





VIDEO TUTORIAL



(i) Important!

This replacement procedure can be used for: BMW X5 (E53) 3.0 d, BMW X5 (E53) 4.6 is, BMW X5 (E53) 3.0 i, BMW X5 (E53) 4.4 i

The steps may slightly vary depending on the car design.

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REPLACEMENT: STRUT MOUNT – BMW X5 E53. TOOLS YOU NEED:



- Wire brush
- WD-40 spray
- Brake cleaner
- Copper grease
- Combination spanner #19
- Combination spanner #21
- Combination spanner #22
- Drive socket # 10
- Drive socket # 13
- Drive socket # 22

- HEX bit no.H5.
- HEX bit no.H7.
- Wheel impact socket #17
- Ratchet wrench
- Torque wrench
- Flat Screwdriver
- Hydraulic strut spring compressor
- Fender cover
- Wheel chock

BUY TOOLS

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Replacement: strut mount – BMW X5 E53. Tip:

- The replacement procedure is identical for the mounts of the left and right shock struts of the front suspension.
- All mounts of the front shock struts should be replaced simultaneously.
- Be sure to replace all self-locking nuts and bolts during installation.
- All work should be done with the engine stopped.

REPLACEMENT: STRUT MOUNT – BMW X5 E53. USE THE FOLLOWING PROCEDURE:

1

Secure the wheels with chocks.



2

Loosen the wheel mounting bolts. Use wheel impact socket #17.



3

Raise the front of the car and secure on supports.

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4 Unscrew the wheel bolts.



AUTODOC recommends:

- Important! Hold the wheel while unscrewing the fastening bolts. BMW X5 E53
- Remove the wheel.



- 6 Clean the stabiliser link fasteners. Use a wire brush. Use WD-40 spray.
- Unscrew the fastener connecting the stabilizer link to the shock strut. Use a combination spanner #19. Use HEX No.H5. Use a ratchet wrench.



Remove the stabilizer rod.

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Detach the brake hose from the shock strut. Use a flat screwdriver.



Clean the fasteners connecting the shock strut to the steering knuckle. Use a wire brush. Use WD-40 spray.



Unscrew the lower fastener connecting the shock strut to the steering knuckle. Use a combination spanner #22. Use a drive socket #22. Use a ratchet wrench.



Remove the fastening bolt.

13



Disconnect the ABS sensor wiring.

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- 14 Remove the fastening bolt.
- Disconnect the steering knuckle from the shock absorber strut.



Replacement: strut mount – BMW X5 E53. AUTODOC recommends:

- Make sure that the steering knuckle is supported.
- Lower the car.
- Open the bonnet.



- Use a fender protection cover to prevent damaging paintwork and plastic parts of the car.
- Unscrew the bolts and remove the windshield washer tank. Use a drive socket #10. Use a ratchet wrench.



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Clean the fasteners of the shock strut upper mount. Use a wire brush. Use WD-40 spray.



Unscrew the top fastening of the shock strut mount. Use a drive socket #13. Use a ratchet wrench.



Replacement: strut mount – BMW X5 E53. AUTODOC experts recommend:

• To avoid injuries, hold the shock strut when undoing the fastening bolts.

Remove the suspension strut.



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23 Set the shock absorber strut on the spring compressor tool.



Replacement: strut mount – BMW X5 E53. Professionals recommend:

- Note that when using a spring compressor, spring coils need to be securely gripped, compressing the spring on the opposite sides.
- Ensure the correct position of the spring in the retainer.
- Make sure that the spring coils tightly entered the lock handles.
- 24 Compress the spring.
- Treat the shock strut rod. Use a wire brush. Use WD-40 spray.



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Remove the strut piston rod nut. Use a combination spanner #21. Use HEX No.H7.



- Release the coil spring.
- Remove the top strut mount. Use a flat screwdriver.



Replacement: strut mount – BMW X5 E53. Tip from AUTODOC experts:

- Examine the shock absorber dust cap and the bump stop. Replace them if necessary.
- Clean the mounting seat of the shock strut mount. Use a wire brush. Use WD-40 spray.
- 30 Install a new top shock strut mount.



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Tighten the shock strut piston rod nut. Use a combination spanner #21. Use HEX No.H7. Use a torque wrench. Tighten it to 60 Nm torque.



Replacement: strut mount – BMW X5 E53. Tip from AUTODOC:

- Check to make sure the spring is positioned correctly. Avoid its misalignment.
- Decompress the spring.
- Remove the assembled shock strut.



Install the shock strut into the wheel arch.



Screw the top fastening of the shock strut mount.

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