

# The prehistory of cognitive science

## Introduction to Cognitive Science

dr. ir. Roy de Kleijn  
Tuesday, 10 February 2025

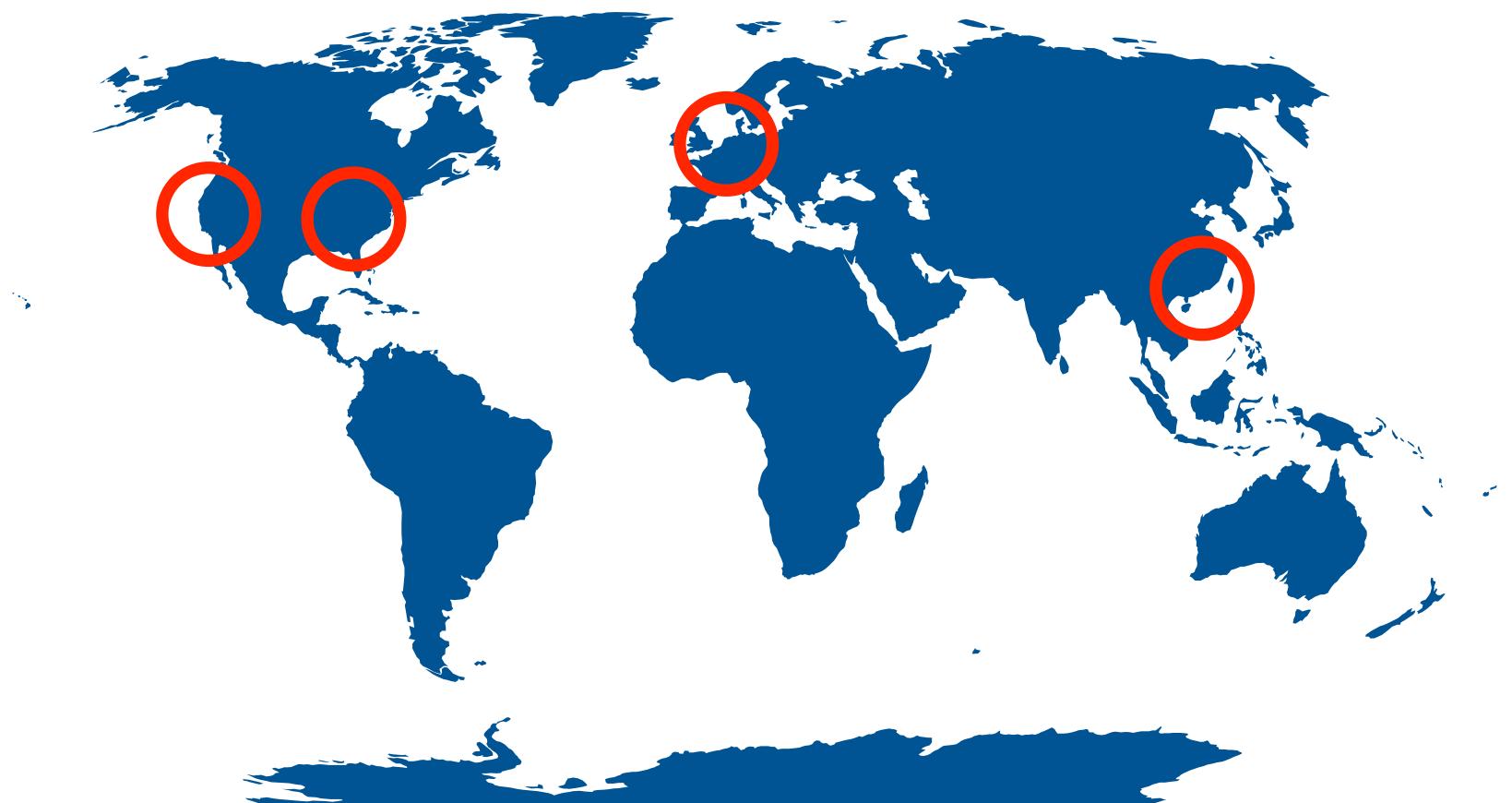


Universiteit  
Leiden

# Course introduction

# Who am I?

- Roy de Kleijn (The Hague, Netherlands)
- Background in **computer science** and **cognitive psychology**.
  - M.Sc. in **Computer Science** (Georgia Tech)
  - M.Sc. in **Cognitive Neuroscience** (Leiden/Stanford)
  - Ph.D. at Leiden University
- Assistant professor at Leiden University and Chinese University of Hong Kong.



# The *Introduction to Cognitive Science* team



Roy de Kleijn



Samarth Varma



Steven Miletić

Date	JLB	Topic	Lecturer
Friday, 7 February, 2025		<b>No lecture</b>	
Tuesday, 11 February, 2025	1	The prehistory of cognitive science	de Kleijn
Friday, 21 February, 2025	2	The discipline matures: Three milestones	de Kleijn
Friday, 28 February, 2025	3	The turn to the brain	Varma
Friday, 7 March, 2025	9	Strategies for brain mapping	Varma
Friday, 14 March, 2025		Instructions on essay writing	Varma
Friday, 21 March, 2025	16	Emotions	Varma
Friday, 28 March, 2025		<b>No lecture</b>	
Friday, 4 April, 2025	7	Bayesianism in cognitive science	de Kleijn
Friday, 11 April, 2025	6 and 8	Dynamical systems and Modules and architectures	Miletić
Friday, 18 April, 2025		<b>No lecture</b>	
Friday, 25 April, 2025	5	Neural networks and distributed processing	Miletić
Friday, 2 May, 2025	10	Models of language learning	Miletić
Friday, 9 May, 2025	15	The cognitive science of consciousness	Miletić
Friday, 16 May, 2025		Q&A	all
Monday, 16 June, 2025		Final exam	
Monday, 7 July, 2025		Re-sit	

# What are these lectures for?

- When the textbook is particularly difficult, the lectures may **focus on the textbook**.
- In other cases, lectures can **discuss related topics**.



# The essay

- Write a ~4,000 word essay on a topic of your choice related to cognitive science.
- Propose a topic before **Friday, 4 April 2025**.
- Essay deadline **Friday, 9 May 2025**.
- Essay counts for 30% of final grade.



# The final exam

- Final exam will consist of 50 multiple choice questions about the textbook and lectures.
- Exam date **Monday, 16 June 2025**.
- Do not forget to register!
- Exam counts for 70% of final grade.



# The end of behaviorism

# What is behaviorism?

## The end of behaviorism

- In order for the new science of psychology to become a true science, it should concern itself **only with observable behavior**.
- Speculating about cognition or other unobservable phenomena is unscientific.
- “**Psychology is the science of behavior.**”



# What is behaviorism?

## The end of behaviorism

- Two main assumptions of behaviorism:
  1. All learning is the result of **conditioning**.
  2. Conditioning depends on **association** and **reinforcement**.
- But what exactly is conditioning?



# Classical conditioning



# Principles of classical conditioning

The end of behaviorism

- **Reflex:** simple, automatic stimulus-response sequence mediated by the nervous system.
  - Eye blink reflex
  - Knee jerk reflex
  - Startle response



# Principles of classical conditioning

The end of behaviorism

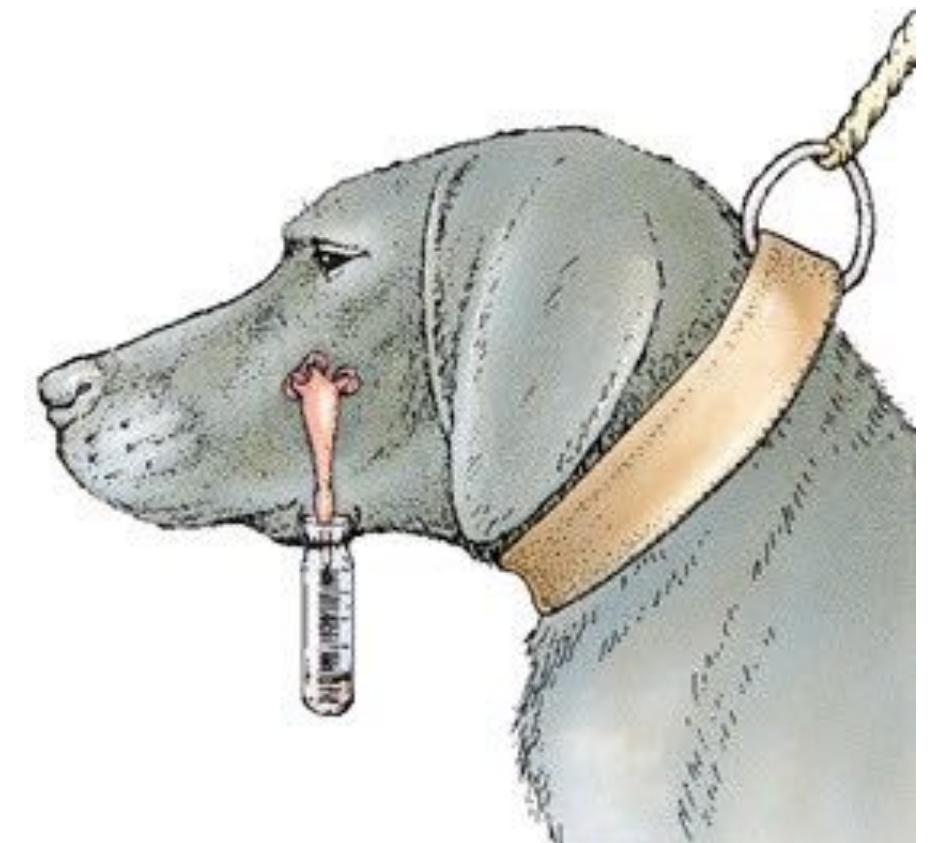
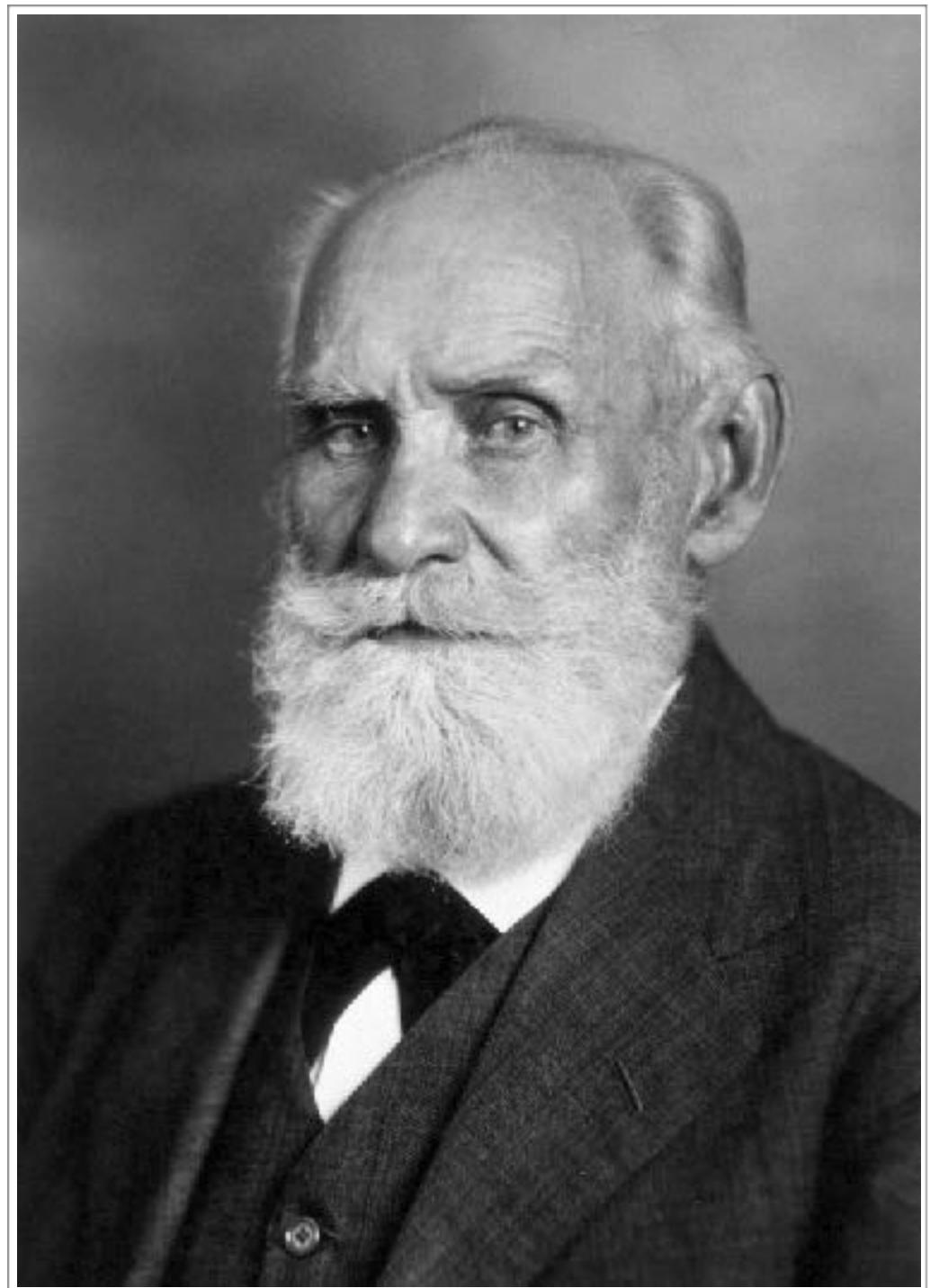
- The strength of some reflexes decreases due to **habituation**.
- Habituation **weakens** the stimulus–response connection.
- How can we **create** a stimulus–response connection?



