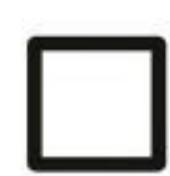




ScribeSync



MAY



Q2

2025



2025

2026

Review 6 & 0 s. □

Prepcine RAC Presentation

Food for thought

Mentoring Intro. □

< **1 THURSDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3

TOP 3 TASKS

-
-
-

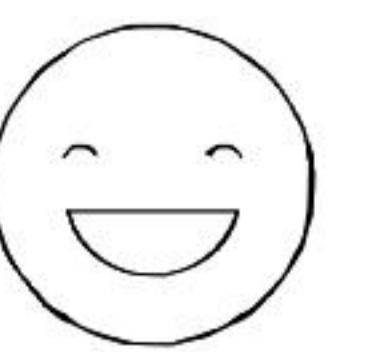
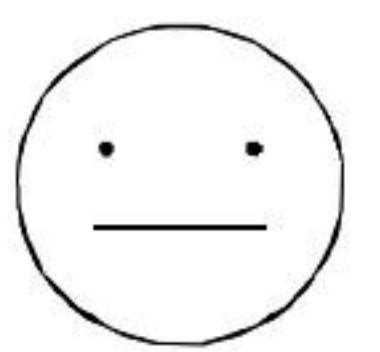
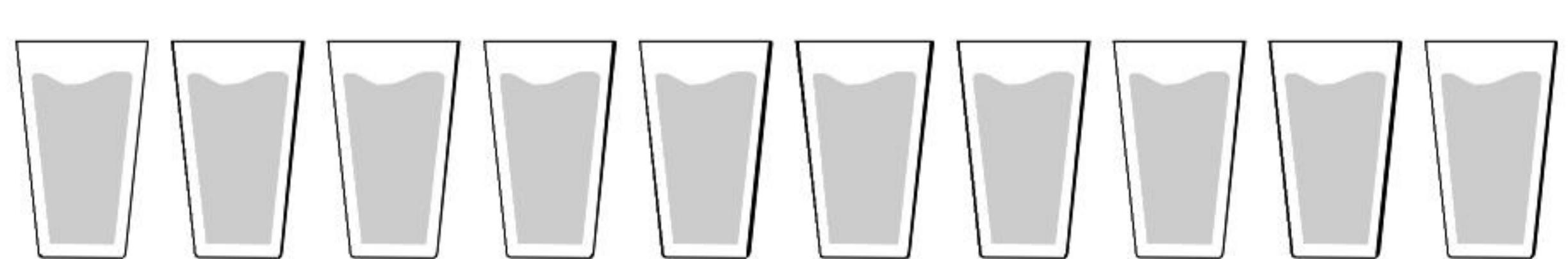
TO-DO LIST

-
-
-
-
-
-
-
-

PERSONAL

-
-
-
-
-
-
-
-


STEPS: _____

SLEEP: _____ : _____

W 18
MAY
2025
Holiday
SCHEDULE
CH

07

Labor Day CH

08

09

10

11

12

13

14

15

16

17

18

19

20

21

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

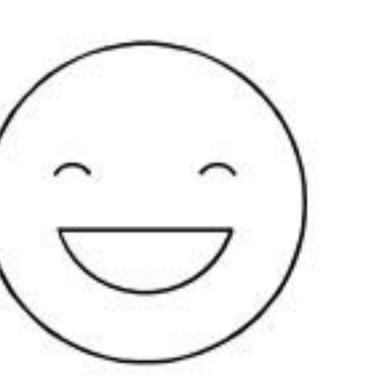
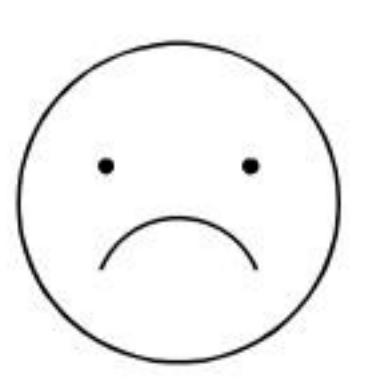
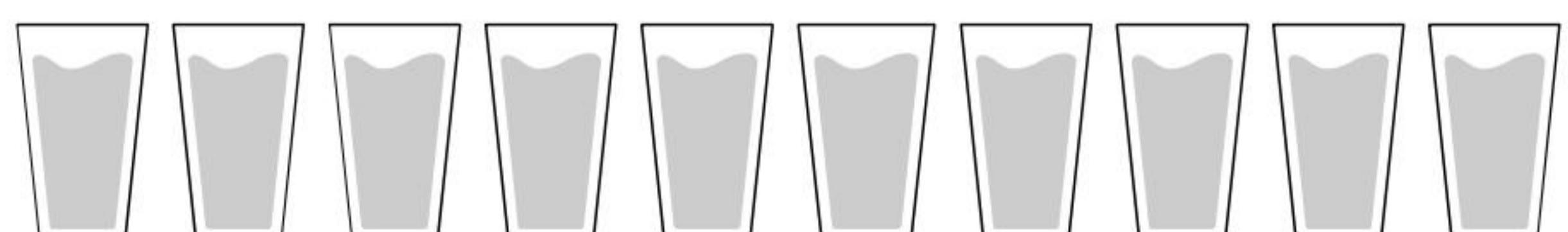
< **3 SATURDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3

TOP 3 TASKS

TO-DO LIST

PERSONAL



W 18

MAY

2025



2025

2026

SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

< **4 SUNDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10

TOP 3 TASKS

TO-DO LIST

PERSONAL

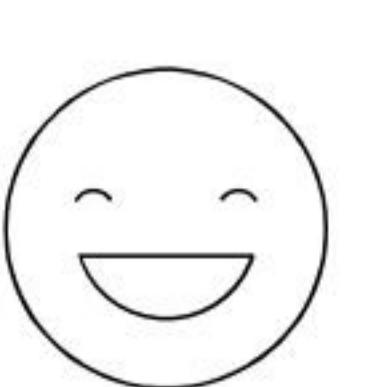
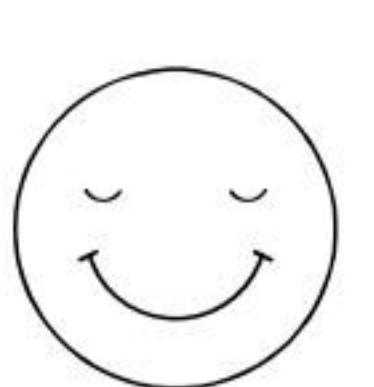
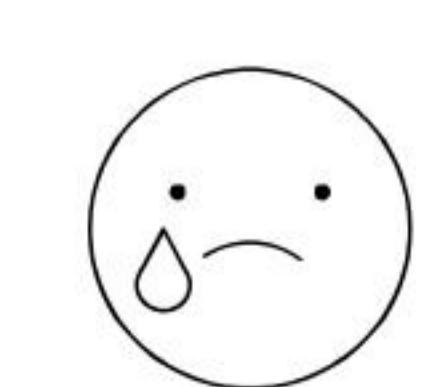
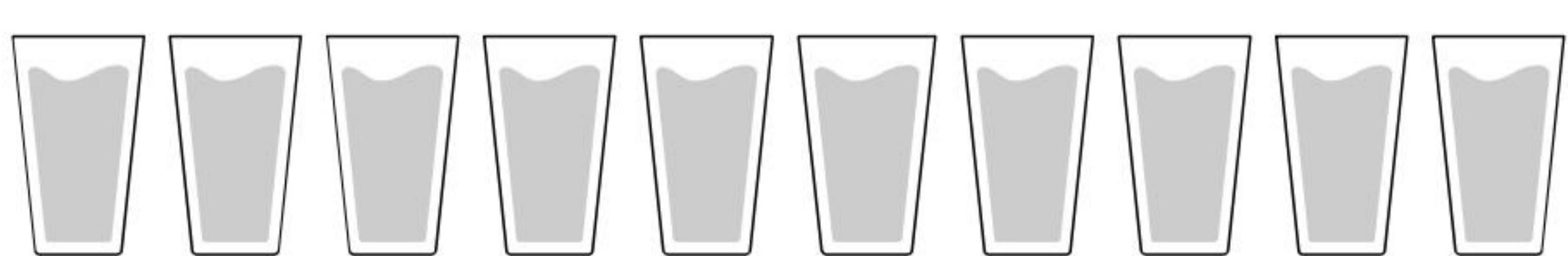
© OnPlanners.com



