

# Harmonic Numbers and Their $p$ -Adic Structure

Doruk Üstündağ

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## Abstract

In this talk, we explore the arithmetic nature of harmonic numbers through the lens of  $p$ -adic analysis. Beginning with a brief introduction to the  $p$ -adic valuation and metric, we investigate how these tools reveal deep structural properties of harmonic numbers. We discuss classic results such as the non-integrality of  $H_n$ ,  $p$ -adic formulations of their differences, and the formation and growth of  $J(p)$  sets introduced by Eswarathasan and Levine. Building on this foundation, we examine Wolstenholme's and Leudesdorf's theorems and their  $p$ -adic interpretations. The talk then extends to generalized, hyperharmonic, and Dedekind harmonic numbers, highlighting recent developments and open problems regarding their integrality. Finally, we conclude with a connection to a real-world application—the book stacking problem—where harmonic numbers naturally describe the maximal overhang of stacked blocks.

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**Address:** Department of Mathematics, Izmir Institute of Technology,  
Urla, Izmir, Turkey

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