

# RATE OF BIOLOGICAL AGING RESULTS

Congratulations on completing the EPIX.AI Healthspan
Assessment. This analysis, based on your lifestyle and health factors,
offers a quick glimpse into your rate of biological aging—providing
a clearer picture of how your daily habits impact your longevity.



#### **Assessment Summary**

## Recommendations for Lifestyle Interventions











## Recommendations for Lifestyle Interventions









8





# Recommendations for Prevention of Biological Aging



- 10
- 12
- 13





#### **THANK YOU**

Join us as we redefine the future of personal health management. Your journey to a timeless vitality begins with EPIX.AI.



#### **Disclaimer:**

Please note that the rate of biological aging provided by this online form is an estimate based on the answers you provide. This form does not collect biological samples, and your actual rate of biological aging is influenced by many other factors beyond our control. For a more accurate assessment, we recommend using our upcoming app, which tracks your physical activity and geolocation 24/7.