# Pavlov: the father of conditioning

## The end of behaviorism

- Research on salivation reflex in dogs.
  - Food presented → salivation
  - Pavlov found that type of food affected composition of saliva (Nobel Prize 1904)
- Problem: dogs started to salivate as soon as the assistant bringing the food opened the door.
- Therefore **new association**: door opens → salivation

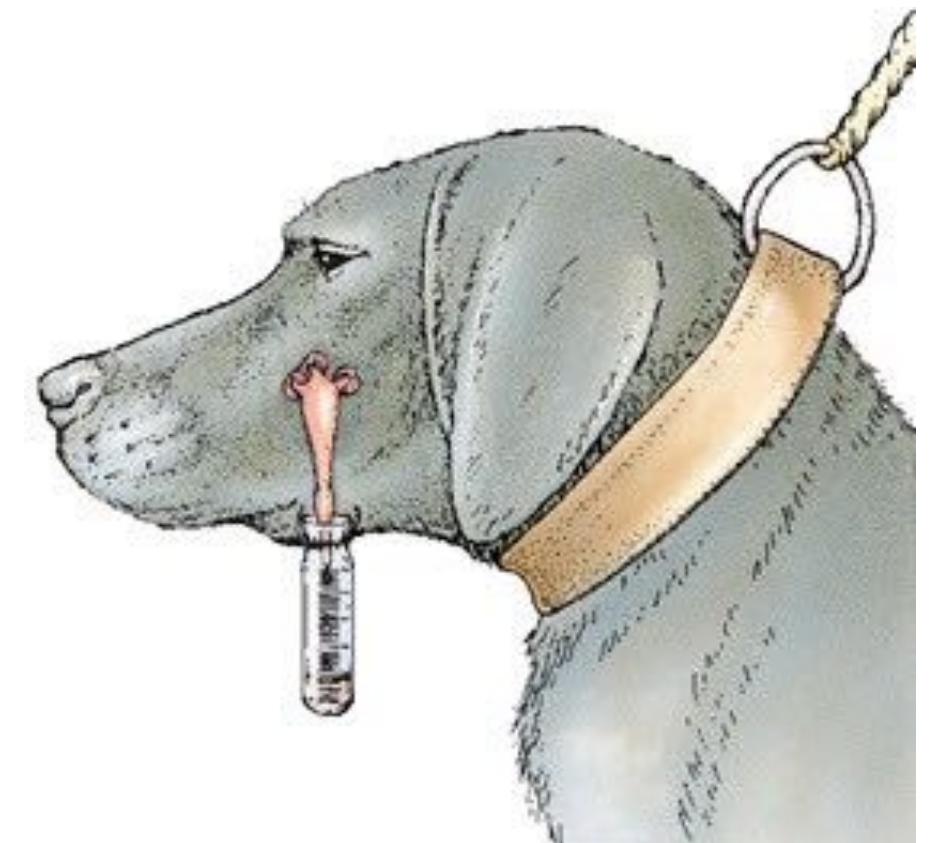
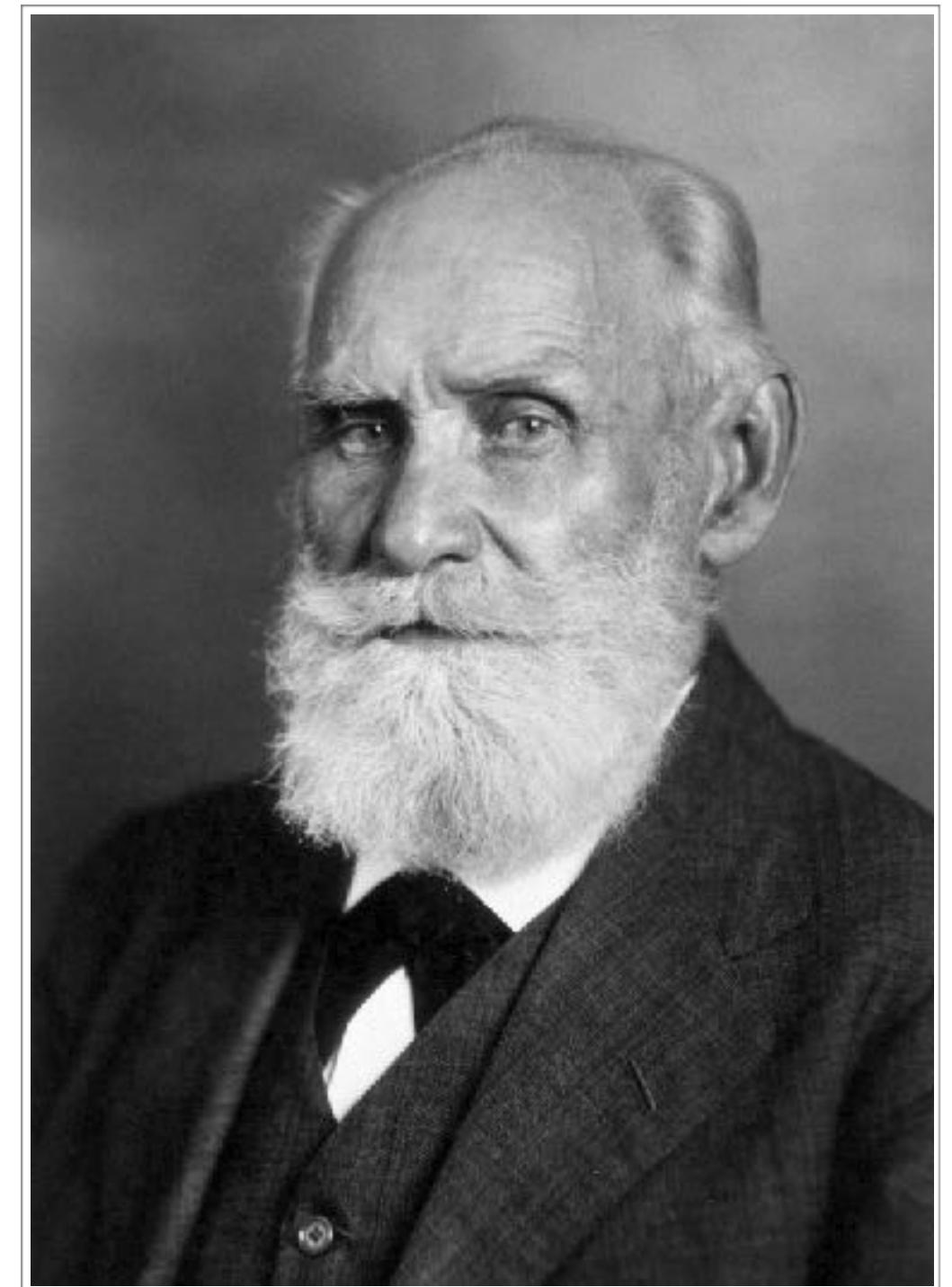




# Pavlov: the father of conditioning

The end of behaviorism

- This was an unwanted source of errors.
- However, Pavlov shifted his research interest to this new phenomenon.



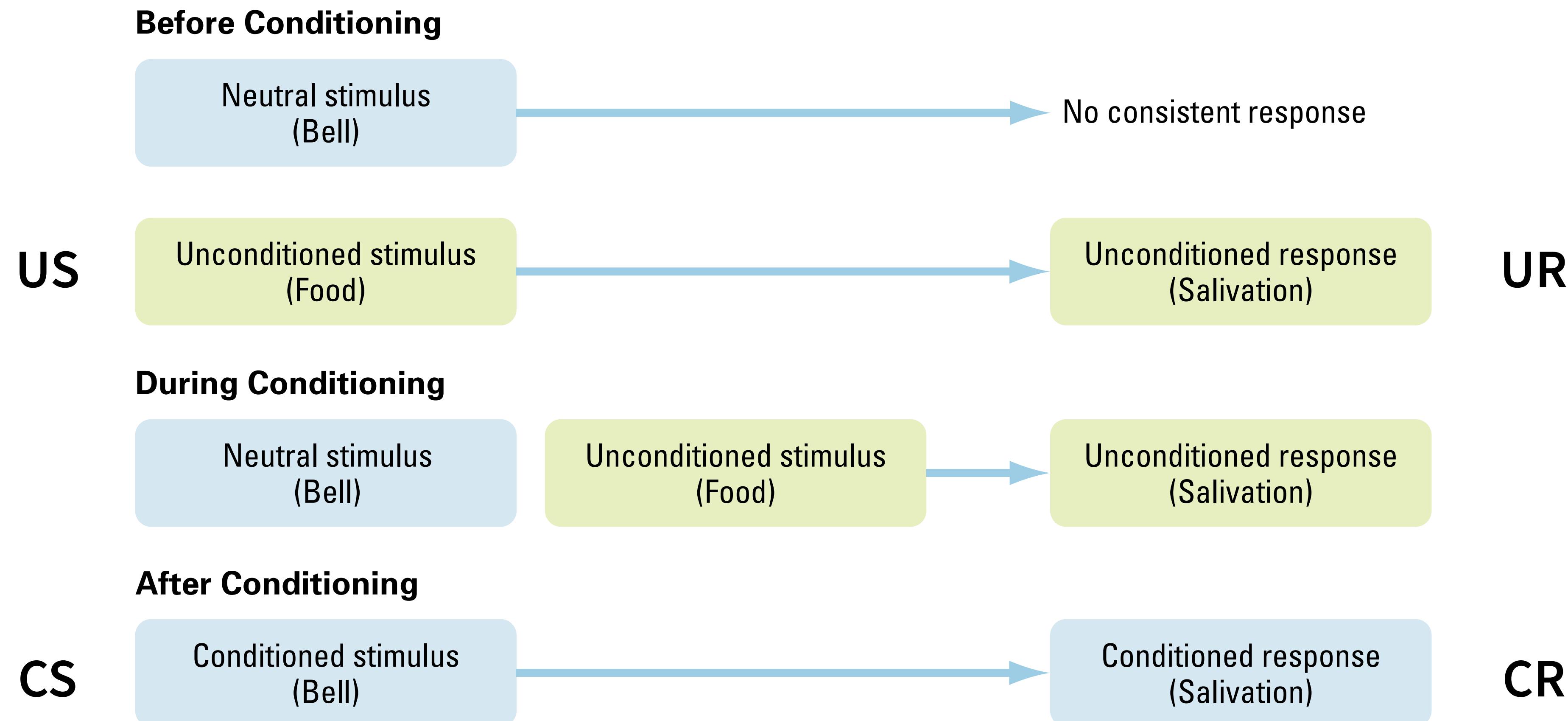
# Classical conditioning

## The end of behaviorism

- Just before giving food, Pavlov sounded a bell.
- After several repetitions, dogs started to salivate when they heard the bell, **even without food.**
- A new stimulus–response connection had therefore been created.

# Classical conditioning

## The end of behaviorism

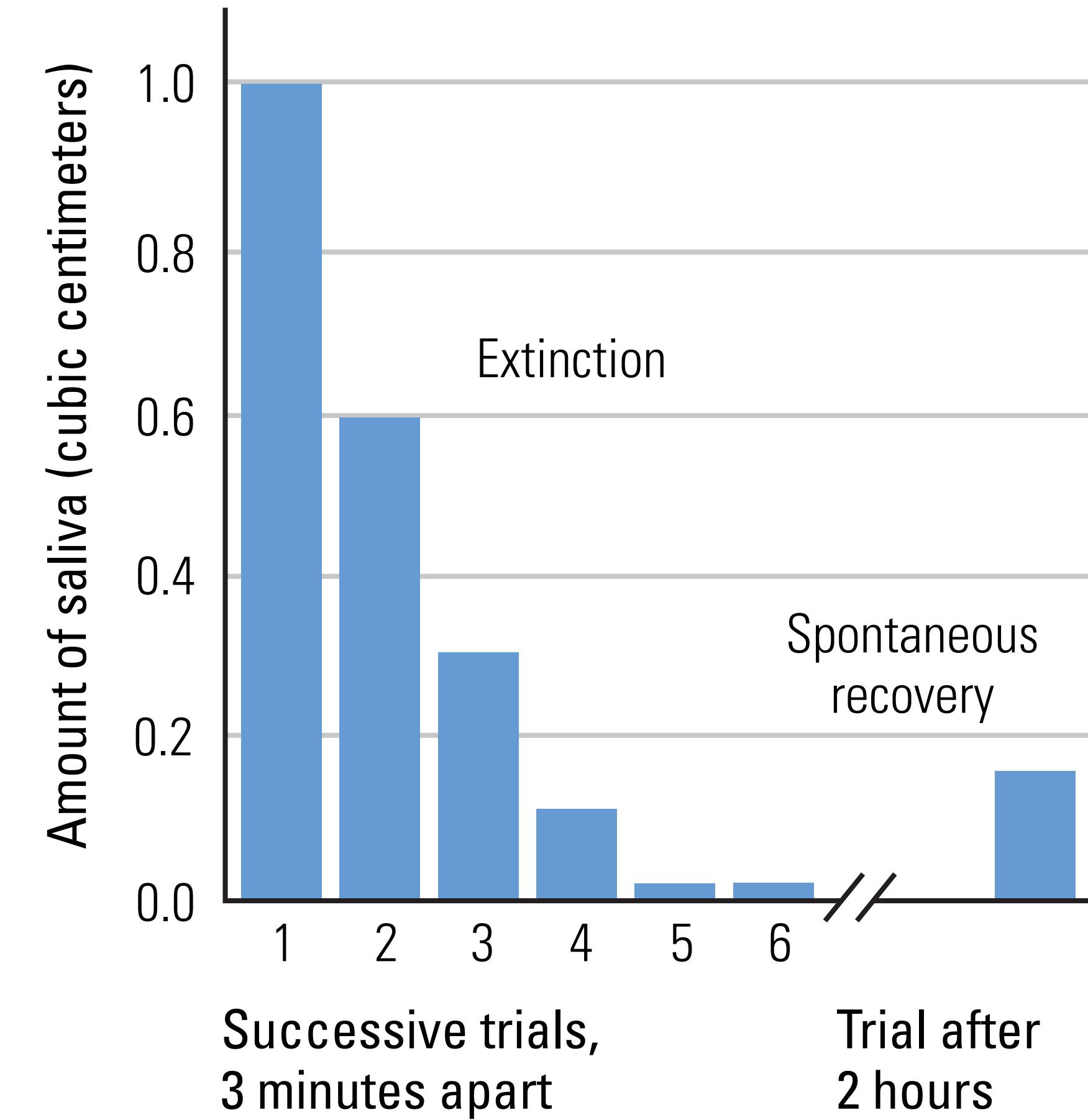




# Classical conditioning: extinction

## The end of behaviorism

- How long does this new stimulus–response connection remain, **in the absence of the US**?
- Strength of the stimulus–response connection becomes weaker: **extinction**
- **Spontaneous recovery**: the reflex has not been lost, but is possibly inhibited.



