BioSpecimen Exchange for Neurological Disorders (BioSEND)

PSP Training Webinar



BioSEND Training Webinar Overview

- Study Reminders
- 2. Site Equipment
- 3. PSP Biospecimen Collection Protocol
- 4. Study Visit Protocol
- 5. Kits & Samples
 - Requesting Kits
 - Labels
 - Sample Collection & Processing
 - Sample Shipment
- BioSEND Website
- 6. Contact Information



Study Reminders

Please remember...

- Biospecimens are limited, valuable resources.
- Standardization and quality are key!
- Reference the BioSEND Manual of Procedures as needed.
- Do not replace or supplement any kit components without first receiving approval from BioSEND.



Site Equipment

The following items are to be supplied by the site:

- Personal protective equipment
- Alcohol prep pads
- Butterfly needles and hubs
- Tourniquet
- Gauze pads
- Bandages
- Sharps bin and lid

- Microcentrifuge tube rack
- Test tube rack
- Crushed ice
- Pipettes and pipette tips
- 4°C Centrifuge
- -80°C Freezer
- Dry ice



PSP Biospecimen Collection Protocol

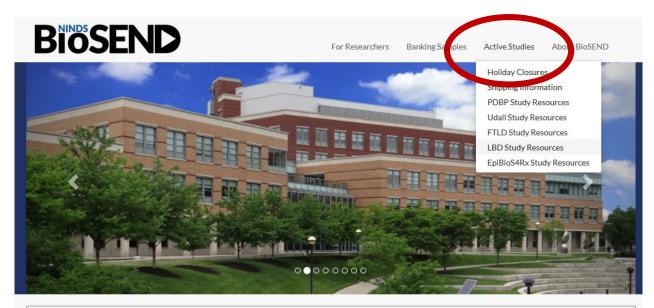
	BL	12M	24M
DNA (6ml)	X		
Whole Blood (6ml)	X	X	Χ
Plasma (6 x 1ml)	X	X	X
Buffy Coat (2 x 1ml)	X	X	X
RNA (2 x 2.5ml)	X	X	X
CSF (10 x 1ml)	X	X	X



Requesting Kits



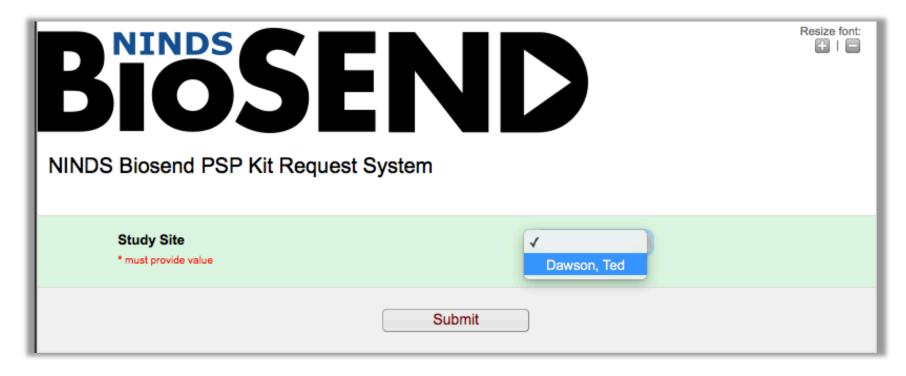
NINDS BioSEND Website







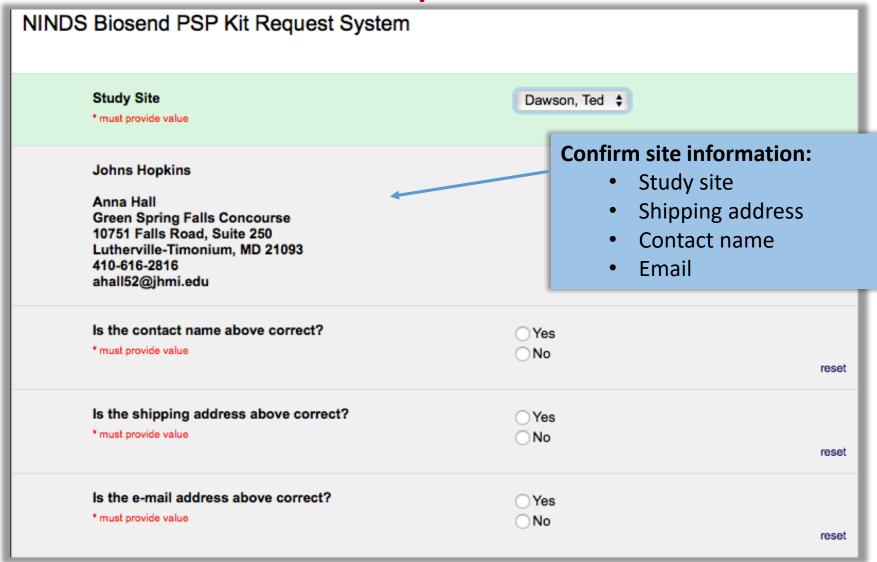
BioSEND Kit Request Module



- http://kits.iu.edu/biosend/psp
- Choose your site PI from the drop-down list.

