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Homework 2: Linearized Gravity

1. Let $\eta^{\mu\nu}$ be the inverse of η . Then,

Up to first order in h ,

$$h^{\mu\nu} = g^{\mu\sigma} g^{\nu\rho} h_{\sigma\rho} = \eta^{\mu\sigma} \eta^{\nu\rho} h_{\sigma\rho}.$$

Moreover

$$\begin{aligned} (\eta^{\mu\nu} - h^{\mu\nu})(\eta_{\nu\rho} + h_{\nu\rho}) &= \delta^\mu_\rho + \eta^{\mu\nu} h_{\nu\rho} - h^{\mu\nu} \eta_{\nu\rho} + \mathcal{O}(h^2) \\ &= \delta^\mu_\rho + \eta^{\mu\nu} h_{\nu\rho} - \eta^{\mu\sigma} \eta^{\nu\lambda} h_{\sigma\lambda} \eta_{\nu\rho} = \delta^\mu_\rho + \cancel{\eta^{\mu\nu} h_{\nu\rho}} - \cancel{\eta^{\mu\sigma} h_{\sigma\lambda} \delta^\lambda_\rho} \\ &= \delta^\mu_\rho. \end{aligned}$$

Thus $g^{\mu\nu} = \eta^{\mu\nu} - h^{\mu\nu}$. Therefore, using (3.31), we have the Christoffel symbols

$$\begin{aligned} \Gamma^\alpha_{\beta\gamma} &= \frac{1}{2} (\eta^{\alpha\delta} - h^{\alpha\delta}) (h_{\beta\delta,\gamma} + h_{\gamma\delta,\beta} - h_{\beta\gamma,\delta}) \\ &= \frac{1}{2} \eta^{\alpha\delta} (h_{\beta\delta,\gamma} + h_{\gamma\delta,\beta} - h_{\beta\gamma,\delta}), \end{aligned}$$

in our appropriate coordinates. Using (3.66) we can now calculate the components of the Riemann tensor

$$\begin{aligned}
 R^{\rho}{}_{\sigma\mu\nu} &= \frac{1}{2} \eta^{\rho\delta} (h_{\nu\delta,\sigma\mu} + h_{\sigma\delta,\nu\mu} - h_{\nu\sigma,\delta\mu}) \\
 &\quad - \frac{1}{2} \eta^{\rho\delta} (h_{\mu\delta,\sigma\nu} + h_{\sigma\delta,\mu\nu} - h_{\mu\sigma,\delta\nu}) \\
 &= \frac{1}{2} \eta^{\rho\delta} (h_{\nu\delta,\sigma\mu} - h_{\nu\sigma,\delta\mu} - h_{\mu\delta,\sigma\nu} + h_{\mu\sigma,\delta\nu}).
 \end{aligned}$$

We can further calculate the components of the Ricci tensor

$$\begin{aligned}
 R_{\mu\nu} &= R^{\rho}{}_{\rho\sigma\nu} = \frac{1}{2} \eta^{\rho\delta} (h_{\nu\delta,\rho\sigma} - h_{\nu\rho,\delta\sigma} - h_{\rho\delta,\mu\nu} + h_{\rho\mu,\delta\nu}), \\
 &= \frac{1}{2} (\partial^{\rho} \partial_{\mu} h_{\nu\rho} - \partial^{\rho} \partial_{\rho} h_{\mu\nu} - \partial_{\mu} \partial_{\nu} h + \partial^{\rho} \partial_{\nu} h_{\rho\mu}),
 \end{aligned}$$

and the Ricci scalar

$$\begin{aligned}
 R &= R^{\mu}{}_{\mu} = \frac{1}{2} (\partial^{\rho} \partial^{\mu} h_{\rho\mu} - \partial^{\rho} \partial_{\rho} h - \partial^{\mu} \partial_{\mu} h + \partial^{\rho} \partial^{\mu} h_{\rho\mu}) \\
 &= \partial^{\rho} \partial^{\mu} h_{\rho\mu} - \partial^{\rho} \partial_{\rho} h.
 \end{aligned}$$

It is important to notice that, up to order h^2 it doesn't matter whether we raise indices with η or g on the previous three tensors.