# Classical conditioning: phenomena

- Generalization

- Training:

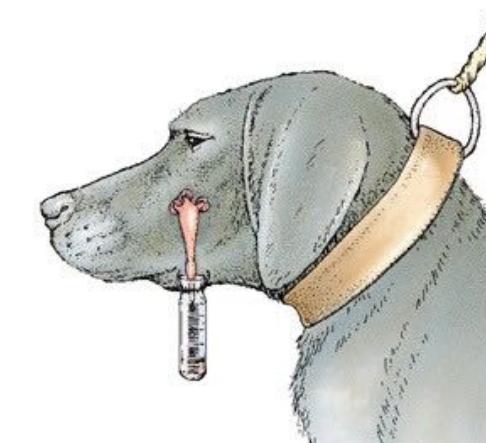


- Test:

- = 20 mL

- = 18 mL

- = 18 mL



- Dog also salivates to higher and lower tones.

- Discrimination

- Training:

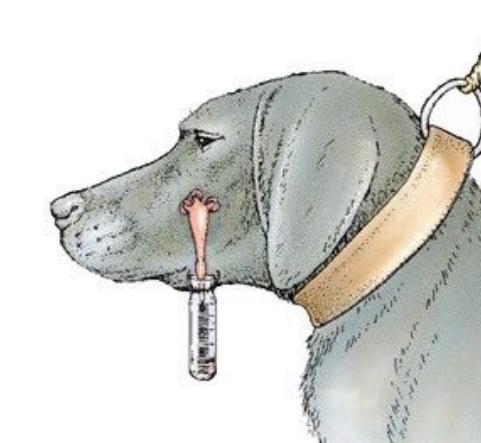


- Test:

- = 20 mL

- = 0 mL

- = 20 mL



- Dog therefore senses difference between and !

# Classical conditioning: generalization

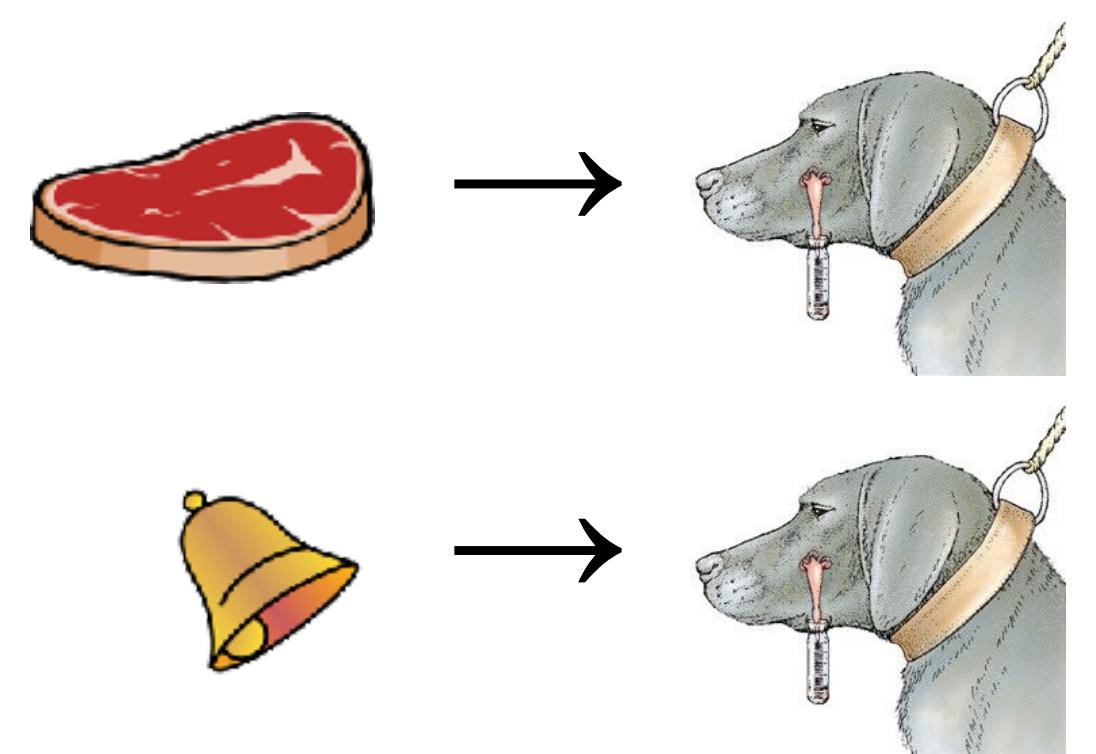
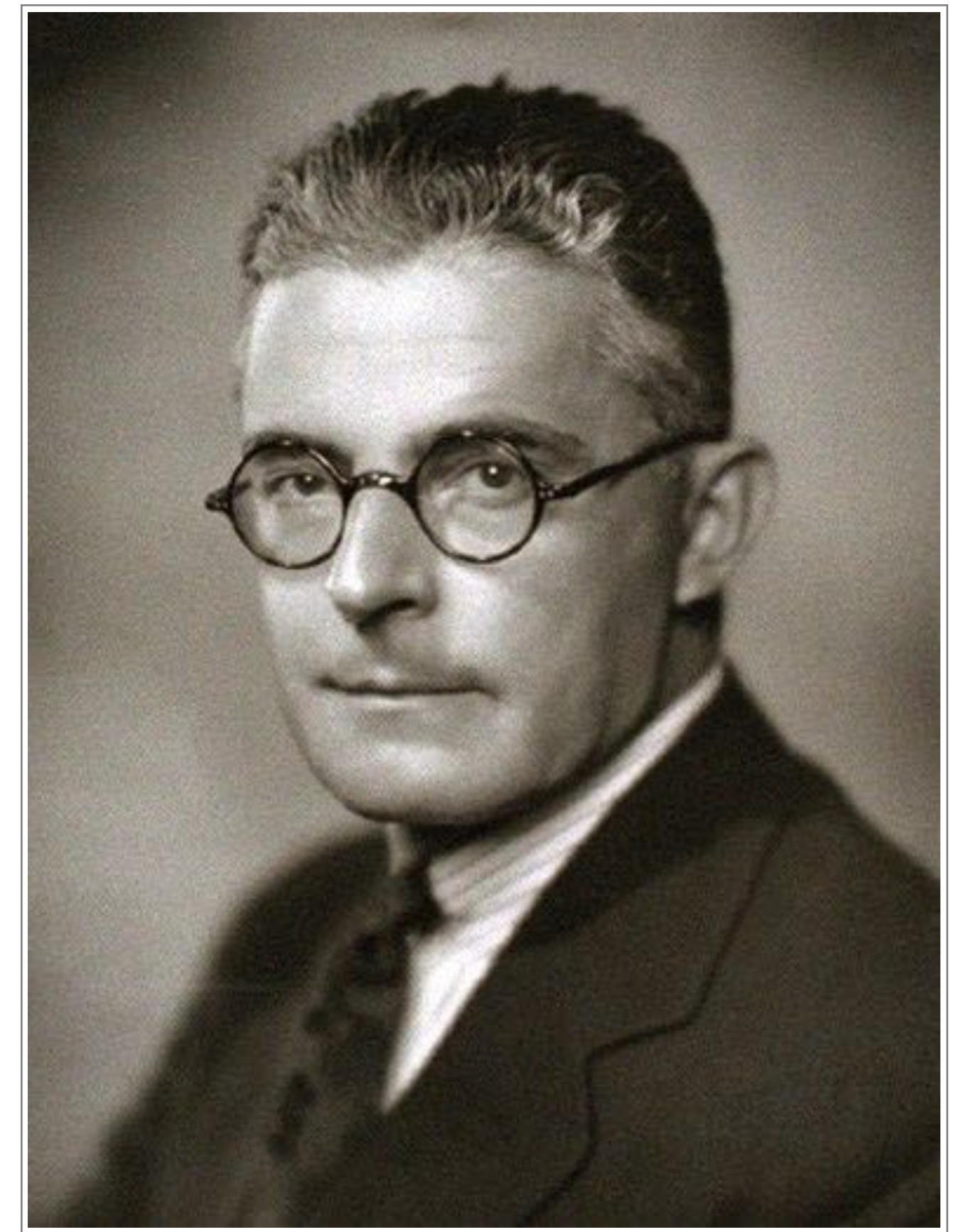
## The end of behaviorism

- This raised new questions: how similar must a stimulus be to the CS in order to elicit a CR?
- Not only physical properties are important (brightness, tone level, color).
- Volkova (1953):
  - Children conditioned to words **good** and **bad**.
  - “The children are playing nicely together.”
  - “The Fascists destroyed many cities.”

# Classical conditioning: mechanisms

The end of behaviorism

- What exactly happens in classical conditioning?
- Watson: the creation of a simple stimulus–response connection



# Classical conditioning: mechanisms

## The end of behaviorism

- So far, so good. Thus far, everything was **behaviorist** in nature.
- No mental concepts are used, only what is observable: association between stimulus and response.
- But the **cracks in behaviorism** were beginning to show.

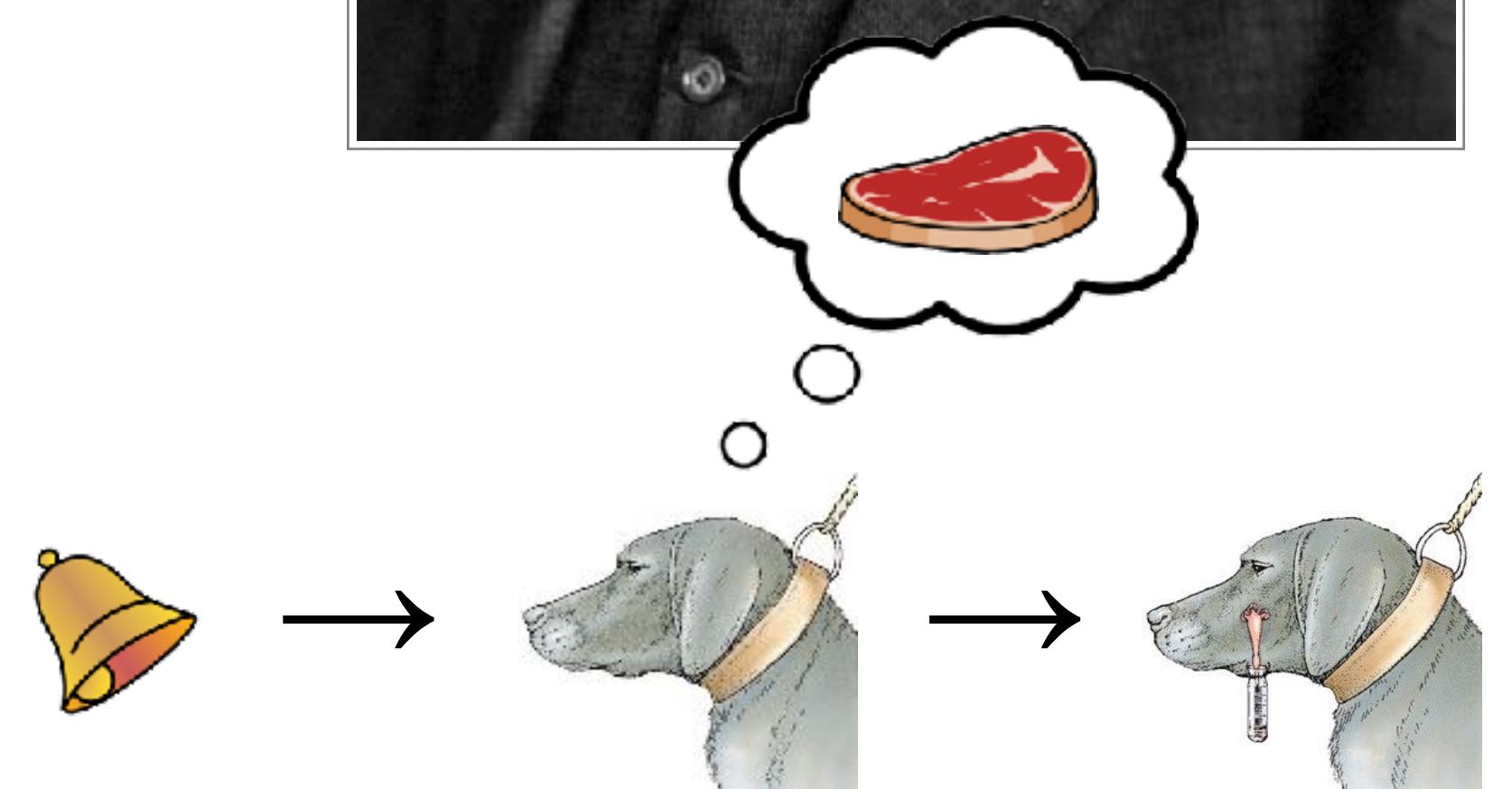
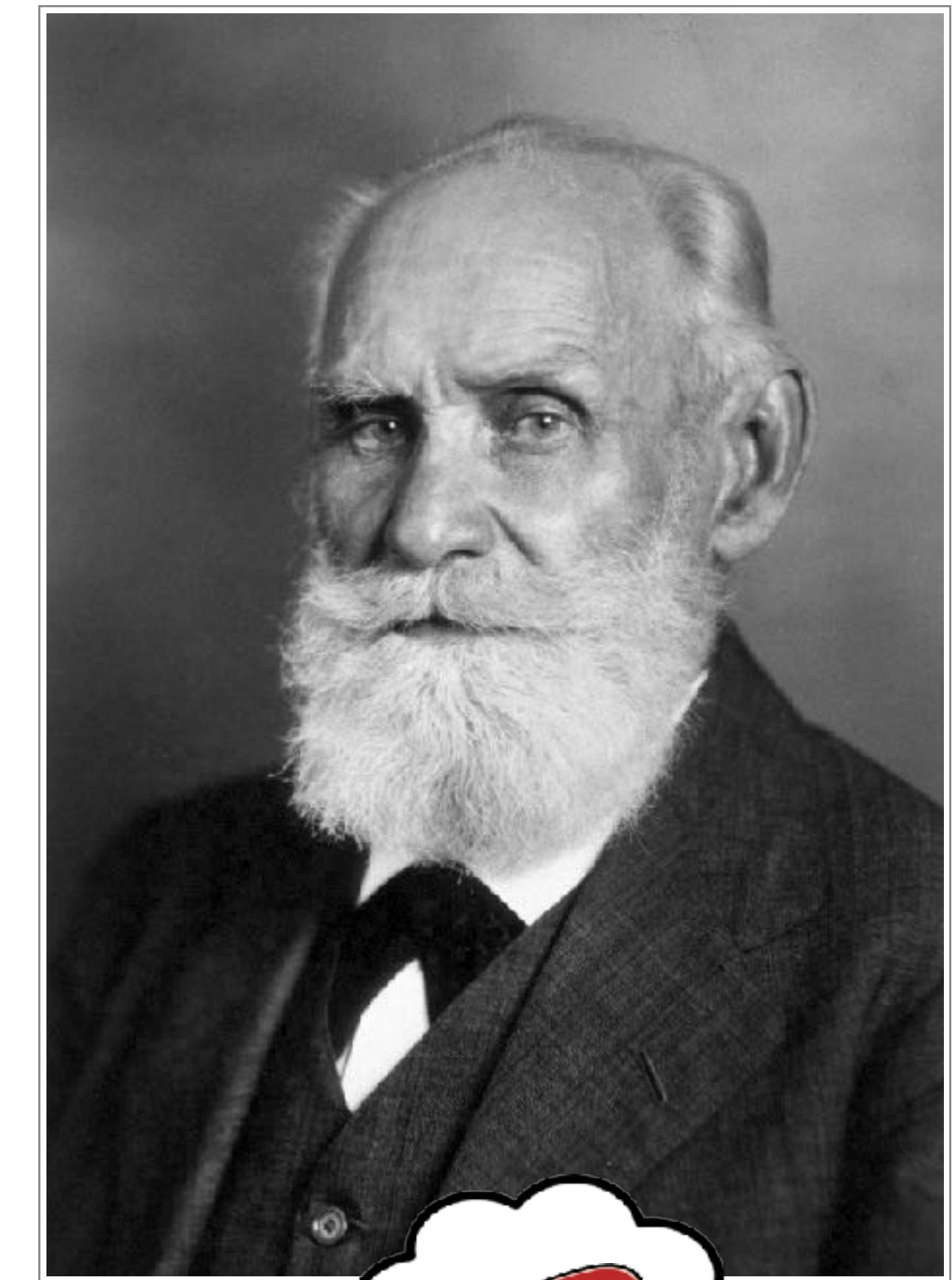
**“Defining psychology as the science of behavior  
was like defining physics as the science of meter  
reading.”**

