✅ Sahi Variable Names (Legal Variable Names)

Ye wo naam hain jo JavaScript ke rules ke mutabiq hain:

```js
let name;          // sahi
let _name;         // sahi
let $name;         // sahi
let name1;         // sahi
let myName;        // sahi
let user_name;     // sahi
let $;             // sahi, lekin recommend nahi
let _;             // sahi, lekin recommend nahi
let user123;       // sahi
let camelCase;     // sahi, aur best practice hai
```

❌ Ghalat Variable Names (Illegal Variable Names)

Ye wo naam hain jo JavaScript ke rules ko tor'te hain aur error dete hain:

```js
let 1name;         // number se start nahi ho sakta
let my-name;       // hyphen (-) allowed nahi
let var;           // "var" reserved word hai
let function;      // reserved keyword hai
let let;           // reserved keyword hai
let @name;         // special characters (jaise @) allowed nahi
let first name;    // variable name mein space nahi ho sakta
let name*value;    // * jese symbols allowed nahi hain
```

📌 Variable Names ke Rules (Mukhtasir Khulasa)

1. Naam **start hona chahiye** letter, underscore `_`, ya dollar sign `$` se.

2. Naam mein **letters, numbers, underscore** `_`, **ya dollar sign** `$` ho sakte hain.

3. Naam kabhi bhi **number se shuru** nahi ho sakta.

4. **JavaScript ke reserved words** ka istemal nahi ho sakta (jaise `var`, `function`, `if`, waghera).

5. JavaScript **case-sensitive** hai — `Name` aur `name` alag alag samjhe jate hain.