The Einstein tensor is finally

$$G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = R_{\mu\nu} - \frac{1}{2} \eta_{\mu\nu} R =$$

$$= \frac{1}{2} \left(\partial^\rho \partial_\mu h_{\nu\rho} - \partial^\rho \partial_\rho h_{\mu\nu} - \partial_\mu \partial_\nu h + \partial^\rho \partial_\nu h_{\mu\rho} - \eta_{\mu\nu} \partial^\rho \partial^\sigma h_{\rho\sigma} + \eta_{\mu\nu} \partial^\rho \partial_\rho h \right)$$

$$= -\frac{1}{2} \left(\partial^\rho \partial_\rho h_{\mu\nu} - \frac{1}{2} \eta_{\mu\nu} \partial^\rho \partial_\rho h \right)$$

$$+ \frac{1}{2} \left(\partial^\rho \partial_\mu h_{\nu\rho} + \partial^\rho \partial_\nu h_{\mu\rho} - \partial_\mu \partial_\nu h \right)$$

$$- \frac{1}{2} \eta_{\mu\nu} \left(\partial^\rho \partial^\sigma h_{\rho\sigma} - \frac{1}{2} \partial^\rho \partial_\rho h \right)$$

$$= -\frac{1}{2} \partial^\rho \partial_\rho \bar{h}_{\mu\nu} + \frac{1}{2} \left(\partial^\rho \partial_\mu h_{\nu\rho} - \frac{1}{2} \partial^\rho \partial_\mu g_{\nu\rho} h + \partial^\rho \partial_\nu h_{\mu\rho} - \frac{1}{2} \partial^\rho \partial_\nu g_{\mu\rho} h \right)$$

$$- \frac{1}{2} \eta_{\mu\nu} \left(\partial^\rho \partial^\sigma h_{\rho\sigma} - \frac{1}{2} \partial^\rho \partial^\sigma g_{\rho\sigma} h \right)$$

$$= -\frac{1}{2} \partial^\rho \partial_\rho \bar{h}_{\mu\nu} + \partial^\rho \partial_{(\mu} \bar{h}_{\nu)\rho} - \frac{1}{2} \eta_{\mu\nu} \partial^\rho \partial^\sigma \bar{h}_{\rho\sigma}$$

Therefore, the linearized Einstein equations are

$$-\frac{1}{2} \partial^\rho \partial_\rho \bar{h}_{\mu\nu} + \partial^\rho \partial_{(\mu} \bar{h}_{\nu)\rho} - \frac{1}{2} \eta_{\mu\nu} \partial^\rho \partial^\sigma \bar{h}_{\rho\sigma} = G_{\mu\nu} = 8\pi G T_{\mu\nu} - \frac{1}{2} \partial^\rho \partial_\rho \bar{h}$$

2. a) Under such a coordinate transformation and up to first order on ξ and h , we have

$$\eta_{\mu\nu} + h_{\mu\nu} = g_{\mu\nu} = g'_{\rho\sigma} \frac{\partial x'^\rho}{\partial x^\mu} \frac{\partial x'^\sigma}{\partial x^\nu}$$

$$= (\eta_{\sigma\rho} + h'_{\rho\sigma}) (\delta^\rho_\mu - \partial_\mu \xi^\rho) (\delta^\sigma_\nu - \partial_\nu \xi^\sigma)$$

$$= \eta_{\mu\nu} - \eta_{\sigma\rho} \partial_\mu \xi^\rho \delta^\sigma_\nu - \eta_{\sigma\rho} \delta^\rho_\mu \partial_\nu \xi^\sigma + h'_{\mu\nu}$$

