

Report

International workshop on Capacity and Leadership Development in Nutritional Sciences

Organized by
International Union of Nutritional Sciences
The Korean Nutrition Society



September 4-6, 2008
Hoam Convention Center
Seoul National University, Seoul, Korea

Organized by

International Union of Nutritional Sciences
The Korean Nutrition Society

Supported by

International Union of Nutritional Sciences
The Korean Nutrition Society
Korea Science and Engineering Foundation
International Nutrition Foundation
Biofood Network Center

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Professor, Seoul National University, Korea

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Summary of the workshop

Background

The international leadership workshop: “Capacity and Leadership Development in Nutritional Sciences” was organized to help young and promising nutritionists grow to be the next generation of leaders.

Objectives

The international workshop had three objectives. They were:

1. To promote leadership skills among young nutrition scientists of Asia
2. To strengthen capacities for innovation and cooperation
3. To build network among the next generation of Asian nutrition science

Participants

A total of 26 young nutrition scientists were selected from 13 Asian countries and Australia through a vigorous process. The potential participants were identified and recommended by the national nutrition association of each country and the final list was determined by the local committee of the International Workshop.

Workshop Program

The program was designed to have seven sessions included presentations by nineteen speakers, group discussion and activities for the participants. This workshop offered opportunities to build up leadership skills and to strengthen scholarship skills. Building a long-lasting human network among the young invited scholars was also heavily promoted. The program schedule and details are followed.

Workshop Program

Program Overview

Sept. 4, 2008 (Thu)	Sept. 5, 2008 (Fri)	Sept. 6, 2008 (Sat)
7:30-8:20 Breakfast	7:30-8:20 Breakfast	7:30-8:20 Breakfast
8:20-9:00 Opening / Orientation Welcome; Congratulatory Remarks; Opening Lecture Introduction of the group	8:20-9:00 Country Report (II) (Australia, Bangladesh, Indonesia, Malaysia)	8:20-9:00 Country Report (III) (the Philippines, Singapore, Sri Lanka)
9:00-11:30 Session I 9:00-11:00 Capacity Development for Leadership (I) : Leadership development 11:00-11:30 Discussion	9:00-11:30 Session IV 9:00-11:00 Capacity Development for Leadership (II) : Coaching skills 11:00-11:30 Discussion	9:00-11:30 Session V Capacity Development for Leadership(III): Communication Skills 9:00-9:40 Effective communication skills Communication for Nutritionists 9:40-10:20 - Nutritionist's Point of View 10:20-11:00 - Health Scientist's point of View 11:00-11:30 Discussion
11:30-12:00 Short Presentation I	11:30-12:00 Short Presentation II	11:30-12:00 Short Presentation III
12:00-13:00 Lunch		
13:00-14:40 Session II Leadership Roles for Nutritionists 13:00-13:40 Educating/mentoring 13:40-14:20 Research/professional activities 14:20-14:40 Discussion	Field Trip Public Health Center, Seocho-gu, Seoul Kimchi Museum Open Market	13:00-14:40 Session VI Professional Writing for Nutritionists 13:00-13:40 Writing a grant proposal 13:40-14:20 Writing for publication 14:20-14:40 Discussion
14:40-15:00 Break		14:40-15:20 Short Presentation IV
15:00-17:00 Session III Nutrition in Asia (1) : Current Status 15:00-15:15 Introduction 15:15-16:40 Country Report (I) 16:40-17:00 Discussion		15:20-15:40 Break
17:00-18:00 SNU Campus Visit		15:40-18:00 Session VII Nutrition in Asia (2): Capacity Development for Actions (Organized by Biofood Network Center) 15:40-16:20 Research & Policy Partnerships and Networking: 16:20-17:00 - Partnerships with food industry 17:00- 17:40 - International Cooperation 17:40-18: 00 - International meetings: ICN 2009 Discussion
Break		Break
19 :00 – Dinner	18:30 - Dinner	18 :30- Closing / Farewell Party

Sept.3, 2008 (Wed) Arrival of International Participants/Registration

Sept. 7, 2008 (Sun.) Breakfast and Departure

Daily Schedule

Sept. 3, 2008 (Wed.)

