

FOCUS OF THE MONTH 2022



January/
February

Health & Safety

- Sun safety
- Healthy eating
- Hygiene
- Road safety
- Bullying
- Culture

Kid Inventors Day 17/01

Australia Day 26/01

Valentine's Day 14/02

**International Mother
Language Day 21/02**

Educating children about the sun and the how to protect yourself.
Setting up safety precautions and measures.
Set up sun safety station.
Go over sun protection policy.
Provide ideas on how to set up a hat & sunscreen station.
Provide activities.

Introducing new vegetable every week.
Focusing on food with different vitamins.
Dietary requirements.
Provide menu ideas.
Provide healthy eating activities.
Healthy eating pyramid.
Discuss where fruit and vegetables come from.
Educating children and having them participate in garden to plate activities eg: seed sprouting, weeding veggie garden, cooking etc.
Encourage children to follow hand washing procedure.

Encouraging children to follow basic rules of hygiene such as hand washing, covering mouths when coughing, not sharing food or drinks, using a tissue when they have a cold etc.
Educator's role model personal hygiene and discuss hygiene practices with children.
Dental health and hygiene. (Oral Hygiene)
Provide activities.

Crossing the road safely. (Through excursions)
Educate children on road rules.

Educating children about the importance of maintaining a good relationship with one another.
Show educational videos.
Impact of bullying and the consequences.

Educate the children on their own languages.
Implement culture and traditions.

March/
April

Routine & Relationships

- Behaviour
- Play group
- Dramatic play
- Visual arts
- Sculpture
- Sensory play

**Clean up Australia
Day 06/03**

**Harmony Day
15/03-21/03**

**Ride to school Day
25/03**

Ramadan 01/04

Easter 17/04

Educate children about time.

Daily activities.

Build routines for children around play, meals and sleep.

Make limits part of the routine – for example, limits on activities like screen time.

Put up an illustrated poster of your routine where everyone can see it.

Educate children how to respect one another.

How to build strong relationships.

Positive behaviour.

Respect for different cultures, religions, beliefs, traditions etc.

Attend play groups run by BBFDCC.

Set up allocated areas for each activity eg: dress ups, reading area etc.

Implement arts and crafts eg: drawing, painting, collage, finger art etc.

Use of fine motor skills eg: tying shoe laces, cutting, pasting etc.

Use of sensory skills eg: sand, water, mud, playdough etc.

Educate children to become environmentally responsible.

Encourage children to take part in helping clean up Australia.

Celebrate different cultures.

Encourage children to be healthy and active in and out of school.

Understand and accept different beliefs.

Be mindful and supportive to those that are fasting.

Educate children on poverty and explain ways on how we can help people that are put in these situations.

Implement Ramadan activities.

Implement Easter activities.

Make Easter cards.

Egg and spoon race.

May/June

Earth science/ Physical environment

- Water safety
- Electricity safety
- Planting
- Geography
- Weather
- Indoor/outdoor environment
- Safety environment

Eid El-fitr 02/05

Mother's Day 08/05

**National sorry day
26/05**

**Education week
23/05 - 29/05**

**World environment
day 05/06**

**Queen's birthday
13/06**

Educate children on how to stay safe around water and electricity.

Ensure safety checklist is done daily before children come into care.

Educate children on the importance of water and how to save water.

Create a story about Earth.

Provide worksheets to support all ages.

Go to the library and borrow books on the following topics.

Encourage an excursion to Science Works.

Implement more colour into play area.

Set up designated areas.

Introduce planting: purchase some pots, fertilizer, seeds etc.

Teach children on how to be environmentally responsible.

Indoor and outdoor spaces are organised to support each child's participation and to engage every child in equal experiences in both built and natural environments.

Make a Mother's Day card.

Set up a Mother's Day stall.

Bake cupcakes.

Prepare a happy memories box.

National Sorry Day is an Australia-wide observance held on May 26 each year. This day gives people the chance to come together and share the steps towards healing for the Stolen Generations, their families and communities.

Watch the video on YouTube with children.

Building connections through art.

Promoting intercultural connections.

Supporting multicultural communities.

People celebrate World Environment Day in many different ways all over the world: planting trees, cleaning up local beaches, etc.

Watch a documentary. ...

Take a virtual garden or museum tour. ... Shift to reusable water bottles and straws.

Start a new sustainable diet.

Ditch the single-use plastic containers at home.

Clean your indoor air.

Cook an environment-friendly meal.

The Queen's Birthday is an Australian public holiday but the date varies across states and territories. Australia celebrates this holiday because it is a constitutional monarchy, with the English monarch as head of state.