$$= \eta_{\mu\nu} - \partial_\mu \xi_\nu - \partial_\nu \xi_\mu + h'_{\mu\nu}$$

Thus

$$h'_{\mu\nu} = h_{\mu\nu} + \partial_\mu \xi_\nu + \partial_\nu \xi_\mu.$$

b) Under such a transformation,

$$\begin{aligned} \bar{h}'_{\mu\nu} &= h'_{\mu\nu} - \frac{1}{2} \eta_{\mu\nu} h' = h_{\mu\nu} + \partial_\mu \xi_\nu + \partial_\nu \xi_\mu - \frac{1}{2} \eta_{\mu\nu} (h + 2\partial^\rho \xi_\rho) \\ &= \bar{h}_{\mu\nu} + \partial_\mu \xi_\nu + \partial_\nu \xi_\mu - \eta_{\mu\nu} \partial^\rho \xi_\rho. \end{aligned}$$

Thus

$$\begin{aligned} \partial^\mu \bar{h}'_{\mu\nu} &= \partial^\mu \bar{h}_{\mu\nu} + \partial^\mu \partial_\mu \xi_\nu + \cancel{\partial_\nu \partial^\mu \xi_\mu} - \cancel{\partial_\nu \partial^\rho \xi_\rho} \\ &= \partial^\mu \bar{h}_{\mu\nu} + \square \xi_\nu. \end{aligned}$$

Therefore, by choosing ξ s.t.

$$\square \xi_\nu = -\partial^\mu \bar{h}_{\mu\nu},$$

we obtain $\partial^\mu \bar{h}'_{\mu\nu} = 0$. This is, under suitable conditions, always possible, as is clear from the theory of electromagnetism. Indeed, this corresponds to the inhomogeneous Maxwell's equations in the Lorenz gauge for a four potential ξ_ν created by a four current $-\partial^\mu \bar{h}_{\mu\nu}$. Under this transformation

$$\partial^\rho \partial_\mu \bar{h}'_{\nu\rho} = \frac{1}{2} (\cancel{\partial_\mu \partial^\rho \bar{h}'_{\rho\nu}} + \cancel{\partial_\nu \partial^\rho \bar{h}'_{\rho\mu}}) = 0,$$

$$\eta_{\mu\nu} \partial^\rho \partial^\sigma \bar{h}'_{\rho\sigma} = \eta_{\mu\nu} \cancel{\partial^\rho \partial^\sigma \bar{h}'_{\rho\sigma}} = 0.$$

Thus, eqn (2) becomes

$$-\frac{1}{2} \square \bar{h}_{\mu\nu} = 8\pi G T_{\mu\nu},$$

i.e.

$$\square \bar{h}_{\mu\nu} = -16\pi G T_{\mu\nu},$$

3. a) We have $\partial_0 \bar{h}_{\mu\nu} = 0$ due to the static field condition. Thus, if we take the $\mu=\nu=0$ component of the linearized field eqns, we have

$$-16\pi G \rho = -16\pi G T_{00} = \square \bar{h}_{00} = -\cancel{\partial_0^2 \bar{h}_{00}}^0 + \Delta \bar{h}_{00} = -4 \Delta \phi.$$

Thus, we recover Poisson's eqn

$$\Delta \phi = 4\pi G \rho.$$

In this limit, the Christoffel symbols satisfy

$$\Gamma^i_{\mu\nu} = \frac{1}{2} (h_{\mu i, \nu} + h_{\nu i, \mu} - h_{\mu\nu, i}).$$

Moreover, for slow motion $\|\vec{v}\| \ll 1$. Thus

$$\begin{aligned} -1 = u^\mu u_\mu &= -\left(\frac{dx^0}{d\tau}\right)^2 + \sum_{i=1}^3 \left(\frac{dx^i}{d\tau}\right)^2 \\ &= -\left(\frac{dx^0}{d\tau}\right)^2 (1 - \|\vec{v}\|^2) \approx -\left(\frac{dx^0}{d\tau}\right)^2 \end{aligned}$$

and $\left|\frac{dx^0}{d\tau}\right| \gg \left\|\frac{d\vec{x}}{d\tau}\right\|$. Therefore, the autoparallel eqn is

$$\begin{aligned} \frac{d^2 x^i}{dt^2} &= \frac{d}{dt} \left(\frac{dx^i}{dt} \frac{dt}{dx^0} \right) \frac{dx^0}{dt} = \frac{d^2 x^i}{dt^2} = -\Gamma^i_{\alpha\beta} \frac{dx^\alpha}{dt} \frac{dx^\beta}{dt} \\ &= -\Gamma^i_{00} \frac{dx^0}{dt} \frac{dx^0}{dt} = \frac{1}{2} h_{00,i} \end{aligned}$$