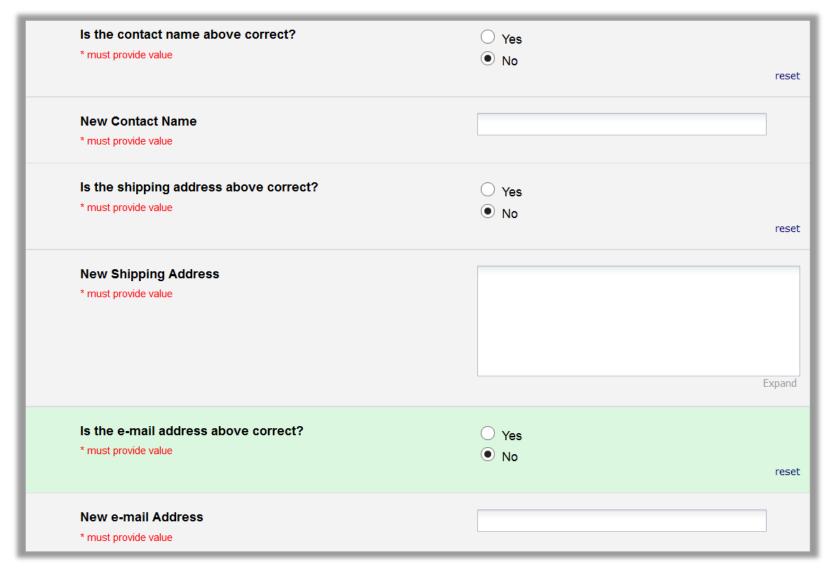


BioSEND Kit Request Module





BioSEND Kit Request Module





- Is the information correct?
- Provide the correct information if needed

BioSEND Kit Request Module: Kit Type

Kit Type **Please allow two weeks for shipment**

* must provide value

 ase	: '	1: -:1	1/2
 200	uno -	MICH	16. III
0.00		violi	1.011

Annual Visit Kit

Supplemental Kit

Extra Supplies

Please specify in comments if you need kits before the standard two week shipment time.



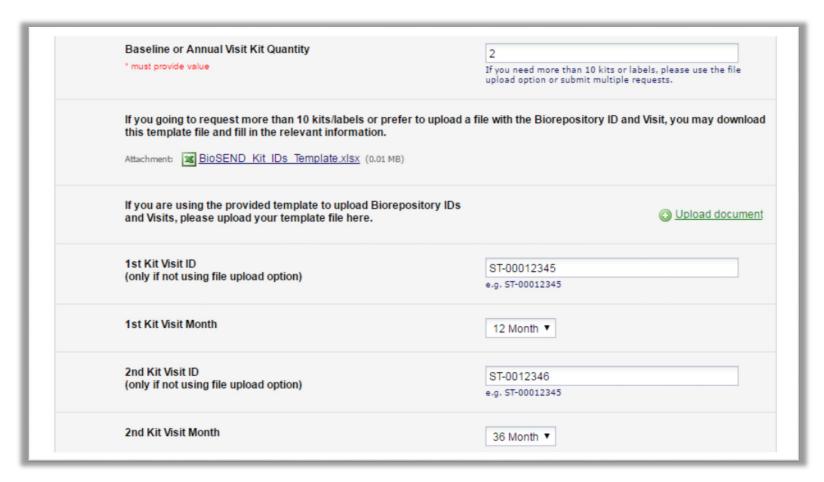
BioSEND Kit Request Module: Baseline Kit

Kit Type **Please allow two weeks for shipment** * must provide value	 ✓ Baseline Visit Kit ✓ Annual Visit Kit ✓ Supplemental Kit ✓ Extra Supplies Please specify in comments if you need kits before the standard two week shipment time.
CSF Sprotte® Needle Gauge * must provide value	© 22 © 24 reset
Baseline Visit Kit Quantity * must provide value	If you need more than 10 kits or labels, please use the file upload option or submit multiple requests.

- BioSEND creates ST numbers for baseline kits
- Enter preferred CSF needle gauge
- Enter kit quantity