STEPS: _____



SLEEP: _____ : _____


W 18
MAY
2025

2025
2026
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

<
5 MONDAY
>

SUN MON TUE WED THU FRI SAT

4	5	6	7	8	9	10
---	---	---	---	---	---	----

TOP 3 TASKS

TO-DO LIST

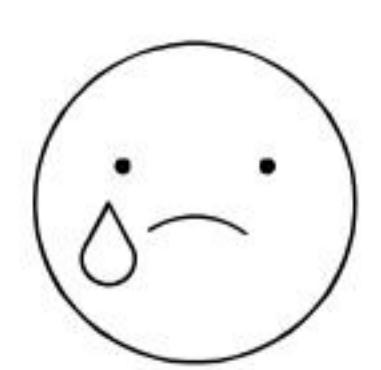
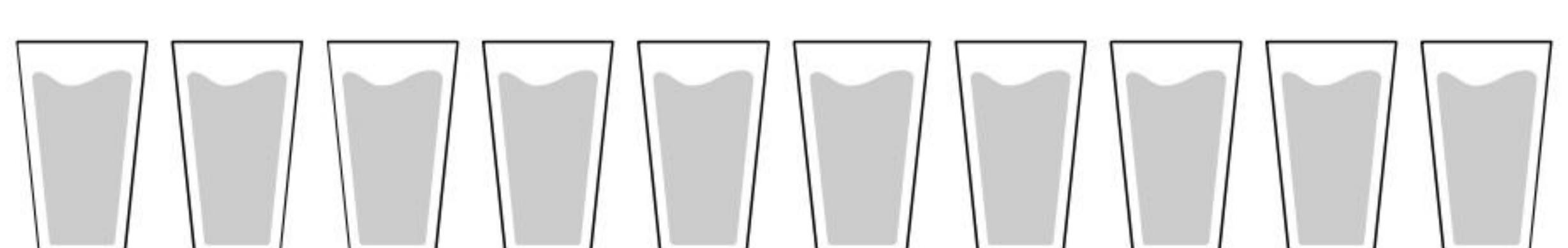
PERSONAL



STEPS: _____



SLEEP: _____ : _____


W 19
MAY
2025
SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **6 TUESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10

TOP 3 TASKS

<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

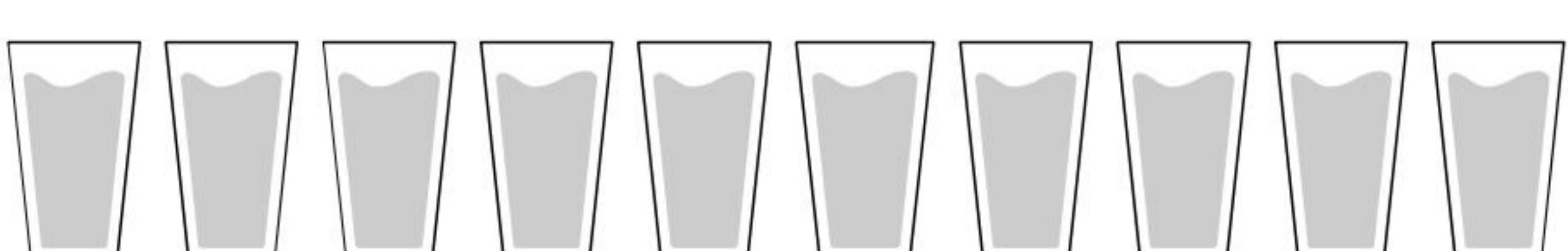
TO-DO LIST

<input type="checkbox"/>	

PERSONAL

<input type="checkbox"/>	


STEPS: _____

SLEEP: _____ : _____

W 19
MAY
2025
SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

<
2025 | 2026
APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **7 WEDNESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10

TOP 3 TASKS

TO-DO LIST

PERSONAL

© OnPlanners.com

W 19
MAY
2025
SCHEDULE

07

08

09

10

11

OB Appointment

12

13

14

15

16

17

18

19

20

21

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

<
8 THURSDAY
>

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10

TOP 3 TASKS

- JJRC Test due**
-
-

TO-DO LIST

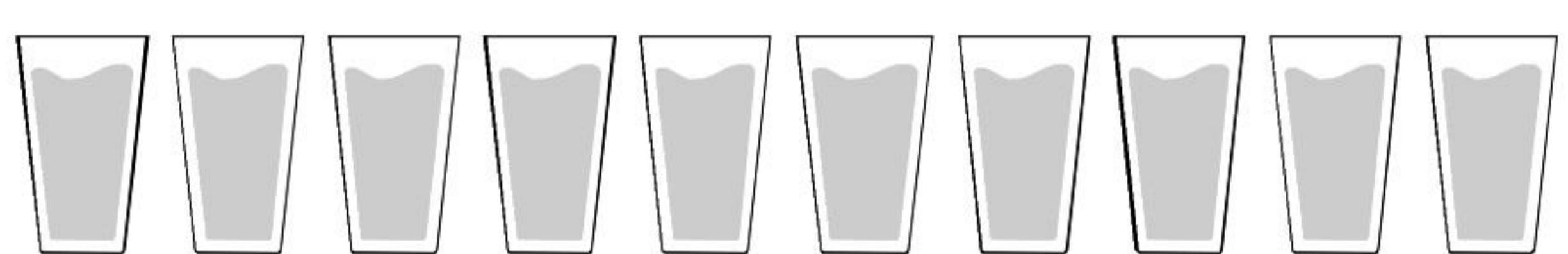
-
-
-
-
-
-
-
-
-

PERSONAL

-
-
-
-
-
-
-
-

 STEPS: _____

 SLEEP: _____ : _____


W 19
MAY
2025
SCHEDULE

07								
08								
09								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								
21								

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **9 FRIDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10

