

# Why ISO 45003?

## Protect your employees' psychological health and well-being

Develop processes within your organisation that can help you to identify psychosocial risks and impacts and create strategies to mitigate or remove them, protecting your workforce and developing a system of support that can promote well-being at work and mental health.

### With ISO 45003 your business can:

- ✓ Reduce absenteeism
- ✓ Increase productivity
- ✓ Improve the resilience of your organisation
- ✓ Comply with the latest legislation
- ✓ Increase the diversity of your workforce
- ✓ Develop safer policies for remote working and out-of-hours work

## Principles of ISO 45003



### Leadership

- Who will be accountable?
- What areas do your management team need to focus on?
- How will you involve your employees?
- How will you provide occupational support?



### Planning

- How will you achieve your goals?
- What areas do your team need to focus on?
- How will you adapt to changes?
- How will you introduce new processes?



### Support

- Do you have the resources you need to achieve your goals?
- How will you document and communicate them?
- How will you ensure confidentiality to protect workers?



### Operation

- What processes do you need to follow to meet legal obligations, support mental health and manage psychosocial hazards?
- How can you improve worker awareness and collaboration?



### Evaluation

- How will you measure, monitor, analyse and evaluate your business' performance?



### Improvement

- How will you develop your processes to ensure they remain fit for purpose?
- What processes do you need to ensure continual improvement?

With guidance and support from our expert consultants you will be able to develop and implement processes that help you to support and protect your employees' mental health and well-being for a happier, healthier and safer workforce.