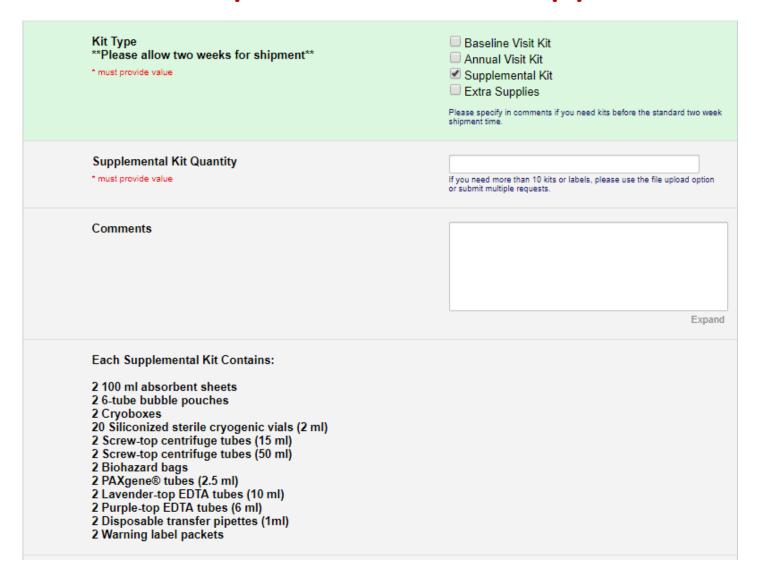
BioSEND Kit Request Module: Annual Visits



- Up to 10 kits can be requested:
 - Enter the PSP Subject ID ST Number
 - (Example: ST-00012345)
 - Enter the follow up visit month



BioSEND Kit Request Module: Supplemental Kit





Contains a variety of extra kit pieces

BioSEND Kit Request Module: Extra Supplies

Kit Type **Please allow two weeks for shipment** * must provide value	□ Baseline Visit Kit □ Annual Visit Kit □ Supplemental Kit □ Extra Supplies Please specify in comments if you need kits before the standard two week shipment time.	
6-Tube Bubble Pouch Cryobox	• Allows you to choose specific supplies and	
Siliconized Sterile Cryogenic Vial (2 ml)	particular quantities 10 20 reset	
FedEx return Airbill		



BioSEND Kit Request Module: Multiple Orders

Kit Type
Please allow two weeks for shipment

* must provide value

- Baseline Visit Kit
- Annual Visit Kit
- Supplemental Kit
- Extra Supplies

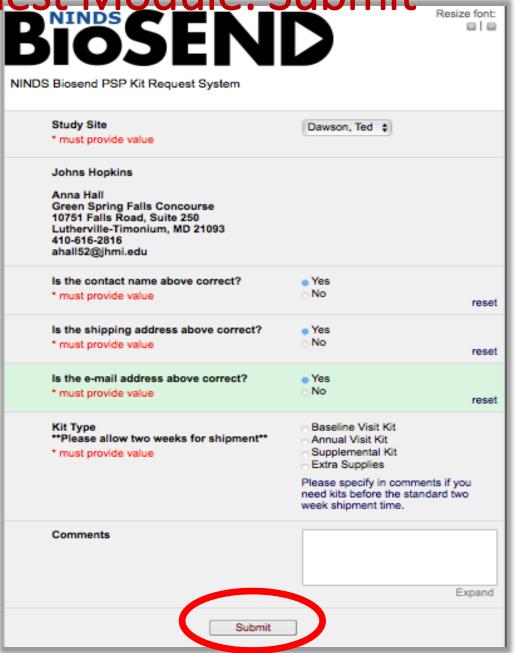
Please specify in comments if you need kits before the standard two week shipment time.

 You can order more than one type of kit in a single kit request



BioSEND Kit Request Module: Submit

- Click "Submit" to turn in your request.
- The BioSEND staff will notify you that your request has been received and address any issues.





Labels



Types of Labels

Case Label

ST-10000123: PSP-DAWSO:BL



Identify study and PI

Specimen Label

0003456124



ST-10000123

BL

RNA

Identify individual biospecimens



Case Label

ST-10000123:

PSP-DAWSO:BL



Subject Number

Study – PI Visit



BioSend



Biorepository Name



Case Labels

Case labels are placed:

- On the plastic biohazard bag of the cryovial transport box.
- On the plastic biohazard bag for the PAXgene® tubes.
- On the lid of the shipping canisters.
- On the lid of frozen shippers











Collection and Aliquot Tube Label

BioSEND ← Study = BioSEND PSP
ST-10000123 ← Subject Number

BL ← Visit Type

RNA ← Specimen Type



Collection and Aliquot Tube Label

Collection and Aliquot Tube Labels are placed on:

- All collection tubes
- All aliquot tubes (Cryovials)

Be sure that the tube has the correct specimen type on the label



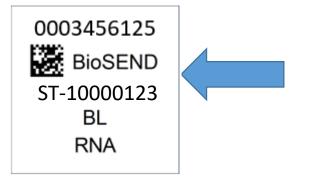


Aliquot Labels

 Keep samples in sequential order when labeling and storing











Sample Collection & Processing

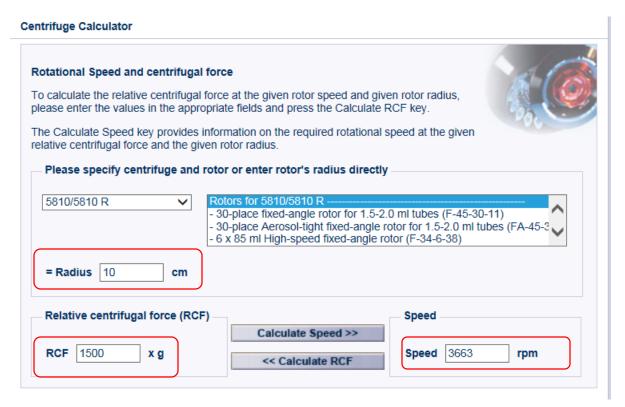
Reminders:

- Collection of biospecimen blood samples should be from subjects who have been <u>fasting for 8 hours</u> or more. If fasting is not feasible, follow suggested low-fat diet.
- G force ≠ RPM
- All specimens should be frozen and stored <u>UPRIGHT</u>
 - For RNA and whole blood specimens, please freeze samples upright in a non-styrofoam rack
 - For plasma, buffy coat, and CSF aliquots, please freeze samples upright in the cryobox provided



Calculating Centrifugation Speed

https://www.eppendorf.com/CA-en/centrifuge-speed-calculator/



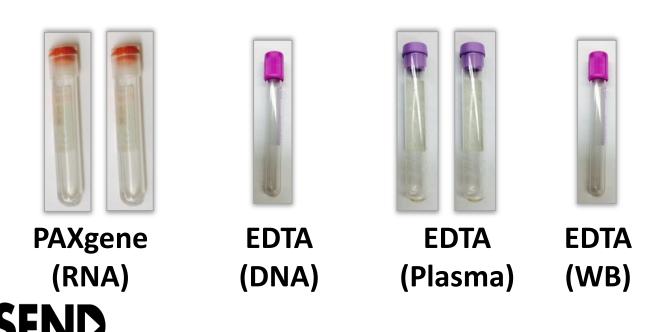
*The 3663 rpm speed was calculated using a hypothetical radius of 10 cm and a RCF of 1500 x g.



Refer to Appendix F in the BioSEND Biologics Manual for further information regarding the centrifugation of samples

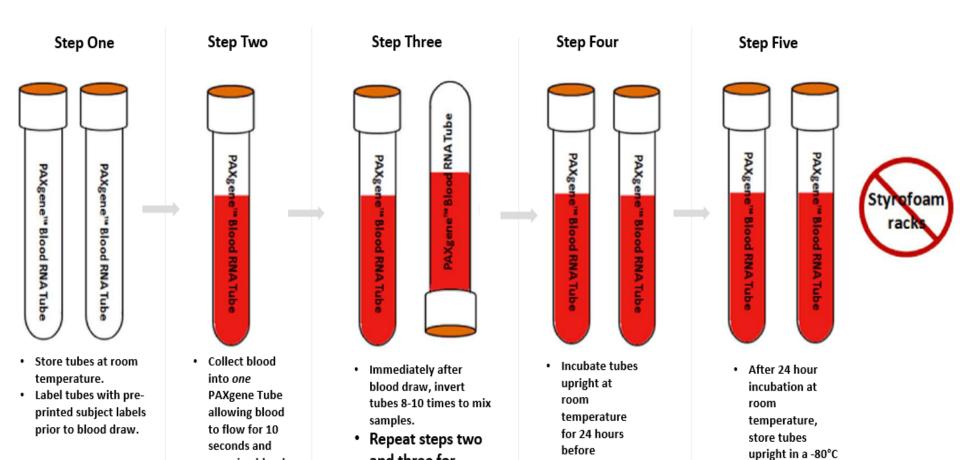
Order of Specimen Collection

- 1. PAXgene® tube for RNA
- 2. EDTA 6 ml (purple top) blood collection for DNA (only at BL visit)
- 3. EDTA **10 ml (lavender top)** blood collection for plasma and buffy coat
- 4. EDTA 6 ml (purple top) blood collection for frozen Whole Blood



PAXgene[™] Preparation (2.5ml Tube)





freezing the

samples.

in a wire rack

until shipment.

and three for

second tube.



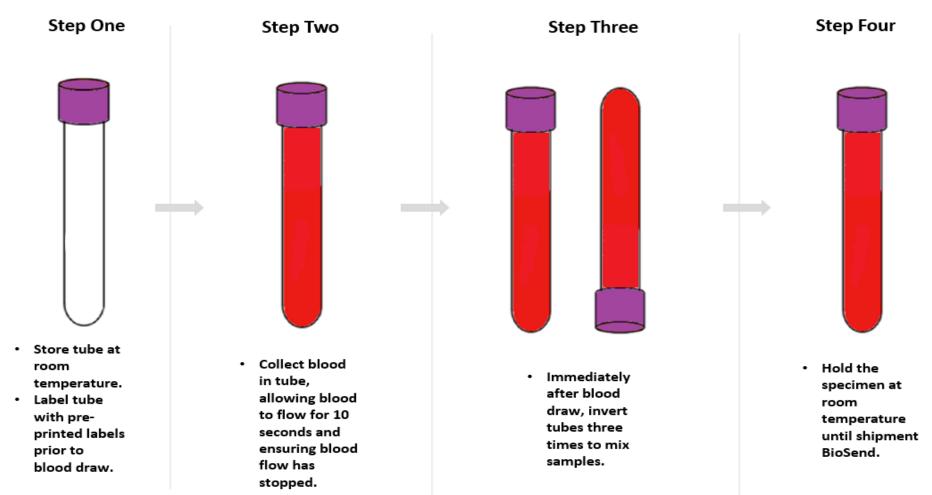
ensuring blood

flow has

stopped.