TOP 3 TASKS

<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

TO-DO LIST

<input type="checkbox"/>	

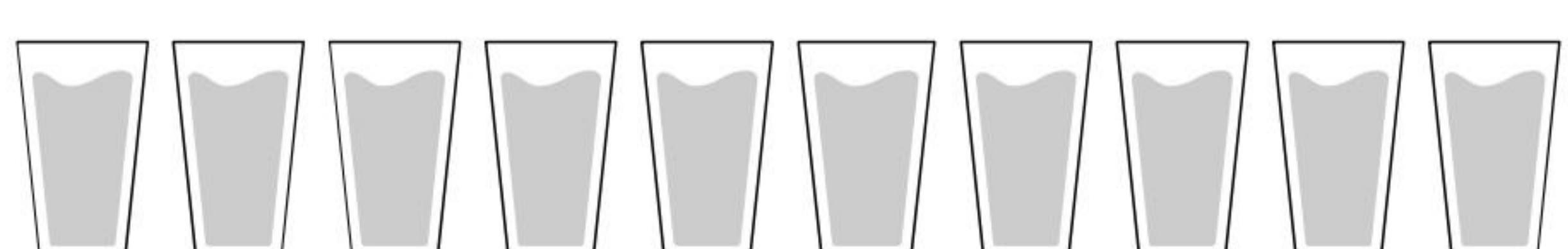
PERSONAL

<input type="checkbox"/>	

 STEPS: _____



SLEEP: _____ :


W 19 MAY 2025
SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC

< **10 SATURDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
4	5	6	7	8	9	10

TOP 3 TASKS

-
-
-

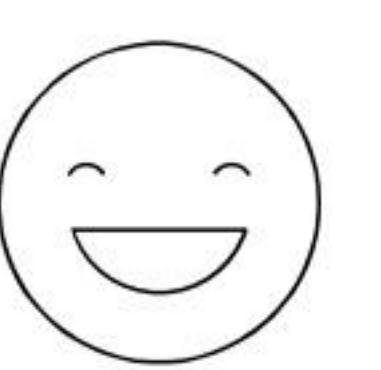
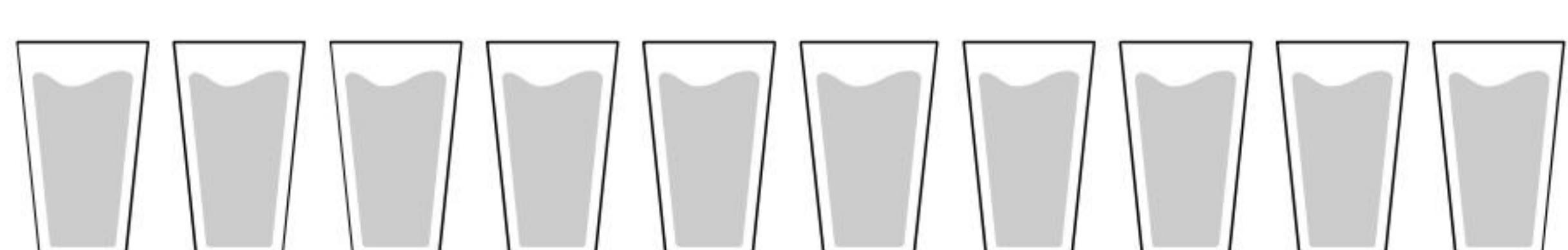
TO-DO LIST

-
-
-
-
-
-
-
-

PERSONAL

-
-
-
-
-
-
-
-


STEPS: _____

SLEEP: _____ : _____

W 19
MAY
2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

HOME
2025
2026
APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **11 SUNDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
11	12	13	14	15	16	17

TOP 3 TASKS

-
-
-

TO-DO LIST

-
-
-
-
-
-
-
-
-

PERSONAL

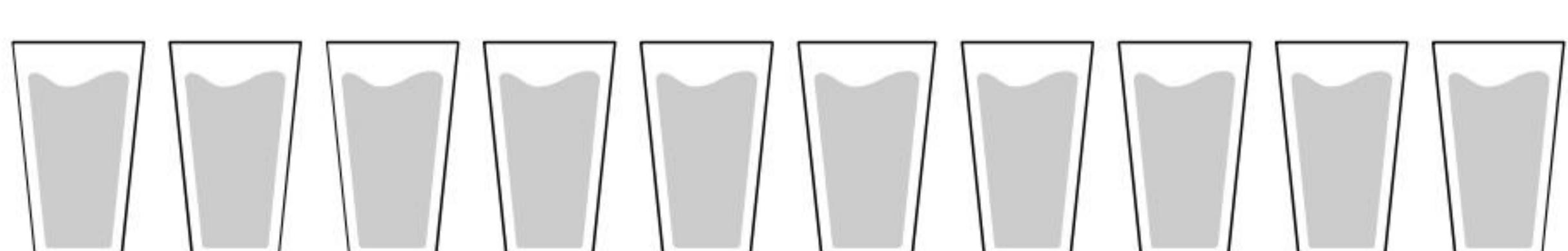
-
-
-
-
-
-
-
-
-



STEPS: _____



SLEEP: _____ : _____


W 19 MAY 2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

HOME
2025
2026
APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

12 MONDAY

SUN MON TUE WED THU FRI SAT
11 12 13 14 15 16 17

TOP 3 TASKS

TO-DO LIST

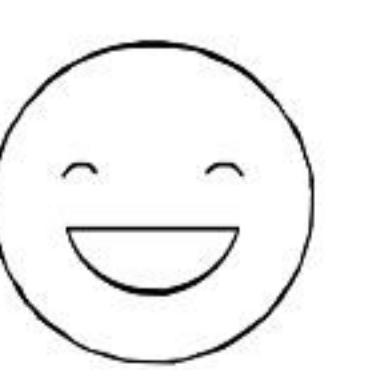
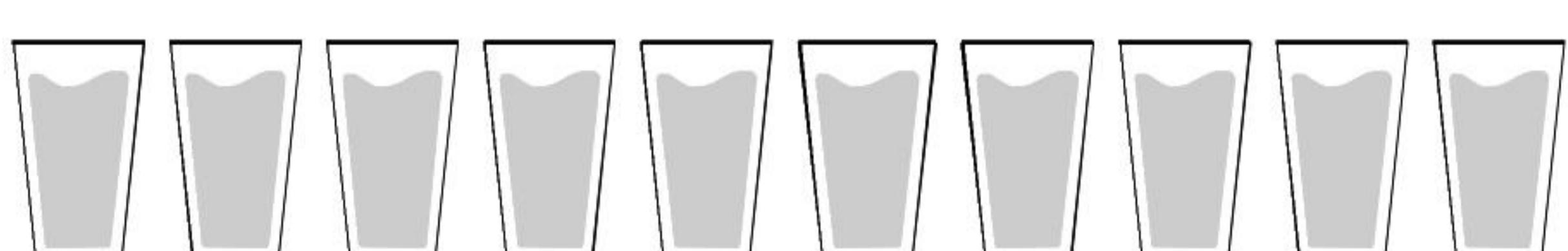
PERSONAL



STEPS: _____



SLEEP: _____ : _____



W 20 MAY 2025

SCHEDULE

07

Drs Appt: PCP

08

09

10

Train to Brussels

11

12

13

14

15

16

17

18

19

20

21

2025

2026

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

< **13 TUESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
11	12	13	14	15	16	17