Arrival of International Participants / Registration

Sept. 4, 2008 (Thurs.)

7:30-8:20	Breakfast	
8:20-9:00 8:20-8:25 8:25-8:30 8:30-8:45 8:45-9:00	Opening/ Orientation Welcome Congratulatory Remarks Opening Lecture "The IUNS: Present and Future" Introduction of the Group	Moderator: HY Paik Dr. S. Cho (President, KNS) Dr. M. Wahlqvist Dr. R. Uauy (IUNS) Dr. H. Paik
9:00-11:30 9:00-11:00 11:00-11:30	Session I Capacity Development for Leadership (I): Leadership development Discussion	Moderator: R Uauy, SH Cho Dr. SY. Gimm
11:30-12:00	Short Presentation I	Zeng Guo, China STC Mahawithanage, Sri Lanka Do Thi Ngoc Diep, Vietnam Jung Il Kang, Korea Jung Suk Choi, Korea
12:00-13:00	Lunch	
13:00-14:40 13:00-13:40 13:40-14:20 14:20-14:40	Session II Leadership Roles for nutritionists Educating/mentoring Research/professional activities Discussion	Moderator: T Davis, YO Cho Dr. W. Song Dr. ML Wahlqvist
14:40-15:00	Break	
15:00-17:00 15:00-15:15 15:15-16:40 16:40-17:00	Session III Nutrition in Asia (1): Current Status Introduction Country Report (I) China India Japan Korea Mongolia Thailand Vietnam Discussion	Moderator: K Krishnaswamy, HY Paik Dr. HY Paik Dr. D. Li/M.Lee Dr. K. Krishnaswamy Dr. K. Tanaka Dr. S. Cho Dr. G. Enkhtaivan Dr. Pattanee W. Dr. N. Khan
17:00-18:30	SNU Campus Visit	Leader: YH Kwon, JH Yoon
	Break	
19:00-	Dinner	Leader: YO Cho, SH Kim

Sep. 5, 2008 (Fri)

7:30-8:20	Breakfast	
8:20-9:00	Country Report (II) (Australia, Bangladesh, Indonesia, Malaysia)	Moderator: K Tanaka, SK Lee Lisa Wood S M Mustafizur Rahman Atmarita Yasmin Ooi
9:00-11:30 9:00-11:00 11:00-11:30	Session IV Capacity Development for Leadership (II): Coaching skills Discussion	Moderator: J Dwyer, YS Choi Dr. SY Gimm
11:30-12:00	Short Presentation II	Shan Ji Li, China Foo Leng Huat, Malaysia Hee Jung Park, Korea Kyung Hee Noh, Korea Younjhin Ahn, Korea
12:00-13:00	Lunch	
13:00-18:30	Field Trip Seocho-gu Health Center Kimchi Museum Open Food Market Traditional District	Leader: HJ Joung, JH Yoon
18:30-20:00	Korean Traditional Dinner	Leader: SH Kim

Sep. 6, 2008 (Sat)

7:30-8:20	Breakfast	
8:20-9:00	Country Report (III) (the Philippines, Singapore, Sri Lanka)	Moderator: M Lee, G Enkhtaivan Emerenciana D Lagadia Ann Selina Chang Lakmini Thilakarathne
9:00-11:30	Session V Capacity Development for Leadership(III): Communication Skills 9:00-9:40 Effective communication skills Communication for Nutritionists 9:40-10:20 Nutritionist's Point of View 10:20-11:00 Health Scientist's Point of View 11:00-11:30 Discussion	Moderator: S Murphy, W Song Dr. H. Shim Dr. J. Dwyer Dr. H. Baik
11:30-12:00	Short Presentation III	Makoto Akao, Japan Purevjav Megeenov., Mongolia Joohee Kim, Korea Min Kyung Park, Korea
12:00-13:00	Lunch	
13:00-14:40	Session VI Professional Writing for Nutritionists 13:00-13:40 Writing a grant proposal 13:40-14:20 Writing for publication 14:20-14:40 Discussion	Moderator: M Wahlqvist, HJ Joung Dr. T. Davis Dr. D. Li
14:40-15:20	Short Presentation IV	Jyothi Lakshmi. A, India Le Hong Dung, Vietnam Gyeong Min Do, Korea Jeong Yeon Seo, Korea Si Young Cho, Korea
15:20-15:40	Break	
15:40-18:00	Session VII Nutrition in Asia (2) : Capacity Development for Actions <Organized by Biofood Network Center> 15:40-16:20 Research & Policy Partnership and Networking: 16:20-17:00 Partnership with Food Industry 17:00-17:40 International Cooperation 17:40-18:00 International meetings: ICN 2009 Discussion	Moderator: K Krishnaswamy, HY Paik Dr. S. Murphy Dr. V. Prakash Dr. R. Uauy Dr. Pattanee W.
	Break	
18 :30 ~	Closing/Farewell Party - Closing Ceremony - Celebration Performance - Dinner	Leader: YO Cho, SH Kim

