

NSB303. Partnerships in Health and Illness.

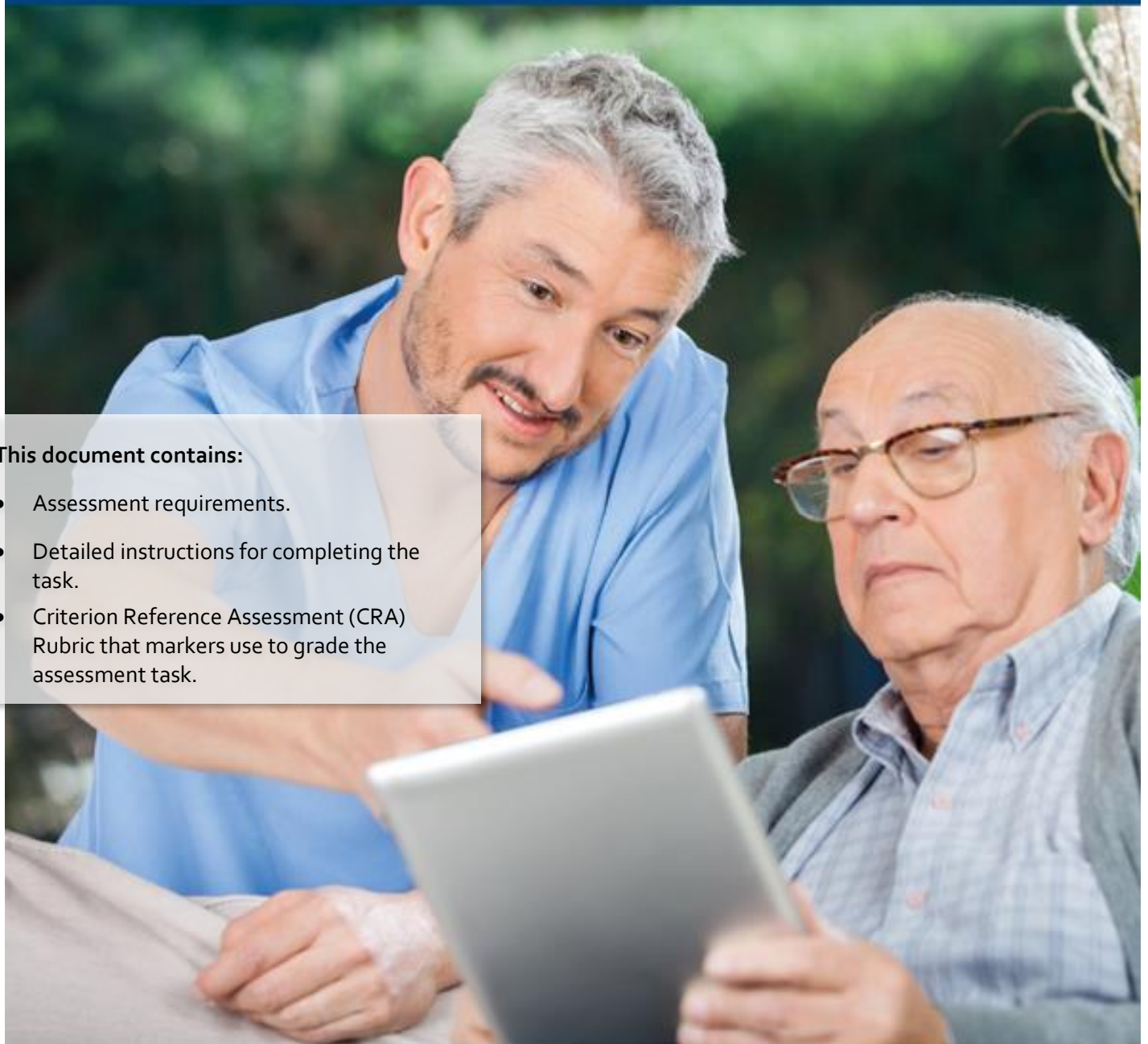
ASSESSMENT 1.

Health Promotion and Chronic Disease.

Unit Coordinator: Dr. Helen Donovan.

This document contains:

- Assessment requirements.
- Detailed instructions for completing the task.
- Criterion Reference Assessment (CRA) Rubric that markers use to grade the assessment task.



Assessment Task 1.