TOP 3 TASKS

<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

TO-DO LIST

<input type="checkbox"/>	

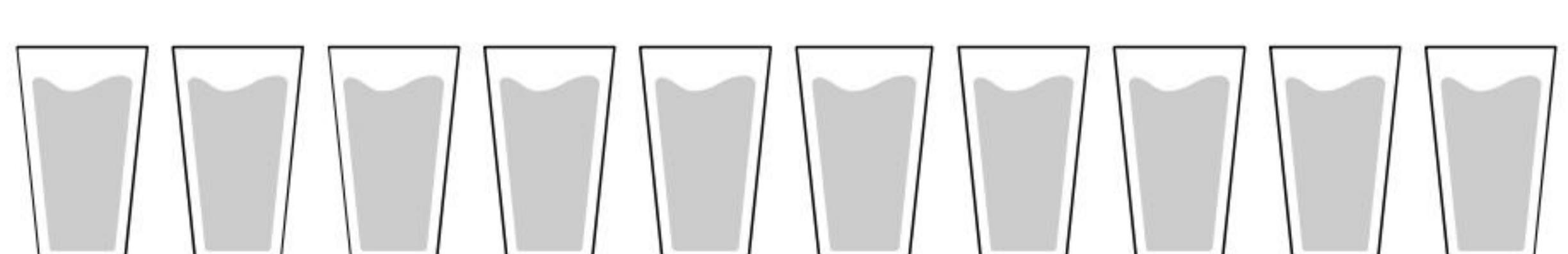
PERSONAL

<input type="checkbox"/>	

 STEPS: _____



SLEEP: _____ :


W 20
MAY
2025
SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **14 WEDNESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
11	12	13	14	15	16	17

TOP 3 TASKS

TO-DO LIST

PERSONAL

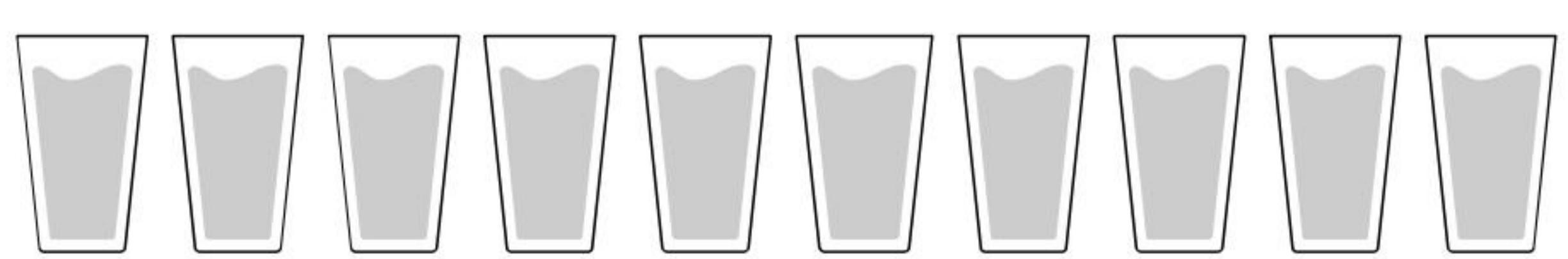
© OnPlanners.com



STEPS: _____



SLEEP: _____ : _____


W 20
MAY
2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

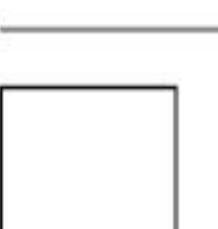
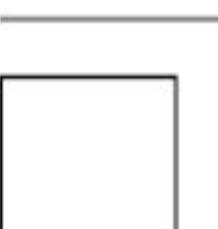
21

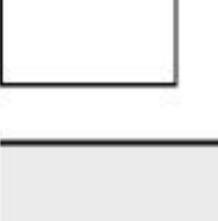
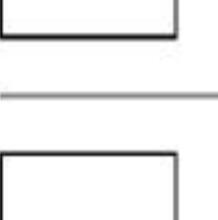
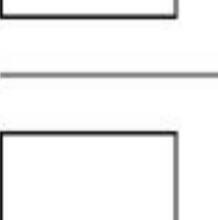
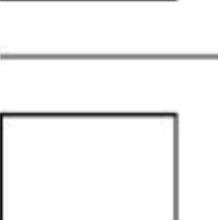
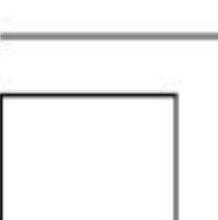

2025
2026
APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

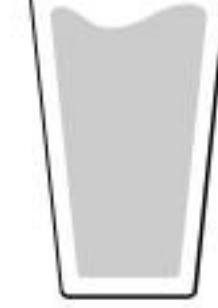
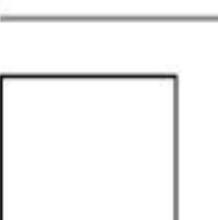
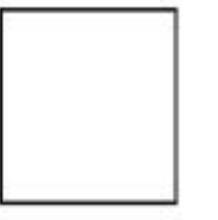
< **15 THURSDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
11	12	13	14	15	16	17

