



# IE 403: Digital Wellbeing

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## Key Features

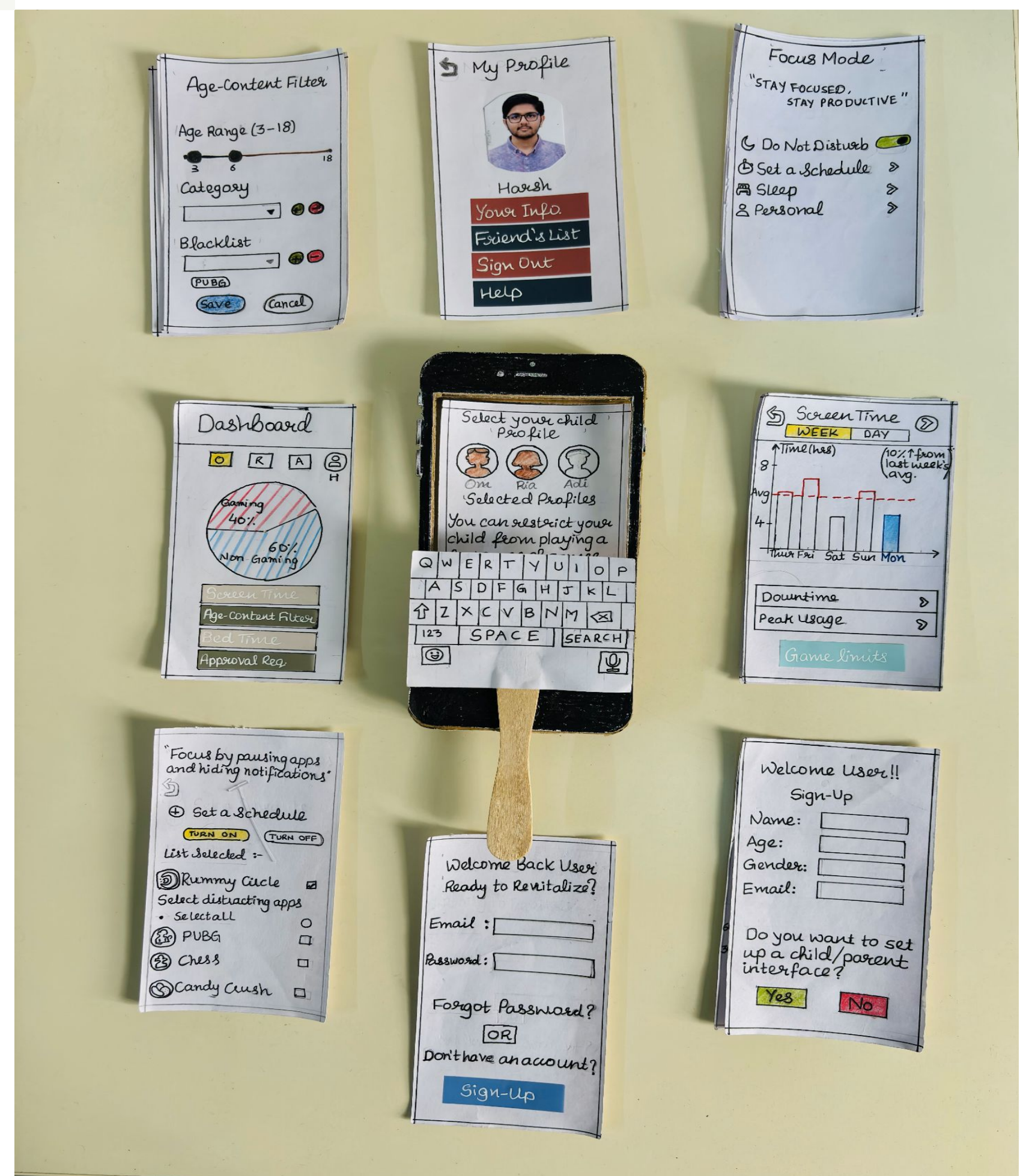


## Overview: “Redefining Gaming Wellness”

- Optimize Gaming, Maximize Well-being
- Reduce Screen Overload
- Safeguard Mental Health
- Encourage Healthy Gaming

## Our Solution: “Digitox: Your Digital Balance”

- Dual-Dashboard: Parents and kids connect.
- Focus Mode: Manage playtime with scheduled game breaks.
- Parental Controls: Guardians monitor and guide usage.
- Zenith Assistant : An emotional intelligence assistant
- WellCoins Rewards: Earn rewards for healthy gaming habit



## Design Iteration: “From Insight to Interface”

- User-Centered Research: Grounded by surveys and interviews with over 150 participants.
- Paper Prototyping: Visualizing solutions through hand-drawn concepts.
- Digital Prototyping: Polishing ideas into interactive Figma prototypes.

