

## Session 2

It's time to learn more about the past simple tense. We'll find out when to use it and learn how to make positives, negatives and questions. Then we'll put them into practice by interviewing a famous footballer!

## Activity 1

### Learn the Language: Past simple

In Session 1 we did a quiz about great achievers. In this session, we'll learn how to use the past simple tense to talk about the things they did. Have a look at these notes and then try the activities.

#### The Past Simple

##### When to use it

We use the past simple tense when an action or situation happens and finishes in the past. We usually say or know when the past action happened.

##### Examples

She **called** me at the office yesterday.  
Steve **went** to the US three times last year.  
Usain Bolt **won** the 100 meters in the 2012 Olympics.

##### How to make positive past simple sentences

The past tense is made from **subject + verb-ed**. Irregular verbs have a different past form.

I **finished** university in 2010 and I **started** a job in a bank. Then I **left** that job and **went** to live in Japan.

##### To do

Got that? Good. Now let's do some practice. Meet Rob. He's training for a triathlon. Watch his story and then do the activity. Or if you want a challenge, do the activity first and then watch the video.

##### Show transcript

Now try this quiz. See if you can choose the correct verb form for each gap. Look at the grammar notes if you need some help.

##### Next

That's the past simple positive. On the next page we'll look at question forms, with the help of a very famous footballer. See you there!

