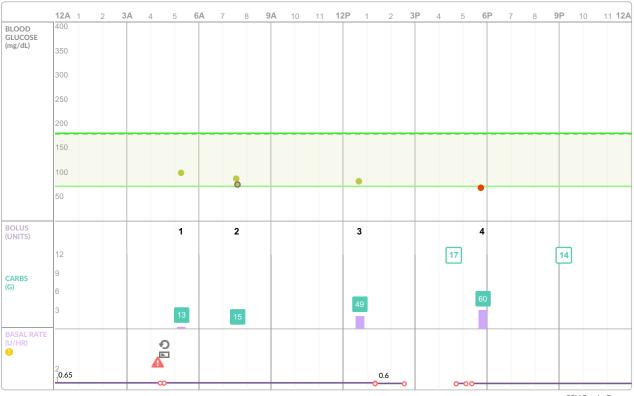
9:11 PM

Food - 14.0 g carbs



Daily Overview

Nov 15, 2021



CGM Data by Dexcom

Boluses

Types of Readings

Boluses Table only shows top 10 bolus events for the day

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|--------|--------|---------|--------|---|---|---|---|---|----|
| | 5:16 a | 7:30 a | 12:41 p | 5:49 p | | | | | | |
| Bolus Delivered | 0.3 | 0 | 2.05 | 2.95 | - | - | - | - | - | - |
| Suggested | 0.3 | 0 | 2.05 | 2.95 | - | - | - | - | - | - |
| MEAL | 0.75 | 0.85 | 2.85 | 4 | - | - | - | - | - | - |
| Correction | -0.45 | -0.9 | -0.8 | -1.05 | - | - | - | - | - | - |
| Insulin On Board | 0 | 0.15 | 0 | 0 | - | - | - | - | - | - |
| Initial | - | - | - | - | - | - | - | - | - | - |
| Extended | - | - | - | - | - | - | - | - | - | - |
| Duration | - | - | - | - | - | - | - | - | - | - |

| Belo | w Target | | Before Meal Upper |
|------------------------|----------------|---|---------------------------------------|
| In Ra | inge | | Limit: 179 |
| Abov | ve Target | _ | After Meal Upper Limit: 180 |
| O Pum | p Meter | | Normal Glucose: 70 |
| Abov | ve 400 | | Target Range: 70 - 180 |
| Pum | p BG Above 400 | _ | Interrupted |

Glucose

Undelivered

displayed

The basal segment in progress at the time of download is not

Insulin Dose

Basal

Premixed

Custom

Carbs







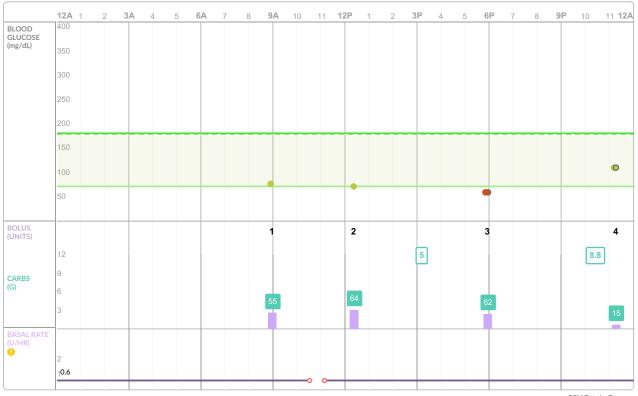
Temp Basal Set and/or Site Change oo Suspend

LGS/PLGS

| | NOV 15 | NOV 15 - NOV 21 |
|---------------------|----------|--------------------|
| Avg. BG | 82 | 87 |
| Median BG | 81 | 83 |
| BG Readings | 5 | 36 |
| Avg. CGM | 0 | 86 |
| Median CGM | 0 | 83 |
| % CGM Very High | 0% | 0% |
| % CGM High | 0% | 0% |
| % CGM Target Range | 0% | 80% |
| % CGM Low | 0% | 15% |
| % CGM Very Low | 0% | 5% |
| Total Daily Bolus | 5.3 u | 6.7 u |
| Total Daily Basal | 13.5 u | 13.4 u |
| Total Daily Insulin | 18.8 u | 20.1 u |
| # of Boluses | 4 | 3.7 |
| Avg. Bolus | 1.3 u | 1.8 u |
| # Corr. Bolus | 100% (4) | 97% (3.6) |

