

# Lecture 2: Subgaussian RVs

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## §1 Motivation

CLT tells us that if  $X_1, \dots, X_n \stackrel{\text{i.i.d.}}{\sim} P$  then

$$\sqrt{n} \frac{\bar{X}_n - \mu}{\sigma} \sim N(0, 1)$$

as  $n \rightarrow \infty$ .

However, if  $P = N(\mu, \sigma^2)$ , then we can say that

$$\sqrt{n} \frac{\bar{X}_n - \mu}{\sigma} \sim N(0, 1)$$

for **all**  $n$ .

So we meet in the middle. Intuitively, subgaussian distributions satisfy

Gaussian distributions  $\subseteq$  Subgaussian distributions  $\subseteq$  All distributions

Morally, subgaussian distributions *look like Gaussians*.

## §2 Definitions

### §2.1 Gaussian Tails

Let  $z \sim N(0, 1)$ , we know that  $\phi(z) = \frac{1}{\sqrt{2\pi}} e^{-z^2/2}$  (density). We care about *tail bounds*, i.e.

$$\mathbb{P}(z > t) = \int_t^\infty \phi(z) dz$$

which has no closed form.

To upper bound this, we can do

$$\begin{aligned} \mathbb{P}(z > t) &= \int_t^\infty \frac{1}{\sqrt{2\pi}} e^{-z^2/2} dz \\ &\leq \int_t^\infty \frac{z}{t} \frac{1}{\sqrt{2\pi}} e^{-z^2/2} dz \\ &= \frac{e^{-t^2/2}}{t\sqrt{2\pi}} \end{aligned}$$

It follows that

**Corollary 2.1**

(*Mill's Ratio Inequality*) We have  $\mathbb{P}(|z| > t) \leq \sqrt{\frac{2}{\pi}} \frac{e^{-t^2/2}}{t}$ .

It follows that CLT states that

$$\lim_{n \rightarrow \infty} \mathbb{P}(|\sqrt{n} \frac{\bar{X}_n - \mu}{\sigma}| > t) \leq \sqrt{\frac{2}{\pi}} \frac{e^{-t^2/2}}{t}$$

How do we generalize this for  $n$  not converging to  $\infty$ ?

**Theorem 2.2**

(*Berry-Esseen*) If  $\mathbb{E}[|X|^3] < \infty$ , then we have

$$|\mathbb{P}(|\sqrt{n} \frac{\bar{X}_n - \mu}{\sigma}| > t) - \Phi(t)| \leq \frac{c}{\sqrt{n}}$$

for all  $n$ , where  $c$  is some constant.

Then, we can bound using triangle inequality:

$$\mathbb{P}(|\sqrt{n} \frac{\bar{X}_n - \mu}{\sigma}| > t) \leq \sqrt{\frac{2}{\pi}} \frac{e^{-t^2/2}}{t} + \frac{c}{\sqrt{n}}.$$

**§2.2 Moment Generating Functions (MGFs)**

**Definition 2.3.** The MGF  $M_X(\cdot)$  of random variable  $X$  is the function

$$s \rightarrow M_X(s) = \mathbb{E}[e^{sX}]$$

for all  $s \in \mathbb{R}$ . For  $s \in \mathbb{R}^d$ , we have

$$s \rightarrow M_X(s) = \mathbb{E}[e^{\langle s, X \rangle}]$$

**Proposition 2.4**

The MFG of  $Z \sim N(0, 1)$  is  $M_Z(s) = e^{s^2/2}$ .

**§2.3 Subgaussian Random Variables**

**Definition 2.5.** A random variable  $X$  is subGaussian with variance proxy  $\sigma^2$  if

1.  $\mathbb{E}[X] = 0$
2.  $\mathbb{E}[e^{sX}] \leq e^{\sigma^2 s^2/2}$

We write this as  $X \sim \text{subG}(\sigma^2)$ . Note that this is an abuse of notation, as subG refers to a *family* of distributions, not just one distribution.

**Remark 2.6.** It is not actually necessary for subGaussians to be centered. We are just doing that for convenience in this class.

**Remark 2.7.** The following are trivially true:

- $X \sim \text{subG}(\sigma^2)$  implies  $-X \sim \text{subG}(\sigma^2)$ .
- $X \sim \text{subG}(1)$  implies  $\sigma X \sim \text{subG}(\sigma^2)$ .

