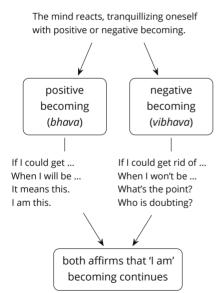
khandhas and sense-experience grasped as a person

Person-view: experience of life as becoming. Birth, decay and death applies to the person.

Thoughts of death cause anxiety, despair, fear of loss, doubt of meaning.



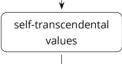
khandhas and sense-experience seen as they are

Without grasping, not conceiving a person: removed that to which death applies, experience is birthless, decayless and deathless.

'By overcoming all conceivings, one is called a sage at peace. / Having realized the deathless, he lives experiencing it in the body.'



Training in higher virtue, higher mind, higher wisdom



Not compelled to see life from a personal viewpoint. The conventional conception of a person can be picked up or put down as needed in daily situations without grasping.

