## 200-HOUR YOGA TRAINING **DIPLOMA**

YogaWorks Teacher Training grants

Gaurí Jyer

## ON MARCH 7TH OF TWO THOUSAND AND TWENTY ONE

this diploma recognizing the completion of 200-hours of coursework in the theory and practice of asana yoga philosophy, anatomy and the basics of teaching yoga.

Graduate is hereby qualified to register with *Yoga Alliance* at the 200-hour level.

Ashley Mideaux

Ashley Rideaux

John Gaydos