Program Description

The international workshop program was largely divided into four sections: 1) Capacity development for leadership, 2) Leadership roles for nutritionists, 3) Professional writing for nutritionists, 4) Nutrition in Asia, and 5) a Field trip.

The “**Capacity development for leadership**” was designed to provide necessary skills to become an effective leader. A total of three sessions were created for this section: a) leadership development, b) coaching skills, and c) communication skills. The capacity development for leadership: Leadership development (Session I, Sept. 4., 9:00 – 11:30) was led by Dr. Susan Youngsoon Gimm at the Korea Leadership Center. Dr. Gimm conducted a highly interactive session to help participants think about what leadership is and what is required to become a leader. Some of the topics covered in the session included self-leadership, leadership to others, maturity continuum, competence vs. character, etc. The capacity development for leadership: Coaching skills (Session IV, Sept. 5., 9:00 – 11:30) was another interactive session led by Dr. Gimm. In this session, participants learned definition, utility, and effective skills of coaching. The capacity development for leadership: Communication skills (Session V, Sept. 6., 9:00 – 11:30) provided participants opportunities to learn how to work with mass media, benefits and risks of working with media, and effective ways to work with other health professionals. Dr. Hoon Shim at Hallym University, Dr. Johanna Dwyer at Tufts University, and Dr. Hyungwook Baik at Daejin University shared their expertise on this topic.

The “**Leadership roles for nutritionist** (Session II, Sept. 4., 13:00 – 14:40)” covered topics such as educating, mentoring, and research and professional activities. The topic of Educating/Mentoring was discussed by Dr. Won Song at Michigan State University, where importance of educating oneself and others were emphasized. Dr. Mark Wahlqvist at Monash University, Australia laid out roles of leadership in nutrition research and professional activities. He discussed various possible career options for nutritionists, nutrition research goals and processes, and importance of a new nutrition leadership.

The “**Professional writing for nutritionists** (*Session VI, Sept. 6., 13:00 – 14:40*)” taught basic and practical knowledge on how to write grant proposals and prominent academic journals. Dr. Teresa Davis at Baylor College of Medicine discussed the process of writing a good research grant proposal from starting with a good research question to being persistent in pursuing funding sources for the good research question. Dr. Davis also provided useful practical tips in writing a grant proposal with high potential for success. Dr. Duo Li at Zhejiang University discussed issues with writing for publication. Necessary components for a manuscript for publication were reviewed and practical guidelines were also provided.

Several sessions belonged to the **Nutrition in Asia** section. Country reports, taking place throughout the workshop, provided snap shots of current nutritional status and nutrition problems of participating countries. Participating countries were Australia, Bangladesh, China/Taiwan, India, Indonesia, Japan, Korea, Malaysia, Mongolia, Pakistan, the Philippines, Singapore, Sri Lanka, Thailand, and Vietnam. Learning current nutrition status and nutrition problems of each country helped to clarify what problems are general or unique in Asia and Australia. Another session under the Nutrition in Asia was Short Presentations from the invited participants. The invited participants were asked to prepare a short presentation on their background and current research/practices to introduce themselves to the audience. These short presentations were delivered in four groups throughout the workshop and were valuable in facilitating the networking among the participants.

