

'I am' is conceiving (*maññita*). "A conceiving is a disease, a tumour, a dart." (MN 140)

khandhas and sense-experience
grasped as a person

From personal views, experience of life is becoming. Birth, decay and death applies to the person.

Thoughts of death cause anxiety, despair, fear of loss, doubt of meaning.

The mind reacts, tranquillizing oneself with positive or negative becoming.

positive
becoming
(*bhava*)

If I could get ...
When I will be ...
It means this.
I am this.

negative
becoming
(*vibhava*)

If I could get rid of ...
When I won't be ...
What's the point?
Who am I?

both affirms that 'I am',
and becoming
continues

khandhas and sense-experience
seen as they are

Without grasping, not conceiving a person: removed that to which death applies, experience is birthless, decayless and deathless.

"By overcoming all conceivings, one is called a sage at peace. / Having realized the deathless, he lives experiencing it in the body."

awareness stops
reactive compulsion

Training in higher virtue,
higher mind, higher wisdom

self-transcendental
values

Not compelled to see life from a personal viewpoint. The conventional conception of a person can be picked up or put down as needed in daily situations without grasping.

no further becoming