TOP 3 TASKS


TO-DO LIST

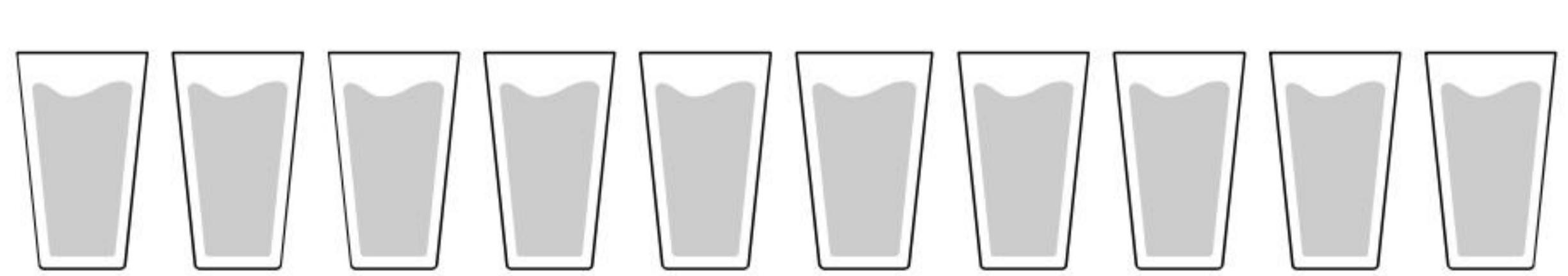

PERSONAL



© OnPlanners.com

 STEPS: _____


SLEEP: _____ : _____


W 20
MAY
2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21



2025

2026

APR

MAY

JUN

JUL

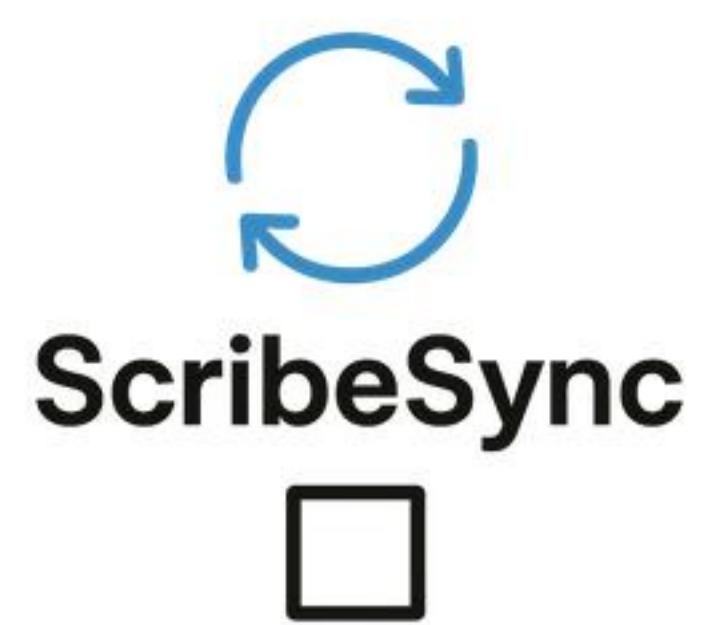
AUG

SEP

OCT

NOV

DEC



16 FRIDAY

SUN MON TUE WED THU FRI SAT
11 12 13 14 15 16 17

TOP 3 TASKS

-
-
-

TO-DO LIST

-
-
-
-
-
-
-
-

PERSONAL

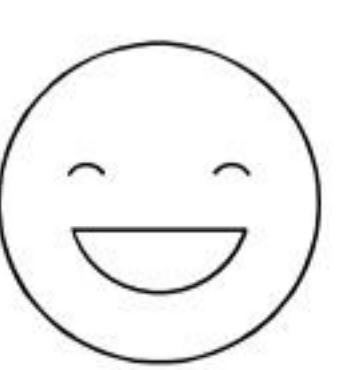
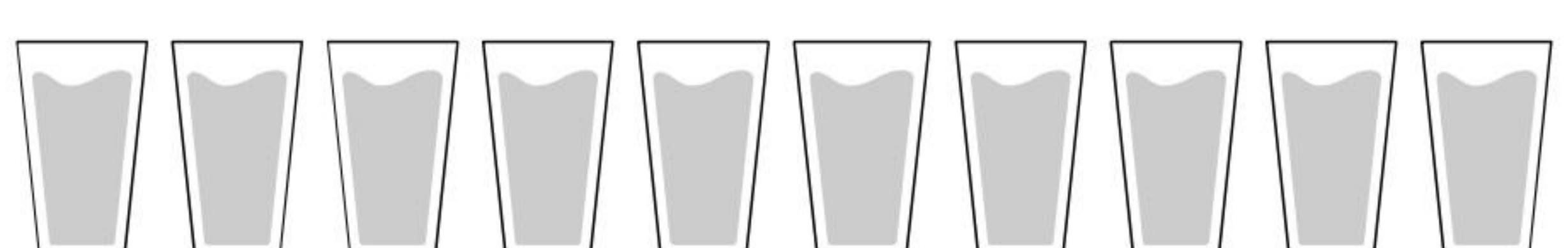
-
-
-
-
-
-
-
-



STEPS: _____



SLEEP: _____ : _____



W 20 MAY 2025

SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC

17 SATURDAY

SUN	MON	TUE	WED	THU	FRI	SAT
11	12	13	14	15	16	17

TOP 3 TASKS

TO-DO LIST

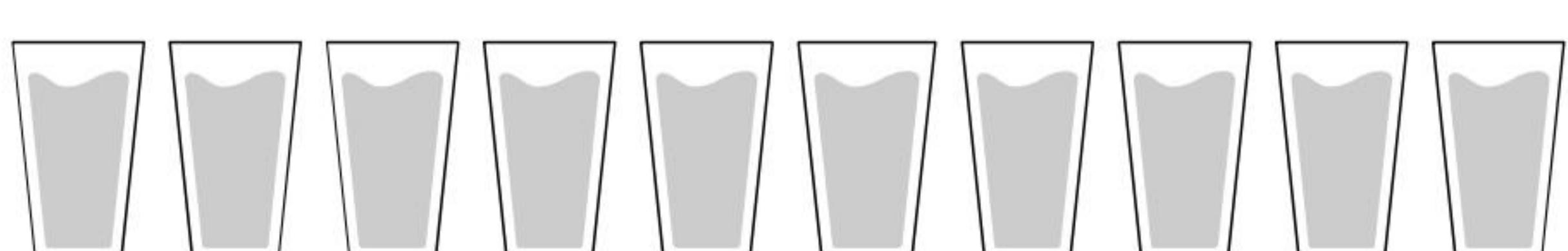
PERSONAL



STEPS: _____



SLEEP: _____ : _____



W 20 MAY 2025

SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

HOME

2025 | 2026

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

< **18 SUNDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

TOP 3 TASKS

-
-
-

TO-DO LIST

-
-
-
-
-
-
-
-
-

PERSONAL

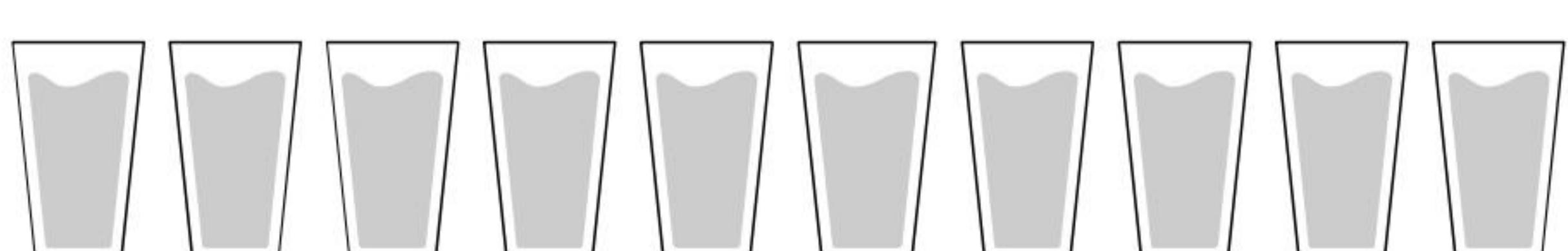
-
-
-
-
-
-
-
-
-



STEPS: _____



SLEEP: _____ : _____


W 20
MAY
2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

HOME
2025
2026
APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **19 MONDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

TOP 3 TASKS

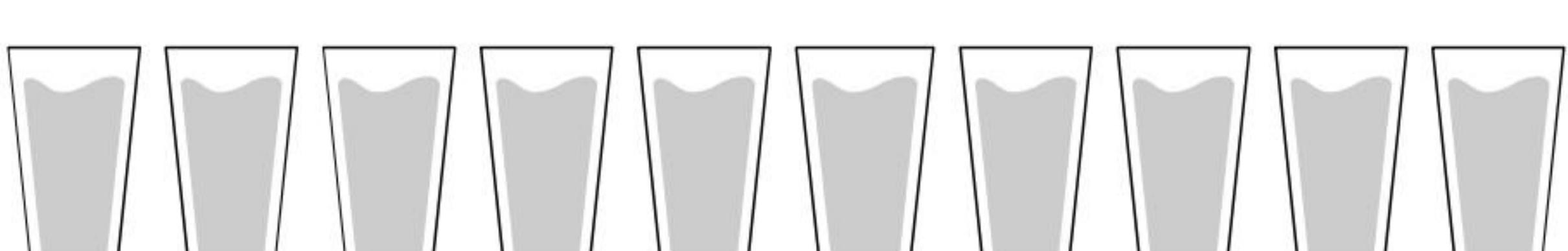
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

