





SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

i Important!

This replacement procedure can be used for: BMW 5 Touring (E61) 525i 2.5, BMW 5 Touring (E61) 545i 4.4, BMW 5 Touring (E61) 530d 3.0, BMW 5 Touring (E61) 525d 2.5, BMW 5 Touring (E61) 535d 3.0, BMW 5 Touring (E61) 525i 3.0

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: BMW 5 Saloon (E60) 525d 2.5

CLUB.AUTODOC.CO.UK 1–13







REPLACEMENT: REAR UPPER ARM – BMW 5 TOURING (E61). LIST OF THE TOOLS YOU'LL NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #18
- Combination spanner #21
- Drive socket # 18
- Drive socket # 21

- Torx bit T40
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Tap wrench
- Crow bar
- Wheel chock

Buy tools

CLUB.AUTODOC.CO.UK 2-13







Replacement: rear upper arm – BMW 5 Touring (E61). AUTODOC experts recommend:

- The replacement procedure is identical for the right and left upper control arms.
- Please note: all work on the car BMW 5 Touring (E61) should be done with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

1

Secure the wheels with chocks.



Loosen the wheel mounting bolts. Use wheel impact socket #17.



- Raise the rear of the car and secure on supports.
- 4 Unscrew the wheel bolts.



CLUB.AUTODOC.CO.UK 3-13







AUTODOC recommends:

• Important! Hold the wheel while unscrewing the fastening bolts. BMW 5 Touring (E61)

Remove the wheel.



6 Disconnect the brake pads wear sensor.



Please note!

• Some cars are not equipped with the brake pad wear sensor.

Clean the brake caliper bracket fasteners. Use a wire brush. Use WD-40 spray.



CLUB.AUTODOC.CO.UK 4–13







Unscrew the caliper bracket fastening. Use a drive socket #18. Use a tap wrench.



8

Remove the brake caliper together with its bracket.



AUTODOC recommends:

- Tie the caliper to the suspension or to the body with a wire without disconnecting from the brake hose to prevent depressurization of the brake system.
- Make sure that the brake caliper is not hanging on the brake hose.
- Don't press the brake pedal after the brake caliper has been removed. As a result, the piston can fall out from the brake cylinder, and brake fluid leakage and depressurization of the system may occur.

CLUB.AUTODOC.CO.UK 5-13







Clean the fasteners connecting the control arm to the subframe. Use a wire brush. Use WD-40 spray.



Unscrew the arm fastening from the subframe. Use a combination spanner #18 (2 pieces).



Disconnect the ABS sensor wiring. Use a crowbar.

13



Clean all joints of the arm. Use a wire brush. Use WD-40 spray.



CLUB.AUTODOC.CO.UK 6-13







Unscrew the fastener connecting the control arm to the rear knuckle. Use a combination spanner #21. Use Torx T40. Use a ratchet wrench.



15 Remove the fastening bolt.



16 Remove the rear upper arm.

17



Clean the mounting seats and the thread of the suspension arm. Use a wire brush. Use WD-40 spray.



CLUB.AUTODOC.CO.UK 7-13







Mount the rear upper arm.



Replacement: rear upper arm – BMW 5 Touring (E61). AUTODOC recommends:

- During the installation process, use only new bolts and nuts.
- Do not damage the ball joint cover.
- 19 Install the fastening bolt.

20



Screw in the fastener that connects the control arm to the rear knuckle. Use a drive socket #21. Use a ratchet wrench.



CLUB.AUTODOC.CO.UK 8-13







Support the stub axle. Use a hydraulic transmission jack.



Tighten the fastener connecting the suspension arm to the rear knuckle. Use a drive socket #21. Use a torque wrench. Tighten it to 165 Nm torque.



Tighten the arm fastening to the subframe. Use a combination spanner #18. Use a drive socket #18. Use a torque wrench. Tighten it to 100 Nm torque.



Remove the support from under the stub axle.

24



AUTODOC recommends:

 Replacement: rear upper arm – BMW 5 Touring (E61). Lower the transmission jack smoothly, without jerks, to avoid damaging components and mechanisms.

CLUB.AUTODOC.CO.UK 9-13







Connect the ABS sensor wiring.



Install the brake caliper together with its bracket.



Tighten the brake caliper bracket. Use a drive socket #18. Use a torque wrench. Tighten it to 110 Nm torque.



Connect the brake pads wear sensor.

29



Treat all joints of the arm. Use copper grease.



CLUB.AUTODOC.CO.UK 10-13