—Noam Chomsky

# Classical conditioning: mechanisms

## The end of behaviorism

- What exactly happens in classical conditioning?
- Cognitive psychology:
  - It is useful to use **mental concepts** in explanations of behavior, e.g. **expectation**.
  - Pavlov: creating a stimulus–stimulus connection.

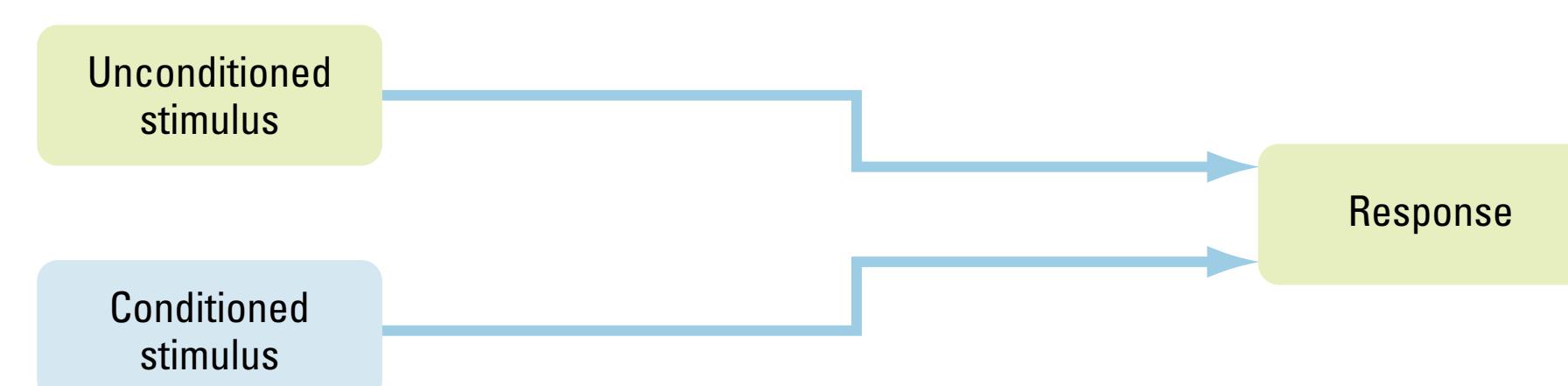


# Classical conditioning: mechanisms

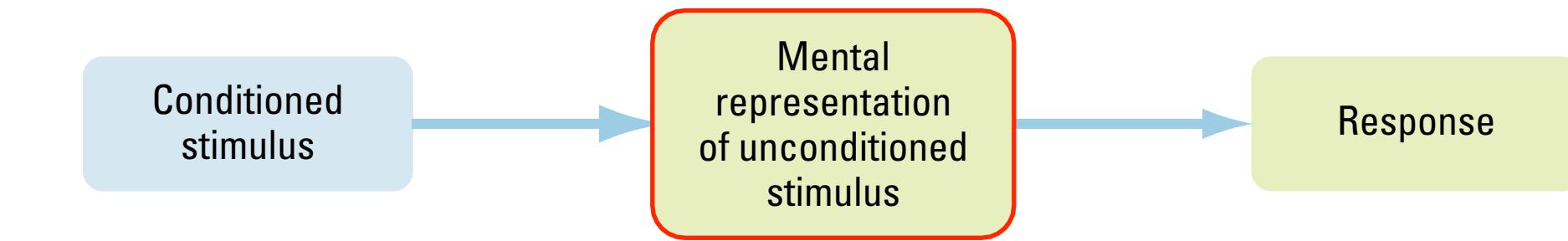
## The end of behaviorism

- What exactly happens in classical conditioning?
  - Behaviorism: creating simple **stimulus–response** connection
    - sound → salivation
  - Cognitivism: a **stimulus–stimulus** connection is created
    - sound → mental representation of food → salivation
- 

S-R Theory of Classical Conditioning



S-S Theory of Classical Conditioning



# Classical conditioning: mechanisms

## The end of behaviorism

- We therefore now have two theories, one of which uses **non-observable processes**.
- Behaviorists: it is therefore **not possible** to investigate this scientifically.
- Cognitivists: but it is possible! Non-observable processes can be investigated by **looking at their effects** and the **predictions that follow** from them!
- How might we be able to test these theories (S-R vs. S-S)? Which is correct?

# Classical conditioning: S-R vs. S-S

## The end of behaviorism

- Rescorla (1973) devised a clever habituation experiment.
- Rats display a *freezing response* to a loud sound.
- He conditioned a group of rats by pairing a light with the sound; the rats therefore now also displayed a freezing response to the light.
- He then **habituated** half of the group of rats to the loud sound until they no longer displayed a freezing response to the sound.
- What happens now when the light flashes?

# Classical conditioning: S-R vs. S-S

## The end of behaviorism

- What happens now when the light flashes?
- Behaviorists (S-R): the habituated rats will **still display a freezing response** to the light, because a **direct S-R connection was created** between the light and freezing.
- Cognitivists (S-S): the habituated rats will **no longer show a freezing response** to the light. The light activates the representation of the loud sound, which has been habituated and therefore no longer elicits a response.

