

# REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER

As per Merchant Shipping (Medical Examination) Rule 2000 and ISM / STCW code 1/9 and ILO convention 147

Dr. Shahab Ali Usmani (M.B.B.S.)

APPROVED BY DIRECTORATE GENERAL OF SHIPPING, GOVERNMENT OF INDIA, APPROVAL No. UP/LKW/01/2018



## AWADH MEDICALS, LUCKNOW

Address : 308, Third Floor, Murli Bhawan, Ashok Marg, Hazratganj, Lucknow-226001

Email : awadhmedicalslucknow@gmail.com Web : www.awadhmedicalslucknow.com Contact No. : +91522-4314353, +91-7355254695

Name : SINGH PRAMOD KUMAR Sex : MALE Serial No. : AWADH/2019/109

Surname : SINGH First Name : PRAMOD Middle Name : KUMAR

Date of Birth : 24/10/1956 PP/CDC : Z2450855 Rank : MASTER

Vessel : B-147, RAIL NAGAR, LUCKNOW Type : NAUTILUS AGENCY Route :

Home Address : B-147, RAIL NAGAR, LUCKNOW

Company Name : NAUTILUS AGENCY

Medical History : Please answer the following to the best of your knowledge

Is there any past / present history of any of the following	Candidate Declaration	Examiner Record	Candidate Declaration	Examiner Record
Severe and/or recurrent headaches (Migraine)	Yes	No	Yes	No
Head injury	Yes	No	Yes	No
Fits / Epilepsy / Dizziness / Fainting	Yes	No	Yes	No
Eye / Vision Problems (Cataracts, etc)	Yes	No	Yes	No
Hearing Impairment	Yes	No	Yes	No
Ears, Nose, Throat problems	Yes	No	Yes	No
Stomach / Bowel disorders	Yes	No	Yes	No
Gall Stones / Kidney disorders	Yes	No	Yes	No
Jaundice / Liver Disease	Yes	No	Yes	No
Phlebotomy / Venous issues	Yes	No	Yes	No
Blood disorder	Yes	No	Yes	No
Female disorder	Yes	No	Yes	No
Notes				

Medical Examination	Blood Pressure in mm of Hg	Pulse Beats / Min	Resp. Rate / Min	General Condition
Height in cm : <u>175</u>	<u>120/80</u>	<u>78</u>	<u>14</u>	<u>HEALTHY</u>
Weight in cm : <u>82</u>				
Chest Insp-Exp : <u>615</u>				
Distant Vision : <u>Corrected</u>	Field of Vision : <u>Normal</u>	Audiometry : <u>Normal</u>	H/L : <u>500</u>	1000 2000 3000 4000 5000 6000 8000
Right Eye : <u>615</u>	Normal	Right Ear : <u>Normal</u>	dB	
Left Eye : <u>615</u>	Abnormal	Left Ear : <u>Normal</u>	dB	
Colour Vision : <u>Normal</u>	Abnormal	Hearing : <u>Normal</u>	Right Ear : <u>WNL</u>	Left Ear : <u>WNL</u>

Systemic Examination	Normal	Abnormal
Heart & Neck	✓	
Eyes	✓	
Ears / Nose / Throat	✓	
Tears / Oral Cavity	✓	
Musculo-skeletal System	✓	
Nervous System	✓	
Reflexes	✓	
Skin	✓	

Investigations	Result	Normal	Urine
Blood			
Hemoglobin	<u>12.5</u> gm %	14-18 gm %	Colour : <u>LIGHT YELLOW</u>
Total WBC Count	<u>7000</u> cu mm	4000-11000 cu mm	Specific Gravity : <u>1.025</u>
Neu. 60%	<u>38%</u>	50%	pH : <u>6.0</u>
ESR	<u>26</u> mm / hr	1-15 mm / hr	Albumin : <u>NEGATIVE</u>
S. Cholesterol	<u>147.0</u> mg / dl	9-43 U / L	Bile pigment : <u>NEGATIVE</u>
S. Triglycerides	<u>85.0</u> mg / dl	145-260 mg / dl	Bile salts : <u>NEGATIVE</u>
Urea Nitrogen	<u>10</u> mg / dl	10-20 mg / dl	Occult Blood : <u>NEGATIVE</u>
Urea	<u>10</u> mg / dl	10-20 mg / dl	RHS cells : <u>NO</u>
Urea Nitrogen	<u>10</u> mg / dl	10-20 mg / dl	Leucocytes : <u>NO</u>
Urea	<u>10</u> mg / dl	10-20 mg / dl	Others : <u>NA</u>
Urea Nitrogen	<u>10</u> mg / dl	10-20 mg / dl	Spirometry : <u>NA</u>
Urea	<u>10</u> mg / dl	10-20 mg / dl	Drugs of Abuse : <u>NA</u>
Urea Nitrogen	<u>10</u> mg / dl	10-20 mg / dl	USG : <u>NA</u>
Urea	<u>10</u> mg / dl	10-20 mg / dl	