TO-DO LIST

<input type="checkbox"/>	

PERSONAL

<input type="checkbox"/>	

 STEPS: _____  SLEEP: _____ : _____

W 21 MAY 2025
SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC

< **20 TUESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

TOP 3 TASKS

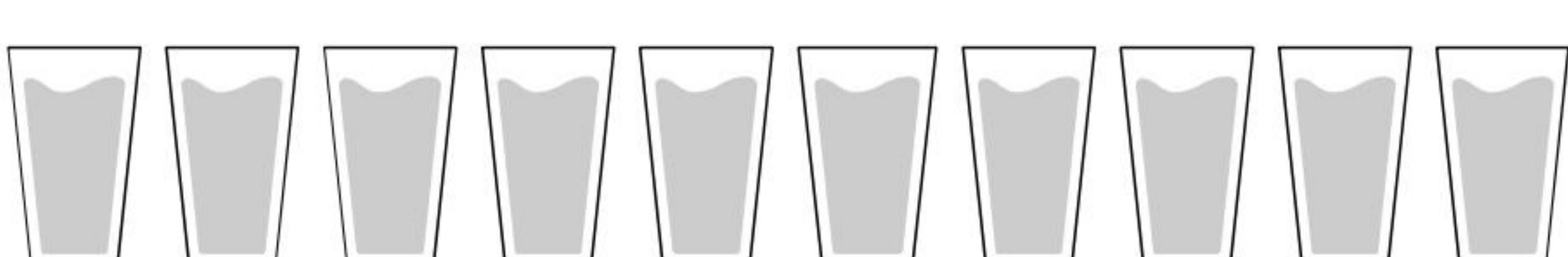
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

TO-DO LIST

<input type="checkbox"/>

PERSONAL

<input type="checkbox"/>

 STEPS: _____  SLEEP: _____ : _____

W 21 MAY 2025
SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC

< **21 WEDNESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

TOP 3 TASKS

TO-DO LIST

PERSONAL

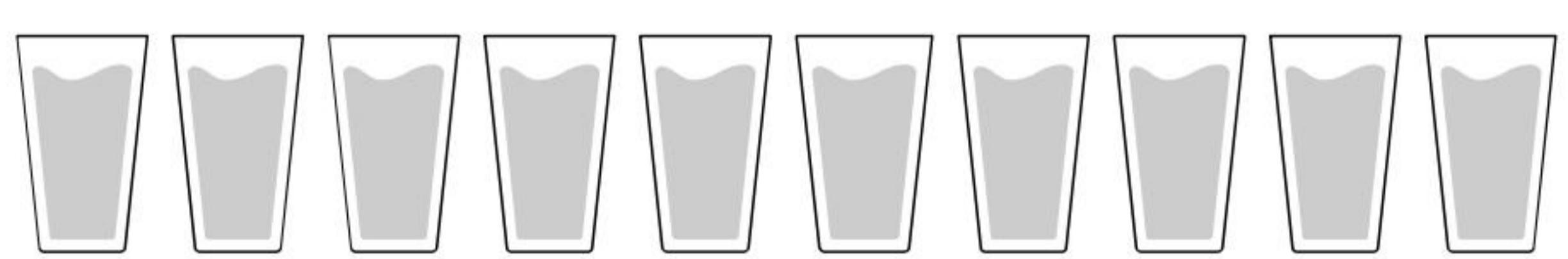
© OnPlanners.com



STEPS: _____



SLEEP: _____ : _____


W 21
MAY
2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

<
2025
2026
APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **22 THURSDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

TOP 3 TASKS

-
-
-

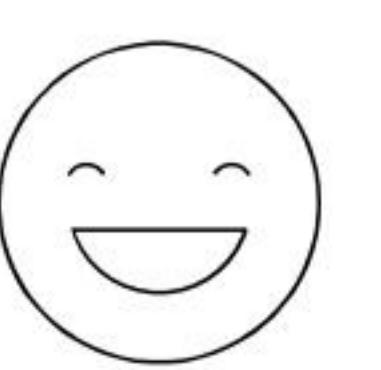
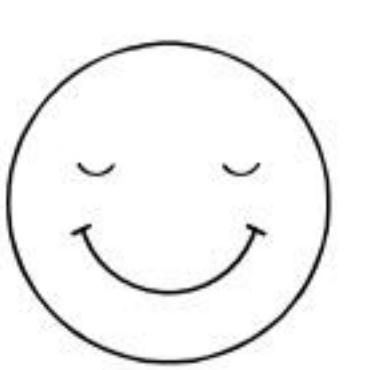
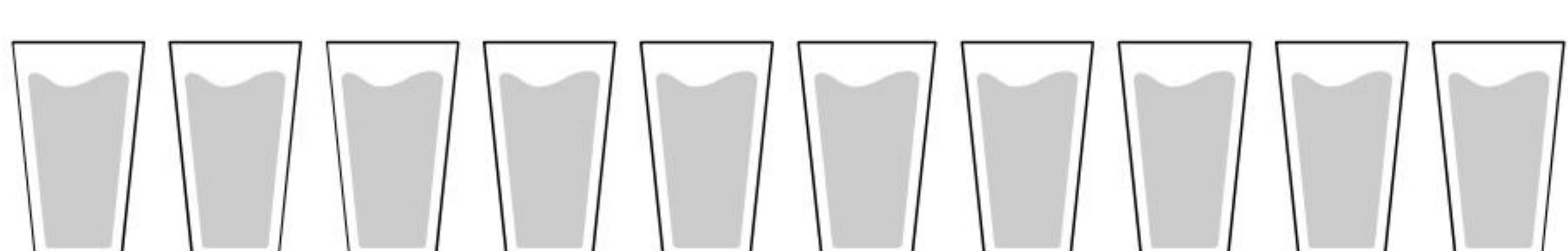
TO-DO LIST

-
-
-
-
-
-
-
-
-

PERSONAL

-
-
-
-
-
-
-
-
-


STEPS: _____

SLEEP: _____ : _____

W 21 MAY 2025
SCHEDULE

07							
08							
09							
10							
11							
12							
13							
14							
15							
16							
17							
18							
19							
20							
21							

