

A Complex Case of Stroke Prevention

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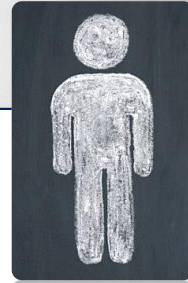
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Disclosures

- Research support, honoraria from Bayer, BI, BMS, Pfizer, Servier

Mr. MG (1)

- An 88-year-old retired businessman
- MI in 2006, LAD stent placed
- Developed persistent, then permanent AF in 2010
- Stroke with minimal deficit 2011; started on dabigatran 110 mg/day
- Hypertension, moderate LV dysfunction (EF 34%), dyslipidemia, sleep apnea, mild aortic stenosis (AVA 1.5)



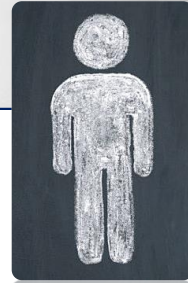
Mr. MG (2)

- Treated with perindopril, bisoprolol, at max tolerated doses (hr 80 at rest), spironolactone, furosemide
- CrCl (eGFR) 45 ml/min
- Progressive decline in function—cognitive impairment, walks with a cane/walker, class 3 dyspnea
- **Admitted to hospital with CHF;**
O2 sat 80 on room air



Mr. MG (3)

- Treated with IV furosemide, improved
- BP 100/60; HR 75/min
- Hb 105; eGFR now 35; electrolytes N
- Any change in his DOAC?



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Interactive Question 1

Would you make any of the following changes to Mr. MG's DOAC?

1. Stop dabigatran, start warfarin **(3%)**
2. Stop dabigatran, substitute ASA **(0%)**
3. Continue dabigatran **(14%)**
4. Switch to apixaban 2.5 mg BID **(66%)**
5. Switch to rivaroxaban 15 mg OD **(16%)**

Mr. MG (4)

- No change to DOAC made
- That night, fall while going to bathroom
- X-ray shows fractured hip—risk of displacement, surgeon recommends OR within 24 hrs
- What to do about anticoagulation?



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Interactive Question 2

What should be done about anticoagulation?

1. Measure aPTT; if normal, operate? **(20%)**
2. Administer PCC, operate? **(2%)**
3. Wait 72 hrs then operate? **(29%)**
4. Measure dilute thrombin time (Hemoclot test); if abnormal, administer idarucizimab? **(49%)**

Measuring DOAC Effect

- aPTT may be normal even if thrombin inhibitor levels present
- PC unproven in reversing drug effect
- Half life of dabigatran may be 24 hrs and may take 3-5 days for complete loss of anticoagulant effect
- Hemoclot is an accurate measure of drug effect



Mr. MG (5)

- Hemoclot test shows 150 ng/ml, 16 hrs after last dabigatran dose
- Idarucizimab administered
- Next morning, blood concentration = 0
- Taken to OR, successful surgery, post-op hypotension for 12 hrs
- Following day: eGFR 28 ml/min; no bleeding
- What to do about stroke prevention?



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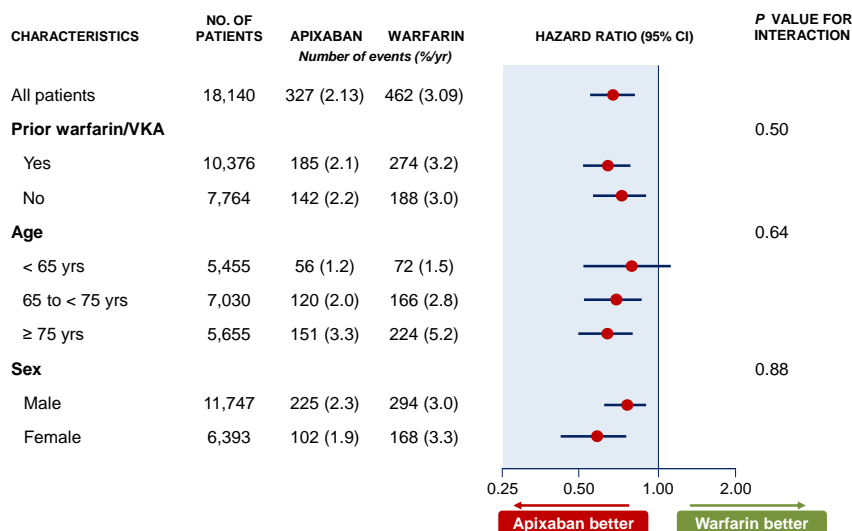


Interactive Question 3

What should be done about stroke prevention?