# Operant conditioning

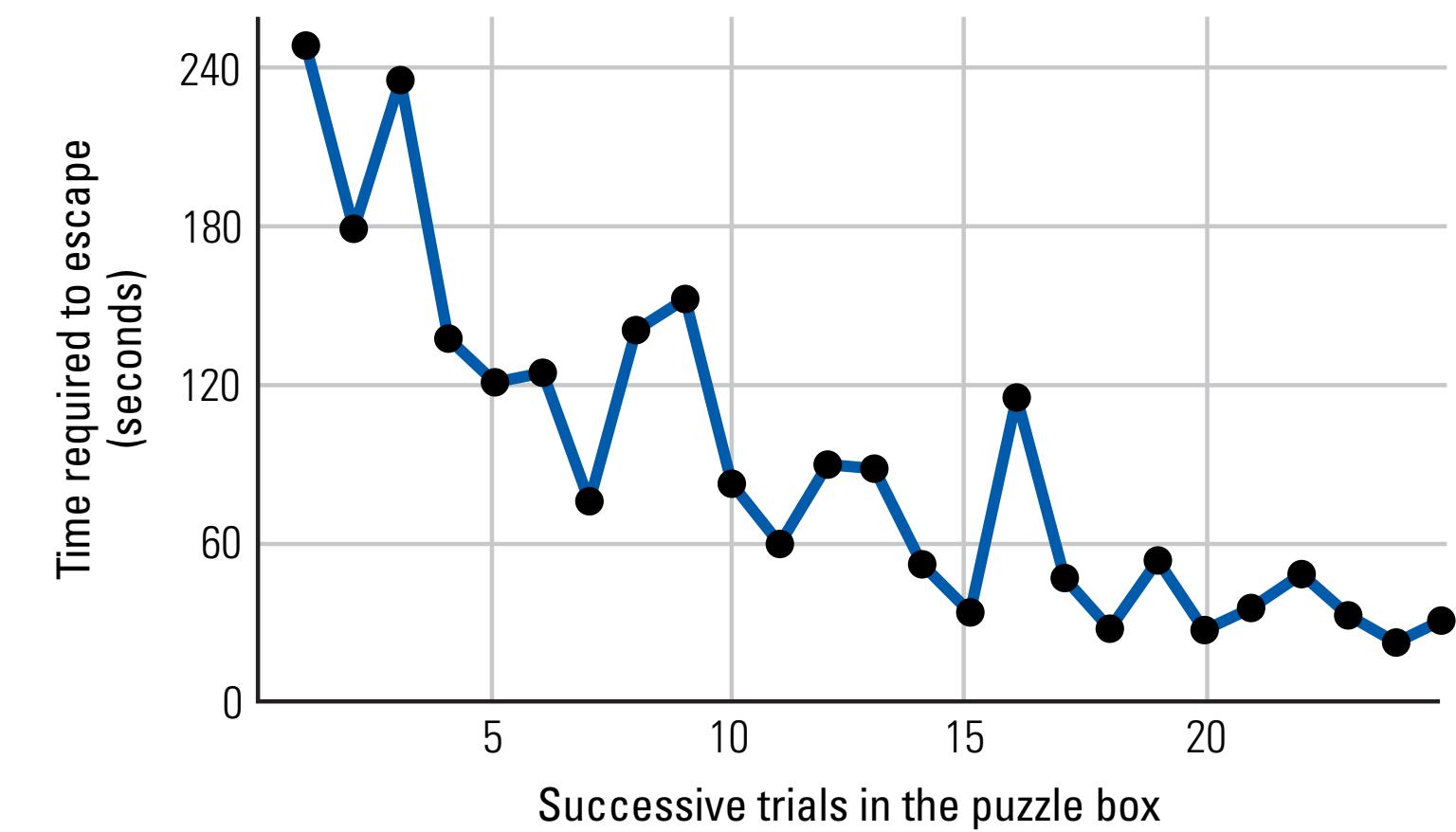
also known as

# Reinforcement learning



# Basic principles of operant conditioning

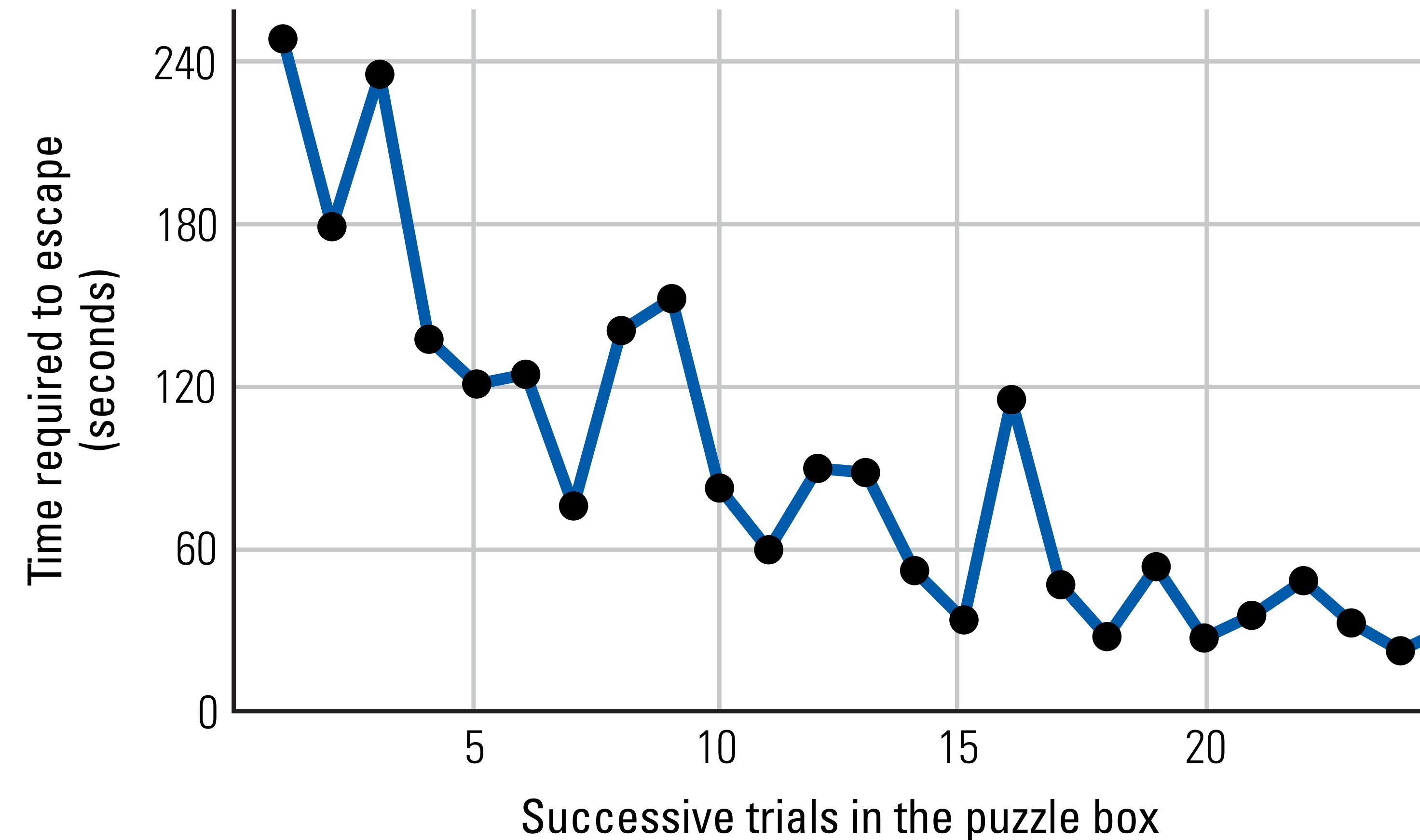
- Classical conditioning: **reflexive** behavior (blinking, etc.)
- Operant conditioning: **self-initiated** behavior
- Thorndike's puzzle box:
  - cat scratches at floor
  - cat meows
  - cat pushes against wall
  - cat presses lever → door opens → food!



# Basic principles of operant conditioning

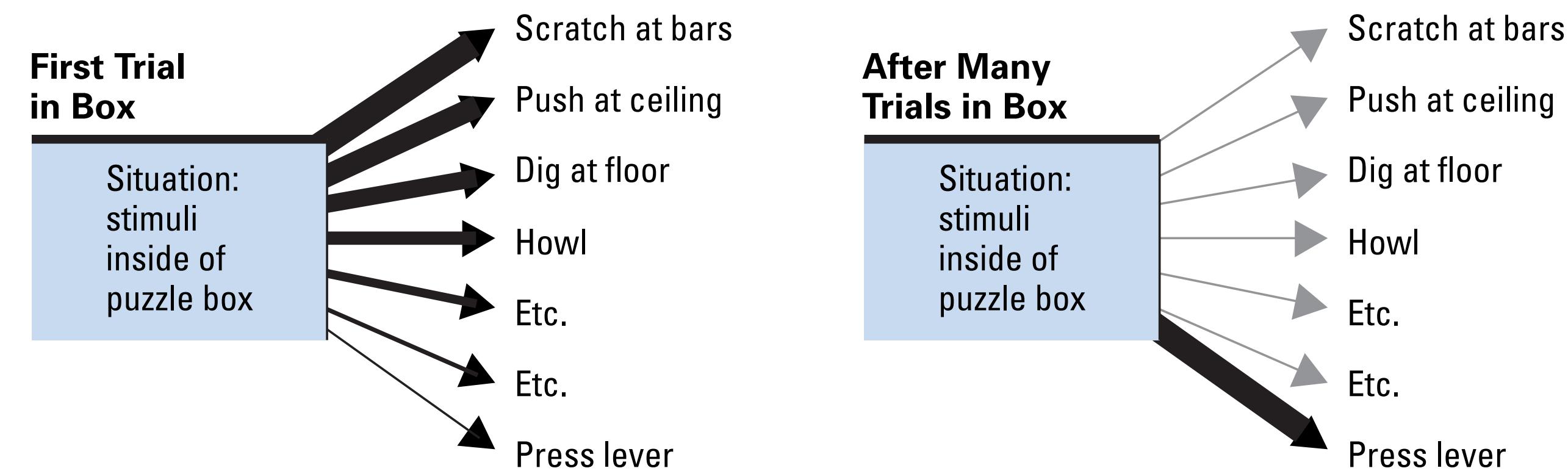


# Basic principles of operant conditioning



# Thorndike's law of effect

- Operant responses that produce a **satisfying effect** in a particular situation become **more likely** to occur again in that situation.
- Operant responses that produce a **discomforting effect** in a particular situation become **less likely** to occur again in that situation.



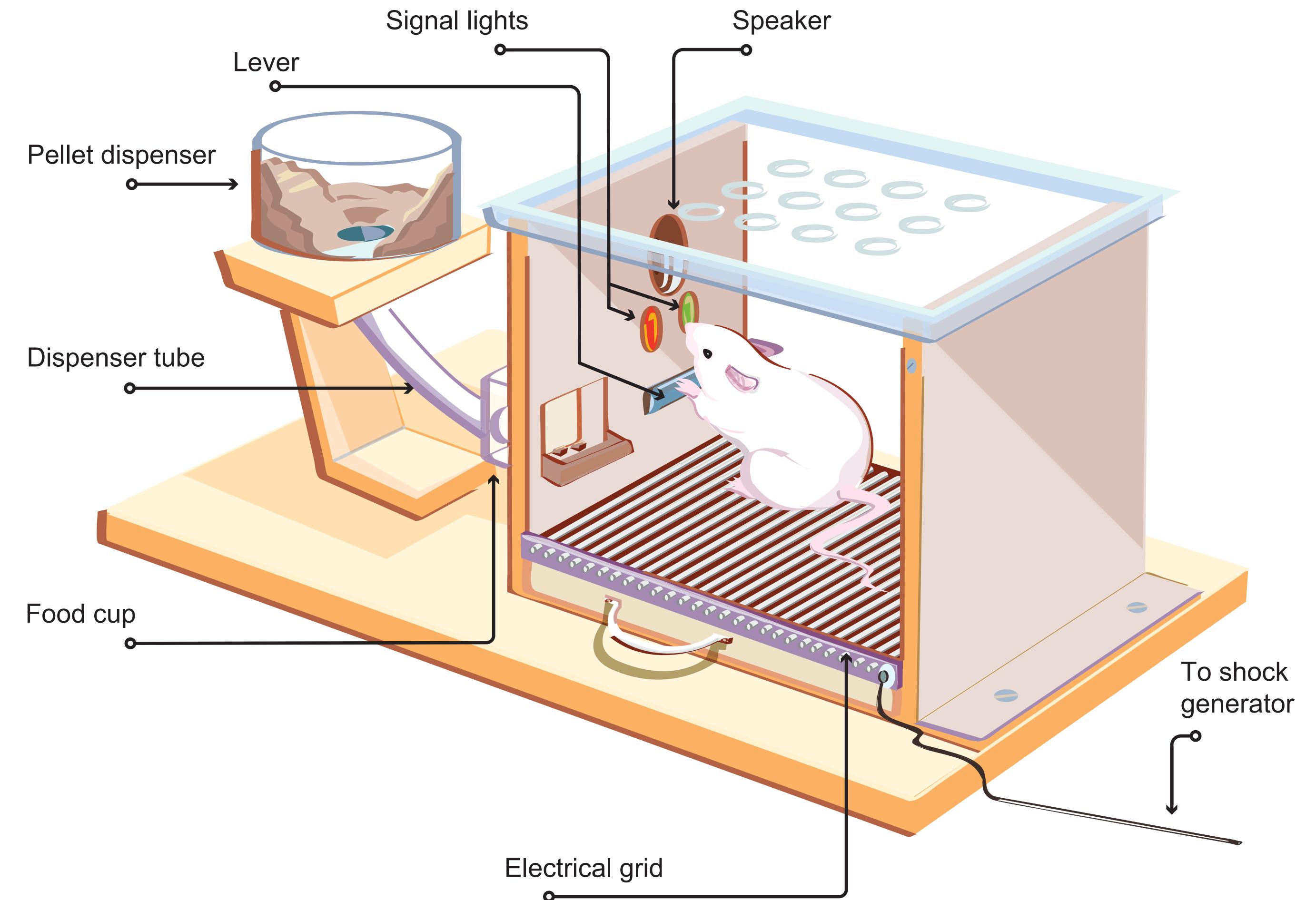
# B. F. Skinner

- Skinner made a much more convenient apparatus than Thorndike's puzzle box.
- In his *Skinner box* the animal stays in the box, and can therefore produce more than one operant response.



# Operant conditioning: Skinner box

- Operant response: press lever
- Reinforcer: food pellets
- Operant conditioning: press lever more often if this is followed by food.