To continue we need to find $\bar{h}_{\mu\nu}$. The other

Einstein equations become

$$\Delta \bar{h}_{i\nu} = \square \bar{h}_{i\nu} = 0,$$

Thus $\bar{h}_{i\nu}$ is harmonic. Since it is assumed to be bounded (as it is a small perturbation), it has to be constant. Thus, if our spacetime is to approach Minkowski at infinity, $\bar{h}_{i\nu} = 0$. Thus

$$-\bar{h}_{00} = \bar{h} = h - 2h = -h$$

and

$$h_{00} = \bar{h}_{00} + \frac{1}{2} \eta_{00} h = \bar{h}_{00} = \frac{1}{2} \bar{h}_{00} = \frac{1}{2} \bar{h}_{00} = -2\phi.$$

Thus, indeed

$$\frac{d^2 x^i}{dt^2} = -\phi_{,i} = -(\vec{\nabla} \phi)_i,$$

recovering Newton's second law. Finally, the

components of the remaining components of the perturbation are

$$h_{\mu\nu} = \bar{h}_{\mu\nu} + \frac{1}{2} g_{\mu\nu} h = \bar{h}_{\mu\nu} + \frac{1}{2} g_{\mu\nu} \bar{h}_{00},$$

$$\begin{aligned} h_{i\nu} &= \cancel{\bar{h}_{i\nu}}^0 + \frac{1}{2} g_{i\nu} \bar{h}_{00} \\ &= \frac{1}{2} \delta_{i\nu} \bar{h}_{00} = -2\delta_{i\nu} \phi. \end{aligned}$$

We conclude

$$g_{\mu\nu} = \begin{bmatrix} -(1+2\phi) & 0 & 0 & 0 \\ 0 & 1-2\phi & 0 & 0 \\ 0 & 0 & 1-2\phi & 0 \\ 0 & 0 & 0 & 1-2\phi \end{bmatrix}_{\mu\nu}.$$

b) Taking the $\nu=0$ components of our linearized Einstein equations we have

$$\square A_\mu = -\frac{1}{4} \square \bar{h}_{\mu 0} = -\frac{1}{4} (-16\pi T_{\mu 0}) = -4\pi J_\mu.$$

Taking this component for the De Donder gauge condition,

$$\partial^\mu A_\mu = -\frac{1}{4} \partial^\mu \bar{h}_{\mu 0} = 0.$$

We still have $\square \bar{h}_{ij} = 0$. Thus, as before, $\bar{h}_{ij} = 0$.

and

$$h_{ij} = \cancel{\bar{h}_{ij}}^0 - \frac{1}{2} g_{ij} \bar{h}_{00} = -2\delta_{ij} \phi.$$

However, we now have

$$h_{i0} = \bar{h}_{i0} + \frac{1}{2} g_{i0}^0 \bar{h}_{00} \\ = -4A_i.$$

Yielding the metric

$$g_{\mu\nu} = \begin{bmatrix} -(1+2\phi) & -4A_1 & -4A_2 & -4A_3 \\ -4A_1 & 1-2\phi & 0 & 0 \\ -4A_2 & 0 & 1-2\phi & 0 \\ -4A_3 & 0 & 0 & 1-2\phi \end{bmatrix}_{\mu\nu}.$$

