

NAMES: IZIBYOSE VICTOIRE

QTN 1. Specifically this skills will be helping me to achieve well my dream of becoming a tech woman , time management will make me do right things in right time ;Tech women manage their time by finalising their projects in right time given by the customer, and also Procrastination lesson will help me in not delaying given tasks for instance telling myself that I will be doing it later, due to laziness, accomplishing urgent but not important things among others.

QUST 2.i will be avoiding procrastination by:

- starting with my favourite tasks or worst/hard task
- I can use social ways for instance taking some one as a role model, getting a mentor or supervisor
- by setting daily goals and objectives like to-do lists, doing lists and done lists
- setting reminders of tasks
- splitting hard tasks into many simple tasks
- planning how deal with obstacles and consequences
- recognising everything that makes you fall in procrastination

QUSTN3. According to my thinking capacity patience results into success while procrastination result to fall or failing. Instead of delaying/shifting tasks to another day you can work it out and sit waiting for success and that what is called patience.

Actually shifting things isn't good for a soul because it's addicting and that results to loss in life

In a nut shell Patience involves celebrating the task you have done while waiting for the seed you have planted to grow while Procrastination involves avoiding what you know needs to be done, which makes a delay of your passion, your goals, and your destiny. As you go through your day today, pull up with patience and deny/avoid procrastination .