Daily Overview

Nov 16, 2021



CGM Data by Dexcom

Boluses

Types of Readings

Boluses Table only shows top 10 bolus events for the day

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|--------|---------|--------|---------|---|---|---|---|---|----|
| | 8:59 a | 12:23 p | 5:57 p | 11:17 p | | | | | | |
| Bolus Delivered | 2.5 | 3 | 2.35 | 0.6 | - | - | - | - | - | - |
| Suggested | 2.5 | 3 | 2.35 | 0.6 | - | - | - | - | - | - |
| MEAL | 3.4 | 4 | 3.6 | 0.85 | - | - | - | - | - | - |
| Correction | -0.9 | -1 | -1.25 | -0.25 | - | - | - | - | - | - |
| Insulin On Board | 0 | 0.4 | 0 | 0 | - | - | - | - | - | - |
| Initial | - | - | - | - | - | - | - | - | - | - |
| Extended | - | - | - | - | - | - | - | - | - | - |
| Duration | - | - | - | - | - | - | - | - | - | - |
| | | | | | | | | | | |

| ,, | 0 | |
|-------------------------------|---------|--|
| Below Targe | t | Before Meal Upper Limit: 179 |
| In Range | | LIIIIL. 1/7 |
| Above Targe | et | After Meal Upper Limit: 180 |
| O Pump Meter | | Normal Glucose: 70 |
| Above 400 | | Target Range: 70 - 180 |
| Pump BG Ab | ove 400 | Interrupted |
| | | Undelivered |
| | • | The basal segment in progress at the time of download is not |

Glucose

displayed

Insulin Dose

Basal A Pump Alert

Reservoir Fill

Basal Rate

Temp Basal

Set and/or Site Change

oo Suspend

LGS/PLGS

Override Extended Bolus

Combo Bolus Bolus Delivered

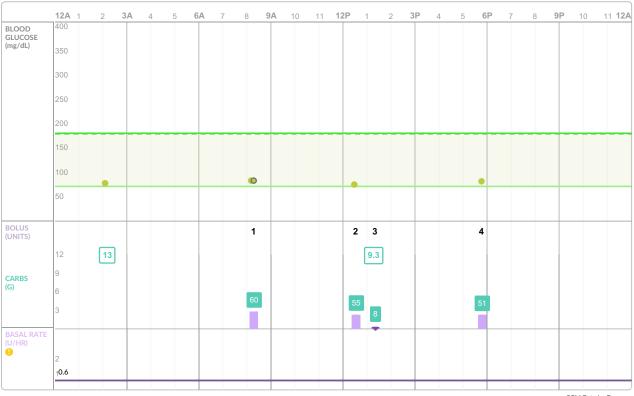
Basal Premixed

Custom Carbs

| | NOV 16 | NOV 15 - NOV 21 |
|---------------------|----------|--------------------|
| Avg. BG | 81 | 87 |
| Median BG | 74 | 83 |
| BG Readings | 6 | 36 |
| Avg. CGM | 0 | 86 |
| Median CGM | 0 | 83 |
| % CGM Very High | 0% | 0% |
| % CGM High | 0% | 0% |
| % CGM Target Range | 0% | 80% |
| % CGM Low | 0% | 15% |
| % CGM Very Low | 0% | 5% |
| Total Daily Bolus | 8.5 u | 6.7 u |
| Total Daily Basal | 14 u | 13.4 u |
| Total Daily Insulin | 22.5 u | 20.1 u |
| # of Boluses | 4 | 3.7 |
| Avg. Bolus | 2.1 u | 1.8 u |
| # Corr. Bolus | 100% (4) | 97% (3.6) |

Daily Overview

Nov 17, 2021



CGM Data by Dexcom

Boluses

Types of Readings

Boluses Table only shows top 10 bolus events for the day

A Pump Alert

Reservoir Fill

Basal Rate

Temp Basal

Set and/or Site Change

oo Suspend

LGS/PLGS

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|--------|---------|--------|-------|---|---|---|---|---|----|
| | 8:17 a | 12:32 p | 1:20 p | 5:4/p | | | | | | |
| Bolus Delivered | 2.75 | 2.25 | 0.3 | 2.2 | - | - | - | - | - | - |
| Suggested | 2.75 | 2.25 | 0.45 | 2.2 | - | - | - | - | - | - |
| MEAL | 3.5 | 3.2 | 0.45 | 3 | - | - | - | - | - | - |
| Correction | -0.75 | -0.95 | 0 | -0.8 | - | - | - | - | - | - |
| Insulin On Board | 0 | 0 | 0 | 0 | - | - | - | - | - | - |
| Initial | - | - | - | - | - | - | - | - | - | - |
| Extended | - | - | - | - | - | - | - | - | - | - |
| Duration | - | - | - | - | - | - | - | - | - | - |
| | | | | | | | | | | |