Up to linear order in the velocity the geodesic eqn becomes

$$\frac{d^2 x^i}{dt^2} = \frac{d}{d\tau} \left(\frac{dx^i}{d\tau} \frac{d\tau}{dx^0} \right) \frac{d\tau}{dx^0} = \frac{d^2 x^i}{d\tau^2} = -\Gamma^i_{\alpha\beta} \frac{dx^\alpha}{d\tau} \frac{dx^\beta}{d\tau}$$

$$= -\Gamma^i_{00} - 2\Gamma^i_{0j} v^j.$$

Much like before, $\Gamma^i_{00} = -\frac{1}{2} h_{00,i} = -(\bar{\nabla}\phi)_i$. However,

now

$$\Gamma^i_{0j} = \frac{1}{2} (h_{0i,j} + h_{ji,0} - h_{0j,i}) = 2(\partial_i A_j - \partial_j A_i) \\ = 2\varepsilon_{ijk} B_k.$$

Thus,

$$\frac{d^2 x^i}{dt^2} = -(\vec{\nabla}\phi)_i - 4\epsilon_{ijk} B_k v^j,$$

i.e.

$$\frac{d^2 \vec{x}}{dt^2} = -\vec{E} - 4\vec{v} \times \vec{B}.$$

4. Notice that

$$M_{\alpha\beta\gamma} = \partial_\alpha g_{\beta\gamma} - \Gamma_{\beta\alpha}^\mu g_{\mu\gamma} - \Gamma_{\gamma\alpha}^\mu g_{\beta\mu}.$$

Thus

$$\delta_\Gamma M_{\alpha\beta\gamma} = -\delta\Gamma_{\beta\alpha}^\mu g_{\mu\gamma} - \delta\Gamma_{\gamma\alpha}^\mu g_{\beta\mu} = -2\delta\Gamma_{(\beta\alpha}^\mu g_{\mu|\gamma)}$$

Then

$$\begin{aligned} \delta_\Gamma S_H &= -\frac{1}{2} \int d^4x \sqrt{-g} \, 2 M^{\alpha\beta\gamma} \delta M_{\alpha\beta\gamma} \\ &= 2 \int d^4x \sqrt{-g} \, M^{\alpha\beta\gamma} \delta\Gamma_{(\beta\alpha}^\mu g_{\mu|\gamma)} \\ &= \int d^4x \sqrt{-g} \, M^{\alpha\beta\gamma} g_{\mu\gamma} \delta\Gamma_{\beta\alpha}^\mu. \end{aligned}$$

Thus, the equations obtained through the variation of Γ are precisely the metricity conditions $M_{\alpha\beta\gamma} = 0$. The variation wrt g is more complicated. Recalling

(4.28) and using the nearly-redundant identity

$$\Gamma_{\alpha\beta}^\mu \Gamma_{\mu\gamma}^\nu = \Gamma_{\alpha\gamma}^\nu \Gamma_{\beta\mu}^\mu,$$

$$\delta_g S_M = -\frac{1}{2} \int d^4x \left(\delta \sqrt{-g} M^{\alpha\beta\gamma} M_{\alpha\beta\gamma} + \right.$$

$$\delta g_{\rho\alpha} g_{\sigma\beta} g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} +$$

$$g_{\rho\alpha} \delta g_{\sigma\beta} g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} +$$

$$g_{\rho\alpha} g_{\sigma\beta} \delta g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} +$$

$$2 \sqrt{-g} M^{\alpha\beta\gamma} \delta_g M_{\alpha\beta\gamma} \Big),$$

$$\delta \sqrt{-g} M^{\alpha\beta\gamma} M_{\alpha\beta\gamma} = -\frac{1}{2} \sqrt{-g} g_{\mu\nu} \delta g^{\mu\nu} M^{\alpha\beta\gamma} M_{\alpha\beta\gamma}$$

$$\begin{aligned} \delta g_{\rho\alpha} g_{\sigma\beta} g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} &= -g_{\rho\mu} g_{\alpha\nu} \delta g^{\mu\nu} g_{\sigma\beta} g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} \\ &= -M^{\alpha\beta\gamma} M_{\mu\beta\gamma} \delta g^{\mu\nu}, \end{aligned}$$

