

## Session 1

Welcome to Unit 6! You're going to meet lots of interesting and exciting people - and learn about the past simple tense. In Session 1, Emma does a pub quiz about some great achievers. Join her team and see if you know the answers. Then, listen to the after-quiz conversation and hear examples of the past simple tense in action.

## Activity 3

### 6 Minute Vocabulary

#### -ing and -ed adjectives

They're easy to confuse - so when should we use them? Finn and Catherine explain in this week's 6 Minute Vocabulary.



[Show transcript](#)

#### Downloads

You can download 6 Minute Vocabulary and the transcript from our [Unit 6 downloads](#) page or subscribe to the podcast from our [6 Minute Vocabulary podcast](#) page.

#### Vocabulary points to take away

Both **-ing** and **-ed** adjectives help us to talk about our feelings.

The main difference is that **-ing** adjectives are usually used to talk about the **person, place or thing** that is making us feel a certain way:

Yawn! This lecture is really **boring**!

But **-ed** adjectives are used to talk about how **we** feel:

I've been listening to him for hours – I'm so **bored**.

Be careful: If you say **I am boring** – it's grammatically correct, but it means that you make other people feel bored!

Here are some common pairs of **-ed** and **-ing** adjectives:

##### 1) **exciting** and **excited**

We have seen some **exciting** developments in technology recently.

We are **excited** about our new range of smartphones.

##### 2) **surprising** and **surprised**

It is **surprising** how little we know about our oceans.

My whole family was there for my party – I was so **surprised**!

### 3) **annoying** and **annoyed**

I hate popup adverts on the internet – they're **annoying**!

I'm sorry, I know you're **annoyed** – I won't make that mistake again!

### 4) **relaxing** and **relaxed**

Some people find listening to classical music very **relaxing**.

Doing yoga makes me feel more **relaxed**.

### 5) **confusing** and **confused**

I couldn't understand the story in that film – it was too **confusing**.

If too many people are talking at the same time, I get **confused**.

## End of Session 1

That's all for this session – we hope you enjoyed it. In session 2 we'll take a closer look at the past simple tense. See you then.