The last session of the Nutrition in Asia was Capacity Development for Actions (*Session VII, Sept. 6., 15:40 – 18:00*) was to promote networking and collaboration across nations and among all participants. Dr. Suzanne Murphy at University of Hawaii pointed out how research and policy should and are inter-related through five examples: setting nutrient standards, specifying food-based dietary guidance, conducting national nutrition surveys, selecting criteria for food labeling, and designing nutrition assistance programs. Partnership with food industry was discussed by Dr. V. Prakash at Central Food Technology Research Institute, although the presentation itself had to be delivered by Dr. Uauy because an unforeseen and urgent meeting prevented Dr. Prakash from attending the workshop. Dr Uauy at University of Chile and current President of International Union of Nutritional Science urged participants to

think nutrition problems of not only their country's own but also of the world. He highlighted the *Lancet's* series on maternal and child undernutrition 2008. Current consensus of effective international action against undernutrition was discussed in areas such as international nutrition system and nutrition action. Dr. Pattanee Winchagoon at Mahido University reported the preparation status for the International Congress of Nutrition, 2009.

The **Field Trip** (Sept. 5., 13:00 – 18:00) took the participants to the *Seocho-gu* Public Health Center, Kimchi Museum, and an open market. Public health centers used to be a clinic providing primary medical care to low-income individuals and families, however the majority work of the centers now is on health promotion activities. Economic development coupled with the universal medical insurance took away the needs for a separate clinic for low-income individuals, although the public health centers, especially in rural areas, still provide some level of primary medical care. The particular public health center visited is one of the best public health centers in terms of financial situations, its forward-thinking approach to health promotion, and the extensive range of activities. Participants learned cultural and scientific aspects of Kimchi at the Kimchi Museum, where they tasted more than 20 different kinds of Kimchi. Participants also roamed around an open market where they had a chance to mingle with locals. The Field Trip provided a small segment for the workshop participants to breath easy in the middle of the very tight workshop schedule, to make friends, and to see some parts of Seoul, Korea.

Invited Speakers

Name	Country	Organization
Baik, Hyunwook	Korea	Daejin Univ. Medical School
Cho, Sung-Hee		Catholic Univ. of Daegu Korea President, the Korean Nutrition Society
Davis, Teresa	USA	Baylor College of Medicine
Dwyer, J.	USA	Tufts Univ.
Enkhtaivan Gombosuren	Mongolia	Mongolian Univ. of Science and Technology
Gimm, Susan Youngsoon	Korea	The Korea Leadership Center
Khan, Nguyen Cong	Vietnam	National Institute of Nutrition
Krishnaswamy, Kamala	India	National Institute of Nutrition Council Member, IUNS
Lee, Meei-Shyuan	Taiwan	National Defense Medical Center Manuscript Editor, APJCN
Li, Duo	China	Zhejiang Univ. Editor, APJCN
Murphy, Suzanne	USA	Cancer Research Center of Hawaii Treasurer, IUNS
Paik, Hee Young	Korea	Seoul National Univ. Council Member, IUNS
Pattanee Winichagoon	Thailand	Mahidol Univ. Scientific Committee, ICN2009
V. Prakash	India	Central Food Technology Research Institute
Shim, Hoon	Korea	Hallym Univ.
Song, Won O.	USA	Michigan State Univ.
Tanaka, Kiyoshi	Japan	Kyoto Women's Univ.
Uauy, Ricardo	Chile	Univ. of Chile President, IUNS
Wahlqvist, Mark	Australia	Monash Univ. Immediate Past President, IUNS Editor, APJCN