| • | Below Target | | Before Meal Upper Limit: 179 |
|----|--------------------------------|---|--|
| • | In Range Above Target | _ | After Meal Upper Limit: 180 |
| _ | Pump Meter | _ | Normal Glucose: 70 |
| Τ. | Above 400 Pump BG Above 400 | | Target Range: 70 - 180 Interrupted |
| | | | Undelivered |
| | | • | The basal segment in progress at the time of download is not |

displayed

Glucose

Insulin Dose Basal

Override Extended Bolus

Combo Bolus Bolus Delivered

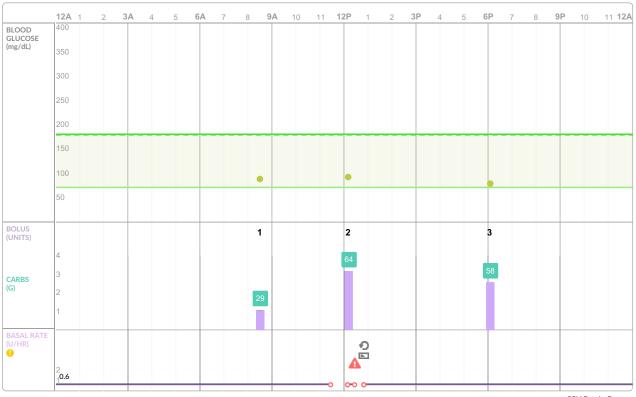
Basal Premixed

Custom Carbs

| | NOV 17 | NOV 15 - NOV 21 |
|---------------------|---------|--------------------|
| Avg. BG | 80 | 87 |
| Median BG | 81 | 83 |
| BG Readings | 5 | 36 |
| Avg. CGM | 0 | 86 |
| Median CGM | 0 | 83 |
| % CGM Very High | 0% | 0% |
| % CGM High | 0% | 0% |
| % CGM Target Range | 0% | 80% |
| % CGM Low | 0% | 15% |
| % CGM Very Low | 0% | 5% |
| Total Daily Bolus | 7.5 u | 6.7 u |
| Total Daily Basal | 14.4 u | 13.4 u |
| Total Daily Insulin | 21.9 u | 20.1 u |
| # of Boluses | 4 | 3.7 |
| Avg. Bolus | 1.9 u | 1.8 u |
| # Corr. Bolus | 75% (3) | 97% (3.6) |

Daily Overview

Nov 18, 2021



CGM Data by Dexcom

Boluses

Boluses Table only shows top 10 bolus events for the day

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|--------|---------|--------|---|---|---|---|---|---|----|
| | 8:30 a | 12:12 p | 6:05 p | | | | | | | |
| Bolus Delivered | 1.05 | 3.15 | 2.55 | - | - | - | - | - | - | - |
| Suggested | 1.05 | 3.15 | 2.55 | - | - | - | - | - | - | - |
| MEAL | 1.7 | 3.75 | 3.4 | - | - | - | - | - | - | - |
| Correction | -0.65 | -0.6 | -0.85 | - | - | - | - | - | - | - |
| Insulin On Board | 0 | 0.1 | 0 | - | - | - | - | - | - | - |
| Initial | - | - | - | - | - | - | - | - | - | - |
| Extended | - | - | - | - | - | - | - | - | - | - |
| Duration | - | - | - | - | - | - | - | - | - | - |

| Ту | pes of Readings |
|----|-----------------|
| • | Below Target |
| | In Range |
| • | Above Target |
| | |



Glucose



Normal Glucose: 70 Target Range: 70 - 180 Interrupted

Undelivered The basal segment in progress at the time of download is not displayed