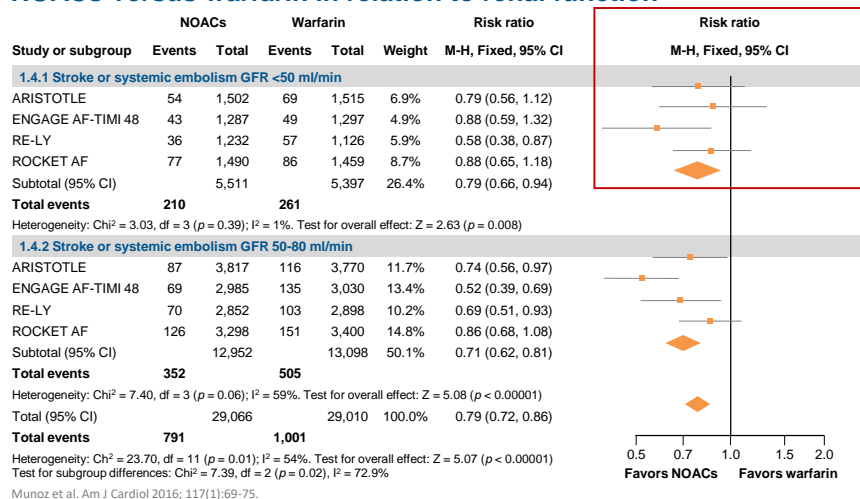
1. Start heparin and warfarin? **(16%)**
2. Start ASA? **(0%)**
3. Restart dabigatran 110 mg BID? **(6%)**
4. Start apixaban 2.5 mg BID? **(68%)**
5. Start rivaroxaban 15 mg/day? **(9%)**

Apixaban Major Bleeding Results Across Subgroups in ARISTOTLE



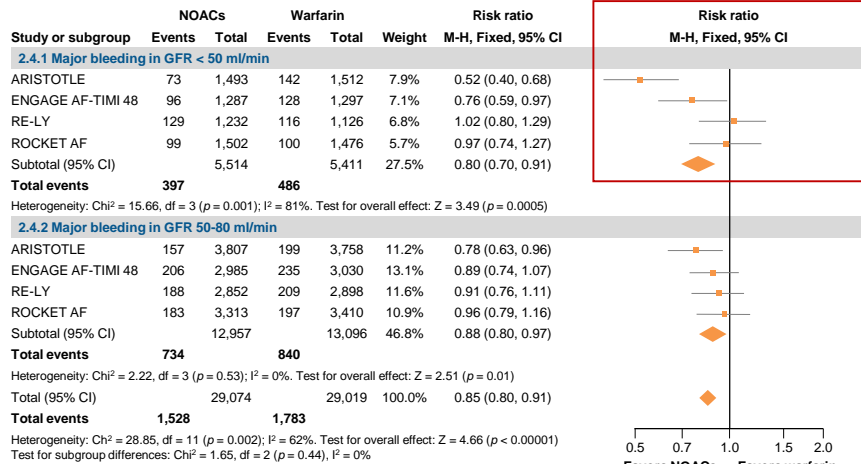
Meta-Analysis of Renal Function on the Safety and Efficacy of Novel Oral Anticoagulants for AF (1)

Risk of stroke or systemic embolism GFR <50 ml/min and use of NOACs versus warfarin in relation to renal function



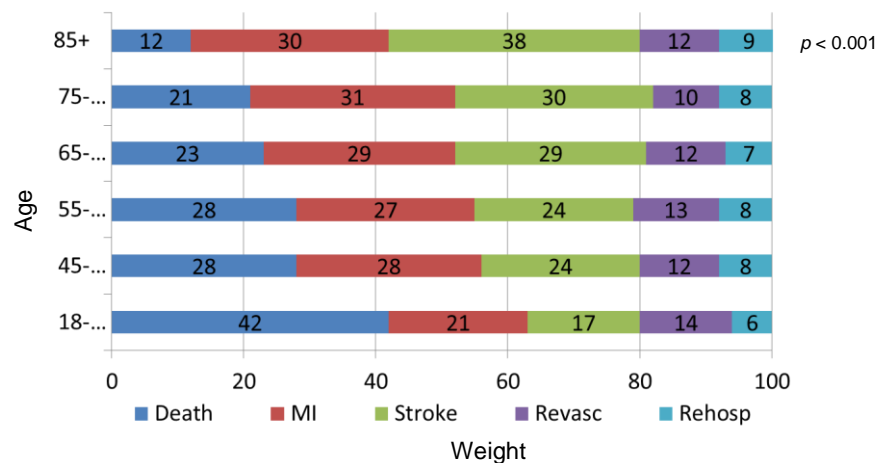
Meta-Analysis of Renal Function on the Safety and Efficacy of Novel Oral Anticoagulants for AF (2)

Risk of major bleeding and use of NOACs versus warfarin in relation to renal function



Munoz et al. Am J Cardiol 2016; 117(1):69-75.

Older CV Patients Would Rather Prevent Stroke/MI than Death



No information on stroke outcomes/disability provided.
Relative (subjective) weight vs. death for stroke: Age > 75: 1.48, Age > 85: 3.64.
Stolker et al. Circulation 2014; 130(15):1254-61.

Question Period