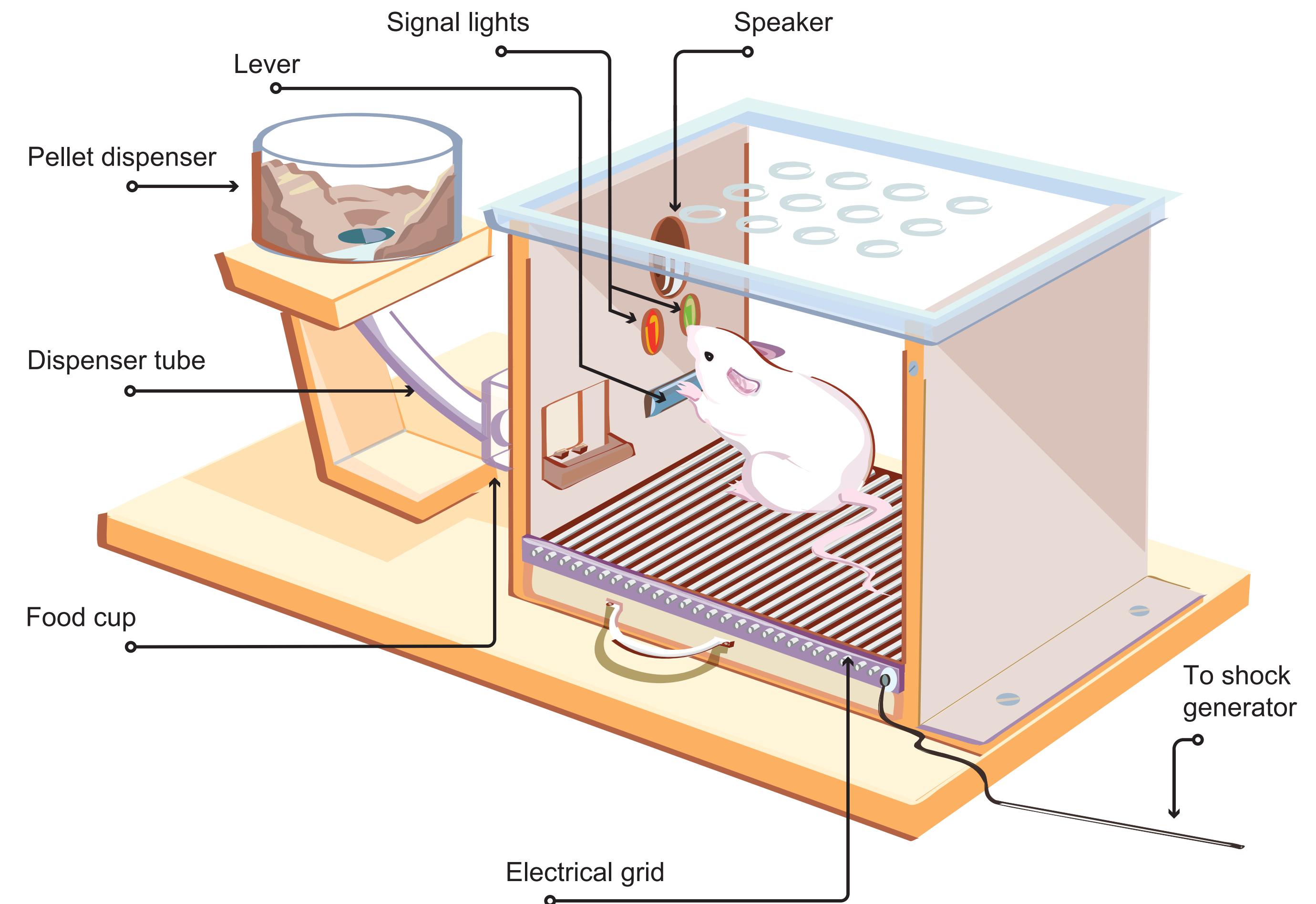


# Operant conditioning: complex behavior

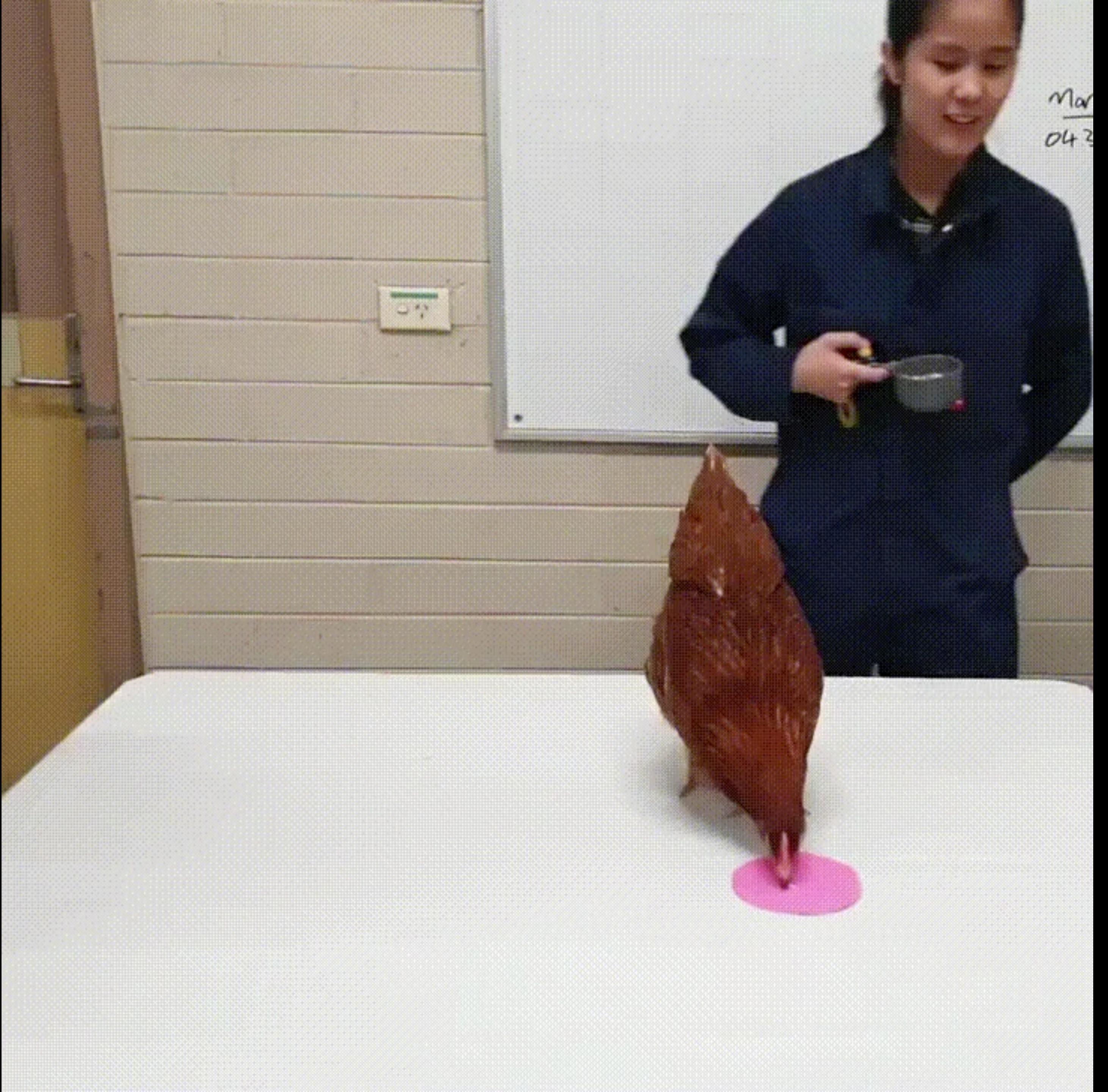
- **Shaping:** training of complex behavior by rewarding successive steps in that behavior.
  - First give a reward when dog enters the kitchen
  - Then a reward if your dog comes close to refrigerator
  - Then when it touches the refrigerator
  - Then when it scratches the refrigerator door...

# Operant conditioning: discrimination

- Example: pressing the lever **only** results in food if the light is on.
- The light being on (discriminative stimulus) is a signal that response will be rewarded.
- Method to study sensory abilities in animals (and infants).

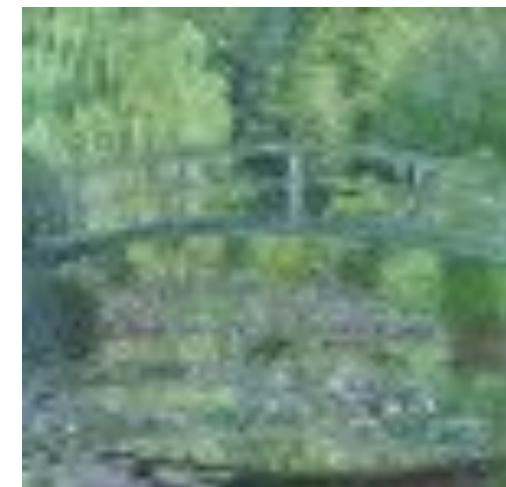


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# Operant conditioning: concept learning

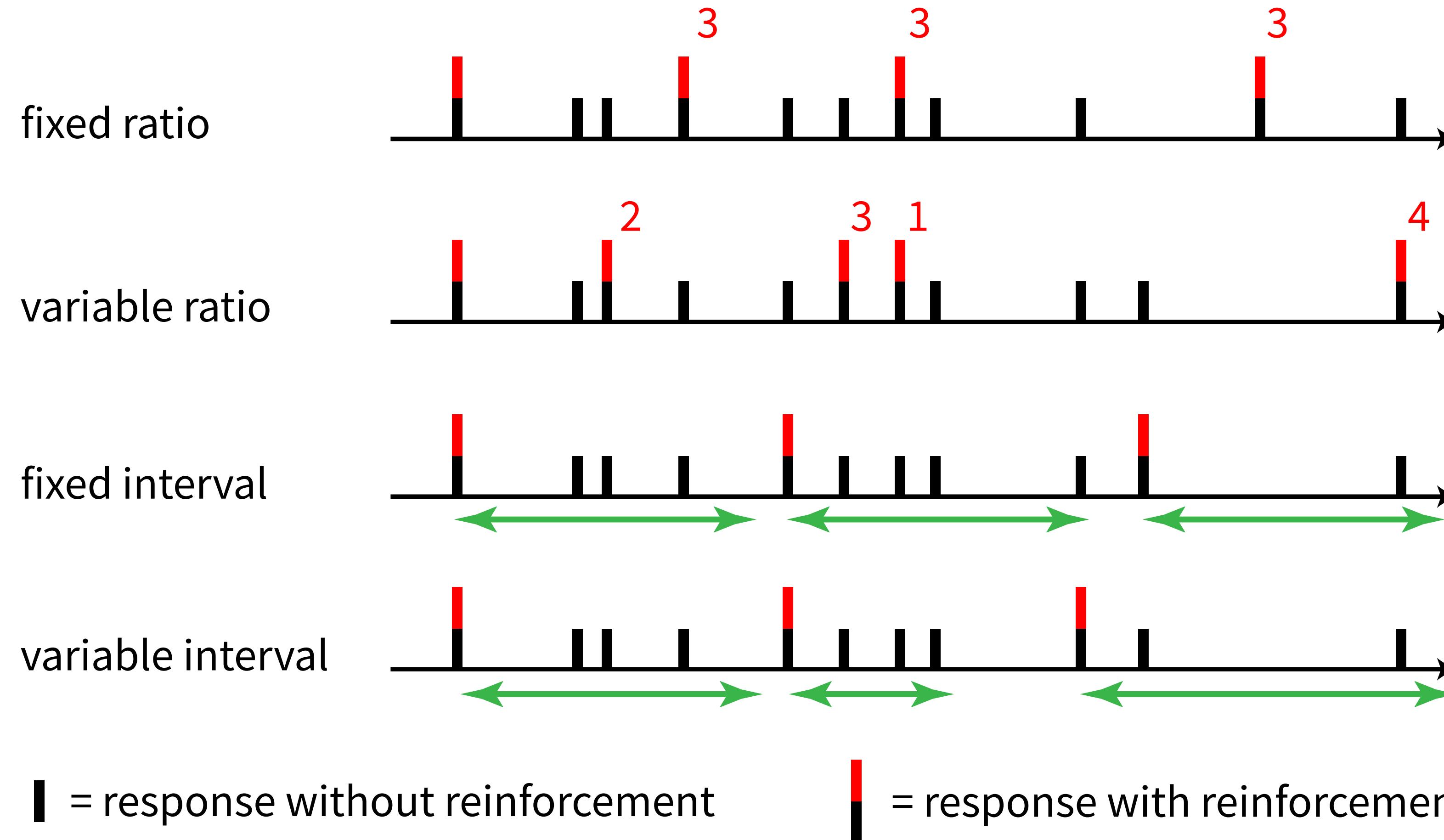
- Discrimination training
  - Food given for pecking on Monet paintings.
  - Food **not** given for pecking on Picasso paintings.
- Generalization?
  - Yes: Also peck on **other Monet paintings**.
  - Yes: Also peck on paintings by **other impressionists** (Cézanne, Renoir).
  - Category “impressionist paintings” formed.



# Operant conditioning: partial reinforcement

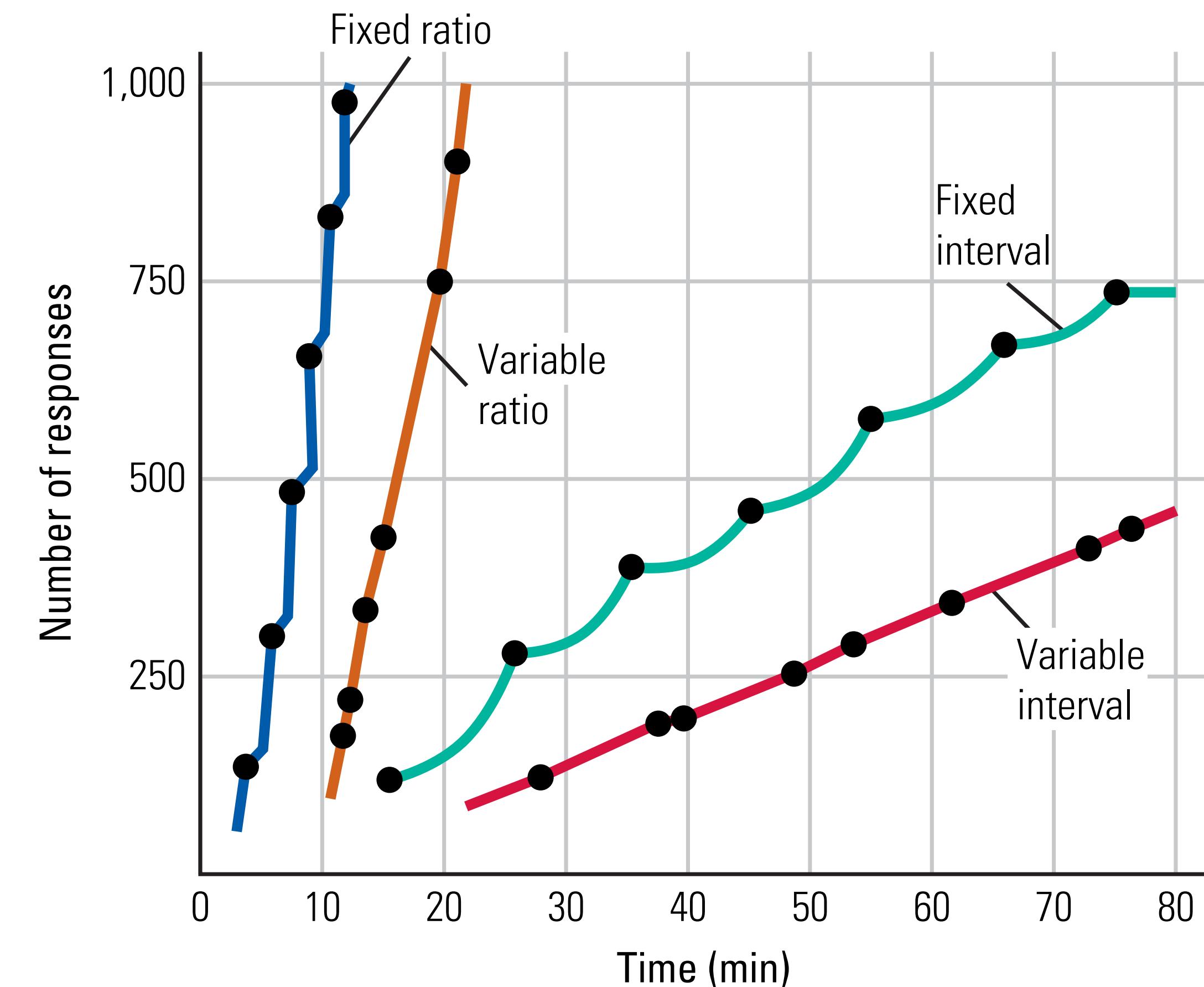
- We speak of continuous reinforcement if the desired response is **always** followed by a reinforcer.
- We speak of partial reinforcement if this relationship is not 1-to-1.
- Variable reinforcement is **very resistant to extinction**.

# Operant conditioning: partial reinforcement



# Operant conditioning: partial reinforcement

- Interval-based reinforcement leads to reduced response.
- This is because the reinforcement is **limited by time**, not by operant response.



# Operant conditioning: partial reinforcement

- Extinction is slowest with variable ratio reinforcement.
- This reinforcement schedule is used in e.g. slot machines.
- Very difficult to extinguish!



