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| User ID: 7 | Name: User | Email: user@gmail.com |
| Address: Santa Cruz, Laguna | Date Submitted: 2023-04-17 19:32:46.986430 | EPDS Score Interpretation: Probable depression |

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| **QUESTIONS** | **ANSWER** |
| Have you been capable of finding humor and laughing about situations? | (1) As much as I always could |
| Have you anticipated things with pleasure and excitement? | (3) As much as I ever did |
| Have you needlessly held yourself responsible when things didn't go well? | (3) No, Never |
| Have you experienced anxiety or concern without a valid cause? | (2) No, not at all |
| Have you experienced fear or panic without a clear or justifiable reason? | (1) No, not at all |
| Have things been overwhelming you? | (1) No, I have been coping as well as ever |
| Have you been so unhappy that you have experienced trouble sleeping? | (1) No, not at all |
| Have you experienced feelings of sadness or misery? | (3) No, not at all |
| Have you been so unhappy that you have shed tears? | (2) No, never |
| Have you had thoughts of self-harm? | (3) Never |
| EPDS Score | 20 |

I'm sorry to hear that the assessment suggests probable depression. Please know that you're not alone and there is help available. It's important to prioritize your mental health and seek support from healthcare professionals. I'm here to provide resources and support in any way I can.

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| **EPDS Score** | **Interpretation** | **Action** |
| Less than 8 | Depression not likely | Continue support |
| 9-11 | Depression possible | Support, re-screen in 2–4 weeks. Consider referral to primary care provide(PCP). |
| 12-13 | Fairly high possibility of depression | Monitor, support and offer education. Refer to PCP. |
| 14 and higher (positive screen) | Probable depression | Diagnostic assessment and treatment by PCP and/or specialist. |
| Positive score (1, 2 or 3) on question 10 (suicidality risk) |  | Immediate referral is necessary for assessment of suicidal ideation. This is to ensure proper intervention and to consider factors such as plan, history, symptoms, and potential harm. |