

# Exploring Career Options Activity

## Objective:

This activity will guide you through exploring potential career options by researching industries, roles, required skills, and educational pathways. It will help you make informed decisions and reflect on how each option aligns with your personal values and aspirations.

## Instructions:

Choose 2 industries that interest you and align with your career goals. Research 2 roles within each industry that intrigue you. These should be roles you find exciting and are considering for your future. Complete the reflection section at the end of the worksheet to help you assess your choices.

### Industry 1:

Role 1:

Required Skills (What technical, soft, or specific industry skills are needed for this role?):

Educational Pathways (What degrees, certifications, or training programs are required to enter this role?):

Notes (Additional thoughts or observations about this role, such as job outlook, key responsibilities, or challenges.):

Role 2:

Required Skills:

Educational Pathways:

Notes:

### Industry 2:

Role 1:

Required Skills:

Educational Pathways:

Notes:

Role 2:

Required Skills:

Educational Pathways:

Notes:

## Reflection

- **Top Choice**  
Which role stands out to you as the best fit for your career goals? Explain why this is your top choice and what excites you about it
- **Maybe Choice:**  
Which role interests you but you feel unsure about? Explain why you're drawn to this role but unsure if it's the best fit.
- **Absolute Not**  
Which role interests you but you feel unsure about? Explain why you're drawn to this role but unsure if it's the best fit.
- In what ways do your top choice and maybe choice align with your personal values? Reflect on how each choice supports your values, such as work-life balance, helping others, innovation, etc.
- How do these career choices reflect your interests and passions? Think about what activities or roles energize you, and how your choices align with your long-term interests.