

$$\int (\sin(x))^4 dx = \int (\sin^2(x))^2 dx \quad (1)$$

$$\cos(2x) = 1 - 2\sin^2(x) \Rightarrow \sin^2(x) = \frac{1}{2}(1 - \cos(2x)) \quad (2)$$

$$\text{Using (2) in (1), we obtain: } \int (\sin(x))^4 dx = \int \left(\frac{1}{2}(1 - \cos(2x))\right)^2 dx =$$

$$= \frac{1}{4} \int (1 - \cos(2x))^2 dx = \frac{1}{4} \int (1 - 2\cos(2x) + (\cos(2x))^2) dx \quad (3)$$

$$\cos(2x) = 2\cos^2(x) - 1 \Rightarrow \cos^2(2x) = \frac{1}{2}(1 + \cos(4x)) \quad (4)$$

$$\text{Using (4) in (3), we obtain: } \int (\sin(x))^4 dx = \frac{1}{4} \int (1 - 2\cos(2x) + \frac{1}{2} + \frac{1}{2}\cos(4x)) dx =$$

$$= \frac{1}{4} \int (\frac{3}{2} - 2\cos(2x) + \frac{1}{2}\cos(4x)) dx = \frac{1}{4} (\frac{3}{2} \int dx - 2 \int \cos(2x) dx + \frac{1}{2} \int \cos(4x) dx) =$$

$$= \frac{1}{4} (\frac{3}{2}x - \frac{2}{2} \sin(2x) + \frac{1}{2} \cdot \frac{1}{4} \sin(4x)) = \frac{3}{8}x - \frac{1}{4} \sin(2x) + \frac{1}{32} \sin(4x) + C$$

$$\Rightarrow \int (\sin(x))^4 dx = \frac{3}{8}x - \frac{1}{4} \sin(2x) + \frac{1}{32} \sin(4x) + C$$

$$\int (\cos(x))^5 dx = \int (\cos(x))^4 \cdot \cos(x) dx = \int (\cos^2(x))^2 \cdot \cos(x) dx \quad (5)$$

$$\sin^2(x) + \cos^2(x) = 1 \Rightarrow \cos^2(x) = 1 - \sin^2(x) \quad (6)$$

$$\text{Using (6) in (5), we obtain: } \int (\cos(x))^5 dx = \int (1 - \sin^2(x))^2 \cos(x) dx$$

$$t \neq \sin(x) \Rightarrow t' dt = (\sin(x))' dx \Rightarrow dt = \cos(x) dx$$

$$\Rightarrow \int (\cos(x))^5 dx = \int (1 - t^2)^2 dt = \int (1 - 2t^2 + t^4) dt = \int dt - 2 \int t^2 dt + \int t^4 dt =$$

$$= t - \frac{2}{3}t^3 + \frac{1}{5}t^5 = \sin(x) - \frac{2}{3}(\sin(x))^3 + \frac{1}{5}(\sin(x))^5 + C$$

$$\Rightarrow \int (\cos(x))^5 dx = \sin(x) - \frac{2}{3}(\sin(x))^3 + \frac{1}{5}(\sin(x))^5 + C$$