









(i) Important!

This replacement procedure can be used for:

BMW 3 Saloon (E30) 316 1.8 Ecotronic, BMW 3 Saloon (E30) 316i 1.6, BMW 3 Saloon (E30) 318i 1.8, BMW 3 Saloon (E30) 318is 1.8, BMW 3 Saloon (E30) 320i 2.0 (M20B20 (206KA)), BMW 3 Saloon (E30) 320i 2.0, BMW 3 Saloon (E30) M3 2.3, BMW 3 Saloon (E30) 323i 2.3, BMW 3 Saloon (E30) 325i X 2.5, BMW 3 Saloon (E30) 325i 2.6, BMW 3 Saloon (E30) 325i 2.6, BMW 3 Saloon (E30) 326i 2.6, BMW 3 Saloon (E30)

The steps may slightly vary depending on the car design.

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REPLACEMENT: ANTI ROLL BAR LINKS – BMW E36. LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Torque wrench
- Combination spanner #13
- Drive socket # 13

- Wheel impact socket #17
- Ratchet wrench
- Vice
- Hydraulic transmission jack
- Crow bar
- Wheel chock

BUY TOOLS

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AUTODOC recommends:

- Replace the stabiliser links on BMW E36 in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car BMW E36 should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

- Secure the wheels with chocks.
- Loosen the wheel mounting bolts. Use wheel impact socket #17.



Raise the rear of the car and secure on supports.



CLUB.AUTODOC.CO.UK 3-13







4 Unscrew the wheel bolts.



AUTODOC recommends:

Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.
BMW E36

Remove the wheel.

6



Treat all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



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Unscrew the fastener connecting the stabilizer bar with the control arm. Use a drive socket #13. Use a ratchet wrench.



Move the stabiliser bar aside. Use a crowbar.



Clean all joints of the stabiliser link. Use a wire brush. Use WD-40 spray.



10 Remove the stabilizer rod.



Replacement: anti roll bar links – BMW E36. AUTODOC recommends:

• Examine the stabiliser bushes. Replace them if necessary.

CLUB.AUTODOC.CO.UK 5-13







- Grip the stabiliser link in a vice.
- Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



Unscrew the fastener of the stabiliser link bracket. Use a drive socket #13. Use a ratchet wrench.



14 Remove the fastening bolt.



Remove the stabiliser link bracket.

16



Release the vice and remove the stabiliser link.

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- Grip a new stabiliser link in a vice.
- 18 Install the stabiliser link bracket.



19 Install the fastening bolt.



Screw in the fastener of the stabiliser link bracket. Use a drive socket #13. Use a ratchet wrench.



Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.



Release the vice and remove the stabiliser link.

CLUB.AUTODOC.CO.UK 7–13







23 Install the transverse stabilizer link. Use a crowbar.



- Reinstall the stabiliser bar in its mounting seat.
- Screw in the fastener connecting the stabilizer bar to the control arm. Use a drive socket #13. Use a ratchet wrench.



Support the arm. Use a hydraulic transmission jack.



Tighten the fastener connecting the stabilizer bar with the control arm. Use a drive socket #13. Use a torque wrench. Tighten it to 27 Nm torque.



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Tighten the fastener of the stabiliser link bracket. Use a combination spanner #13. Use a drive socket #13. Use a torque wrench. Tighten it to 25 Nm torque.



Remove the support from under the arm.

AUTODOC recommends:

- Replacement: anti roll bar links BMW E36. Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.
- Treat all joints of the stabiliser link. Use copper grease.



Clean the wheel rim mounting seat. Use a wire brush.



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Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



Clean the brake disk surface. Use a brake cleaner.



AUTODOC recommends:

 Replacement: anti roll bar links – BMW E36. After applying the spray, wait a few minutes.

34

Install the wheel.



AUTODOC recommends:

Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.
BMW E36

CLUB.AUTODOC.CO.UK 10-13