Assessment name:	Health Promotion and Chronic Disease: a case study.
Task description:	<p>Your task is to identify and justify the health promotion* needs of Mrs Ruby Pascal**.</p> <p>SITUATION. You are a registered nurse, working on a medical ward. You are caring for Mrs Ruby Pascal on an early shift. Mrs Pascal has a history of poorly self-managed type 2 diabetes and a general anxiety disorder which has been worsening of late due to personal concerns. Your task for this piece of assessment is in 2 steps.</p> <hr/> <p>1. HEALTH PROMOTION PLAN. Using the Clinical Reasoning Cycle (CRC) Health Promotion Template, <i>critically analyse</i> the Ruby Pascal** case study and develop a Health Promotion Plan. (Both the CRC and the Ruby Pascal case study can be found on the Assessment 1 page on the Blackboard site). This plan should clearly show:</p> <ul style="list-style-type: none"> • All Health Promotion related assessment data. • 3 priority Health Promotion problems (please number them clearly) with one goal for each problem (ie. 3 separate goals). • List up to 3 nursing focused Health Promotion interventions for each of the identified priority Health Promotion problems. (Please note if you include referrals as part of your intervention, it must be very clear what your roles and responsibilities are to support the referral and the ongoing intervention). • Evaluation criteria which measures the effectiveness of the selected interventions. • Reflective points that show what you have learnt from this activity. <p><i>Please note: The Health Promotion Plan does not need to be referenced. It does need to be accurate and true to the Ruby Pascal case study. There needs to be an overtly clear and logical approach when working through the clinical reasoning cycle.</i></p> <p>2. ESSAY. Using contemporary literature and drawing from the Health Promotion Plan, <i>justify</i> one or two of the interventions and health promotion strategies that you have chosen for each of the 3 identified problems.</p> <p><i>Explain</i> how the evaluation criteria will inform the effectiveness of the intervention to meet the person's health needs.</p> <hr/> <p><u>Read this information carefully.</u></p> <p>*Health promotion for this piece of assessment should be approached from the WHO definition, that "Health Promotion is the process of enabling people to increase control over and to improve their health (Ottawa Charter for Health Promotion. WHO Geneva, 1986).</p> <p>** You will note that this case study is the same Ruby Pascal scenario used for the NSB334 (1st hour) SIMULATION. Only work with the 'information provided for you on the Assessment 1 page on the NSB303 Blackboard site & the NSB303 handover information.</p>
What you need to do to prepare:	<p>This is an individual piece of assessment. Preparation should include:</p> <ul style="list-style-type: none"> • Reading the TASK instructions carefully. • Refer to the learning resources in the NSB303 Blackboard site as a starting point for key words. • Search the library data base to expand your knowledge and understanding.
Length:	<p>Health Promotion Plan Template (3 x A 4 pages of information only) Essay – 1000 words.+/- 10%. Word length includes in-text referencing but excludes your reference list. No direct quotes. Please note markers will not mark beyond the word limit.</p>
Estimate time to complete:	30 hours

Weighting:	40%
How will I be assessed:	7+-point grading scale using a rubric.
Due Date:	Week 6. Sunday 5 th April submitted via Turnitin in your NSB303 Blackboard site by 11.59pm. More information about Turnitin is available on the FAQs about Turnitin page.
Presentation Requirements.	<p>Your assignment should be written in QUT CiteWrite APA style and prepared as follows:</p> <ul style="list-style-type: none"> • Make your own cover sheet with the assessment title, your name, student number, tutor name and word count. • Include a 'footer' on each page with your name, student number, unit code and page number. • 2 cm margins on all sides, double-spaced text • Use font, such as Times New Roman, Arial or Calibri; font size 12 • CiteWrite APA style referencing. Note it is a requirement that you include page numbers for all in-text references (see http://www.citewrite.qut.edu.au/) • This is a contemporary paper, and unless you are referring to a historical event, literature and resources need to be within 7 years of age • Literature must be of highest possible quality, with peer reviewed research-based material as the preference. • Textbooks may be used but to a maximum of 25% of your total reference list. • Legitimate websites such as the Nursing and Midwifery Board of Australia or the Australian Institute of Health and Welfare may be used also. • The ESSAY part of this piece of assessment requires and introduction and a conclusion.
Reference Recommendations.	<ul style="list-style-type: none"> • As a 3rd year academic unit, there will be no recommendations as to the minimum number of references to be used in your academic writing. • To give your paper authority, validity and accuracy, you need to always show the source of your evidence. • Please note that unreferenced material cannot be accepted as factual or credible.
Learning Outcomes.	<ol style="list-style-type: none"> 1. Analyse the nurse's role in promoting health and wellbeing for individuals, families and communities who have chronic conditions and /or complex care needs. 2. Critically analyse individual, community, environmental and social factors that influence health beliefs and practice and strategies for promoting positive health behaviours.
What you need to submit:	<p>One Word document that contains the following items: The assignment cover sheet; the Health promotion (CRC) plan in table format (maximum of 3 A4 pages only); Essay with References attached.</p>
Resources available to assist you to complete the task:	<ul style="list-style-type: none"> • Support for Learning on the Blackboard site • HiQ and the library resources. • Learning resources on the Blackboard site. • QUT CiteWrite APA guide. • Turnitin Tip Sheets.



Academic Integrity

The School of Nursing takes academic integrity very seriously. All work submitted **must be your own work**. The **work of others needs to be correctly acknowledged and referenced** according to the [APA guidelines](#).