### Proposition 2.8

Let  $X$  be s.t.  $\mathbb{E}[X] = 0$  and  $\text{var}(X) = 1$ . The following are equivalent:

1.  $\mathbb{E}[e^{sX}] \leq e^{c_1 s^2}$ .
2.  $\mathbb{P}(|X| > t) \leq 2e^{-c_2 t^2}$ .
3.  $\|X\|_p = (\mathbb{E}[|X|^p])^{1/p} \leq c_3 \sqrt{p}$  for all  $p \in \mathbb{N}$ .
4.  $\mathbb{E}[e^{sX^2}] \leq c_4, \forall s \in (0, c_i)$ .

We will show  $1 \rightarrow 2$  below. On pset, show  $2 \rightarrow 3$ ,  $3 \rightarrow 1$ , and some chain of equivalences involving 4.

For  $t > 0$ , we have

$$\begin{aligned} \mathbb{P}(X > t) &= \min_s \mathbb{P}(e^{sX} > e^{st}) \\ &\leq \min_s \mathbb{E}[e^{sX}] e^{-st} \\ &\leq \min_s e^{c_2 s^2 - st} \\ &= e^{-c_2 t^2 / 2} \end{aligned}$$

The trick here is that we can choose the optimal  $s$  for our purposes. Symmetry for  $\mathbb{P}(X < t)$  to get final bound of  $2e^{-c_2 t^2 / 2}$  as desired.

## §2.4 Examples of Subgaussians

### Example 2.9

$N(0, \sigma^2)$ . Duh.

### Example 2.10

$|X| \leq n$  and  $\mathbb{E}[X] = 0$ .

Then the question becomes what is the max amount of variance a r.v. in a finite interval can have? For this we will use Hoeffding's Inequality.

**Example 2.11**

$$X \sim \text{Rad}(\frac{1}{2}) = \begin{cases} 1 & \text{w.p. } \frac{1}{2} \\ -1 & \text{w.p. } \frac{1}{2} \end{cases}$$

We can check (4) directly:  $\mathbb{E}[e^{sX^2}] = e^s$ .

We can also check (1) directly via Taylor expansion

$$\mathbb{E}[e^{sX}] = \frac{e^s + e^{-s}}{2} = \frac{1}{2} \sum_{k=0}^{\infty} \frac{s^{2k}}{(2k)!} \leq \sum_{k=0}^{\infty} \frac{s^{2k}}{k!2^k} = e^{s^2/2}$$

### §3 Tail Bound Results

**Theorem 3.1**

(Hoeffding's Lemma). Let  $X$  be such that  $\mathbb{E}[X] = 0$  and  $X \in [a, b]$ . Then, we have

$$\mathbb{E}[e^{sX}] \leq e^{s^2(b-a)^2/8},$$

for every  $s \in \mathbb{R}$ . Equivalent to  $X \sim \text{subG}(\frac{(b-a)^2}{4})$ .

*Proof.* We will define log MGF to be

$$\Psi(s) = \log \mathbb{E}[e^{sX}].$$

We will show that  $\Psi(s) \leq cs^2$  for some  $c$  and wishfully pray that  $c = (b-a)^2/8$ .

We will show that  $\Psi''(s)$  is bounded by a constant and then integrate twice.

We know that  $\Psi(0) = 0$  and

$$\Psi'(s) = \frac{\mathbb{E}[Xe^{sX}]}{\mathbb{E}[e^{sX}]}$$

which implies that  $\Psi'(0) = \mathbb{E}[X] = 0$ .

We can now compute the second derivative

$$\Psi''(s) = \frac{\mathbb{E}[X^2 e^{sX}]}{\mathbb{E}[e^{sX}]} - \left( \frac{\mathbb{E}[X e^{sX}]}{\mathbb{E}[e^{sX}]} \right)^2 = \text{var}(Y)$$

where we define a new random variable  $Y$  such that  $Y$  has density  $\frac{e^{sX}}{\mathbb{E}[e^{sX}]}$  w.r.t.  $P_X$ .

We can conclude that  $Y \in [a, b]$  almost surely. We have

$$\text{var}(Y) = \text{var}\left(Y - \frac{a+b}{2}\right) \leq \mathbb{E}\left[\left(Y - \frac{a+b}{2}\right)^2\right] \leq \frac{(b-a)^2}{4}.$$

Then we can use FToC to get  $\Psi(s)$  and it's pretty clear that we are done.