Insulin Dose



Basal A Pump Alert

Reservoir Fill

Basal Rate

Temp Basal

Set and/or Site Change

oo Suspend

LGS/PLGS

Combo Bolus Bolus Delivered

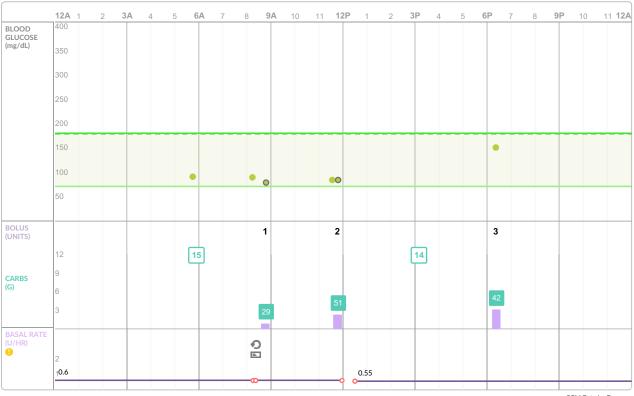
Basal Premixed Custom

Carbs

| | NOV 18 | NOV 15 - NOV 21 |
|---------------------|----------|--------------------|
| Avg. BG | 86 | 87 |
| Median BG | 88 | 83 |
| BG Readings | 3 | 36 |
| Avg. CGM | 0 | 86 |
| Median CGM | 0 | 83 |
| % CGM Very High | 0% | 0% |
| % CGM High | 0% | 0% |
| % CGM Target Range | 0% | 80% |
| % CGM Low | 0% | 15% |
| % CGM Very Low | 0% | 5% |
| Total Daily Bolus | 6.8 u | 6.7 u |
| Total Daily Basal | 13.8 u | 13.4 u |
| Total Daily Insulin | 20.5 u | 20.1 u |
| # of Boluses | 3 | 3.7 |
| Avg. Bolus | 2.3 u | 1.8 u |
| # Corr. Bolus | 100% (3) | 97% (3.6) |

Daily Overview

Nov 19, 2021



CGM Data by Dexcom

Boluses

Boluses Table only shows top 10 bolus events for the day

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|--------|---------|--------|---|---|---|---|---|---|----|
| | 8:47 a | 11:47 a | 6:23 p | | | | | | | |
| Bolus Delivered | 0.85 | 2.25 | 3.05 | - | - | - | - | - | - | - |
| Suggested | 0.85 | 2.25 | 3.05 | - | - | - | - | - | - | - |
| MEAL | 1.7 | 3 | 2.45 | - | - | - | - | - | - | - |
| Correction | -0.85 | -0.75 | 0.6 | - | - | - | - | - | - | - |
| Insulin On Board | 0 | 0.25 | 0 | - | - | - | - | - | - | - |
| Initial | - | - | - | - | - | - | - | - | - | - |
| Extended | - | - | - | - | - | - | - | - | - | - |
| Duration | - | - | - | - | - | - | - | - | - | - |

| Ту | pes of Readings |
|----|-----------------|
| • | Below Target |
| | In Range |

Above Target



O Pump Meter Above 400 Pump BG Above 400

Insulin Dose Glucose -- Before Meal Upper Override

Limit: 179

Interrupted

Undelivered

— After Meal Upper

Normal Glucose: 70

Target Range: 70 - 180

 The basal segment in progress at the time of download is not displayed

Extended Bolus

Combo Bolus Bolus Delivered Basal

Premixed Custom Carbs

Basal

A Pump Alert

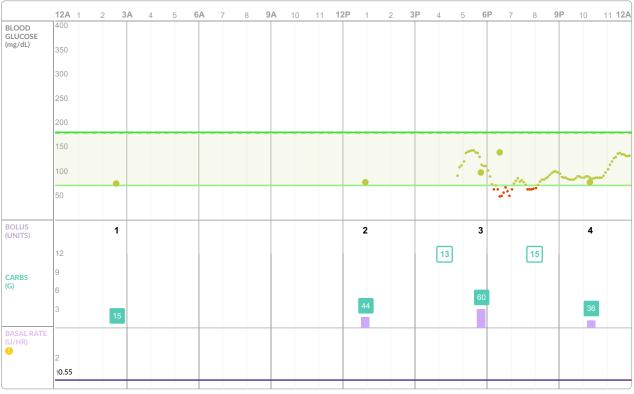
Reservoir Fill Basal Rate Temp Basal

Set and/or Site Change oo Suspend LGS/PLGS

| | NOV 19 | NOV 15 - NOV 21 |
|---------------------|----------|--------------------|
| Avg. BG | 96 | 87 |
| Median BG | 87 | 83 |
| BG Readings | 6 | 36 |
| Avg. CGM | 0 | 86 |
| Median CGM | 0 | 83 |
| % CGM Very High | 0% | 0% |
| % CGM High | 0% | 0% |
| % CGM Target Range | 0% | 80% |
| % CGM Low | 0% | 15% |
| % CGM Very Low | 0% | 5% |
| Total Daily Bolus | 6.2 u | 6.7 u |
| Total Daily Basal | 13.5 u | 13.4 u |
| Total Daily Insulin | 19.6 u | 20.1 u |
| # of Boluses | 3 | 3.7 |
| Avg. Bolus | 2.1 u | 1.8 u |
| # Corr. Bolus | 100% (3) | 97% (3.6) |

