





SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

i Important!

This replacement procedure can be used for: BMW Z1 Roadster 2.5

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: BMW 3 Saloon (E36) 323i 2.5

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REPLACEMENT: ANTI ROLL BAR LINKS – BMW Z1 ROADSTER. TOOLS YOU MIGHT NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #13
- Combination spanner #16
- Combination spanner #17

- Drive socket # 13
- Drive socket # 16
- Drive socket # 17
- Wheel impact socket #17
- Ratchet wrench
- Hydraulic transmission jack
- Wheel chock

Buy tools

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AUTODOC recommends:

- Replace the stabiliser links on BMW Z1 Roadster in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car BMW Z1 Roadster should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

- Secure the wheels with chocks.
- Loosen the wheel mounting bolts. Use wheel impact socket #17.



- Raise the front of the car and secure on supports.
- 4. Unscrew the wheel bolts.



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AUTODOC recommends:

Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.
BMW Z1 Roadster





6 Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



Unscrew the fastener connecting the stabilizer bar with the control arm. Use a combination spanner #13. Use a drive socket #13. Use a ratchet wrench.



Remove the fastening bolt.



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Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #16. Use a drive socket #16. Use a ratchet wrench.



10 Remove the stabilizer rod.

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Replacement: anti roll bar links – BMW Z1 Roadster. AUTODOC experts recommend:

• Examine the stabiliser bushes. Replace them if necessary.

Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



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12 Install the transverse stabilizer link.



- 13 Install the fastening bolt.
- Tighten the stabiliser link fastener. Use a combination spanner #17. Use a drive socket #17. Use a ratchet wrench.



Support the arm. Use a hydraulic transmission jack.



Tighten the fastener connecting the stabilizer bar with the control arm. Use a combination spanner #17. Use a drive socket #17. Use a torque wrench. Tighten it to 42 Nm torque.



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Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17. Use a drive socket #17. Use a torque wrench. Tighten it to 59 Nm torque.



18 Remove the support from under the arm.



AUTODOC recommends:

- Replacement: anti roll bar links BMW Z1 Roadster. Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.
- Treat all joints of the stabiliser link. Use copper grease.

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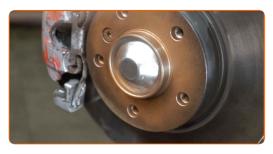




Clean the wheel rim mounting seat. Use a wire brush.



Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

 Replacement: anti roll bar links – BMW Z1 Roadster. After applying the spray, wait a few minutes.

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Install the wheel.



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AUTODOC recommends:

 Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. BMW Z1 Roadster

Screw in the wheel bolts. Use wheel impact socket #17.



Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 Nm torque.



Remove the jacks and chocks.

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