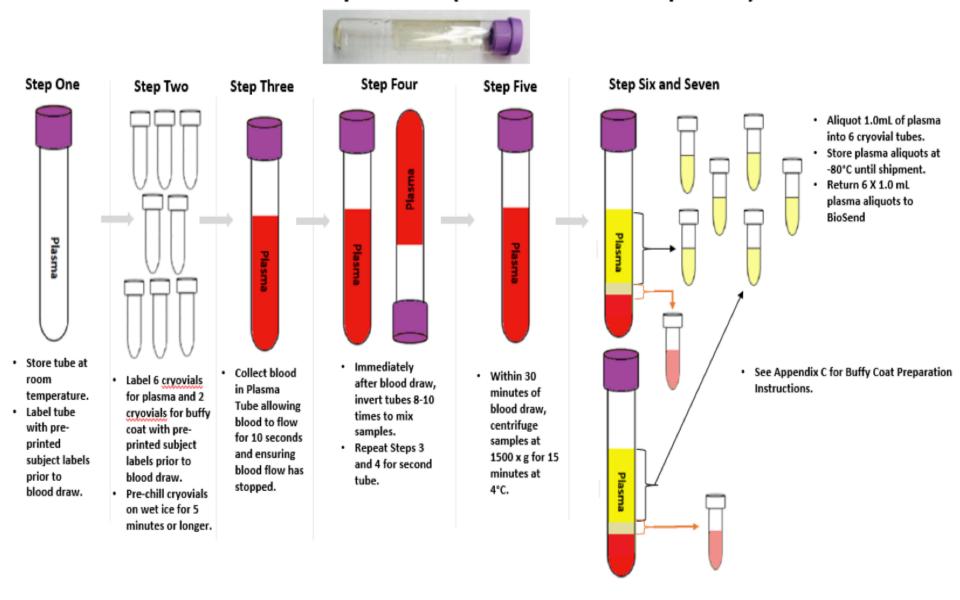
DNA Preparation (6 ml Lavender Top Tube)







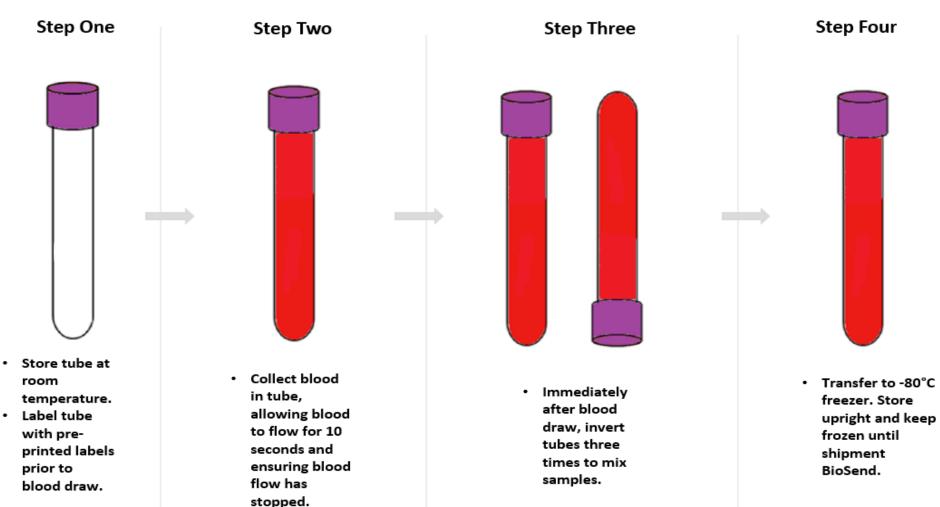
Plasma Preparation (10ml Lavender Top Tube)



BIOSEND

Whole Blood (6 ml Lavender Top Tube)





