Good to Go
This is one of the most commonly used phrases in the corporate world. It means confirming that a task, project, or action item is fine and can be sent ahead.

Core Competencies
Core competencies means the most prominent skills in an employee or teammate.

Brain Dump
It is essentially an idea log, which translates to noting down rough ideas or pointers on paper, phone, or laptop during a brainstorming session.

Boil the Ocean
This refers to taking on a challenging or difficult task or increasing the scope of an activity to the extent that it becomes potentially impossible.

Move the Goalposts
Moving the goalposts refers to changing the objectives, scope or requirements.