< **23 FRIDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

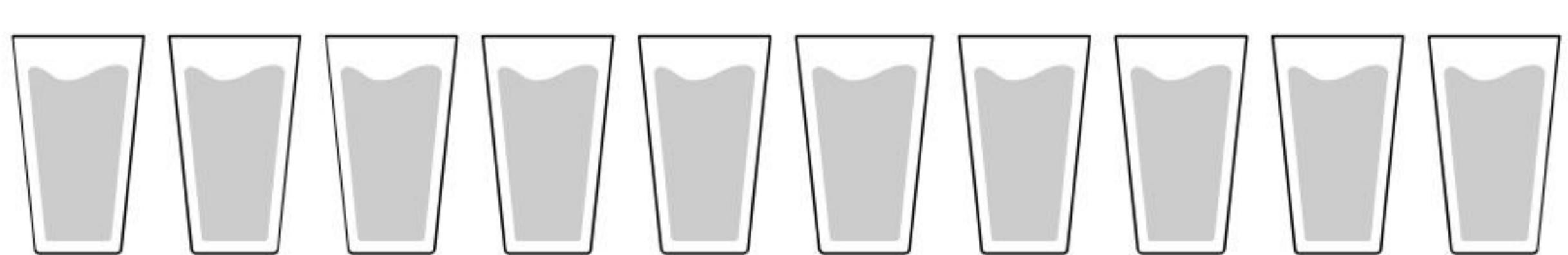
TOP 3 TASKS

TO-DO LIST

PERSONAL

 STEPS: _____


SLEEP: _____ :


W 21 MAY 2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

H

2025

2026

APR

MAY

JUN

JUL

AUG

SEP

OCT

NOV

DEC

< **24 SATURDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
18	19	20	21	22	23	24

TOP 3 TASKS

TO-DO LIST

PERSONAL

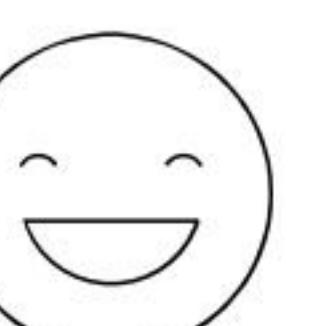
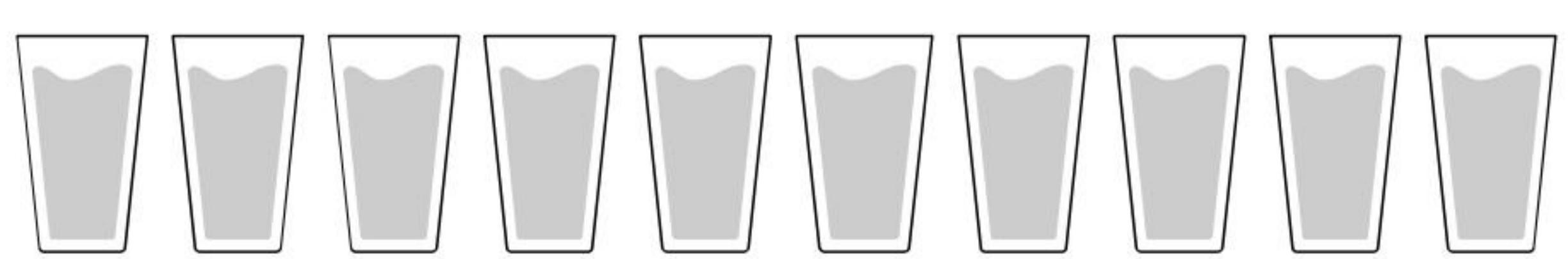
© OnPlanners.com



STEPS: _____



SLEEP: _____ : _____


W 21
MAY
2025

2025
2026
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **25 SUNDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	31

TOP 3 TASKS

TO-DO LIST

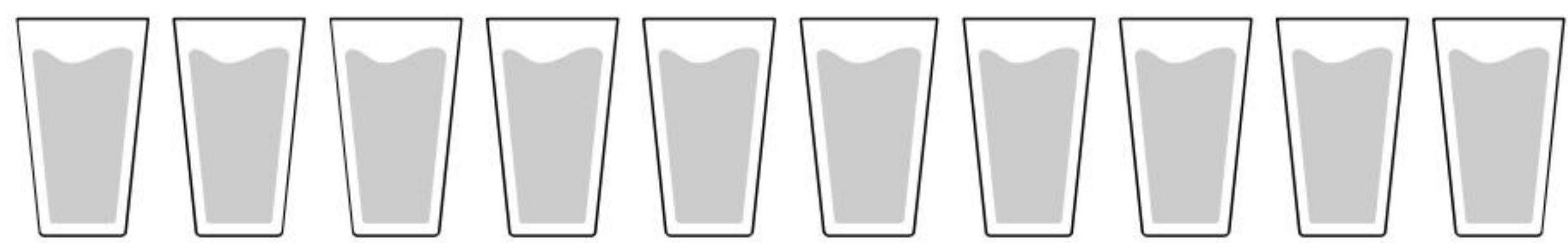
PERSONAL



STEPS: _____



SLEEP: _____ : _____


W 21
MAY
2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **26 MONDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	31

TOP 3 TASKS

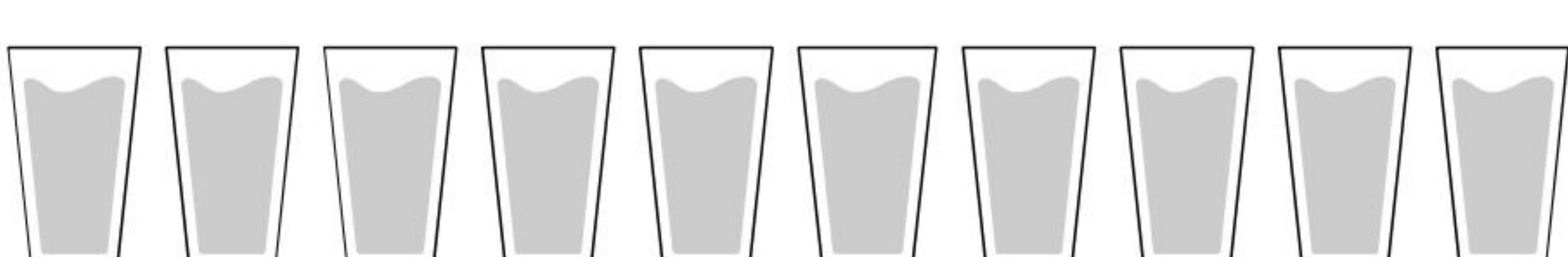
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

TO-DO LIST

<input type="checkbox"/>

PERSONAL

<input type="checkbox"/>

 STEPS: _____  SLEEP: _____ : _____

W 22 MAY 2025
SCHEDULE

07	
08	
09	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **27 TUESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	31