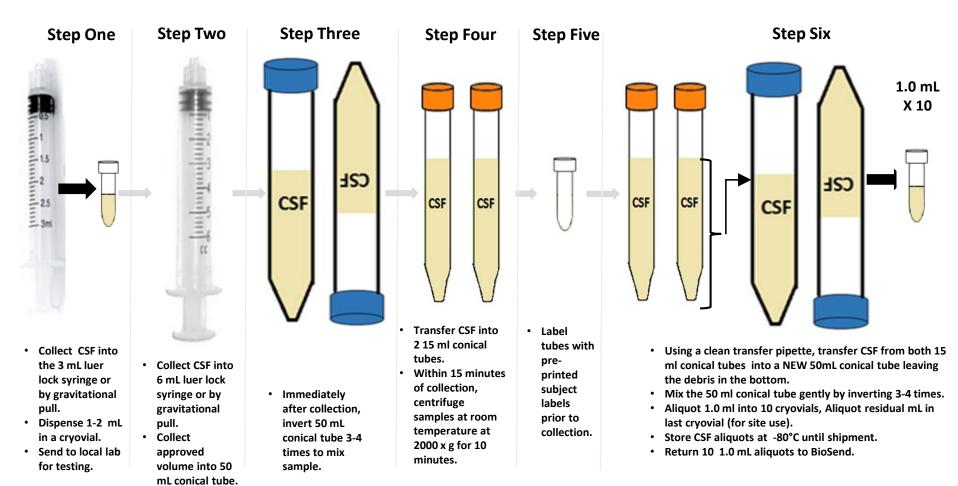


Lumbar Puncture Procedure

- 24g or 22g spinal needle provided in custom LP tray
- Prepare transfer and aliquot tubes (NOT in LP tray but in kit)
 - Label first!
 - Do NOT pre-chill aliquot tubes



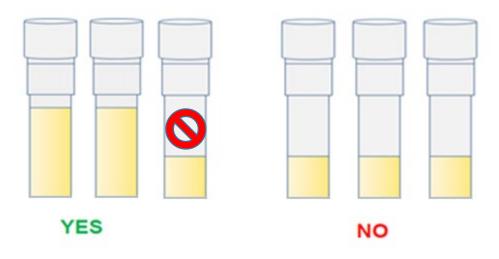
CSF Preparation Processing





Plasma, Buffy Coat and CSF Aliquots

- Fill cryovials to 1ml
- Over-filled vials may burst in freezer
- Ship material to BioSEND
 - 6 Plasma aliquots
 - 2 Buffy Coat aliquots
 - 10 CSF aliquots
- Do NOT send residual volumes to BioSEND





Blood Collection: Troubleshooting

Issue #1: Collection tube with little/no vacuum

- Always check expiration dates before beginning blood draw and discard expired tubes
 - Tubes expire on last day of month printed on tube
- Store tubes at ambient temperature
 - Extreme temperatures can affect vacuum
- Keep extra tubes from supplemental kit nearby during blood draw to replace "bad" tubes
- If frequent occurrence, report tube type and lot numbers to Indiana University



Blood Collection: Troubleshooting

Issue #2: Hemolyzed (pink/red) serum and plasma

Cause: Blood Collection Methods	Corrective Action
Improper venipuncture site	Draw from median cubital, basalic, and cephalic veins from antecubital region of arm
Prolonged tourniquet use	Tourniquet should be released after no more than 1 min, excessive fist clenching should be avoided
Not allowing alcohol to dry on skin before venipuncture	Without touching, allow the venipuncture site to air dry
Lumen of needle too close to inner wall of vein (indicated by slow blood flow)	
Use of too large/small bore needle resulting in excess force applied to blood	Avoid using too small/large needle. Needle size dependent on the subject's physical characteristics & amount of blood to be drawn. Most commonly used sizes are 19 – 23.
Pulling/pushing plunger too fast while drawing/transferring blood	Avoid drawing the syringe plunger too forcefully when collecting blood
	Ensure all blood collection assemblies are fitted securely, to avoid frothing



Reference: BD's "Tech Talk" newsletter, Vol. 2, No. 2, October 2003 (http://www.bd.com/vacutainer/pdfs/techtalk/TechTalk Jan2004 VS7167.pdf)

Blood Collection: Troubleshooting

Issue #2: Hemolyzed (pink/red) serum and plasma

Cause: Sample Processing Methods	Corrective Actions
Vigorous mixing/shaking	Gently invert blood collection tube when mixing additive with specimen, follow guidelines in Biologics Manual regarding number of times to invert each type of tube
Not allowing serum to clot for recommended time	Serum tubes without clot activator should be allowed to clot for 60 min in a vertical position
Exposure to excessive heat or cold	Keep samples at ambient temp
Prolonged contact of serum/plasma with cells	Do not store uncentrifuged samples beyond recommended time



Reference: BD's "Tech Talk" newsletter, Vol. 2, No. 2, October 2003 (http://www.bd.com/vacutainer/pdfs/techtalk/TechTalk Jan2004 VS7167.pdf)

Sample Shipment

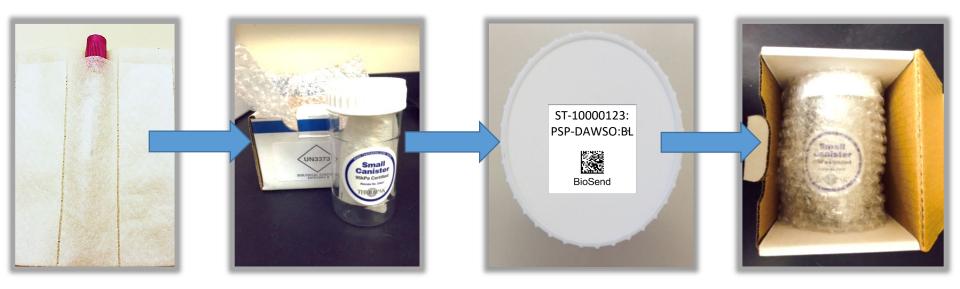


Ambient Sample Shipment

- 6 ml purple (EDTA) whole blood for DNA collection tube
 - Collected at BL visit
- Monday Thursday only via FedEx® Priority
 Overnight
- Schedule FedEx® pickup
- Email Sample Record and Shipment Notification Form including the FedEx tracking number AHEAD OF



