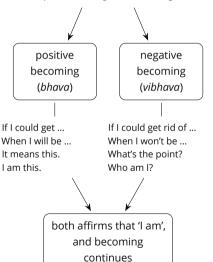
khandhas and sense-experience grasped as a person

From personal views, experience of life is becoming. Birth, decay and death applies to the person.

Thoughts of death cause anxiety, despair, fear of loss, doubt of meaning.

The mind reacts, tranquillizing oneself with positive or negative becoming.



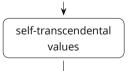
khandhas and sense-experience seen as they are

Without grasping, not conceiving a person: removed that to which death applies, experience is birthless, decayless and deathless.

"By overcoming all conceivings, one is called a sage at peace. / Having realized the deathless, he lives experiencing it in the body."



Training in higher virtue, higher mind, higher wisdom



Not compelled to see life from a personal viewpoint. The conventional conception of a person can be picked up or put down as needed in daily situations without grasping.

no further becoming