Grammar Reference

'Used to' and 'would'

Meaning and use

We can use **used to** and **would** to talk about things we did regularly in the past, but we don't do now. We use **used to** for either habits or states in the past. **Would** is used only for past habits, not for past states.

Elena **used to** visit her grandson on Saturdays, but now she visits him on Sundays. (past habit) On Fridays, we **would** take a long walk after lunch. (past habit) The weather **didn't use to** be so cold in May. (past state)

NOT: The weather wouldn't be so cold in May.

Used to and would often have the idea of comparison or change over time.

Elena **used to** visit her grandson on Saturdays but now she visits him on Sundays. We **would** take a long walk after lunch (but now we do not.)
The weather **didn't use to** be so cold in May. (now, it is cold in May)

Form

The different forms of these phrases are used to + infinitive (without 'to') or did / did not / didn't + use to + infinitive (without 'to'), and would / would not / wouldn't + infinitive (without 'to').

Used to is the simple past. Use to is used in negative and question forms. It is used for both habits and states.

Used to - Habit

Isabel **used to** sing in a band. Pablo **didn't use to** drive to work. **Did** John **use to** study with you?

Used to - State

Bob used to be much shorter.

I didn't use to like art.

Did Wayne use to belong to the debate team?

Didn't Margaret use to hate flying?

Would - Habit (not for states)

Since I always had that day free, I would shop for groceries every Monday. Since we were always in a hurry, we wouldn't stop for tea on Fridays. Would you often stay for lunch?

Take note: adverbs

Used to and **would** already show that something happened in the past. We don't usually add adverbs. But, if you want to stress a time period, you can add an adverb.

I didn't use to travel frequently, but now I do. Nancy would go for a jog every day, but now she doesn't have enough time.