Packaging Ambient Samples



- Insert tube into the tube sleeve.
- Insert the sleeve into the canister.
- Seal the canister tightly.
- Place case label on canister.
- Wrap the canister in the enclosed bubble wrap.
- Place canister into the cardboard box.



Labeling Ambient Sample Shipments

- Apply the UN3373 label to the outside of the cardboard box.
- Place the box and a copy of the PSP Sample Record and Shipment Notification Form in the Clinical Pak and seal the Pak.
- Complete the "From" portion of the air waybill with your name, address, and phone number.
- Apply the air waybill to the outside of the package.







Shipping Ambient Samples

- Ship the sample(s) to BioSEND on the day of collection.
- If this is not possible, hold at room temperature until shipping can be arranged.
- Sample(s) must be received at BioSEND within 5 days of collection. Please do not ship these samples on Fridays.



Frozen Samples

- All other samples are shipped frozen
 - Plasma, buffy coat, CSF, whole blood and PAXgene®
- Ship Monday-Wednesday Only via FedEx® Priority Overnight
- Schedule FedEx® pickup
- Email Sample Record and Shipment Notification Form including FedEx® tracking number AHEAD OF SHIPMENT





Packaging and Shipping Frozen Samples









Pack bags, place upright & side-by-side

FILL dry ice to top of box



Packaging & Shipping Troubleshooting

Issue: Broken/Damaged Tubes

Cause	Preventative Action
Over filling tubes	Fill tubes to suggested volume. If any sample still remains, place in an additional tube
Improper packaging	Ensure the tubes are securely placed into the bubble wrap pouch and are placed in a separate bag from the boxed plasma, serum, and CSF.
Rough shipping conditions	Extra bubble wrap may be needed to pad blood tubes
Extreme changes in temperature (ambient→freezer; freezer→dry ice)	Wrapping the tubes in bubble wrap before freezing may help slow the cooling process



Shipping Frozen Samples

- Hold packaged samples in a -80°C freezer until pickup.
- Samples should be received at BioSEND within 2 weeks of collection.