Daily Overview

Nov 20, 2021



CGM Data by Dexcom

Boluses

Boluses Table only shows top 10 bolus events for the day

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|--------|---------|--------|---------|---|---|---|---|---|----|
| | 2:35 a | 12:56 p | 5:45 p | 10:19 p | | | | | | |
| Bolus Delivered | 0 | 1.65 | 3 | 1.2 | - | - | - | - | - | - |
| Suggested | 0 | 1.65 | 3 | 1.2 | - | - | - | - | - | - |
| MEAL | 0.85 | 2.55 | 3.5 | 2.1 | - | - | - | - | - | - |
| Correction | -0.9 | -0.9 | -0.5 | -0.9 | - | - | - | - | - | - |
| Insulin On Board | 0 | 0 | 0 | 0 | - | - | - | - | - | - |
| Initial | - | - | - | - | - | - | - | - | - | - |
| Extended | - | - | - | - | - | - | - | - | - | - |
| Duration | - | - | - | - | - | - | - | - | - | - |

| Types of Readings | Glucose | | | | |
|--------------------------------|----------------------------------|--|--|--|--|
| Below Target | Before Meal Upper Limit: 179 | | | | |
| In Range | Limit: 179 | | | | |
| Above Target | — After Meal Upper Limit: 180 | | | | |
| O Pump Meter | Normal Glucose: 70 | | | | |
| Above 400 | Target Range: 70 - 180 | | | | |
| Pump BG Above 400 | Interrupted | | | | |
| | Undelivered | | | | |

Insulin Dose

Premixed

Custom

Carbs

The basal segment in progress at the time of download is not displayed







Reservoir Fill

Basal A Pump Alert

oo Suspend LGS/PLGS

| | NOV 20 | NOV 15 - NOV 21 |
|---------------------|----------|--------------------|
| Avg. BG | 93 | 87 |
| Median BG | 77 | 83 |
| BG Readings | 5 | 36 |
| Avg. CGM | 94 | 86 |
| Median CGM | 87 | 83 |
| % CGM Very High | 0% | 0% |
| % CGM High | 0% | 0% |
| % CGM Target Range | 84% | 80% |
| % CGM Low | 13% | 15% |
| % CGM Very Low | 3% | 5% |
| Total Daily Bolus | 5.9 u | 6.7 u |
| Total Daily Basal | 13.2 u | 13.4 u |
| Total Daily Insulin | 19 u | 20.1 u |
| # of Boluses | 4 | 3.7 |
| Avg. Bolus | 1.5 u | 1.8 u |
| # Corr. Bolus | 100% (4) | 97% (3.6) |

Daily Overview

Nov 21, 2021



CGM Data by Dexcom

Boluses

Types of Readings

Boluses Table only shows top 10 bolus events for the day

| | 1 10:43 a | 2 1:59 p | 3 5:14 p | 4 5:45 p | 5 | 6 | 7 | 8 | 9 | 10 |
|------------------|---------------------|--------------------|--------------------|--------------------|---|---|---|---|---|----|
| Bolus Delivered | 0.9 | 0.75 | 2.45 | 2.85 | - | - | - | - | - | - |
| Suggested | 0.9 | 0.75 | 2.45 | 2.85 | - | - | - | - | - | - |
| MEAL | 1.8 | 1.7 | 2.9 | 3 | - | - | - | - | - | - |
| Correction | -0.9 | -0.95 | -0.45 | -0.15 | - | - | - | - | - | - |
| Insulin On Board | 0 | 0.2 | 0.15 | 2.25 | - | - | - | - | - | - |
| Initial | - | - | - | - | - | - | - | - | - | - |
| Extended | - | - | - | - | - | - | - | - | - | - |
| Duration | - | - | - | - | - | - | - | - | - | - |

| • | Below Target | | Before Meal Upper |
|---------|-------------------|---|--------------------------------|
| | In Range | | Limit: 179 |
| • | Above Target | _ | After Meal Upper Limit: 180 |
| 0 | Pump Meter | _ | Normal Glucose: 70 |
| • | Above 400 | | Target Range: 70 - 18 |
| <u></u> | Pump BG Above 400 | _ | Interrupted |

