

# FOCUS OF THE MONTH 2021



<p><b>January</b> <b>Sun Safety</b></p>	<p>Educating children about the sun and the how to protect yourself. Setting up safety procurations and measures. Set up sun safety station. Go over sun protection policy. Provide ideas on how to set up a hat a sunscreen station. Provide activities.</p>
<p><b>February</b> <b>Healthy Eating</b></p>	<p>Introducing new vegetable every week. Focusing on food with different vitamins. Dietary requirements. Provide menu ideas. Provide healthy eating activities. Healthy eating pyramid. Discuss where fruit and vegetables come from. Educating children and having them participate in garden to plate activities eg: seed sprouting, weeding veggie garden, cooking etc.</p>
<p><b>March</b> <b>Science</b></p>	<p>Science experiments. Learn about the planets Notice, wonder, explore. Go on an excursion to science works. Discover the 5 senses. Provide activities.</p>
<p><b>April</b> <b>Cyber Safety/ Cyber Bullying</b></p>	<p>Educating children about the importance of maintaining a good relationship with one another. Show educational videos. Impact of bullying and the consequences. Educating children about the importance of keeping yourself safe online.</p>
<p><b>May</b> <b>Recycling &amp; Natural Materials</b></p>	<p>Refer to the NQS. Provide ideas and projects. Give activities. Use indoor/outdoor resources. Educating children in the natural decomposition cycle through exposure and participate in worm garden and composting food scraps Use recycling materials where possible Educating children on caring for the plants</p>
<p><b>June</b> <b>Environmental Awareness</b></p>	<p>Educating children about composting and the environmental benefits. Allowing children to grow their own vegetables and support children to become environmentally responsible. Sustainability Reduce, Reuse, Recycle</p>

<p><b>July</b> <b>Personal Hygiene</b></p>	<p>Encourage children to follow hand washing procedure. Encouraging children to follow basic rules of hygiene such as hand washing, covering mouths when coughing, not sharing food or drinks, using a tissue when they have a cold etc. Educator's role model personal hygiene and discuss hygiene practices with children. Provide activities.</p>
<p><b>August</b> <b>Arts &amp; Crafts</b></p>	<p>Create art pieces together with the children. Cut and pasting activities using magazines and newspapers. Create a treasure map using jewels and leaves. Make use of recycled resources and natural materials.</p>
<p><b>September</b> <b>Around the World</b></p>	<p>Teach children about different countries and cultures. Provide activity worksheets. Research flags and what they symbolise.</p>
<p><b>October</b> <b>Cooking</b></p>	<p>Find delicious easy to make recipes. Bake with the children. Make a healthy sandwich. Make some fruit skewers. Decorate foods with children eg. Cupcakes.</p>
<p><b>November</b> <b>Achievements &amp; Goal Setting</b></p>	<p>Allow children to discuss their achievements that they have accomplished. Teach children to take responsibility for their own behaviours and learning. Encourage children to set a big goal. Discuss the purpose of their goal. Break the goal into smaller steps. Brainstorm potential obstacles. Provide end of year reflection activities.</p>
<p><b>December</b> <b>Reading &amp; Book Week</b></p>	<p>Use songs and nursery rhymes to build phonemic awareness. Make simple word cards. Play word games. Read together on a daily basis. Discuss the book with the child and allow them to share their thoughts. Zoom story time.</p>