# Cognition and computation

# Is the brain Turing-complete?

## Cognition and computation

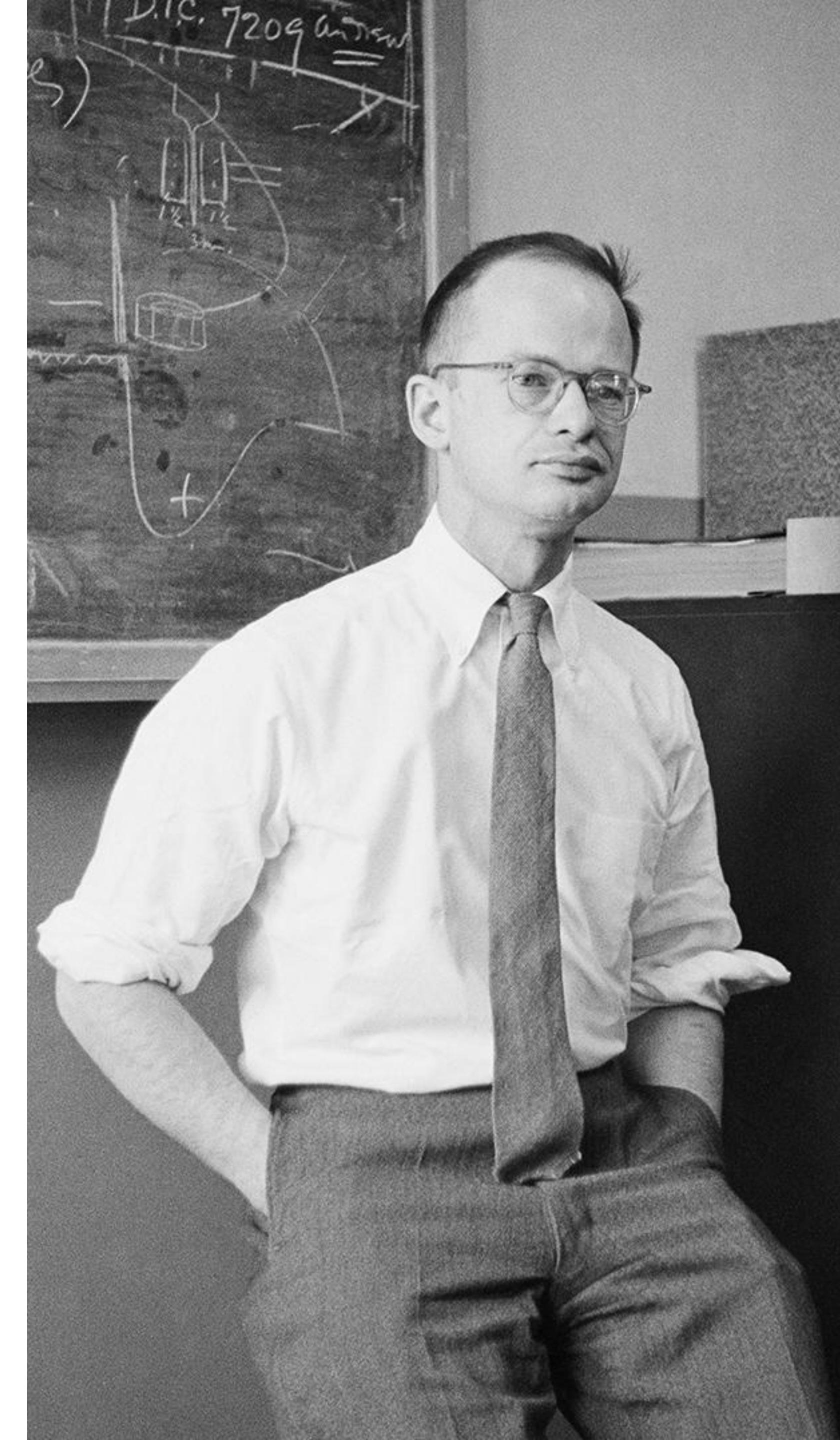
- If something can simulate a single-tape Turing machine, it is itself Turing-complete.
- Humans can do that (try it!), although perhaps not very efficiently.
- Therefore, **the human brain is Turing-complete.**



# Computational power of neurons

## Cognition and computation

- Warren McCulloch and Walter Pitts' three principles:
  1. Basic physiology
  2. Propositional logic
  3. Turing's theory of computation
- **Any computable function** can be computed by a network of neurons.
- **All logical operators** can be implemented by simple neural networks.



# Processing limits of humans

## Humans as information processors

- The mind contains **information channels**.
- Mean channel capacity is  $\sim 3$  bits, or  $2^3 \approx 7$  items.
- Miller (1956): the magical number 7 ( $\pm 2$ )
- Roughly independent of modality.



# Processing limits of humans

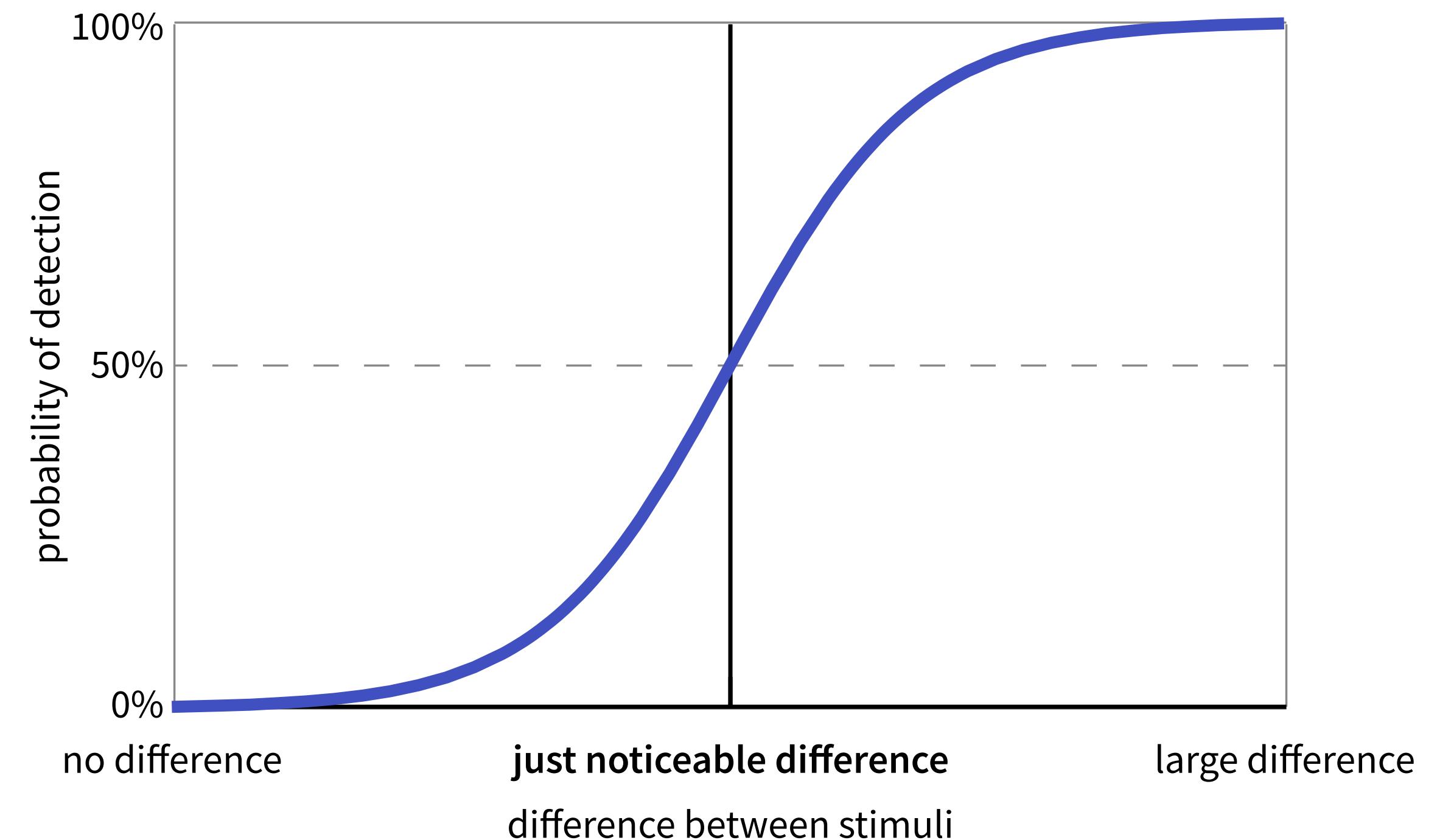
## Humans as information processors

- How do we measure this capacity?
  - Digit span task
  - Absolute judgment task



# Psychophysics: threshold values

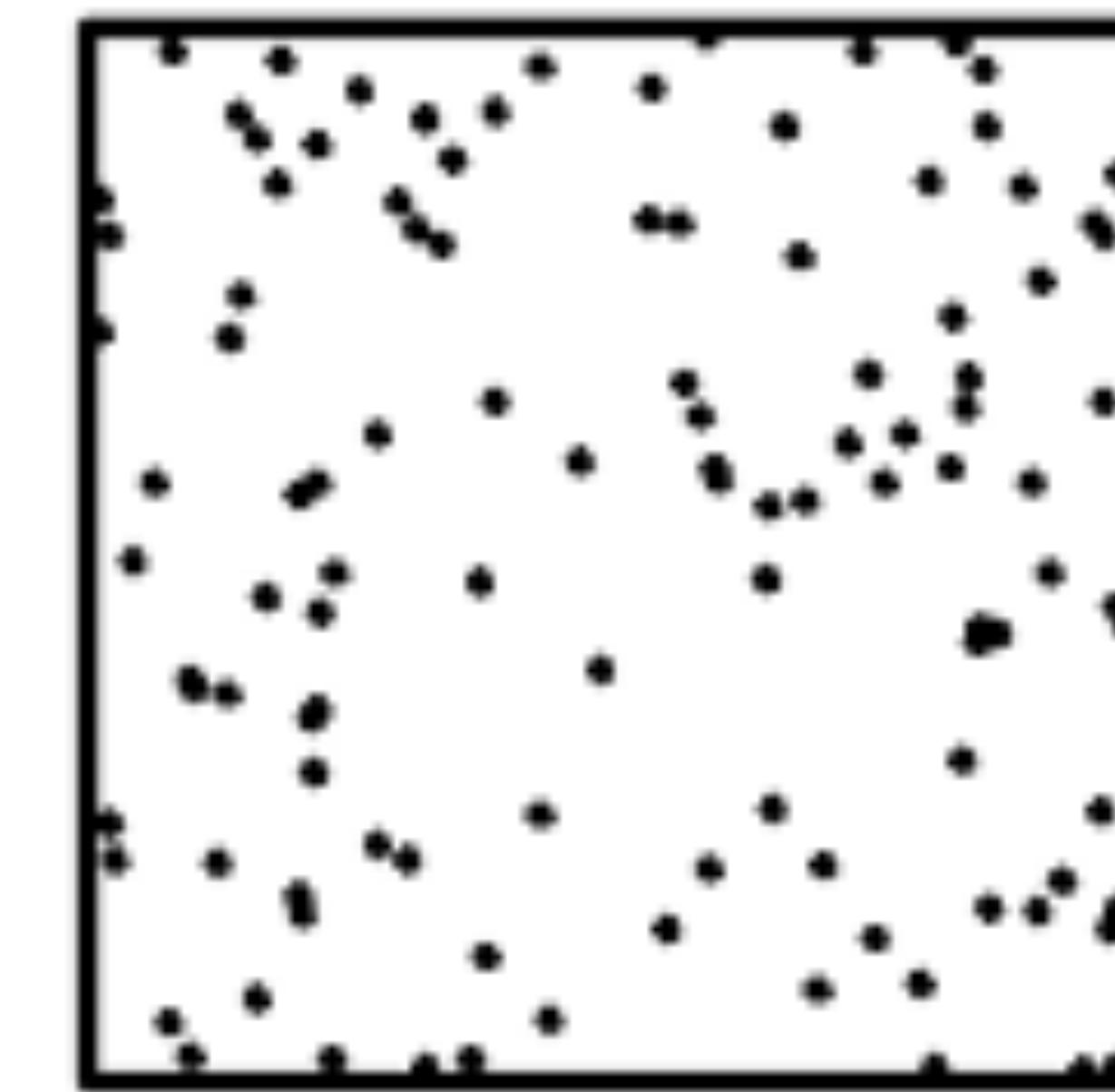
- Difference threshold: minimal difference in intensity between two stimuli at which a difference is detected.
- This is also called the **just noticeable difference** (jnd).
- Is there a relationship between absolute intensity of stimulus and jnd?
- Is 95 vs. 100 kg detected as easily as 10 vs. 15 kg?