Glucose

Undelivered The basal segment in progress at the time of download is not displayed

Insulin Dose



Basal A Pump Alert

Reservoir Fill

Basal Rate

Temp Basal

Set and/or Site Change

oo Suspend

LGS/PLGS

Combo Bolus Bolus Delivered

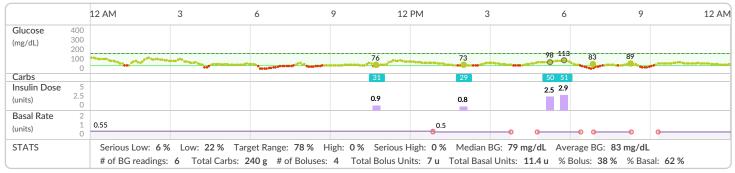
Basal Premixed Custom Carbs

| | NOV 21 | NOV 15 - NOV 21 |
|---------------------|----------|--------------------|
| Avg. BG | 89 | 87 |
| Median BG | 86 | 83 |
| BG Readings | 6 | 36 |
| Avg. CGM | 83 | 86 |
| Median CGM | 79 | 83 |
| % CGM Very High | 0% | 0% |
| % CGM High | 0% | 0% |
| % CGM Target Range | 78% | 80% |
| % CGM Low | 16% | 15% |
| % CGM Very Low | 6% | 5% |
| Total Daily Bolus | 7 u | 6.7 u |
| Total Daily Basal | 11.4 u | 13.4 u |
| Total Daily Insulin | 18.3 u | 20.1 u |
| # of Boluses | 4 | 3.7 |
| Avg. Bolus | 1.7 u | 1.8 u |
| # Corr. Bolus | 100% (4) | 97% (3.6) |

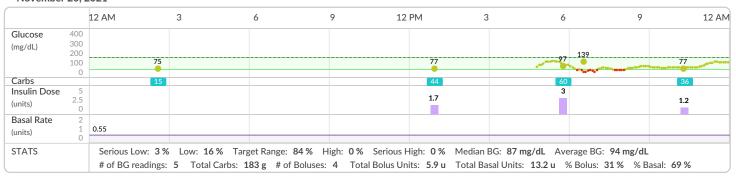
Nov 15, 2021 - Nov 21, 2021 (7 days)

Today: November 22, 2021

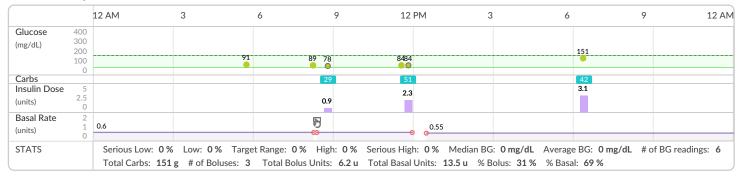
November 21, 2021



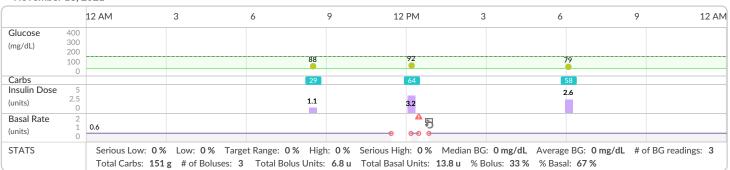
November 20, 2021



November 19, 2021



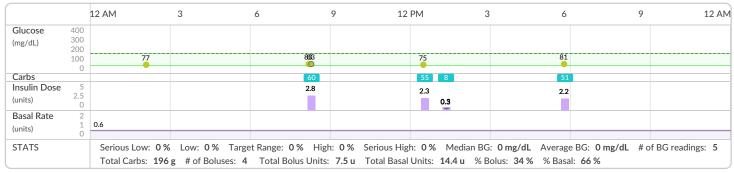
November 18, 2021



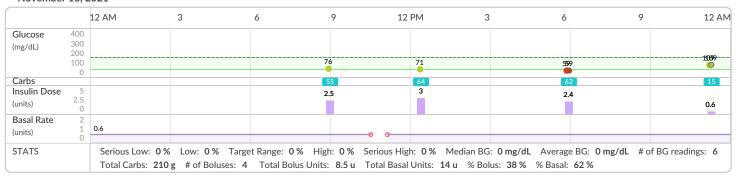
Nov 15, 2021 - Nov 21, 2021 (7 days)

Today: November 22, 2021

November 17, 2021



November 16, 2021



November 15, 2021