July/August

Discover Animals/ Aboriginal Culture

- Animal puppets
- Outdoor scavenger insect hunt
- Animal photos collage
- Story books
- Musical instruments
- Guide to healthy eating
- Aboriginal arts

Eid El-Adha
09/07-13/07

**International Day of
Friendship 30/07**

Aboriginal Day
04/08

Book week
20/08-26/08

Sing Animal Songs.

A Trip to the Zoo.

Go on a Nature Walk. Discover and explore the insects that are around us.

Discuss Native Australian animals.

Technology Time. (National Geographic documentary)

Library to the rescue! Read books.

Get Creative with Food. Make animal shaped sandwiches/biscuits etc.

Drawing, Colouring, and Puzzling Games! Activity worksheets.

Educate children to be gentle and safe around animals.

Educate children on what animals like and dislike.

Learn about the Aboriginal history and culture.

Understanding of cultural differences and respect for diversity.

Learn about the history of the Aboriginal musical instruments.

Educate children on the meaning behind each colour in the Aboriginal flag through the arts.

Tour the Bunjilaka Aboriginal Cultural Centre at Melbourne Museum and the Koorie Heritage Trust, or book a place on the Royal Botanic Gardens Aboriginal Heritage Walk.

Learn about different traditions and discuss different celebrations.

Gift a friend.

Discuss friendships and how to respect one another.

Read along with children.

Visit the library, register for a library card, borrow books, interact, show and tell.

September/ October

Healthy Environment Child's Rights

- Natural materials
- Recycled resources
- Arts & crafts activities
- Childs Rights activities

Father's Day
04/09/2022

R U OK Day
08/09/2022

Bravehearts Day
09/09/2022

Children's Day
26/10/2022

Halloween
31/10/2022

Support children to care for natural environments and to have responsibility and respect for living things.

Arts and crafts activities using: stones, shells, flowers, fabrics, wood, bark, leaves etc.

Stimulate children's creativity and imagination by implementing natural materials and recycled resources.

Invite children to start sorting recyclables and continue to sort the items they use every day.

Reuse Recycled Materials for Art and Craft Projects - Setup a shelf where recycled materials can be stored. Children can choose what they want to use and create with.

Child rights activity resource pack.

Implement cultural activities to support children's backgrounds. Engage with the community.

Make Father's Day cards.

Bake some cupcakes and add dads' favourite toppings.

Write acrostic name poem.

Frame a photo of the child and father together.

Ask, are you Ok?

Use feelings chart.

Read booklet provided with children.

Bake yellow cupcakes.

Create a poster.

Speak about bullying and friendships.

Make some heart shaped cut outs.

Personal safety lesson.

Colouring-in.

T-shirt designs.

Chalk mural on blackboard or concrete.

Organise a children's picnic or activities in a local park.

Discuss children's futures.

Implement cultural activities to support children's backgrounds.

Engage with the community.

Decorate Cookies or Cupcakes.

Paint (or Carve) Pumpkins.

Have a Halloween Movie Marathon.

Design a costume.

Create a Halloween scavenger hunt.

November/
December

World Kindness/ Achievements

- Respect
- Disability
- Sun Smart
- Arts & Crafts
- Evaluation and Reflection
- Setting new goals

Melbourne Cup
01/11/2022

World Kindness Day
13/11/2022

1st Day of Summer
01/12/2022

**International Day of
People with Disability**
03/12/2022

Christmas
25/12/2022

Melbourne Cup activity worksheets
Have a fashion parade
Visit a farm
Make party hats from newspaper
Make a horse out of recycled resources

Learn about World Kindness Day Lesson Plan
Study a Story About Kindness
Send a Compliment Card
Fill a Kindness Jar
Support children to care for natural environments
Develop respect for living things
Make use of recycled resources and natural materials

No hate, No play
Remind children to apply sun cream and wear hats
Stay hydrated, drink lots of water
Weather match game
Sun smart hopscotch
Shadow games
Sun smart activity worksheets

Disability awareness activity worksheets
Educate children to respect and have an understanding for people with a disability
Work in small groups to modify your favourite sport or activity so it is accessible for people with disability
Celebrate diversity by completing the Acrostic poem

Christmas activity worksheets
Christmas tree decorations
Christmas arts and crafts activities
Make some Christmas cookies
Picnic at the park
Make cards for family and friends

Talk about your achievements, reflect upon them
Evaluate your progress
Celebrate your success
Set goals for the upcoming year