Participants List

No.	Country	Name	Gender	Current Position	Institution	Mentor(s)
1	Australia	Lisa Wood	F	Research Fellow	Hunter Medical Research Institute	K Tanaka
2	Bangladesh	S M Mustafizur Rahman	M	Assistant Director(BCC)	National Nutrition Program	D Li
3	China	Zeng Guo	F	Associ. prof.	Sichuan Univ.	K Krishnaswamy
4	China	Shanji Li	F	Assitant Prof.	Jilin Medical College of China	M Wahlqvist
5	India	Jyothi Lakshmi. A	F	Scientist	Central Food Technological Research Institute	G Enkhtaivan
6	Indonesia	Atmarita	F	Head of Division	The Ministry of Health	T Davis/ S Murphy
7	Japan	Makoto Akao	M	Assitant Prof.	Nihon Univ.	Pattanee W
8	Malaysia	Yasmin Ooi	F	Lecturer & Researcher	Univ. Malaysia Sabah, Kota Kinabalu	WO Song/ J Dwyer
9	Malaysia	Leng Huat Foo	M	Lecturer	Univ. Malaysia Sabah	M Lee/YS Choi
10	Mongolia	Purevjav Megeenov	F	Lecturer	Mongolian Univ. of Science and Technology	Ricardo Uauy
11	Philippines	Emerenciana D Lagadia	F	Nutrition Officer	National Nutrition Council	D Li
12	Singapore	Ann Selina Chang	F	Dietitian	Alexandra Hospital	K Krishnaswamy
13	Sri Lanka	Lakmini Ranishka Thilakarathne	F	Nutritionist	Ministry of Healthcare & Nutrition	M Wahlqvist
14	Sri Lanka	STC Mahawithanage	M	Manager-Regulatory Affairs and Nutrition	Fonterra Brands Lanka	G Enkhtaivan
15	Vietnam	Do Thi Ngoc Diep	F	Vice Director	Ho Chi Minh City Nutrition Center	Pattanee W
16	Vietnam	Le Hong Dung	M	Researcher	National Institute of Nutrition	WO Song/ J Dwyer
17	Korea	Jung Il Kang	F	Manager	Pulmuone co., Ltd	G Enkhtaivan
18	Korea	Hee Jung Park	F	Senior Researcher	CJ	WO Song/ J Dwyer
19	Korea	Joohee Kim	F	Manager	Biofood Network	T Davis/ S Murphy
20	Korea	Gyeong Min Do	F	Ph. D Candidate	Kyoungbook Univ.	M Wahlqvist
21	Korea	Jeong Yeon Seo	F	Research prof.	Younsei Univ.	Ricardo Uauy
22	Korea	Kyung Hee Noh	F	Researcher	Inje Univ.	Pattanee W
23	Korea	Jung Suk Choi	F	Ph. D Candidate	Hallym Univ.	K Krishnaswamy
24	Korea	Younghin Ahn	F	Associ. Investigator	Korean CDC	K Tanaka
25	Korea	Min Kyung Park	F	Ph. D Candidate	Seoul National Univ.	M Lee/YS Choi
26	Korea	Si Young Cho	F	Researcher	Amore Pacific	D Li

Workshop evaluation

2008 International Workshop

Capacity and Leadership Development in Nutritional Sciences

(From speakers)

We hope you have found the “2008 International Workshop: Capacity and Leadership Development in Nutritional Sciences” helpful and interesting. We would like to hear what you thought about this workshop. Your feedback will be valuable to improve quality of future workshops. Please take a moment to complete this form.

Thank you!

[Program Content]

1. How helpful following sessions were to you?

	(out of 5)
	Mean Score
Capacity Development for Leadership (I): Leadership development (9/4, Th)	4.8
Capacity Development for Leadership (II): Coaching skills (9/5, F)	4.4
Capacity Development for Leadership (III): Communication skills (9/6, Sat)	4.6
Leadership Roles for Nutritionists (9/4, Th)	4.2
Professional Writing for Nutritionists (9/6, Sat)	4.7
Capacity Development for Actions (9/6, Sat)	4.4
Country Reports	4.4
Short Presentation from the Participants	4.7
Field Trip	4.3
The workshop, overall	4.9

2. *What other subjects would you have liked to see in this workshop?*

- ♦ How to deal with government, industries and media, especially when any unexpected issues come up!
- ♦ Some regional hot topics or hot topics to be in various nutrition fields been formed through this program
- ♦ I think the subjects in the workshop are carefully selected. I hope that intimate friendship through this workshop will lead to international collaboration in the future.
- ♦ More discussion
- ♦ Building resources in Asia-Pacific
- ♦ Nutritional Economics

