

User Feedback Notes

Most users reported no confusion while navigating the app.

- One user mentioned font sizes for headlines and subheads felt inconsistent.
- Overall navigation was described as user-friendly and easy to understand.

Users felt the app looks visually good, but some noted it needs better balance in layout and spacing.

- Multiple users described the interface as motivating, energetic, and calming.

App is easy to use and not confusing.

- Visual design is appreciated but needs balance (spacing, typography size).
- Dashboard and mood tracker are the strongest features.
- Minor UI refinements can improve clarity and consistency.

Q7. Was there any screen or point where you thought the font sizes of headlines and sub heads were inconsistent?			
Q8. How do you feel about the app's overall layout and spacing?			
Q9. Which screen or feature did you like the most?			
No	Visually good but needs balance	Dashboard , its clear and can understand which features are available, account, help centre and all the logout section	
thought the font sizes of headlines and sub heads were inconsistent	Visually good but needs balance	mood tracker, as the apps main moto is to give us visual balance, font sizes, colour palette	
No it is user friendly	Very motivating and energetic	I like the home screen and the calming vibes	Na
not confused	Very motivating and energetic	all type of feature.....	overall fine