There are serious consequences that will be imposed should you be found to breach academic integrity. Make sure you are familiar with the [MOPP C/5.3 Academic Integrity](#) and view the **Academic Integrity video** and explore the **Academic Case Studies** available on your Blackboard site.

Maintaining academic integrity is your responsibility. If in doubt, check it carefully.

NSB303 Assessment 1. Health Promotion and Chronic Disease.**Student Name:****Learning outcomes assessed: 1 and 2.****Weighting: 40%**

Criteria	7	6	5	4	3	2	1
Analysis. Health Promotion Plan and Clinical Reasoning Cycle Weighting: 20%	A comprehensive, succinct and logical application of the CRC from a health promotion perspective.	A comprehensive and logical application of the CRC from a health promotion perspective.	A logical application of the CRC from a health promotion perspective.	An application of the CRC that generally relates to the case study and often takes a health promotion perspective.	A broad case study-based attempt to use the CRC that loosely considers health promotion.	A rudimentary attempt to engage with the CRC from a health promotion perspective.	No attempt to engage with the CRC from a health promotion perspective.
Knowledge and justification. Weighting: 30%	The nursing interventions were well justified and convincingly reasoned from a health promotion perspective. The writing is informed by literature that is highly valid and authoritative	The nursing interventions were justified and reasoned from a health promotion perspective. The writing is informed by literature that is valid and credible.	The nursing interventions were clearly explained from a health promotion perspective. The writing is informed by literature that is relevant.	The nursing interventions were described and related to health promotion. The writing is informed by literature that is mostly relevant.	One or two of the nursing interventions were considered from a health promotion perspective. The writing is informed by literature that is broadly relevant. Some omissions evident.	One of the priority problem nursing interventions was considered from a health promotion perspective. The writing is informed by some literature that at times relates to the topic. Many omissions or inaccuracies.	The nursing interventions either were not described nor considered from a health promotion perspective. There is no attempt to use literature or evidence to support the writing.
Knowledge and explanation. Weighting: 30%	The evaluation criteria was convincingly explained and well reasoned from an effectiveness perspective. The writing is informed by literature that is highly valid and authoritative.	The evaluation criteria was explained and reasoned from an effectiveness perspective. The writing is informed by that is valid and credible.	The evaluation criteria was explained from an outcomes perspective. The writing is informed by literature that is relevant.	The evaluation criteria was described from an effectiveness perspective. The writing is informed by literature that is mostly relevant.	The evaluation criteria was referred to as part of the CRC. The writing is informed by literature that is broadly relevant. Some omissions evident.	An attempt was made to link the evaluation criteria to the CRC. The writing is informed by some literature that at times relates to the topic. Many omissions or inaccuracies.	There were no evaluation criteria noted. There is no attempt to use literature or evidence to support the writing.

<p>Presentation Written Task Structure Literary Expression Referencing Style Weighting: 20 %</p>	<p>There are no grammatical, spelling and/or errors in punctuation and syntax.</p> <p>English expression (written and verbal) is succinct and nondiscriminatory using professional discipline specific language that is engaging and cohesive.</p> <p>There is evidence of an accurate use of the APA referencing style with no errors.</p>	<p>There are minor (<3) grammatical, spelling and/or errors in punctuation and syntax.</p> <p>English expression (written and verbal) is nondiscriminatory using discipline specific language that is engaging and cohesive.</p> <p>There is evidence of an accurate use of the APA referencing style with one or two errors.</p>	<p>There are minor (<10) grammatical, spelling and/or errors in punctuation and syntax.</p> <p>English expression (written and verbal) has purpose and is nondiscriminatory often using discipline specific language.</p> <p>There is evidence of an accurate use of the APA referencing style with <5 errors.</p>	<p>There are (10+) grammatical, spelling and/or errors in punctuation and syntax. Paper is minorly outside of the word limit. +/- 10%</p> <p>English expression (written and verbal) is nondiscriminatory showing a clear effort to use discipline specific language.</p> <p>There is evidence of the APA referencing style with 10+ errors.</p>	<p>There are multiple grammatical, spelling and/or errors in punctuation and syntax throughout the paper. The paper is outside of the word limit +/- 20%.</p> <p>English expression (written and verbal) is mostly nondiscriminatory with a rudimentary use of discipline specific language.</p> <p>There is evidence of more than one referencing style with 10+ errors.</p>	<p>There are consistent grammatical, spelling and/or errors in punctuation and syntax throughout the paper. The paper is well outside of the word count +/- 30%.</p> <p>English expression (written and verbal) is without relevant discipline specific language.</p> <p>There is evidence of more than one referencing style with consistent technical errors.</p>	<p>Grammatical, spelling and punctuation errors inhibit the ability of the paper to make a clear point. The paper is well outside of the word count +/- 50%.</p> <p>English expression (written and verbal) is not from a discipline specific perspective.</p> <p>There is evidence of more than one or no referencing style with consistent technical errors.</p>
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