[Program Format]

3. *Please provide any thoughts or suggestions on the format of the program?*

a. Format of the sessions (e.g. lectures, etc)

- ♦ Good, but we need more discussion
- ♦ Nice, OK

b. Schedule of the workshop

- ♦ It would be better if some spare time were given so that the attendees could have their own free time to enjoy the host country more.
- ♦ Schedule was too busy. More loosen schedule will be good for participants from other country.
- ♦ If it was possible, I would like to have listened to the country reports a little bit longer.
- ♦ Good, except need more discussion.

c. Convenience

- ♦ Very excellent.
- ♦ Very convenient-especially with transportation to and from the airport.

d. Place

- ♦ Excellent.
- ♦ SNU campus was an excellent choice.

e. Composition of participants

- ♦ Excellent.
- ♦ Very good international representation.
- ♦ Good composition

- ♦ I had a chance to communicate with participants from various Asian countries. It is a valuable experience.

f. Speakers

- ♦ Excellent.
- ♦ The list of speakers is outstanding. Thanks to the organizers
- ♦ Nice range of expertise

g. Others

- ♦ Breakfast should be buffet.

4. *Please let us know if there is anything we could have done more to make your stay and experience better during the workshop.*

- ♦ Perfectly organized!! Practically nothing to be changed.
- ♦ Nothing
- ♦ If the information (venue, contact person, contact phone, requirement for refund) had been informed earlier, it would have been most welcomed!
- ♦ Visiting relevant departments and center should be great if possible.

5. *Please let us know if you have any other comments or suggestions.*

- ♦ The talk of participants should be limited (e.g. 6 slides) and well-formatted (give them a sample format).
- ♦ The organizer did a very good job to arrange this program. I appreciate that this happened and hope this workshop duplicates in other place and time.
- ♦ It's great joy to sit with all participants and learn from the speakers and others.
- ♦ Thank you!
- ♦ Only comment: Thank you for your hospitality!!

Thank you!

2008 International Workshop

Capacity and Leadership Development in Nutritional Sciences

(From participants)

We hope you have found the “2008 International Workshop: Capacity and Leadership Development in Nutritional Sciences” helpful and interesting. We would like to hear what you thought about this workshop. Your feedback will be valuable to improve quality of future workshops. Please take a moment to complete this form. Thank you!

[Program Content]

1. How helpful following sessions were to you?

	(out of 5)
	Mean Score
Capacity Development for Leadership (I): Leadership development (9/4, Th)	4.6
Capacity Development for Leadership (II): Coaching skills (9/5, F)	4.7
Capacity Development for Leadership (III): Communication skills (9/6, Sat)	4.4
Leadership Roles for Nutritionists (9/4, Th)	4.2
Professional Writing for Nutritionists (9/6, Sat)	4.5
Capacity Development for Actions (9/6, Sat)	4.5
Country Reports	4.5
Short Presentation from the Participants	4.5
Field Trip	4.4
The workshop, overall	4.7

2. *What other subjects would you have liked to see in this workshop?*

- ♦ I would have liked to see more field experience
- ♦ More training on leadership skills.
- ♦ Free discussion on nutrition fields.
- ♦ I liked the session of leadership development and coaching skills.
The lecture was powerful.
- ♦ Case study
- ♦ I would like to receive all the presentations which had not been included in the book.
- ♦ Solutions to the problems in different nations
- ♦ Group discussion
- ♦ Main and very common mistakes we have done in proposals writing (Practical session)
- ♦ Activity among participants- Giving themes and making answers together.
- ♦ Expansion of the participant's nationality and/or working country.
- ♦ One 'point service' in first happy city at public health center.
- ♦ How to cooperate with international organization.
- ♦ About design, implement and evaluation of program
- ♦ More group activity and discussion.
- ♦ The subject/topics for improving the implementation and strategies of nutrition.
- ♦ Dr. SY. Gimm's teaching and working study is wonderful.

