





SIMILAR VIDEO TUTORIAL



This video shows the replacement procedure of a similar car part on another vehicle

(i) Important!

This replacement procedure can be used for:

BMW 1 Convertible (E88) 120i 2.0, BMW 1 Convertible (E88) 125i 3.0, BMW 1 Convertible (E88) 118i 2.0, BMW 1 Convertible (E88) 135i 3.0, BMW 1 Convertible (E88) 120d 2.0, BMW 1 Convertible (E88) 118d 2.0, BMW 1 Convertible (E88) 123d 2.0, BMW 1 Convertible (E88) 128i 3.0

The steps may slightly vary depending on the car design.

This tutorial was created based on the replacement procedure for a similar car part on: BMW 3 Saloon (E90) 318i 2.0

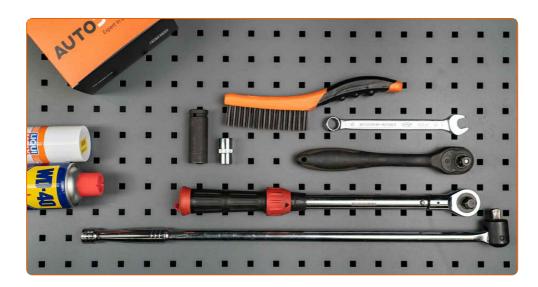
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REPLACEMENT: ANTI ROLL BAR LINKS – BMW 1 CONVERTIBLE (E88). AUTODOC EXPERTS RECOMMEND:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #17

- Drive socket # 16
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Wheel chock

Buy tools

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AUTODOC recommends:

- Replace the stabiliser links on BMW 1 Convertible (E88) in pairs.
- The replacement procedure is identical for both stabiliser links on the same axle.
- Please note: all work on the car BMW 1 Convertible (E88) should be done
 with the engine switched off.

CARRY OUT REPLACEMENT IN THE FOLLOWING ORDER:

Secure the wheels with chocks.



Loosen the wheel mounting bolts. Use wheel impact socket #17.



Raise the front of the car and secure on supports.

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Unscrew the wheel bolts.

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AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while unscrewing the fastening bolts.
 BMW 1 Convertible (E88)
- Remove the wheel.



- 6 Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.
- Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #17. Use a drive socket #16. Use a ratchet wrench.



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Unscrew the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17 (2 pieces).



9 Remove the stabilizer rod.



Replacement: anti roll bar links – BMW 1 Convertible (E88). Tip from AUTODOC experts:

- Examine stabiliser bushes. Replace them if needed.
- Clean the mounting seats of the stabiliser link. Use a wire brush. Use WD-40 spray.
- Install a new rod, tighten the fasteners.



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Tighten the fastener connecting the stabilizer link to the stabilizer bar. Use a combination spanner #17 (2 pieces). Use a torque wrench. Tighten it to 58 Nm torque.



Tighten the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #17. Use a drive socket #16. Use a torque wrench. Tighten it to 58 Nm torque.



- Treat all joints of the stabiliser link. Use copper grease.
- Treat the surface where the brake disc contacts the wheel rim. Use copper grease.



Clean the brake disk surface. Use a brake cleaner.



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AUTODOC recommends:

 Replacement: anti roll bar links – BMW 1 Convertible (E88). After applying the spray, wait a few minutes.

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Install the wheel.



AUTODOC recommends:

- Warning! To avoid injury, hold the wheel while screwing in the fastening bolts on the car. BMW 1 Convertible (E88)
- Screw in the wheel bolts. Use wheel impact socket #17.



Lower the car and working in a cross order, tighten the wheel bolts. Use wheel impact socket #17. Use a torque wrench. Tighten it to 120 nm torque.



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Remove the jacks and chocks.







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