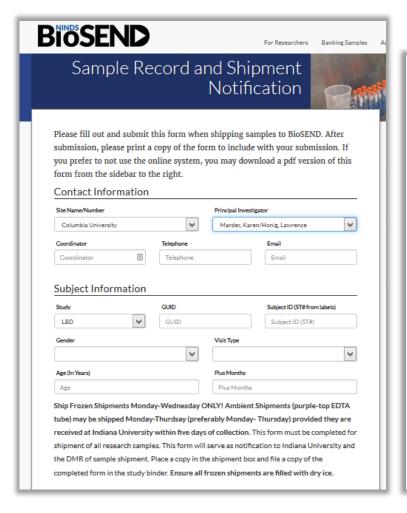


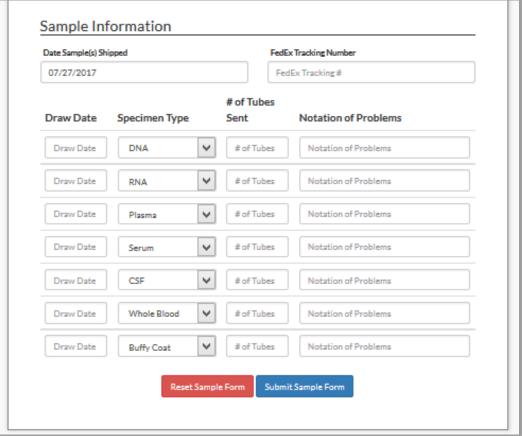
Sample Shipment Notification Form

				1						
Study:										
Site Name:] _P	rincipal Invest	tigator:				
Coordinator:			Te	elephone:			Email:			
	Please list only O	NE subject p	oer Sample	Record S	ummary and	Shipmer	nt Notifica	tion Form		
GUID:				Subject II	O (ST# from pr	re-printed	l labels):			
Gender:						Vi	sit Type:			
Age in Years:						Plus	Months:			
onday- Thursday llection. This for vance of shipmen	Frozen Shipments (preferably Monda) (preferably Monda) m must be completed tusing contact informed to shipments a	y- Wednesd ed for shipme mation below	ay) provide ent of all res . Place a co	ed they are search sam opy in the s	e received at I ples. Notify In chipment box a	Indiana I diana Un	University iversity (e	within five mail preferre	days of ed) and the	DMR i
onday-Thursday Ilection. This for vance of shipmen ider. <u>Ensure all</u> Date Sa	(preferably Monda; m must be complete t using contact infor frozen shipments a ample(s) Shipped:	y- Wednesd ed for shipme mation below are complete	ay) provide ent of all res r. Place a co ely filled wi	ed they are search sam opy in the s ith dry ice.	e received at I ples. Notify Inchipment box a	Indiana Undiana Un and file a	University iversity (e copy of th Number:	within five mail preferre e completed	days of ed) and the	DMR i
onday-Thursday Ilection. This for vance of shipmen ider. <u>Ensure all</u> Date Sa	(preferably Monda) rm must be complete t using contact inforr frozen shipments a	y- Wednesd ed for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana Undiana Un and file a	University iversity (e copy of th Number:	within five mail preferre e completed	days of ed) and the	DMR in
onday-Thursday Ilection. This for vance of shipmen ider. <u>Ensure all</u> Date Sa	(preferably Monda; m must be complete t using contact infor frozen shipments a ample(s) Shipped:	y- Wednesd ed for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University iversity (e copy of th Number:	within five mail preferre e completed	days of ed) and the	DMR i
onday-Thursday llection. This for vance of shipmen der. Ensure all Date Sa the table below,	(preferably Mondar mm must be complete trusing contact inform frozen shipments a sample(s) Shipped: please indicate the	y- Wednesded for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University liversity (e copy of th Number: quots sub	within five mail preferre e completed	days of ed) and the	DMR in
onday-Thursday llection. This for vance of shipmen der. Ensure all Date Sa the table below,	(preferably Mondar m must be complete trusing contact information of the months and the months a	y- Wednesded for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University liversity (e copy of th Number: quots sub	within five mail preferre e completed	days of ed) and the	DMR in
onday-Thursday llection. This for vance of shipmen der. Ensure all Date Sa the table below,	(preferably Mondarm must be complete trusing contact infor frozen shipments a ample(s) Shipped: please indicate the Specimen Type DNA	y- Wednesded for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University liversity (e copy of th Number: quots sub	within five mail preferre e completed	days of ed) and the	DMR in
onday-Thursday llection. This for vance of shipmen der. Ensure all Date Sa the table below,	(preferably Mondar im must be complete it using contact infor frozen shipments a sample(s) Shipped: please indicate the Specimen Type DNA RNA	y- Wednesded for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University liversity (e copy of th Number: quots sub	within five mail preferre e completed	days of ed) and the	DMR in
onday-Thursday llection. This for vance of shipmen der. Ensure all Date Sa the table below,	(preferably Mondat m must be complete trusing contact information of the months and the months a	y- Wednesded for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University liversity (e copy of th Number: quots sub	within five mail preferre e completed	days of ed) and the	DMR in
onday-Thursday llection. This for vance of shipmen der. Ensure all Date Sa the table below,	(preferably Mondar m must be complete tu sing contact information of the second of the	y- Wednesded for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University liversity (e copy of th Number: quots sub	within five mail preferre e completed	days of ed) and the	DMR in
onday-Thursday llection. This for vance of shipmen der. Ensure all Date Sa the table below,	(preferably Mondar im must be complete trusing contact information in the complete trusing contact information in the contact in the conta	y- Wednesded for shipme mation below are complete	ay) provide ent of all res . Place a co ely filled wi complet of Tubes/ sent to	ed they are search sam opy in the s ith dry ice.	e received at I sples. Notify Inchipment box a FedEx T d number of to	Indiana I Idiana Un and file a Fracking I	University liversity (e copy of th Number: quots sub	within five mail preferre e completed	days of ed) and the	DMR in



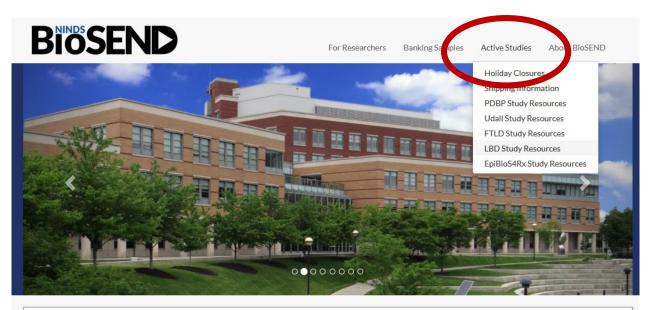
Sample Shipment Notification Form, Online







NINDS BioSEND Website







Holiday Closures

Date	Holiday				
January 1	New Year's Day				
3 rd Monday in January	Martin Luther King, Jr Day				
4 th Monday in May	Memorial Day				
July 4	Independence Day (observed)				
1 st Monday in September	Labor Day				
4 th Thursday in November	Thanksgiving				
4 th Friday in November	Friday after Thanksgiving				
December 25	Christmas Day				



BioSEND Contact Information

• Questions?

Please contact: Claire Wegel (cwegel@iu.edu)

Email: biosend@iu.edu



Questions?