# Psychophysics: threshold values

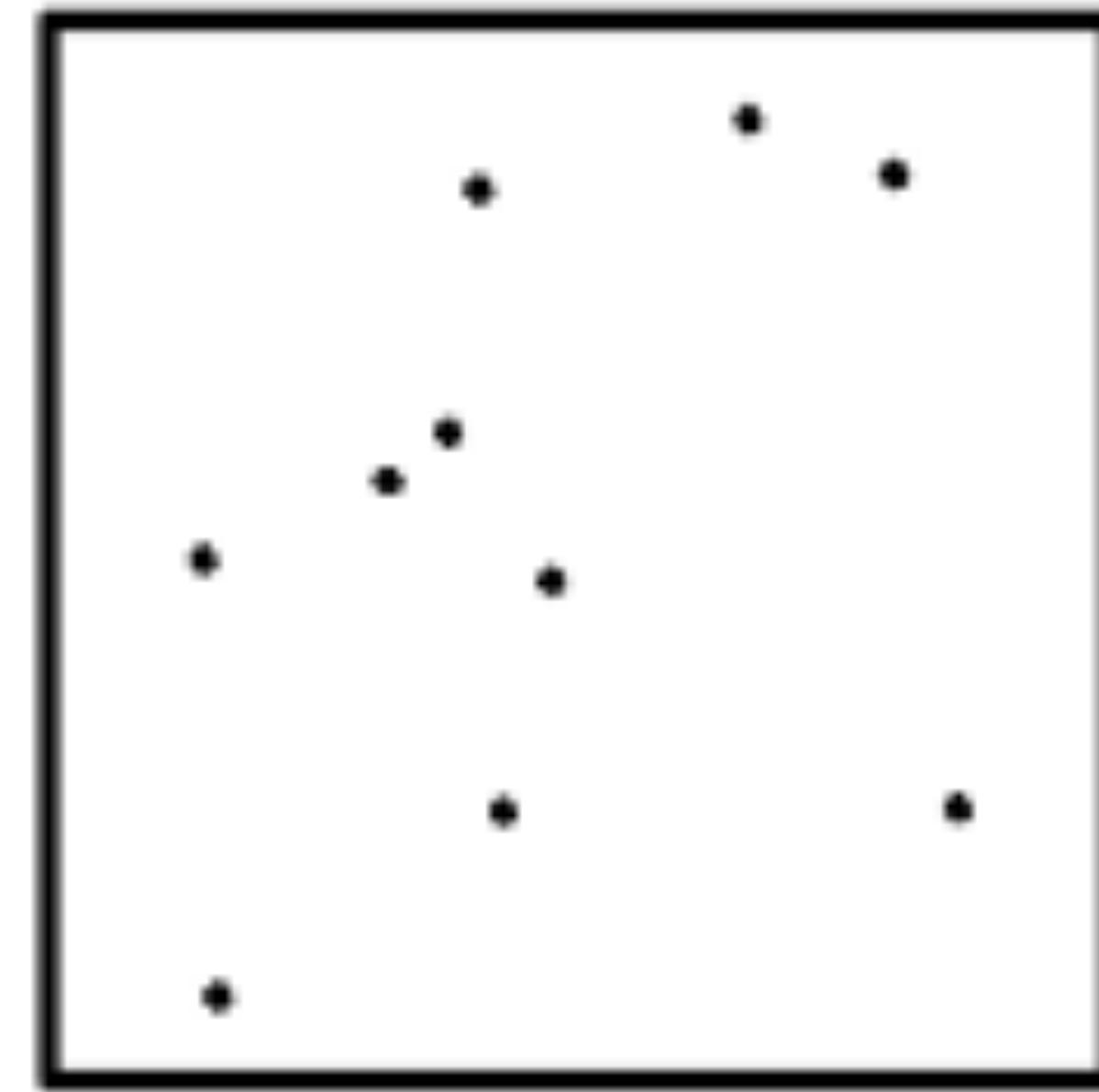


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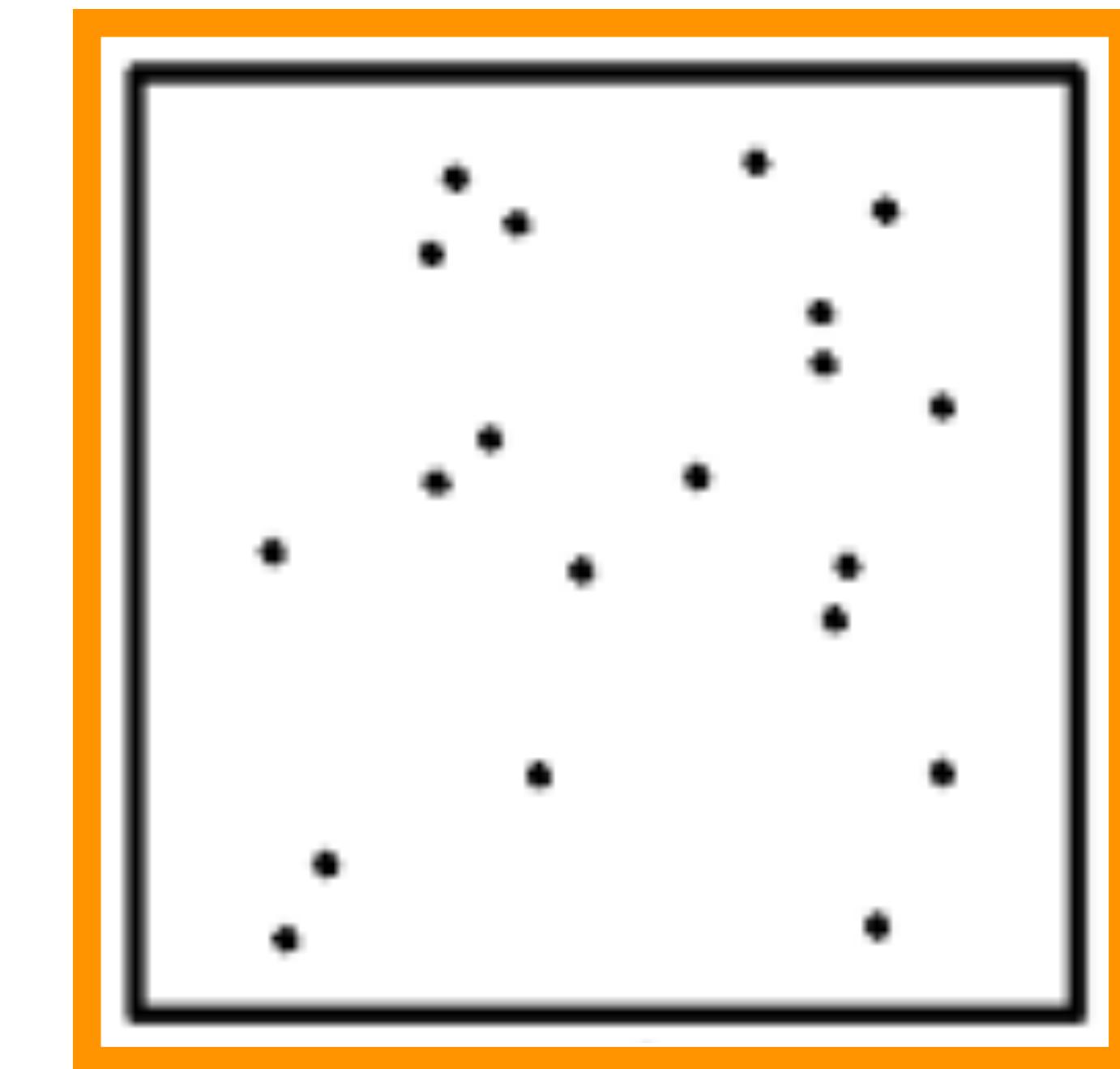


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# Psychophysics: threshold values



10



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# Psychophysics: Weber's law

- There is a **linear relationship** between the jnd and the absolute intensity (magnitude) of a stimulus.
- $\text{jnd} = kM$ 
  - $k$  is domain-dependent.
  - $k = 0.03$  for detection of weight (change of ~3%)
  - $k = 0.01$  for detection of length
  - $k = 0.25$  for detection of sound frequency in mice
  - etc...

# Reducing information load

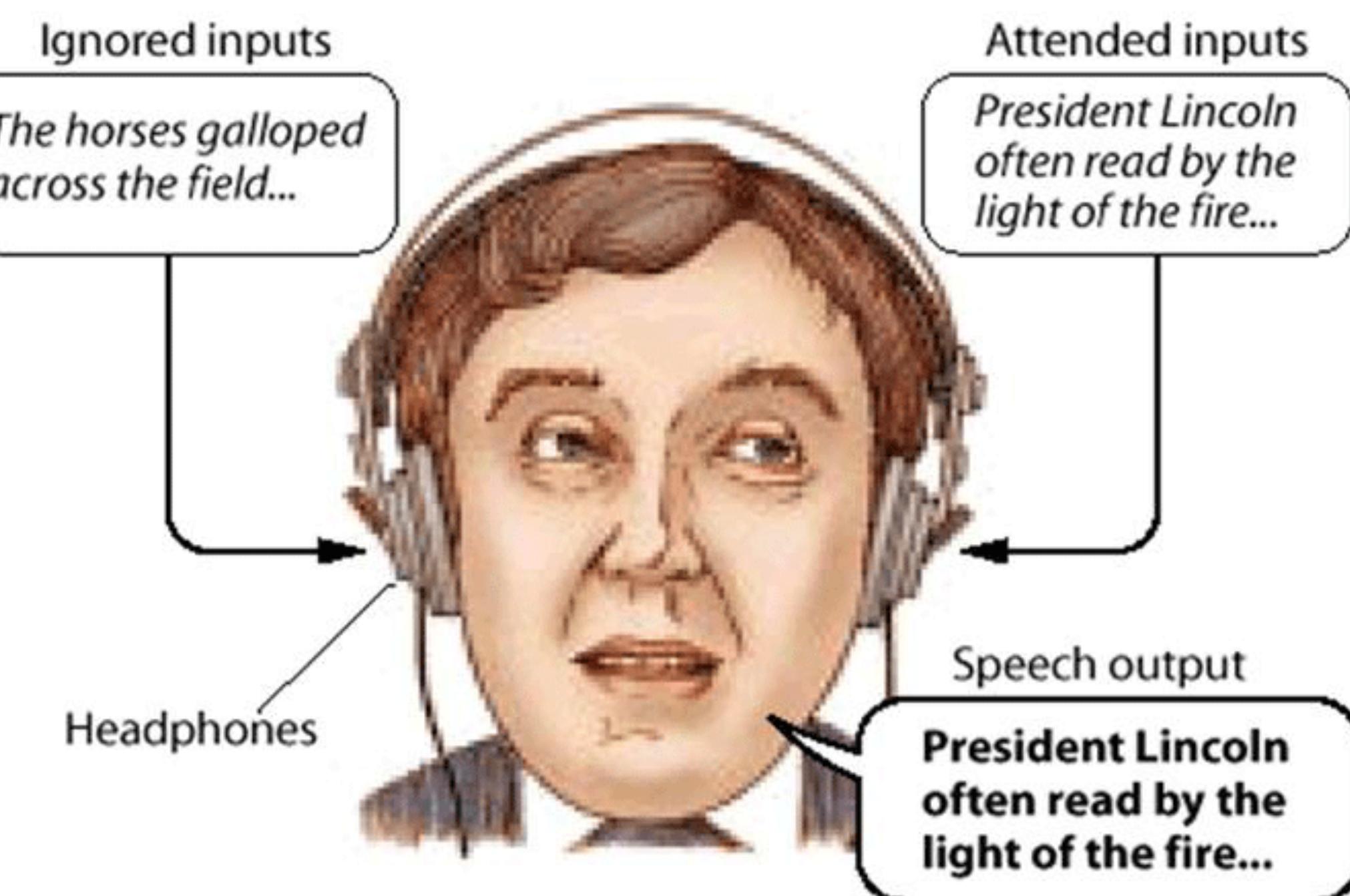
# Reducing information load: attention

- We can reduce channel information load by “turning off” certain channels.
- We call this **attention**.

# Cherry: dichotic listening task

## Channel capacity limitations

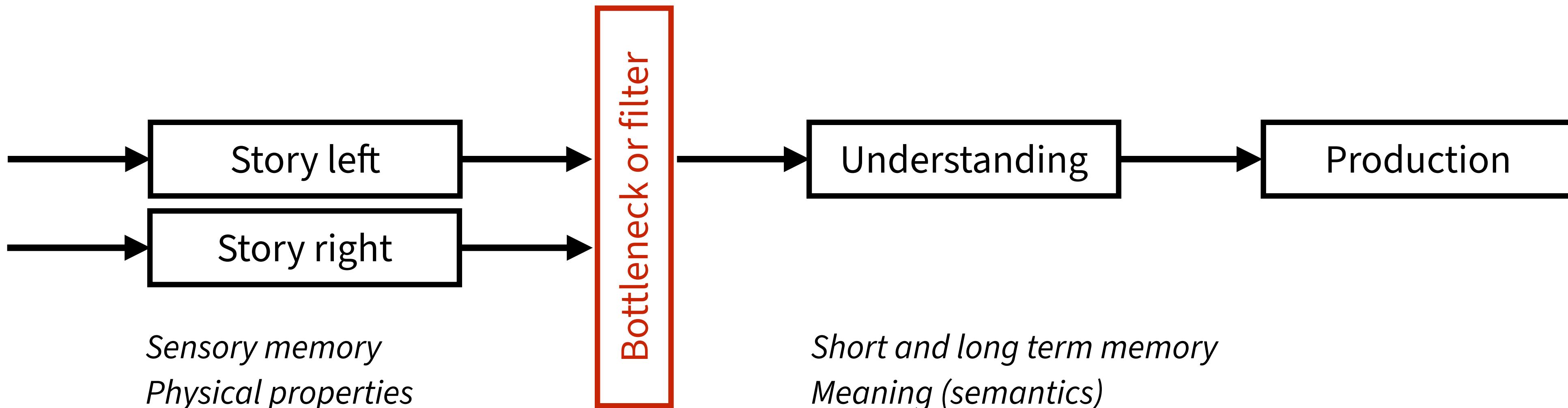
- **Shadowing:** read back a story from one ear as it arrives.
- Participants are virtually **unable to tell anything** about the content of the ignored story presented to the right ear.



# Cherry: dichotic listening task

## Channel capacity limitations

- Participants do notice a change in voice pitch (male-female). They also notice sudden tones.
- Broadbent: filter model, **early selection**.
- Ignored information is filtered **in an early stage**.



# Some arguments against early selection

## Channel capacity limitations

1. Breakthrough (Moray, 1959): some information (such as your own name) “breaks through”
  - This is only possible if you **do process the information** in the ignored story.
2. Switching (Treisman, 1960): the shadowed story is followed when it is switched to the other ear.
  - This is only possible if you process the information of the ignored story.

# Some arguments against early selection

## Channel capacity limitations

3. Unconscious fear response (Cordeen & Wood, 1972): conditioned fear response in ignored ear (PARIS-LONDON-CAIRO)
  - Fear response (GSR) when new city is presented in ignored ear. So: meaning (ROME = city) is activated.



# Alternatives to early selection

## Channel capacity limitations

1. Late selection (Deutsch & Deutsch)
  - Meaning of all stimuli (target and distractors) is processed. But the ignored message (D) is **quickly forgotten**.
2. Attenuation (Treisman)
  - Information to be ignored (D) is **attenuated**.
  - Very important information (such as your name) is **spared**.
3. Capacity explanation (Load theory, Lavie)
  - The amount of processing of distractor D depends on the **capacity required to process target T**.
  - An easier main task **leaves more capacity** to process distractors.

# End of lecture

Next week: three milestones of cognitive science

- Do not forget to register in Brightspace.
- Work on the Exercises in JLB!