$$\begin{aligned} g_{\rho\alpha} \delta g_{\sigma\beta} g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} &= -g_{\rho\alpha} g_{\sigma\mu} g_{\beta\nu} \delta g^{\mu\nu} g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} \\ &= -M^{\alpha\beta\gamma} M_{\alpha\mu\gamma} \delta g^{\mu\nu}, \end{aligned}$$

$$\begin{aligned} g_{\rho\alpha} g_{\sigma\beta} \delta g_{\lambda\gamma} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} &= -g_{\rho\alpha} g_{\sigma\beta} g_{\lambda\mu} g_{\gamma\nu} \delta g^{\mu\nu} M^{\alpha\beta\gamma} M^{\rho\sigma\lambda} \\ &= -M^{\alpha\beta\gamma} M_{\alpha\beta\mu} \delta g^{\mu\nu}. \end{aligned}$$

Moreover

$$\begin{aligned} \delta_g M_{\alpha\beta\gamma} &= -\partial_\alpha (g_{\beta\mu} g_{\gamma\nu} \delta g^{\mu\nu}) + \Gamma^\rho_{\beta\alpha} g_{\rho\mu} g_{\gamma\nu} \delta g^{\mu\nu} \\ &\quad + \Gamma^\rho_{\gamma\alpha} g_{\beta\mu} g_{\rho\nu} \delta g^{\mu\nu} \end{aligned}$$

$$\begin{aligned}
\delta_g S_M = & -\frac{1}{2} \int d^4 x \sqrt{-g} \left(-\frac{1}{2} M^{\alpha\beta\gamma} M_{\alpha\beta\gamma} g_{\mu\nu} \delta g^{\mu\nu} \right. \\
& - M_{\nu}{}^{\beta\gamma} M_{\mu\beta\gamma} \delta g^{\mu\nu} - M^{\alpha}{}_{\nu}{}^{\gamma} M_{\alpha\mu\gamma} \delta g^{\mu\nu} \\
& \left. - M^{\alpha\beta}{}_{\nu} M_{\alpha\beta\mu} \delta g^{\mu\nu} \right) \\
& + \int d^4 x \sqrt{-g} M^{\alpha\beta\gamma} \partial_{\alpha} (g_{\beta\mu} g_{\gamma\nu} \delta g^{\mu\nu}) \\
& - \int d^4 x g_{\beta\mu} g_{\gamma\nu} \delta g^{\mu\nu} \partial_{\alpha} (\sqrt{-g} M^{\alpha\beta\gamma}) + \text{boundary} \\
& - \int d^4 x \sqrt{-g} M^{\alpha\beta\gamma} \Gamma^{\rho}{}_{\beta\alpha} g_{\rho\mu} g_{\gamma\nu} \delta g^{\mu\nu} \\
& - \int d^4 x \sqrt{-g} M^{\alpha\beta\gamma} \Gamma^{\rho}{}_{\gamma\alpha} g_{\beta\mu} g_{\rho\nu} \delta g^{\mu\nu}.
\end{aligned}$$

We thus obtain the EOMs

$$\begin{aligned}
-g_{\beta\mu} g_{\gamma\nu} \partial_{\alpha} (\sqrt{-g} M^{\alpha\beta\gamma}) &= \frac{1}{4} M^{\alpha\beta\gamma} M_{\alpha\beta\gamma} g_{\mu\nu} \\
&+ \frac{1}{2} (M_{\nu}{}^{\beta\gamma} M_{\mu\beta\gamma} + M^{\alpha}{}_{\nu}{}^{\gamma} M_{\alpha\mu\gamma} + M^{\alpha\beta}{}_{\nu} M_{\alpha\beta\mu}) \\
&- M^{\alpha\beta}{}_{\nu} \Gamma_{\mu\beta\alpha} - M^{\alpha}{}_{\mu}{}^{\beta} \Gamma_{\nu\beta\alpha}.
\end{aligned}$$