PEER COACHING REFLECTION.

Questions: (Type your answer to each question below that question.)

• The first and last name of the peer:

Aicha Bahammou

• The date & time that the coaching meeting took place.

Saturday 23rd March 2024, 10:00pm

• The modality of the call

Google Meet

• Did you feel any anxiety before or during the meeting? Why or why not?

No, It was a meet between colleagues to share and speak about their passions and interests, it was a friendly meet.

• How valuable was the session with your peer? Explain.

Yes, it gives you an idea about the other person's perspective, and his point of view of taking the program.

• Did you make a commitment to your peer? If yes, what was the commitment that you made?

Yes, I committed to my peer to explore and share resources on advanced data manipulation techniques in Python for our mutual learning in data analytics.

• Did you find anything surprising and/or gain any new insight due to the meeting?

Yes, I gained some ideas on how to merge data analytics with other fields

• How helpful did you find the coaching session overall? Explain and share your experience honestly.

The coaching session was highly beneficial, the coaching session facilitated mutual growth and supported our development in the field of data analytics.

-DAILY 3 REPORT

As part of your Write Up, report on your Movement practices this week:

• How many minutes did you spend practicing Movement each day (Be honest!)

A minimum of 30 minutes daily movements

• If you did not do at least 20 minutes each day, what were the reasons? If you did, what were the reasons?

It was already a part of my routines

-MILESTONE # 2 SUBMISSION