TOP 3 TASKS

-
-
-

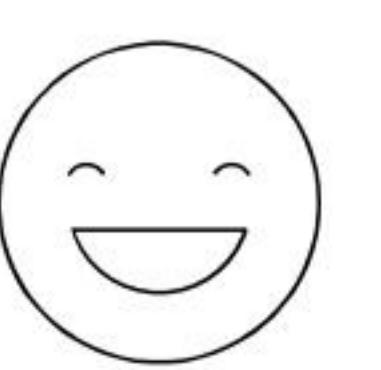
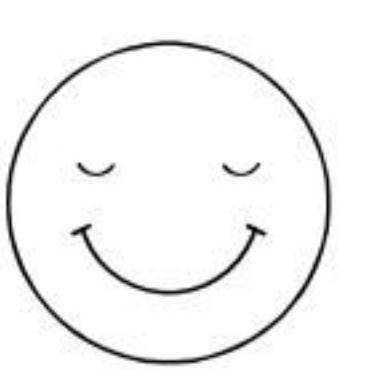
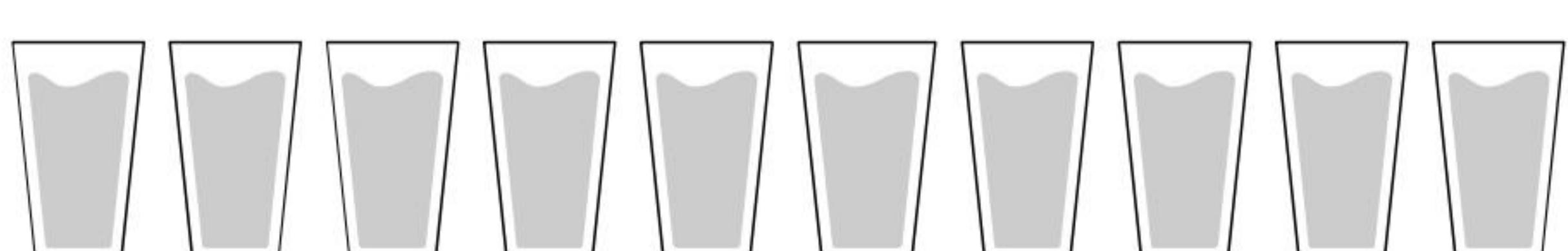
TO-DO LIST

-
-
-
-
-
-
-
-

PERSONAL

-
-
-
-
-
-
-
-


STEPS: _____

SLEEP: _____ : _____

W 22
MAY
2025
SCHEDULE

07								
08								
09								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								
21								

< **28 WEDNESDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	31

TOP 3 TASKS

_____	_____	_____
_____	_____	_____
_____	_____	_____

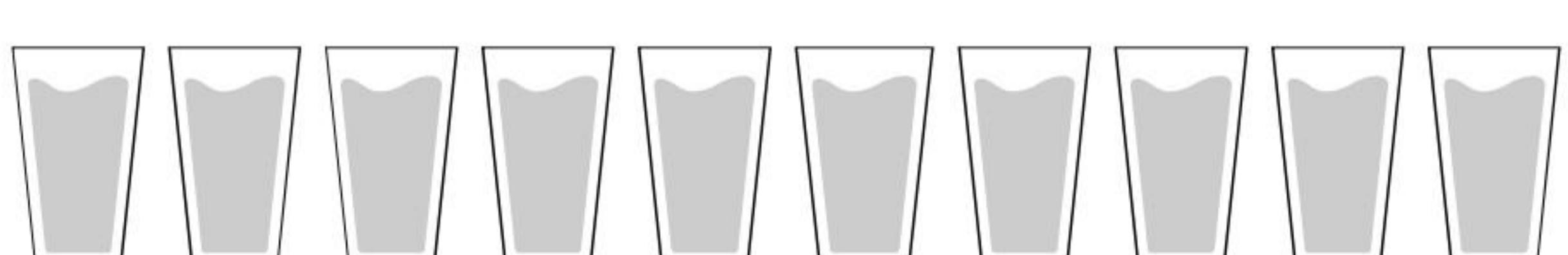
TO-DO LIST

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

PERSONAL

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

 STEPS: _____
  SLEEP: _____ : _____


W 22 MAY 2025
SCHEDULE

07	_____
08	_____
09	_____
10	_____
11	_____
12	_____
13	_____
14	_____
15	_____
16	_____
17	_____
18	_____
19	_____
20	_____
21	_____

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **29 THURSDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	31

TOP 3 TASKS

TO-DO LIST

PERSONAL

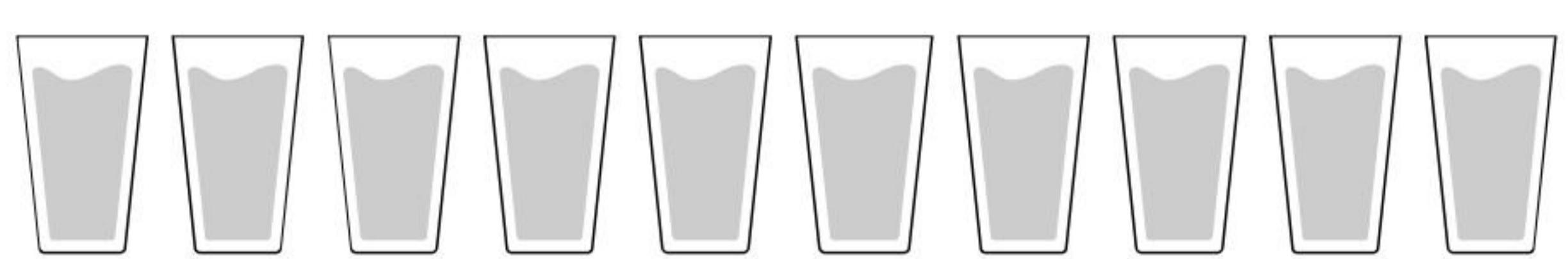
© OnPlanners.com



STEPS: _____



SLEEP: _____ : _____


W 22
MAY
2025
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC

< **30 FRIDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	31

TOP 3 TASKS

_____	_____	_____
_____	_____	_____
_____	_____	_____

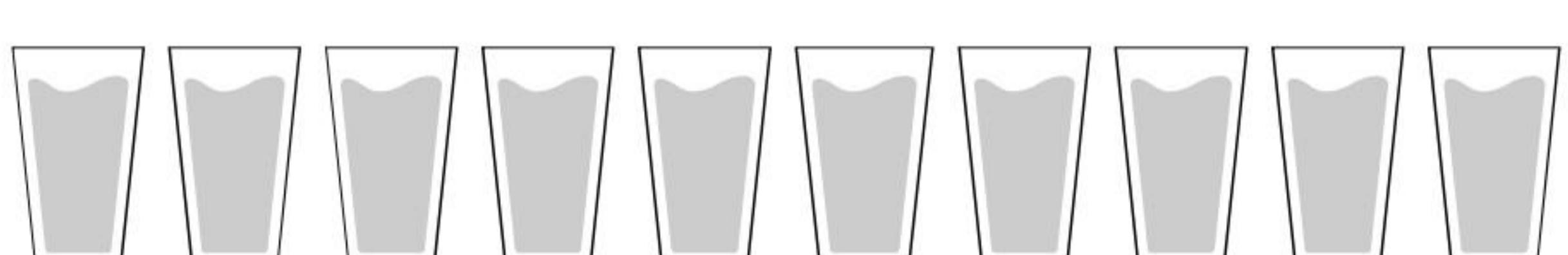
TO-DO LIST

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

PERSONAL

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

 STEPS: _____
  SLEEP: _____ : _____


W 22 MAY 2025
SCHEDULE

07	_____
08	_____
09	_____
10	_____
11	_____
12	_____
13	_____
14	_____
15	_____
16	_____
17	_____
18	_____
19	_____
20	_____
21	_____

APR | MAY | JUN | JUL | AUG | SEP | OCT | NOV | DEC

< **31 SATURDAY** >

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	31

TOP 3 TASKS

TO-DO LIST

PERSONAL

© OnPlanners.com

W 22
MAY
2025

2025
2026
SCHEDULE

07

08

09

10

11

12

13

14

15

16

17

18

19

20

21

APR
MAY
JUN
JUL
AUG
SEP
OCT
NOV
DEC