Result of Medical Examination : Medically Fit

On the basis of the examinee's history, clinical examination and diagnostic test, I Dr. Shahab Ali Usmani hereby declare the examinee medically fit for the purpose of employment on the ship for a period of 12 months.

Remarks : None

I Dr. Shahab Ali Usmani certify that all information required under Annexure E & F of M.S. (Medical Examination) Rules 2000 is incorporated in this certificate.

This certificate is valid till 15-FEB-20

Candidate's Signature : [Signature]

Date : 16-FEB-19



Doctor's Signature : [Signature]  
Dr. SHAHAB ALI USMANI  
MBBS



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Approved by Directorate General of Shipping, Government of India

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## PATIENT'S INFORMATION

DATE: 12-FEB-2019

NAME:	PRAMOD KUMAR SINGH	AGE:	62 YEARS
RANK:	MASTER	CDC/INDOS/P.P	Z2450855
HEIGHT:	175cm	SMOKER:	NO
REFD. BY:	NAUTILUS AGENCY	SEX:	MALE

## DRUG AND ALCOHAL TEST REPORT

URINE ASSAY CARRIED FOR THE FOLLOWING DRUGS AS MARKED-

NAME OF DRUG	RESULT
COCAINE & METABOLITES	NEGATIVE
OPIATES (MORPHINE)	NEGATIVE
CANNABINOID (MARIJUANA)	NEGATIVE
AMPHETAMINE & METABOLITES	NEGATIVE
BARBITURATES	NEGATIVE
ALCOHOL	NEGATIVE
PHENCYCLIDINE	NEGATIVE

\*\*\*End of Report\*\*\*



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# AWADH MEDICALS, LUCKNOW

## Medical Certificate for Service at Sea

As per M.S. Notice 1 of 2015 (Appendix - IV) dated 16<sup>th</sup> January 2015

SINGH PRAMOD KUMAR  
(Seafarer's Last name, First name and Middle name)

22450855  
(Number of: CDC / Passport / other valid identification document - with type document)

Has been examined by DR. SHAHAB ALI USMANI  
(Name of Medical Examiner)



And has been found fit for service at sea in the job of MASTER

- (a) The hearing and sight of the seafarer concerned, and the colour vision in the case of seafarer to be employed in capacities where fitness for the work to be performed is liable to be affected by defective colour vision, are all satisfactory; and
- (b) The seafarer concerned is not suffering from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger the health of other persons on board.
- (c) The Seafarers complies with the requirements specified in Table A-I/9 of STCW Code (i.e. Minimum in service eyesight standards for seafarers), Table B-I/9 of the STCW Code (i.e. Assessment of minimum entry level and in-service physical abilities for seafarers) and Regulation 1.2, Standard A- 1.2 & Guideline B-1.2 of the Maritime Labour Convention 2006.

16-FEB-19 / LUCKNOW  
(Date & Place of Medical Examination)

**MEDICALLY FIT**

AWADH / 2019 / 09  
(Serial number of the Certificate)

Shahab  
(Signature of the Medical Examiner)  
**DR. SHAHAB ALI USMANI**  
**MBBS**  
**MCI Reg No. 57258**  
**DGS Approval No. UP/LCW/01/2018**  
**Approved by Directorate General of Shipping**

(Address with E-mail ID & Contact No.  
of Medical Examiner)

This Certificate expires on\* 15-FEB-20 Official Stamp of the Medical Examiner  
(Day, Month, Year)\*

(\* Note more than 2 years from the date of issue, unless the seafarers is under the age of 18, in which case the maximum period of validity of the Medical Certificate shall be 1 year).

If the period of validity of the medical certificate expires in the course of voyage, the medical certificate shall continue in force until the next port of call where an approved Medical Examiner is available and the seafarer can obtain a medical certificate, provided that period of such extension shall not exceed 3 months.