[Program Format]

3. *Please provide any thoughts or suggestions on the format of the program?*

a. Format of the sessions (e.g. lectures, etc)

- ♦ Appropriate
- ♦ more time needed
- ♦ Good
- ♦ informative & Good
- ♦ Nice
- ♦ The recent issues
- ♦ The schedule had been very tight
- ♦ I hope more sessions on professional writing for nutritionists.
- ♦ Enjoyed lectures on professional development as well as country reports.
- ♦ Very comprehensive

b. Schedule of the workshop

- ♦ Appropriate
- ♦ Very well organized.
- ♦ just enough, but could have more time for discussion
- ♦ Little bit tight, But fully satisfied
- ♦ Nice
- ♦ Schedule had been too tight.
- ♦ Reasonable
- ♦ With this program, 4 days would be good
- ♦ I wish to have more breaks.
- ♦ It'd been too tight. I would like to have more time to talk with other participants
- ♦ If possible, a break between 8:20 and lunch would have been good to regain our attention span.
- ♦ It was too busy.
- ♦ Too short duration
- ♦ Too short, additional 2 days would be good.

c. Convenience

- ♦ Very good
- ♦ Transportation was inconvenient
- ♦ Fine
- ♦ Very convenient
- ♦ Breakfast is not arranged, it's uncomfortable.

d. Place

- ♦ Very nice and convenient
- ♦ Excellent
- ♦ Good
- ♦ Changing room is not good.
- ♦ Good selection to hold the workshop on university campus.

e. Composition of participants

- ♦ Appropriate
- ♦ very good, Great
- ♦ Separation by category
- ♦ Similar field in nutrition, every time.

- ♦ Excellent. It would have been better if we had more participants from some other countries, such as Brunei, Nepal and East Timor.

f. Speakers

- ♦ Excellent Speakers
- ♦ experts in their own fields
- ♦ very good
- ♦ Good selection and representation of speakers.
- ♦ I feel so happy. Teresa A. Davis's lecture. Thank you for her.

g. Others

- ♦ Meals were really excellent
- ♦ Very good
- ♦ Korean goods are wonderful
- ♦ Food-completely differ from ours, few selection in vegetarian dishes.
- ♦ More practice and group discussion
- ♦ Nice staffs.
- ♦ Three hours would be better than two sessions of 20 minutes currently provided.
- ♦ More time to talk about our backgrounds and our issues.
- ♦ Everything is just well organized and the hospitality from the host country is absolutely wonderful. Thank you!

4. *Please let us know if there is anything we could have done more to make your stay and experience better during the workshop.*

- ♦ You have done very good
- ♦ We should organize much more workshops like this, but should be longer so that the young leaders of the future could have more time to exchange experiences with standing leaders and other participants.
- ♦ Let's build the nutritional network.
- ♦ Give e-document (CD) copy to participants
- ♦ Everything was good, but meals were little bit big for me.
- ♦ Visiting
- ♦ Example
- ♦ Namdaemun (open market) was interesting for me, but I prefer "Insa" to shop for my friend & family.

- ♦ The organizers have worked very hard to ensure our stay and experiences to be comfortable and memorable. Thank you very much.
- ♦ I think that we need more time to learn about country which the workshop take place in.
- ♦ For some selected countries it will be good to see and visit research center and facilities.
- ♦ More talks on coaching skills.
- ♦ Hot special!! I think it was so nice meeting and stay.
- ♦ This workshop was well organized and will be a model for other workshops in the future.
- ♦ More discussion in detail among participants and speakers. More time (e.g. one more day) so that the participants can more deepened intellectual discussion with each other and the speakers from Korea and elsewhere.

5. Please let us know if you have any other comments or suggestions.

- ♦ More group activity
- ♦ Thank you for everything-all the staffs, organizers, speakers & participants.
I hope that we can keep in touch all together afterwards
- ♦ Nothing, as it was very good
- ♦ Excellent
- ♦ Thank you very much for organizing this great workshop.
- ♦ Please give some breaks!
- ♦ I hope that this network continues and extends in Asia in the future.
- ♦ Thank you very much for your hard work!
- ♦ Thank you for all the stuffs.
- ♦ Could you make a community for young leader in IUNS?
- ♦ Thank you for giving me a chance. I will be a great scientist. I hope to use this leadership skill for my life.

Thank you!

Photos



